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July/August 2013 edition

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UNECOM Faculty Highlight

Stay tuned...

Message from the Dean

Douglas L. Wood, DO, PhD, FACOI, Vice President for Health Affairs and Dean of the College of Osteopathic Medicine

In the Beginning

In the May/June 2013 edition of the COMmunicator, I discussed "The End of the Beginning" having to do with graduation ceremonies. Now, in late July, we are experiencing another beginning - that of welcoming approximately 175 medical students to the UNE campus. This is always an exciting time, but especially so this year in that we have increased our entering class size and will also be using the significant new learning facility which has been constructed in the Decary Annex. I had my first experience in this facility on July 29, 2013 and was amazed at the changes that had been made in what was once a basketball court. I am sure all will be impressed by the technology which has been installed in this new classroom. This spectacular new facility and all of the technology is aimed at enhancing student learning. With all of the advances in health care over the past few years, we felt it essential that our medical students learn as much as possible at the medical school level.



Dean Douglas L. Wood, DO



The Class of 2017 at Orientation in the new Decary Annex classroom

We look forward to having the new medical students and the teaching faculty use this facility and evaluate it. Most likely some changes will be necessary, but I predict that as we move along both the first and second year students and faculty will be impressed by the new facility and the learning opportunities therein.

In addition to the Decary changes, the Anatomy lab also has been renovated. These changes will allow more students to be in the lab at any one time and also, I feel, enhance the learning within the lab. We must all keep in mind the importance of structure–function relationships in osteopathic medicine and I suggest that the changes in the Anatomy lab will help students appreciate these interactions.

What about Years 3 and 4 ?

Initially, I consider medical education to be a continuum, but we in medical education generally have some work to do before a true continuum is constructed.

UNECOM medical students do most of their core rotations in one of twelve sites which cooperate with the COM in the education of our medical students. I have had the opportunity to visit most of these sites and have been pleased with what I have seen. The faculty at these sites are very interested in the medical students and their learning on the rotations the students partake in at these various sites. At each of the sites visited, I had an opportunity to meet with UNE students and have found them to be satisfied with the educational opportunities on their rotation sites.

Now we need to work on the concept of all of the various components of medical education becoming a true continuum.

So, Where Are We Going?

In the last edition of the COMmunicator, I wrote about UNECOM becoming the preeminent college of osteopathic medicine in the U.S. I continue to work on this vision and have been encouraged by the comments of the COM faculty supporting such a vision. This will be a long journey, but one that can be accomplished.

I plan on writing about this vision within each edition of the COMmunicator.

News & Events

Maine Osteopathic Association holds its 2013 Annual Oceanside Convention



UNECOM Dean Douglas Wood and MOA Executive Director, Angela Westhoff

The Maine Osteopathic Association held its 2013 annual Oceanside convention on June 14-16, 2013 at the Samoset Resort in Rockport Maine. UNECOM alumni presenting included: Peter Tilney, '08, Life Flight of Maine; Natania Piper, '94 Urinary Incontinence; David Biondi, '85, Alzheimer's Update; George Pasquarello, '92/'93, Neural Therapy Scar Injections; Joyce Stein, '92, Primary Care and Prevention Update.

On Friday evening, UNECOM hosted the evening reception and Douglas Wood, DO, VP for Health Affairs and Dean of UNECOM offered a few words of welcome and spoke about the College of Osteopathic Medicine. The Silent Auction that followed was a rousing success and raised monies for the MOEF fund.



George Pasquarello, DO '92 and Stephanie Collins, DO

During the President's Awards Luncheon and Oath of Office, a number of individuals were recognized for 25 and 30 years of service, including a number of UNECOM alumni. Recognized Alumni included, for 25 years: John A. Devine, '83; Timothy G. Kingsbury, '87; Sam M. Nawfel, '87; Lorraine Paradis., '87; David C. Rioux, '83; Kenneth G. Simone, '87.; and Donna L. Zamrin, '83. For thirty years of service: John J. Padavano, '82.



L-R: Sue Stevens, Archie Green and Bobby Hayes, UNECOM Class of '86

The MOA also recognized members with twenty-five through sixty years of membership in the organization. Those individuals included a number of physicians who have served as Preceptors and Faculty members for members of the UNECOM community. They included: Kurt S. Ebrahim, D.O.; Peter M. File, D.O.; Howard L. Glass, D.O.; Alice R. Franklin, D.O.; W. Stephen Gefvert, D.O.; Henry M. Glover, D.O.; George E. Hutchins, D.O.; Richard L. Littlefield, D.O.; Kamlesh Bajpai, D.O.; Don W. Gow, D.O.; Kristzina L. Morin, D.O.; Ardis P. Conner, D.O.; James E. Eshleman, D.O. and Robert F. Gilday, D.O. All members recognized for their length of service were given a service award pin.

