

# External Resources

University of New England  
Biddeford and Portland, Maine  
207-602-2443  
[Wwww.bit.ly/UNESASC](http://www.bit.ly/UNESASC)

Student  
Academic  
Success  
Center

## Learning Strategies and Study Skills

Virginia Polytechnic Institute, Cook Counseling Center Division of Student Affairs.  
[www.ucc.vt.edu/academic\\_support\\_students/study\\_skills\\_information/index.html](http://www.ucc.vt.edu/academic_support_students/study_skills_information/index.html)

Dartmouth College Academic Skills Center  
Study tips also in video format. [www.dartmouth.edu/~acskills/success/](http://www.dartmouth.edu/~acskills/success/)

Study Guides and Strategies  
Easy-to-access tips on everything from classroom participation to writing research papers and online learning.  
[www.studygs.net](http://www.studygs.net)

Academic Tips for success in college and in life [www.academictips.org](http://www.academictips.org)

How to Study - by Subject- Resources on study skills and course-specific tips (nursing, the liberal arts, sciences, etc.).  
[www.howtostudy.org/](http://www.howtostudy.org/)

## Grade Point Average Calculator

Ever wonder how to figure out what you need for a grade in a particular course, or for a semester?  
[www.back2college.com/gpa.htm](http://www.back2college.com/gpa.htm)

## Assignment Calculator

Suggested step-by-step production planning for assignments in various subjects.  
[www.lib.umn.edu/apps/ac/](http://www.lib.umn.edu/apps/ac/)

## Brain Training Games and Exercises

Visit <http://www.lumosity.com>

## Tutorial Videos

**on thousands of academic topics (over 4,200)** Learn almost anything for FREE! <https://www.khanacademy.org>

## Learning Styles and Assessments

Take the V.A.R.K assessment to find out your preferences for Visual, Aural, Reading/writing and Kinesthetic study strategies.  
<http://www.vark-learn.com>

To learn more about the Myers Briggs Type Indicator and learning styles, visit [www.cpp.com](http://www.cpp.com)

LASSI: Extensive research, development, and testing led to the creation of this statistically valid and reliable tool for the diagnosis of study skills. The LASSI is a 10-scale, 80-item assessment of students' awareness about and use of learning and study strategies related to skill, will and self-regulation components of strategic learning. [http://www.hhpublishing.com/\\_assessments/lassi/index.html](http://www.hhpublishing.com/_assessments/lassi/index.html)

## Campus Toolkit

Campus ToolKit is quite simply the most powerful and comprehensive suite of student success tools ever compiled. Our systems provide students with the tools they need for enhanced self-understanding and mastery. The assessments, communication tools and support resources also forge closer connections between schools and their students. Visit <https://www.campustoolkit.com/>