



Maine AHEC[™]
Network

Healthcare Workforce
Recruitment and Retention

AHEC NEWSLETTER

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The Maine Area Health Education Center (AHEC) Network's mission is to alleviate health workforce shortages in rural and underserved areas of the state.

Western Maine AHEC Hosts Veterans Program

On September 20, 2012, Western Maine AHEC hosted a four hour educational session entitled "Providing Services for Returning Veterans and their Families: Assessing their needs related to Post traumatic Stress and Traumatic Brain Injury" at Franklin Memorial Hospital in Farmington, Maine.

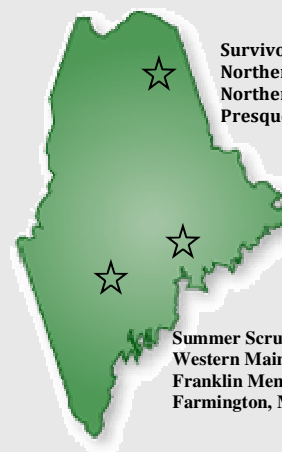
The goal of the program was to improve treatment for veterans with injuries as a result of their service including Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injuries (TBI). More than 30 healthcare workers from various professions attended the program focusing on issues of caring for veterans and their families. Greater Franklin County is home to more than 2,800 veterans who access local healthcare services.

During this four hour educational session, participants were introduced to *Military Culture* by Colonel Jack Mosher, Director of Operations, Maine National Guard who presented a "Boots on the Ground" program giving participants a view of combat realities from one who served. Speakers from the VA Maine Healthcare System provided additional educational sessions. Chantal Mihm, PsyD, Director of the PTSD Clinic, provided an understanding of the prevalence and precipitating factors of PTSD in veterans. James Sisung, II, PsyD, discussed the prevalence of Traumatic Brain Injury for veterans returning from combat. The morning was wrapped up by James Doherty, Staff Assistant to the Center Director, who presented on resources for veterans in the area and access to other references for further information for healthcare providers, veterans and their families.

Follow up programs on related topics will be explored in more detail throughout the year in the Farmington region which serves Franklin, Somerset as well as parts of Androscoggin, Kennebec and Oxford counties.

The veterans' project is supported by the Health Resources and Services Administration (HRSA) and National AHEC Organization to improve mental and behavioral health services for returning veterans and their families. This interprofessional program was organized by Karen Rogers, MSN, RN-BC, Director of Education and Director of Western Maine AHEC, in collaboration with Evergreen Behavior System personnel under the direction of April Guagenti, LMSW.

For more information, contact Karen Rogers, Director of Western Maine AHEC, krogers@fchn.org



Survivor Aroostook
Northern Maine AHEC
Northern Maine Community College
Presque Isle, Maine

Dental Careers Exploration Camp
Eastern Maine AHEC
Penobscot Community Health Care
Bangor, Maine

Summer Scrubs Club
Western Maine AHEC
Franklin Memorial Hospital
Farmington, Maine

Health Career Participation and Promotion: Summer Camps 2012

AHECs are committed to expanding the health care workforce by introducing students to a wide assortment of health career possibilities, guiding them in goal setting and educational planning, and offering science courses that strengthen critical thinking skills, especially students in underserved and rural communities.

Scrubs Club is a summer camp that introduces youth to a variety of careers available in health care and is open to all students grades 8-12. The Scrubs Club takes place at Franklin Memorial Hospital in Farmington and explores career choices such as nursing, orthopedics, medical lab science, information technology, and emergency medical services. Approximately 65 students from rural areas in Maine participate each year. For more information, contact Karen Rogers at 207-779-2575 or krogers@fchn.org

Survivor Aroostook Healthcare Careers Exploration Camp introduces students from all over Aroostook County to healthcare careers in a fun, hands-on, supportive environment. Campers divide into tribes and participate in competitions throughout the week, just like on the television show. The camp is open to students who are entering their first year of high school. Forty-five (45) students attended in 2012. For more information, contact Leah Buck at 207-768-2768 or lbuck@nmmc.edu

The Dental Careers Exploration Camp introduces students to the dental health professions. The Dental Academy is open to all students entering Grade 9 thru 12. Hands on experiences include job shadowing, dental impressions, suturing, and practice on a dental simulator. Six (6) students attended in 2012. The program is held at the Penobscot Community Health Dental Care in Bangor. For more information, contact Sarah Dubay at 207-992-9200 x 402 or sdubay@pchcbangor.org

For more information about the AHEC Newsletter,
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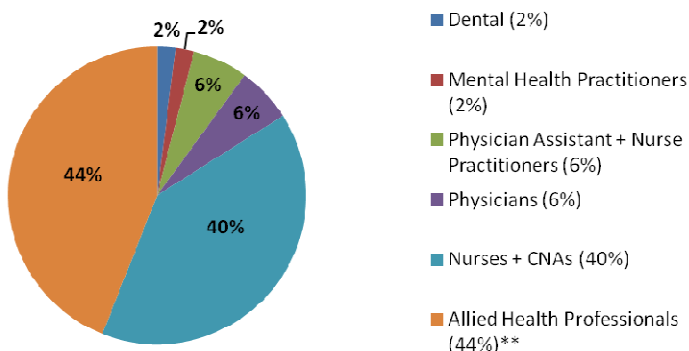
Community-based Student Education Highlights 2012

- The Maine AHEC Network placed 487 health profession students in clinical rotations totaling 78,314 clinical hours and averaging 160 hours per rotation. The majority of the sites were in rural Maine.
- Partnership connections with 37 universities/colleges/community colleges across Maine and US with one in Germany.
- AHEC Program Office coordinated 116 Community Health Rotations for University of New England College of Osteopathic Medicine students.

Continuing Education Highlights 2012

- The Maine AHEC Network sponsored 401 courses with 4,166 participants averaging 7 hours per course.
- Hot Topics: Environmental Health, Evidenced-based Medicine Practice, Health Literacy, Interdisciplinary Training, Leadership Training, Quality Improvement and Assurance.

Primary Disciplines of Continuing Education Courses*



*This chart indicates only those disciplines who have self-reported

** Includes, among other allied health professionals, first responders, occupational therapists, and respiratory therapists

New Preceptors

For health profession students, preceptors are our most precious training resource. These providers share their knowledge, time, personal experience and lives with Maine's future health care providers.

Thank you!

Krista Burchill, MD, Presque Isle

Jospeh Dessent, DO, Waterville

Irene Djunda, MD, Presque Isle

Sherri Dumont, DO, Presque Isle

Mark Kenerson, DO, Manchester

Amy Madden, MD, Bangor

Nancy O'Neill, MD, Bangor

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