In addition to service recognition, the MOA presented the following awards: the Young Osteopathic Physician of the Year Award; Louis Hanson, DO, Osteopathic Physician of the Year Award; Roswell P. Bates, DO Public Service Award; MOA Board Award; and The Distinguished Service Award.

The Young Osteopathic Physician of the Year Award is presented to a DO who has been in practice for at least one full year and not more than five years, who has demonstrated involvement as a practitioner and member of his or her community, and who demonstrates the potential to become a major force in osteopathic medicine in the future. This year's recipient Heather Sharkey, DO, is a '05 graduate of UNECOM. Boarded in Family

Medicine and OMM, Heather practices medicine at St. Mary's, volunteers to serve as Doctor of the Day at the Maine State Legislature and beginning this academic year, will be teaching as part of the Osteopathic Clinical Skills classes.

This year the Osteopathic Physician of the Year Award was renamed in honor of Louis Hanson, DO, who passed away as a result of an airplane accident in June 2012. The Louis Hanson, DO, Physician of the Year Award is presented to a DO who has demonstrated a high quality of practice, a compassionate interest in patients and a commitment to his or her community. The recipient of the 2013 Physician of the Year is John Gaddis, DO. Congratulations John!

The Roswell P. Bates, DO Public Service Award is presented for outstanding achievement in public health, political or community service that enhances and demonstrates the Osteopathic profession's commitment to service above and beyond that of direct patient care. The 2013 recipient is Adam Lauer, DO, '00, newly elected MOA Board member and President of the UNECOM Alumni Association.

MOA Board of Directors Award is one that honors an osteopathic physician and/or friend of the osteopathic profession who has made a recent outstanding and significant contribution to the osteopathic profession in Maine. This year the MOA Board Award was given to two individuals: David R. Manyan, PhD and James M. Norton, PhD. Both individuals are legendary amongst UNECOM student and alumni bodies for their commitment to students, teaching and research.

The Distinguished Service Award is presented to a DO who has made an immediate, significant contribution to the osteopathic profession through a major endeavor for the good of the profession and society and has made a major impact on the osteopathic profession over the course of his/her career. The 2013 recipient of the Distinguished Service Award is Stephen Shannon, DO, '86, MPH. As noted by the MOA, "Steve is an outstanding advocate for osteopathic medicine and his career has made a tremendous impact on the profession both here in Maine and across the nation. It is for these reasons we are delighted to announce Stephen Shannon, DO, MPH is the 2013 Distinguished Service Award recipient."

Following presentation of the various awards, Ray Stowers, DO, President of the American Osteopathic Association, installed Leigh "Jack" Forbush, DO, '01, as the new President of the Maine Osteopathic Association. Additional new leadership members include: Lisa Gouldsbrough, DO, '87, FAAP, President-elect; and Daniel Kary, DO, FAO Treasurer. New Board Members include: Stephanie Collins, DO, Adam Lauer, DO, '00; Shayna Lemke DO, Stacey Pierce-Talsma, DO, and David Scaccia, DO. The new UNECOM Student Rep is Joseph Anderson, OMSII and the new Resident Rep is Brynne Hancock, DO. Guy Defeo, '88; Regen Gallagher, '99, Brian Kaufman, '02; Martha Stewart, '93; and Joy Palmer, '05 are also members of the MOA Board.

UNECOM welcomes the Class of 2017 at Orientation!

On July 31st, 177 new students joined the COM community for Day 1 of Orientation. The beautiful, sunny weather matched the moods of all involved as we excitedly welcomed the Class of 2017 to campus with an outdoor lunch, followed by an introduction to the brand-new Decary Annex classroom, constructed specifically for this class of students. 45 second-year students, known as Orientation Leaders (or OLs), were decked out in teal blue t-shirts (easy to spot!) and enthusiastically led groups of incoming students around campus for the three days of Orientation, answering their questions and helping to orient them to their new lives as COM first-years.



Class of 2017 Rafting Trip



Trying on White Coats

Our new students had their pictures taken multiple times, were fitted for their first white coats, and participated in several "ice breaker" activities in an effort to learn more about each other. Presentations included information about financial aid, an introduction to the curriculum, library services, a moving video about what to expect in anatomy lab, and an interactive Interprofessional Education

session. The OLs entertained their new classmates with a medical school fashion show, funny skits showcasing what types of behavior may or may not be acceptable inside and outside of the classroom, and finally some fun activities on Friday afternoon to kick off the weekend—students played sports on campus, took a ferry to Peak's Island, played Paintball, went Go-Kart racing, and shopped the Old Port. On Saturday we welcomed a big group of our students' family members to campus with a barbeque—despite the mosquitoes, the food was delicious and it was a great chance for the significant others and children of our students to get together!

