

CATCH Classroom Curriculum Survey

Brooksville Elementary School, Grade 5

Name _____
Date _____
Phone (Work) _____
(Home) _____

1. The CATCH curriculum encourages changes in behavioral factors that support healthful eating and physical activity patterns by teaching the necessary skills for children to select and prepare healthful foods and to identify and participate in physical activities. Overall, would you say that your adherence to the objectives of the CATCH classroom curriculum was:

	Grade 5
High (75% or greater)	_____
Medium (50-75%)	_____
Low (less than 50%)	_____

2. How many sessions of CATCH curriculum were you able to provide per week? How much time did you spend on average per session (the CATCH curriculum suggests approximately 40 minutes)? Please also indicate a start and finish date (date/month/year).

Grade 5 _____ sessions per week _____ minutes per session
start ____/____/____ finish ____/____/____

3. The CATCH curriculum revolves around a group of cartoon characters created to teach students about eating, physical activity and non-tobacco use habits to promote heart health. Did you utilize this storyline in your classroom? If *not*, please explain why.

Grade 5 YES _____ NO _____

If no, please explain _____

4. The CATCH curriculum design includes five components to each session. Please indicate your adherence to this structure.

Grade 5

Components	High (75% or greater)	Medium (50-75%)	Low (less than 50%)
Behavioral Objectives			
Session Outlines			
Activities			
Session Summary			
Materials			

5. How would you describe your utilization of the CATCH scripted questions and/or statements to students during your sessions?

Grade 5

High (75% or greater)

Medium (50-75%)

Low (less than 50%)

5a. If your utilization of the scripted materials was **medium or low**, please explain why.

6. How would you describe your utilization of the transparencies, posters and student materials included in the CATCH curriculum?

Grade 5

Utilization	Transparencies	Posters	Student Materials
High (75% or greater)			
Medium (50 –75%)			
Low (less than 50%)			

6a. If your utilization of *any* of these materials was **medium or low**, please explain why.

7. The CATCH curriculum utilizes a number of educational strategies. Please indicate how often you used the suggested methodologies when included in the CATCH lesson plans.

Methodology	Always	Often	Seldom	Never
Whole Language				
Individual Practice				
Coop. Learning Groups				
Large Group Discussions				
Educational Games				
Media				
Skill-building activities				
Goal Setting				
Reinforcement/Incentives				

8. How would you describe your utilization of the Breaking Through Barriers curriculum guide? Food Guide Pyramid? Tillie Telestar, the intergalactic cartoon reporter? The Grade 5 Student workbook? And the F.A.C.T.S.: Facts and Activities about chewing tobacco and smoking?

Grade 5 Components	High (75% or greater)	Medium (50-75%)	Low (less than 50%)
Breaking Through Barriers Curriculum Guide			
Food Guide Pyramid			
Tillie Telestar			
Grade 5 Student Workbook			
F.A.C.T.S.: tobacco/smoking curriculum			

8a. If your utilization of *any* of these materials was **medium or low**, please explain why for each material.

9. How would you describe your adherence to the CATCH objective of parental involvement through the Hearty Heart Home Team homework?

	Grade 5
High (75% or greater)	_____
Medium (50-75%)	_____
Low (less than 50%)	_____

9a. If your utilization of the Hearty Heart Home Team component of the curriculum was **medium or low**, please explain why.

10. Did you include snack preparation in your curriculum?

YES_____ (see question 10a.) NO_____ (see question 10b.)

10a. If yes, how many times did your students prepare, eat and evaluate healthful snack foods?

_____ times

10b. If no, why didn't you include this component of the CATCH curriculum in your lessons?

10c. Were food service staff from the school involved in the snack preparation or with menu development?

Grade 5 YES_____ NO _____

11. Do you agree that the CATCH curriculum for Grade 5 students will help students with the following stated objectives?

Objectives	Strongly Agree	Agree	Disagree
Identify lower fat foods			
Identify higher fat foods			
Identify lower sodium foods			
Identify higher sodium foods			
Identify “active” exercise			
Identify healthy food			
Identify unhealthy food			
Identify soda as a “harmful” food			
Identify fruits and vegetables as healthy foods			

12. Did you modify the CATCH curriculum in order to incorporate it into your existing curriculum or lesson plans?

YES _____ (see 12a.) NO _____

12a. If yes, please briefly explain how you modified the curriculum.

13. Did you feel it was necessary to adjust the curriculum in order to meet the requirements of the Maine Learning Results? If so, generally describe how you accomplished this.

14. Please give your overall impression of the CATCH Grade 5 classroom curriculum.

14a. What part of the curriculum was most successful?

14b. What part of the curriculum was least successful?

15. Do you have any further comments regarding your experience with CATCH or this survey?

Thanks!