

26th Annual Maine Geriatrics Conference Bios:

William L. Bograkos

Dr. Bograkos is board certified in both Family Medicine (1992) and Emergency Medicine (1997). While serving as an USA/ABF Ringside Physician in 1991 he earned the AOASM Galen Society certificate of added qualifications in Sports Medicine.

COL Bograkos served 28 years with the DoD. His last assignment was Chief, Warrior Transition Division, Clinical Operations, North Atlantic Region Medical Command. As chief he provided clinical oversight for the recovery and rehabilitation of Soldiers within the 22 state NARMC region. The position involved active teaching & training of 160 nurse case managers within the region, clinical surveillance in the rehabilitation process, and liaison operations with civilian, VA, and military healthcare systems. He has worked in the Maryland VA System, served as Medical Director NeuroRestorative National Capitol Area (severe TBI), and currently serves as a consultant to the "Psychiatric Continuity Service", Walter Reed National Military Medical Center, and to "HOMEMIND" the Danish Wounded Warrior Project.

Dr. Bograkos served on the Maryland Brain Injury Association Board of Directors from 2009 - 2012. He has been an active Advanced Trauma Life Support (ATLS-I) instructor at Cowley Shock Trauma, in Baltimore, Maryland, for 20 years, and has experience ranging from pre-hospital (EMS) trauma to (PM&R) recovery. He currently serves as the President Elect for the American Osteopathic Academy of Addiction Medicine. Current interests include supporting the "White House Joining Forces Initiative" and current drug policies through medical education.

COL Bograkos graduated from the U.S. Naval War College "with distinction" in 2009 and received his MA in "National Security & Strategic Studies" (Area of Study: Irregular Warfare / narco-terrorism) "with distinction" in 2011. He is a Clinical Professor of Military Science, Family Medicine, and Emergency Medicine at the University Of New England College Of Osteopathic Medicine, and an Assistant Professor in Military & Emergency Medicine at the Uniformed Services University of the Health Sciences, Bethesda, Maryland.

Meg Callaway

Meg Callaway is the Integrated Health and Senior Services Coordinator for the Charlotte White Center and the project director of the Piscataquis Thriving in Place Collaborative,

which focuses on improving regional services and supports to help individuals with chronic medical conditions avoid unnecessary hospitalization and other forms of institutional care. She is co-chair of the Maine Council on Aging and serves on the boards of the Maine Gerontological Association, NAMI Bangor, State Coordinating Council for Public Health, and Maine Highlands Senior Center. Meg has 25 years of experience in the Maine social service system, working extensively with children and families. She holds a master's degree in counseling psychology and is a graduate of the Hanley Health Leadership Development Program.

Evan Carroll

Evan Carroll is a Principal and Co-Founder of Bild Architecture in Portland, Maine, and has been a designer, advocate, Community Issues Junkie in Portland since 2006.

Evan strives to champion the greater good, and has identified design for aging and advocacy for affordable housing as the ways in which he hopes to promote progress. A Maine native, Evan envisions how his efforts will directly impact his family, friends and Community. In an effort to gain empathy and understanding, Evan lived as a resident in Memory Unit of the Scarborough, Maine Veterans Home for 10 days.

Evan has a BArch Degree from Roger Williams University, is a Maine Licensed Architect, a LEED Accredited Professional and an Eden Alternative Associate. Evan's recent projects at Bild architecture include the Westminster Group Home, Bedside Manor East Residential Care, and the Marquis Lofts.

Evan is currently a Commissioner on Portland Housing Authority Board, and has previously served on the Westbrook Planning Board, the Portland Society of Architects, Advocacy Committee, the Pecha Kucha Portland Planning Committee, the Hugh O'Brian Youth Leadership Corporate Board and the Maine Alliance for Sustainable Transportation steering committee.

Nicolette Centanni

Nicolette Centanni, PharmD, BCPS, CGP is a clinical pharmacist at Maine Medical Center in Portland, Me. Her areas of work include Adult/Geriatric Medicine and Psychiatry. In her current position, she rounds with medical teams, participates in interdisciplinary rounding, engages in research and teaches to an array of clinicians, nurses and learners. She has worked here since 2009 and has earned her Board Certification in Pharmacotherapy and Certification in Geriatric Pharmacy during her time here.