In addition to the various academic presentations during Orientation, we all enjoyed several social events—including a Club and Organization Fair and ice cream social, a mixer at Run of the Mill Pub, and bowling at Bayside Bowl in Portland. It was great to get to know our new community members outside of the academic space as well. There's no question, it was a very fun-filled, productive week of sharing important information and good times!

The Office of Constituent Services would like to thank the many people who planned and participated in Orientation—UNE faculty and staff, our amazing Orientation Leaders, and, of course, the Class of 2017 for your rapt attention and enthusiastic participation! Best wishes for a fantastic academic year!



Regional Osteopathic Medical Education (ROME) Meeting held in Boston, August 15-18

The Sheraton Boston Hotel was the site of the 2013 ROME meeting for the states of Connecticut, Massachusetts and Rhode Island. The ROME planning Committee, comprised of: John Chang, DO '84, (MA); Karl Felber, DO '88, (RI); Pamela Grimaldi, DO '98, (MA); George Pasquarello, DO '93, (RI); Joseph Podolski, DO '06, (CT); Cara Riddle, DO '04, (CT); James Griffin, DO, (RI); Christina Kozar, DO, (CT); and Joey Rottman, DO, (MA), designed an excellent program to meet the educational needs of almost 120 registrants.

UNECOM Alumni presenting included: Paula Grimaldi, DO '98; REMS Workshop Track ; Suzanne Berlin, DO '84; Internal Medicine Updates Track (Part 1) Hematology/Oncology – Case-Based Presentation; Mark Henschke, DO '88, PharmD; Respiratory Disease Update – COPD – Asthma; George Pasquarello, DO '93, FAAOAMT for the Lower Extremities. Guy DeFeo, DO, '88; provided OMT treatment Service as part of the regional meeting.



Dr. Lawrence Bouchard being recognized for 50 years of service.



Former UNECOM Alumni and friends catch up for a laugh.

On Friday evening, UNECOM hosted the evening reception and Douglas Wood, DO, VP for Health Affairs and Dean of UNECOM offered a few words of welcome and spoke about the College of Osteopathic Medicine. Just prior to Dr. Wood's comments, the Rhode Island Society of Osteopathic Physicians and Surgeons (RISOPS) recognized UNE Trustee emeritus, and former AOA President, Lawrence, Bouchard, DO, with the Lawrence Bouchard, DO Service Award. Dr. Bouchard was recognized for his fifty years of service as an osteopathic physician with the establishment of this award named in his honor. UNECOM extends heartfelt congratulations to Dr. Bouchard on his lifetime of achievement and the establishment of this award.

UNE Ranked Second for Graduates ROI

According to a report by Affordable Colleges Online, a website reporting on higher education affordability, UNE ranks second in student return on investment among 43 public and private colleges and universities in Maine, including four-year, degree-granting, fully accredited non-profit institutions. Net tuition prices and graduates average starting salaries and ROI calculation were key factors in the rankings, available at <http://www.affordablecollegesonline.org/online-colleges/maine>. A recent UNE survey shows that 90 percent of graduates from the Class of 2012 are either employed in their field of choice or pursuing graduate/professional school.

National Institute of Health Awards \$380,000 for Fall Prevention Study

The National Institute of Health has awarded \$380,000 to researchers Marilyn Gugliucci, director of geriatrics education and research at UNECOM, Lenard Kaye, director of the UMaine Center on Aging and professor in the UMaine School of Social Work and The Iris Network to study a falls prevention program for older citizens with vision impairment. The two-year project aims to inform community programs how to provide the best fall prevention information for older citizens. The study will focus on the effectiveness of the UNECOMs U-ExCEL Balancing Act Program, a self-initiated fall prevention program that aims to improve balance and reduce falls. The program designed at the University of New England College of Osteopathic Medicine Department of Geriatric Medicine, requires only one training session and can be done at home with no equipment or further inspection. [Read more on this story.](#)



Marilyn Gugliucci, Ph.D.

Caregiver and Older Adult Research Archive Launched at UNE



Elena Dodd, with her sisters Linda Makosky, Joan Gould, and Eileen Drath, donated their comprehensive caregiver records of end-of-life care given to their mother, Joan C. Harap, to the University of New England Department of Special Collections. These meticulous caregiver and medical records

were kept by all family members and other caregivers during Mrs. Harap's later years, from the age of 84 until her death at 95. The collection, called the Harap Collection, forms the foundation of the National Elder Perspective Archive (NEPA) Collection for the purpose of primary source research.

