



CHCC Program	Class or Opportunity:	Day of the Week:	Series Dates:	Class Time:	Description:	Time Needed Outside of Class (Groceries/Prep/etc.)	Location/Address:	Town:	Educator to Contact:
SNAP-Ed Nutrition Education	Eat Well, Play Hard	Various Days	Year Round	Various Times between 9 - 2:30pm	UNE Student Observation Only - If you are interested in observing our early childhood positive food attitude promotion program in preschools and Headstarts, please reach out with your availability and we will let you know when classes are.	A brief training is required.	Various Schools in York County	Springvale, Limington, Saco,	Emily Hinkle 490-7849 ehinkle@une.edu
	Cooking Matters Adults	Thursdays	Oct 16 - Nov 29	1pm - 3pm	Volunteer to assist with set up, facilitation and clean up of a six week Cooking & Nutrition lesson series. Each class includes a nutrition lesson and hands-on cooking instruction through the preparation of a meal together. Volunteers are requested to commit to the entire series, or at least two sessions.	Volunteer is requested to arrive half an hour before class to set up and stay half an hour after class to clean up. A brief training is required.	Saco VA - 655 Main Street Saco		Shauna Alvarez 602 3521 salvarez@une.edu
		,	Jan 23, Jan 30, Feb 8, Feb 13, Feb 27, Mar 8	1:20-2:45pm	Volunteer to assist with set up, facilitation and clean up of a six week Cooking & Nutrition lesson series. Each class includes a nutrition lesson and hands-on cooking instruction through the preparation of a meal together. Volunteers are requested to commit to the entire series, or at least two sessions.	Volunteer is requested to arrive half an hour before class to set up and stay half an hour after class to clean up. A brief training is required.	Thornton Academy- 438 Main St		Emily Hinkle 490-7849 ehinkle@une.edu