Nicolette grew up in Downeast Maine and went on to earn her Doctor of Pharmacy degree from Massachusetts College of Pharmacy and Health Sciences in Worcester, Ma. She then worked at CVS and UMass Memorial Hospital before moving to Maine and starting at Maine Medical Center. She has a passion for geriatric medicine and is involved in research involving geriatric psychiatry. She loves learning and teaching on a daily basis. She is also an advocate for geriatric services in the hospital and hopes to continue on a much larger level.

In her personal life, Nicolette loves to travel, volunteer (both together when possible), exercise, and read. She and her husband are passionate about animals and have 5 adopted animals.

Janice Cundy

Is a Registered Nurse who is currently serving as a Parish, or Faith Community Nurse at the First Baptist Church in New London, NH. She has recently completed one course of Clinical Pastoral Education (CPE) at Dartmouth Hitchcock Medical Center in Lebanon, NH.

Barbara Donovan

Barbara Donovan is the Public Transit Administrator for the Vermont Agency of Transportation. She graduated from State College of New York at Geneseo and has completed graduate coursework in Urban Planning at Syracuse University. She has held various positions in the transportation industry over the past 30 years and conducted the Maine State Roadeo for 3 years.

Terry Fuller

Terry Fuller graduated from Jeanne Mance School of Nursing in Burlington Vermont in 1970. She worked on medical surgical units at the University of Vermont Medical center and in obstetrics. She also worked in several geriatric settings until 1987 and with a local VNA office. For the next 27 years she was at Dartmouth Hitchcock hospital in the Office of Care Management where she held several roles including discharge planning on the inpatient units, nursing home liason, and then outpatient care manager. During this time she received a Master in Health Education degree.

For the past 2 years she has worked as the Lebanon New Hampshire community nurse, a new position. In 2014-2015 she took a 6 month Clinical Pastoral Education course at Dartmouth Hitchcock hospital.

Connie Garber

Connie began working as YCCAC's Transportation Director in 1981. YCCAC operates a county-wide coordinated transportation program with a Volunteer Driver component set up in 1984. Other services include The WAVE (Wheels to Access Vocation and Education) begun in 1999, operating 7 days/week, with over 625,000 rides provided to date, and the Shoreline Explorer, a network of trolleys and buses being provided as a public-private partnership, providing seasonal service to the coastal region of York County, with year-round service between Sanford and Wells.

Elizabeth Gattine

Elizabeth Gattine is a Senior Policy Associate in the Disability and Aging area at the Muskie School of Public Service. The Muskie School is part of the Cutler Institute for Health and Social Policy at the University of Southern Maine. Prior to joining the Muskie School, Elizabeth spent almost 20 years in state government, all of them in the aging and disability services area. Elizabeth worked as the State's Legal Services Developer, a position that is required under the Older Americans Act to help ensure adequate access to legal and advocacy services for elders. She also served as the program manager directing Maine's long term services and supports system serving elders and adults with physical disabilities. She is a graduate of Dartmouth College and received her law degree from Columbia University School of Law in New York City.

Marilyn Gugliucci

Dr. Marilyn R. Gugliucci is the Director for Geriatrics Education and Research at the University of New England College of Osteopathic Medicine (UNECOM), and Director of U-ExCEL (UNE~Exercise and Conditioning for Easier Living) Fitness/Wellness Program for older adults.

Her Learning by Living Research Project, a UNECOM signature program, "admits" medical students into nursing homes to live the life of an elder resident for 2-weeks. She also conducts research on older adult function, falls, and proprioception.

She serves on a number national executive boards for organizations focused on aging and is the Immediate past chair for the Gerontological Society of America Health Sciences Section (1730 members).

In Maine, She is currently the Past-President of the Maine Gerontological Society, and on the Board of Directors for the Maine Council on Aging, the newly formed SAGE Maine for GLBT older adults, and serves on the Hospice of Southern ME Ethics Committee, among others. Dr. Gugliucci also served on the board for Maine Legal Services for the Elderly from 2000-12.