The HARAP Collection contains detailed journals of care with hourly and daily entries; photographs, audio tapes, medical records with sensitive information redacted, budgets, and other materials. The records are the first of their kind to be collected for research at UNE and serve as the model for the NEPA Collection intimate research data base. As the NEPA Collection develops, researchers will have first-hand experiences and stories of older adults and their families during the aging and dying process.



Cally Gurley, director of special collections, Elena Dodd and Marilyn Gugliucci, Ph.D., director of UNECOM Geriatrics Education and Research

"The Harap Family has provided a powerful learning tool for researchers in the field of aging and for students in the health professions" stated Marilyn R. Gugliucci, Ph.D., Director of Geriatrics Education and Research at the College of Osteopathic Medicine. *"I am grateful to the Harap Family and especially Elena Dodd."* Dr. Gugliucci has corresponded with Elena Dodd about this collection since 2010.

UNE wants the public to know it is collecting such information and data, and hopes that others will donate their caregiver records or older adult stories as they experience later life. As expressed by Elena Dodd, *"This collection pays silent tribute to the team of dedicated and thoughtful caregivers who shared their skill and affection with our mother from day to day, adding stimulation and support in her last years of life."*

For more information please contact the Department of Special Collections at 221-4324, or at cgurley@une.edu.

Faculty, Staff & Students

UNECOM Student awarded 2013 William G. Anderson Minority Student Scholarship

Congratulations, to **Nicolas Cal, OMS IV**, in being awarded the 2013 William G. Anderson Minority Student Scholarship. The William G. Anderson, DO, Minority Scholarship recognizes an outstanding minority osteopathic student who is committed to osteopathic principals and practice, has excelled academically, and has proven to be a leader in addressing the educational, societal, and health needs of minorities.



Nicolas Cal, OMS IV

In addition to being awarded this \$5,000 scholarship, Student Doctor Cal has received a free trip to the 2013 OMED Conference, September 30th - October 4th, held in Las Vegas, Nevada, where he will be recognized, along with other American Osteopathic Foundation (AOF) recipients. Way to go Nicolas!!

Reflections on South Sudan

By Second year medical students, Sean Lena, Will Douglas, and Lindsay Katona



L-R, Will Douglas, OMS II, Charles Radis, DO, Robert Owot, Lindsay Katona, OMS II, Kyle Ratner, PhD., Josh MacMillan.

Joseph Otto Bush, a tall, broad-shouldered man in a tan, collared shirt, stood up. Smiling, he read us the list of suggestions he and his fellow South Sudanese classmates—47 men and women ranging in ages from 18 to 50—had compiled and wanted to share with our team of instructors (including a physician, three medical students, a public health student, a psychologist, and two first aid trainers). It's not that they were unhappy with the training we were delivering; rather, our students were organized, proactive and eager to contribute to the unique first aid program we helped design and currently found ourselves in the middle of.

Many people have asked us, "Why South Sudan?" South Sudan is the newest country in the world with a population of over 8 million and a landmass the size of Texas. Its medical needs are great, as the country has limited health infrastructure and no more than 250 physicians practicing in country. The River Kit Region, in particular, is the former home of many refugees who have resettled



A light-hearted moment.

in and around Portland, Maine. Dr. Charles Radis, a local rheumatologist and UNECOM Clinical Faculty member, has been working with this community over the past several years and enlisted our help to design a first aid training program for this past summer's trip. This project was in partnership with SOLO, a wilderness medicine school based in Conway, New Hampshire, and founded by UNECOM alumnus Dr. Frank Hubbell, '91. As busy first-year medical students seeking to somehow incorporate global health into our careers, we were more than fortunate when the opportunity to try and accomplish this within the local community arose.

Attracted to Dr. Radis's intention to teach skills rather than just provide treatment, we wondered if it would be possible to perform a research project. We decided evaluating the impact of the course (i.e., whether or not it was successfully training people in first aid), would provide feedback that could improve future programs. This project, while basic in content and design, was far from simple to carry out. Six months before the departure date, we began to navigate the mostly uncharted waters of research project design, including obtaining UNE IRB approval, applying for three different grants (UNE's Pettapiece and Peter Morgane Fellowships, and the Arnold P. Gold Foundation), laying out the content for the training and designing the research tools. Doing this while being full-time medical students was not easy, but the interest we all shared in the project, and our commitment to taking it on together, kept us going.



Discovering the value of Osteopathic Manipulative Treatment

The trip and the research were undoubtedly successful. In addition to training 47 community members in basic first aid, we delivered over 300 pounds of textbooks to medical students at the Juba Teaching Hospital in the country's capital, and dispersed large packages of medical supplies (purchased at very low cost from Scarborough's Partners for World Health) to the people we trained. Although this was the first time any of us had designed our own research project and we were up against significant language and cultural barriers, we accomplished the goals we set for ourselves. We managed to get informed consent from our study participants and administered a multiple-choice exam to almost 50 people, most of whom had never seen a research study before. As a result, we can now show that this type of training program significantly improves first aid knowledge. While this is an important accomplishment, the trip was also a success because of the people we met and the experiences we had along the way. These experiences, such as watching the class independently elect Joseph Otto Bush as their representative, meeting the friends and family of people we knew in Portland, and discovering the value of Osteopathic Manipulative Treatment during an impromptu clinic set up to treat community members, made our experience in South Sudan meaningful and unforgettable.



Now that we are back in Maine, our work continues. We want to share the knowledge we gained with our local community, medical students, physicians, and the global health research field. We need to develop what the next trip to the region can accomplish, and keep the communication lines open with the people of Kit. While the news emanating from South Sudan is not always positive, this trip revealed many glimmers of hope that the newest country in the world and its people have tremendous potential to build the necessary infrastructure for a promising health care system in the future.

Health Policy Internship Proves to be an Inspiring Experience

By Keith Egan, OMS IV

After completing my third-year core rotations at University of New England College of Osteopathic Medicine (UNECOM), almost all of which lasted six short weeks, I headed down to Washington, DC to begin my Osteopathic Health Policy Internship (OHPI). With eight weeks blocked off to explore health policy and osteopathic medical education (OME) advocacy work, I was excited to have so much time to geek-out on these important areas of medicine that have long interested me. After my orientation with AACOM's Government Relations Department, covering a two-day symposium on [Advances in Pain Research at the NIH](#), a Committee on Graduate Medical Education webinar, meeting with AACOM's President and CEO Stephen C.



Keith Egan, OMS IV

Shannon, DO, MPH, and attending a Capitol Hill briefing on worker wellness programs, I realized that my first week had somehow flown by. I quickly learned that this was not a particularly busy week, but normal business for the AACOM Government Relations team who work day-in and day-out advocating for osteopathic medical students and osteopathic medical education. The next seven weeks went by just as quickly. My day-by-day experiences and responsibilities varied greatly, but all helped me understand effective advocacy strategies and the importance of being at the table. I also learned a great deal about the logistics of passing new legislation, from writing the legislation, gaining co-sponsors and widespread support, getting legislation through congress starting with committee hearing and ending with floor votes, and ensuring proper implementation after the bill becomes law. AACOM is closely involved in OME-related legislation throughout this entire process and, as an OHPI, I was right there with them.

While all my experiences over the past eight weeks were important and educational, there are some in particular that I will always remember. One such experience was a congressional staff briefing hosted by the Congressional Neuroscience Caucus on the [NIH's Brain Initiative](#). [Dr. Francis Collins](#), Director of the National Institutes of Health – who previously served as the director of the National Human Genome Research Institute – likened the potential impact of this 10-year project to that of the Human Genome Project. Just weeks before on my psychiatry rotation, an attending, a resident, and I were discussing the current state of psychiatric research and the lack of progress that had been made in our understanding of the brain and psychiatric diseases between DSM IV and DSM V. Dr. Collins' presentation gave me hope that maybe, by the time DSM VI comes out, we will have progressed much, much farther thanks to the public and private investments being made in the NIH's new initiative.

The osteopathic health policy internship was an eye-opening and inspiring experience that will inevitably impact my future career path and the way that I practice medicine. I would encourage any student who is interested in health policy or advocacy work to strongly consider applying for this tremendous experience. Please contact Mr. Egan with specific questions about his OHPI experience at keith.michael.egan@gmail.com. Student Doctor Egan is currently on track to graduate from UNECOM in spring 2014 with a Doctor of Osteopathic Medicine degree.

Travis Eastin, MD, MMEL '12 will publish his MMEL research project entitled "Emergency Medicine Resident' Attitudes and Opinions of In-training Exam Preparation" in an upcoming issue of the Journal Advances in Medical Education and Practice. Additionally, he was recently chosen by the Ohio State University (OSU) EM residents to receive the faculty teacher of the year award. Dr. Eastin is currently Associate Residency Director of the OSU EM residency, but has accepted the position of Residency Director at the University of Arkansas for Medical Sciences.