Dr. Gugliucci was awarded the 2013 Innovations in Clinical Medicine Education Award for her Learning by Living Project, the 2012 Association for Gerontology in Higher Education Hiram Friedsam Mentorship Award for her excellence in mentoring students, faculty, and administrators in the field of aging; and the 2012 Harvard Pilgrim Health Care and MaineToday Media, Inc. Healthcare Hero Award for her excellence, dedication, innovation, compassion and exemplary achievements as a Health Care Educator in Maine.

Emily Haigh

Dr. Haigh is a licensed clinical psychologist and assistant professor in the Department of Psychology at the University of Maine. She received her PhD in Clinical Psychology from Kent State University and completed a Postdoctoral Research Fellowship at the Aaron T. Beck Psychopathology Research Center in the Department of Psychiatry at the University of Pennsylvania. Dr. Haigh's research focuses on cognitive processes that increase vulnerability to the onset, maintenance and recurrence of depression. She has published several prominent articles on the cognitive model of depression. In addition to her academic work, Dr. Haigh is a mental health consultant at Penobscot Job Corp Center, a residential education and vocational training program in Bangor, Maine.

Laurie Harding

Laurie Harding, MS RN holds a masters degree from Boston University in community health nursing. She is the Co-Director of the Upper Valley Community Nursing Project and works closely with local aging in community initiatives. She has extensive direct care/care management experience and administrative home care experience, which she obtained through her work with an area Visiting Nurse and Hospice organization. Her teaching experience involves patients/clients, nursing students and staff (non-medical and medical) with whom she has worked. She currently provides consultative services for a small non-medical home care agency that offers personal care services to frail elders. Laurie recently completed ten years of service in the New Hampshire legislature where her committee work focused on health care policy.

Becky Hayes Boober

Dr. Becky Hayes Boober, Senior Program Officer at Maine Health Access Foundation, leads initiatives to integrate behavioral health and primary care and the Thriving in Place initiative to keep persons with chronic health conditions, including older persons, in their homes. She also oversees Access to Quality Care grants. Previously, Dr. Boober worked over 20 years in the Commissioners' Offices of three State of Maine departments.

Other presenters will include the Project Directors of Thriving in Place initiatives in communities across Maine.

Connie Jones

Connie Jones serves as the Director of the Area Agency on Aging programs at SeniorsPlus, in Lewiston.

She has a long history of working with older adults, from her first job at Rhode Island Meals on Wheels to current day. Connie received her Masters in Human Services with specialty in gerontology from Springfield College and teaches, speaks and writes about aging.

Lenard W. Kaye

Dr. Lenard W. Kay is Professor of Social Work at the University of Maine School of Social Work and Director of the UMaine Center on Aging. During the 2014-2015 academic year he was honored with the University of Maine Trustee Professorship. A prolific writer in the field of health care and aging, he has published more than 150 journal articles and book chapters and 14 books on specialized topics in aging.

Marcia Larkin

Department Director of Lynx Mobility Services, has twenty three years of experience providing transportation services to the residents of Maine. Marcia began her tenure at Penquis in 1994 serving as a Dispatcher in the transportation department. At Penquis, Marcia has held the positions of Lead Dispatcher, Dispatch Supervisor, and Division Manager, and Director of the Community Support Department. In 2013, Marcia was appointed Department Director of Lynx Mobility Services. Whether it's transportation to medical appointments or ensuring rural residents get their shopping and banking done, Marcia's team is there to make it happen. Marcia graduated from Bangor High and has lived in Bangor her whole life.

Wendy Lustbader

Wendy Lustbader, MSW, is the author of several books that have earned her a national reputation in the field of aging. She is also a popular speaker at conferences throughout the United States and Canada, using storytelling to animate complex subjects. Additionally, she is a skilled psychotherapist, having worked almost twenty years with people from all walks of life at a community clinic in downtown Seattle. Currently, she is an Affiliate Associate Professor at the University of Washington School of Social Work in Seattle. Wendy's first book was co-authored with Nancy Hooyman, *Taking Care of Aging Family Members*. Her second book, *Counting on Kindness*, helps readers to comprehend the complex feelings which arise when we become dependent on others for help. Her latest books are *What's Worth Knowing*, a collection of pithy insights gathered from older people, and *Life Gets Better*, which explores how life improves as we get older, on every level except the physical.