Travis Eastin, MD

Jared Kutzin, DNP, MPH, RN, MMEL '13, has published a feature commentary on patient safety titled "Health Information Technology and Patient Safety Have We Forgotten the Basics?" in the spring 2013 issue of the Journal of Health Information Management. The article looks at the need to carefully scrutinize the removal of simple patient safety measures after implementing technological advances that automate processes and aim to make care safer. Dr. Kutzin also attended the National Patient Safety Foundation (NPSF) annual congress in New Orleans May 7-10, 2013. As chair of the simulation-based education components for the conference, he worked with colleagues from Kaiser Permanente, North-Shore LIJ, Newton-Wellesley Hospital, Yale-New Haven Hospital, and SITES to successfully implement an 8-hour pre-congress workshop focusing on starting a simulation program and using simulation as a tool to teach patient safety topics. Dr. Kutzin is simulation director at Winthrop-University Hospital and an adjunct faculty member at New York Institute of Technology - College of Osteopathic Medicine



Jared Kutzin, MPH, RN

My Orthopaedic Summer Internship

By Jacklyn Jankowski, OMS II

This summer I was selected to be an Orthopaedic Summer Intern through Nth Dimensions Education Solutions. The program is part of an effort to increase the amount of gender and racial minorities in the field of orthopaedics. Each summer, interns are placed with a preceptor and are given the chance to experience the operating room, clinic, and orthopaedics research. Following the



Jacklyn Jankowski, OMS II

experience, interns attend the annual meeting of the National Medical Association where they participate in a poster session/research presentation. Additionally, the program has a longitudinal mentoring component with the expectation that your preceptor and contacts made along the way will be continued resources throughout your medical school career and beyond.

I spent the summer working with Dr. George V. Russell, Chair of the Department of Orthopaedic Surgery and Rehabilitation at the University of Mississippi Medical Center in Jackson, MS. I assisted Dr. Russell and his staff in both the OR and the clinic setting and presented a poster titled "Historical Comparison of Acetabular Fracture Repair in the Morbidly Obese" at the annual NMA meeting. This spring I will also attend the annual meeting for the American Academy of Orthopaedic

Congratulations to **Suvi Neukam, OMS IV** on being selected as a semi-finalist for the Kaiser Permanente Northern California Student Scholarship. As a recipient of this scholarship, SD Nuekam will receive \$1,000 towards schooling this Fall and be acknowledged as a semi-finalist in Kaiser Permanente Northern California GME Open House on September 7, 2013.

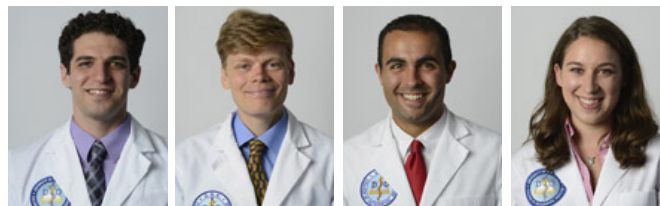
Welcome Back OMM/Anatomy Fellows

UNECOM would like to welcome our **OMM/Anatomy Fellows**. We welcome back senior fellows, **Arwen Christian, OMS IV** and **Geoffrey McWilliams, OMS IV**. They will be guiding the new junior fellows; **Laura Cadogan, OMS IV** and **Suvi Neukam, OMS IV**. We also welcome our incoming Plus One Residents; **Jodie Hermann, DO, '06**, **Carrie Janiski, DO**, **Michael Leins, DO** and **Thomas Richardson, DO**.

Student Clubs & Organizations

Congratulations to the class of 2017 class officers and representatives:

- President: Anthony Ferrant
- Vice President: Daniel Jenkins
- Secretary/Treasurer: Anthony Pastore
- Alumni Representative: Megan Emmich



Anthony Ferrant Daniel Jenkins Anthony Pastore Megan Emmich

Class Representatives: John Andrea, Pat Benoit, David Clark, Suparna Dang, Michael DiVella, Tim Horan, Jeannine Jeha, Gavin Kuns, Himanshu Malhotra, Mark Matusak, Lara Musser, James O'Neill, Mia Pivrotto, Abigail Thomas & Kristofer Tupper

Alumni Notes

Attention Alumni... Did you lose your yearbook in a move, or would you simply like to have an extra copy? We have extras that we would like to relocate to you, in order to make space for other things. We'd be happy to send them to you, free of charge, on a first-come, first-served basis! We have yearbooks from 1982, 1988, 1989, 1990, and 1992-1999. The number of yearbooks available ranges from one to 17, depending upon the year. Please email Katie Vincent at kvincent1@une.edu if you would like to

receive one.

COM Alums **Ryan Murphy, DO '11** and **Mona Doss, DO '13** caught national media attention in the U.S. News and World Report, Consumer Affairs and Medscape for their study on glucosamine. [Read more on this story.](#)

COM Alum **Christopher Palmer, DO '11**, 3rd year resident at [Kent Hospital](#) was featured on ABC National News. Dr. Palmer discussed interaction with patients in preparing for end-of-life care. [Read the article.](#)

Class of '82: William ' Jeff Davis recently contacted the office requesting a yearbook. His daughter graduated from an osteopathic college in 2011, he in '82; his father in '52 and his great grandfather in '11. A 100 year legacy with the osteopathic profession; something to be truly proud of! John J. Padavano was recognized at the Maine Osteopathic Association at the 2013 Annual Oceanside Conference for 30 years of MOA membership. John also participated as a member of the Alumni Panel, as part of COM Senior Week, answering questions related to setting up a practice, obtaining a lawyer and this of this nature.

Class of '84: Robert Fitzgerald was just appointed to a position at UCHC in Farmington, CT as an Assistant professor in the Division of Occupational and Environmental Medicine, Department of Medicine. He is Board Certified in both internal and Occupational Medicine. While at UCHC, he anticipates a lot of clinical work, significant ongoing teaching responsibilities and hopefully some research.

Class of '86: Stephen Shannon was recognized with the Maine Osteopathic Association's Distinguished Service Award at the 2013 Annual Osteopathic Conference.

Class of '88: Samuel DiCapua is now Health Plan Medical Director at Martin's Point Health; Robert Cawley has recently accepted the position as Chair of Specialty Medicine at the University of New England College of Osteopathic Medicine.

Class of '93: Evelyn Schwalenberg is Associate Dean of Clinical Education at Midwestern University's Glendale campus in Arizona.

Class of '96: John Caramagna, is now Telemedicine Physician at American Well.

Class of '98: Cheryl Blank is celebrating five years at Maine Medical Center; Pamela Grimaldi is currently as Assistant professor at the University of Massachusetts at Barre Family Medical Center; Peter Kramer and class mate Kevin Donovan recently paid a visit to campus while both were in the area vacationing. Peter is in solo Family Practice at Wrightsville Beach Family Medicine in Wilmington, NC, while Kevin practices in New Hampshire.

Class of '99: John Taylor is Director of Neurological Services at Mid Coast Hospital; Gerry Lachance has recently returned to Maine to join the Minot Ave Family Medicine in Auburn, Maine. Prior to returning to Maine, Gerry practiced for three years with the US Air Force 325th Medical Group, which was attached to the 325th Fighter Wing at Tyndall Air Force Base in Panama City. During his time in the Air Force, he was recognized with a Company grade Clinical Excellence Award and US Air Force Meritorious Service Medal. His prior work also includes stints at Northwest Florida Primary Care, Healthpoint Medical Group and Primecare of Northwest Florida where he served as Medical Director.

Class of '00: John Garrett is an Emergency Physician at Maine General Health, in Augusta, Maine; Terrance Gray is now Medical Director of the Mercy Hospital Pain Center. He recently completed his residency in Pain Management at Brigham's and Women's Hospital/Harvard Medical School (2013) and before that completed a residency in anesthesia (2004) in the same institution; Adam Lauer, '00, was given the Roswell P. Bates, D.O. Public Service Award by the Maine Osteopathic Association at the 2013 Annual Oceanside Conference.

Class of '01: Tammi Schaeffer will be leaving her job as Medical Toxicologist at Rocky Mountain Poison and Drug Center to return to the east coast for a position as the Director of the Northern New England Poison Center in Portland, Maine in September. Welcome back to the area Tammi!

Class of '02: Elizabeth Caron is Assistant Clinical Professor at the Department of Osteopathic Manipulative Medicine of New York College of Osteopathic Medicine associated with the New York Institute of Technology in Old Westbury, NY MaineHealth Physician Recruitment Center

Class of '03: Norman Guay was recognized as the Community Preceptor of the Year by the Central Maine Medical Center Residency program. Norman is associated with Mercy Primary Care in Yarmouth, Maine. Those of us in the local television area have even caught his face in one of Mercy's television slots.

Class of '05: Heather Sharkey was recognized as the Young Physician of the Year by the Maine Osteopathic Association at 2013 Annual Oceanside Conference; Stephanie Truex Godfrey is now practicing in Massachusetts and is due to deliver her second child during the month of August.

Class of '06: Jodie Hermann is pursuing the Plus One resident Program in Osteopathic Neuromuscular Medicine at the University of New England College of Osteopathic Medicine.

Class of '09: Oluwaseye Alabi is now a Fellow at Larkin Community Hospital. Rejean Guerriero is now Chief Resident, Pediatric Neurology at Boston Children's Hospital; Mark Grohman has joined Southern Maine Medical Center Hospitalist in Biddeford, Maine.

Class of '10: Adam Duquette and Christopher Kitchens have joined Family Health Care Associates in Auburn, Maine, following the completion of their residency at Central Maine Medical Center; Ryan Smith is currently a Fellow in Child and Adolescent Psychiatry at Maine Medical Center, Department of Psychiatry. Ryan is President –elect of the UNECOM Alumni Association and will assume the role of President at the Annual meeting in October.

Class of '11: Thomas Tropea is a Neurology resident at Presbyterian Hospital in New York; J. Aaron Scott is currently a third year resident in Anesthesia at the University of Massachusetts Medical School.

Class of '12: Joseph Scott is currently a second year resident in psychiatry at Rowan University in New Jersey. Last year he was Chief Intern and states he 'crushed it'. Joe stopped by, just prior to the Labor Day weekend, with his family as they were on their way back to New Jersey

The **MaineHealth Physician Recruitment Center** is an in-house recruitment department for our MaineHealth member and affiliate hospitals across southern, central and western Maine, including Maine Medical Center. We put individuals in direct contact with MaineHealth member hospitals, and are knowledgeable about their communities and hospitals as well. For more information about our current opportunities, please contact Alison C. Nathanson, Director at (207)396-8683 or nathaa@mainehealth.org; James Jasper, Recruitment Coordinator at (207) 396-8789 or jaspej@mainehealth.org. Website: www.mainehealthphysicians.org

Save the Date

September 9, 2013 - Join UNE's Center for Excellence in the Neurosciences for the [20th Anniversary Celebration of the Chronic Pain Support Group of Southern Maine](#). This event is being held from 4:30 p.m. - 6 p.m., Bush Board Room, Biddeford Campus. All are welcome: former and present members, speakers, members of the medical and helping community, and anyone interested in chronic pain. Come and share your journey.

September 20 - 21, 2013, [Alumni Weekend 2013](#), various locations, UNE, Biddeford Campus. Celebrating UNE & St. Francis College Alumni years; 1953, 1958, 1963, 1968, 1973, 1978, 1983, 1988, 1993, 1998, 2003 & 2008.

September 28 - October 4, 2013 - [OMED 2013](#), Mandalay Bay Resort, Las Vegas. NV

October 3, 2013, OMED 2013 UNECOM Alumni Reception, Red Rock Country Club, Las Vegas, NV.

October 5, 2013 - [UNECOM Northeast Pre-SOMA Conference](#), UNE,

Biddeford Campus

October 10, 2013 - [UNECOM White Coat Ceremony](#), Harold Alfond Forum, UNE, Biddeford Campus

October 11 - 13, 2013 - [UNECOM Alumni Reunion & Premier Primary Care Fall Weekend Update](#), Alfond Center for Health Sciences Building, UNE, Biddeford Campus.

November 7, 2013 - Please join UNE faculty member and co-owner of Cafe Sorpreso, Judith Boudman, LCSW, along with Regen Gallagher, '95, DO '99, Shawn LaFerriere '95, DO '99, and other UNE friends and alumni on Thursday, November 7 from 5:30 p.m. - 7 p.m., for good food, professional networking, and to hear what's happening at UNE today. Location: [Cafe Sorpreso](#), 415 Main Street, Presque Isle, Maine. For more information or to RSVP, please contact Laura Anderson in the Institutional Advancement Office (207)221-4295 or landerson9@une.edu. View [event invitation](#).

October 10-12, 2014 - Reunion and Primary Care Update 2014, featuring reunion classes which end in 4s and 9s. If interested in being a Class Host or CME Speaker, please send an e-mail to RSAS@une.edu indicating your interest. The Planning Committee will begin gathering names and doing outreach to interested parties in December 2013.

Hail and Farewell

Congratulations to our new Biomedical Sciences Department Faculty: **Hwyda Arafat, MD, PhD., Kat Hanlon, PhD., Megan May, PhD., Peter Morganelli, PhD., Doug Spicer, PhD. and John Streicher, PhD.** Their combined knowledge and expertise will be an essential asset in the advancement of UNECOM. Welcome aboard!

We are saddened to learn of the passing of **Neal Cross, PhD, former Chair of the COM Department of Anatomy and former UNE Softball Coach**. Dr. Cross passed away on Saturday, August 24, in Middlesboro, TN, following a motorcycle accident. Dr. Cross touched the lives of thousands of students as they began their pursuit of the study of osteopathic medicine. You will be missed by many.

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