Rev. Frank R. Mächt

Rev. Frank Mächt, Director of Chaplaincy, joined Dartmouth-Hitchcock Medical Center in 2011. He is an ordained pastor in the Evangelical Lutheran Church in America and an ACPE-certified Clinical Pastoral Education Supervisor. He studied theology at the universities of Frankfurt and Münster before graduating with a M.Div. and M.A. from Pacific School of Religion in Berkeley, CA. Subsequently he pursued clinical training at Stanford University, Palo Alto, CA, Presbyterian Hospital in Albuquerque, NM, and at Emory University in Atlanta, GA, where he specialized in workplace chaplaincy. Frank has a particular interest in cross-cultural learning and ministry. He served as pastor of a multi-cultural congregation in Nome, AK and in the spiritual care department of a faith-based hospital in Anchorage, before joining DHMC. In the past two years, Frank has greatly enjoyed the co-facilitation of reflection rounds and role plays with 3rd year medical students during their surgery and medical clerkships.

Jane Marks

Jane Marks retired in 2012 after 12 and 1/2 years as Executive Director of the Alzheimer's Association, WV Chapter. In her time with the Alzheimer's Association, Jane developed a broad knowledge and a keen awareness of the impact Alzheimer's or a related dementia has on families. Jane is acknowledged by health care professionals as a subject matter expert capable of transforming a complicated set of circumstances into a person-centered solution. She is a published author of multiple journal articles on aging and Alzheimer's disease, as well creator of multiple training curriculum and she also hosted a monthly talk show on the local cable channel titled "Women's Perspective" which often focused on aging

and caregiver issues. . She has presented workshops at the national Alzheimer's Association Leadership Conference and Public Policy Forum and at the White House Conference on Aging Solutions Forum. She has served on the Strategic Plan Steering Committee for the National Alzheimer's Association as well as on the national Strategic Alignment Work Group. She is a frequent presenter at the WV National Association of Social Workers Conference as well as the WVU School of Social Work's Summer Institute on Aging.

In 2011 Jane spent time in the United Kingdom, participating in training and peer discussions concerning dementia care. In addition to balancing her role as a non-profit executive, wife, and mother and new grandmother; Jane is also a caregiver for her own mother. As a result, she has personally experienced all of the challenges, obstacles, tears and frustration that so many are facing. In 2013, Jane was named the Public Citizen of the Year at the WV NASW Conference as well as honored with the Rockefeller Award by the Alzheimer's Association for her outstanding dedication to the cause. In 2014, Jane completed training and received her certification from the National Council of Certified Dementia Practitioners, as a Certified Dementia Practitioner. She is the Co-Chair of the Advisory Panel of the WV Partnership for Elder Living and is a member of the WV Geriatric Society. In July of 2014, Jane presented an academic poster at the Alzheimer's Association, International Conference. Jane now spends her time speaking, training, writing a blog on caregiving and managing her website, www.sandwichcaring.com, which is dedicated to those "sandwiched" between their own lives and the task of caring for aging parents.

Jess Maurer

Jess Maurer is the Executive Director of the Maine Association of Area Agencies on Aging. She advocates for healthy aging at the national, state and local levels on behalf of Maine's five Area Agencies on Aging. She also assists the area agencies in strategic planning, program development and implementation. She provides leadership within Maine's aging network, including on the Maine Council on Aging, to advance public policy initiatives that support Maine's aging population. She is one of the lead authors of the 2012-2016 Maine State Plan on Aging and of Building a Collaborative Community Response to Aging in Place. She was the primary organizer for the Speaker's Round Table Discussions on Aging and both of Maine's Summits on Aging. She also leads the Tri-State Learning Collaborative on Aging, working to advance the collective impact of aging-in-place initiatives through shared learning.

A licensed Maine attorney, Jessica worked for nearly 17 years in the Maine Office of the Attorney General. In her last 7 years in the Office, she served as a Special Assistant Attorney General, implementing public policy and legislative initiatives for the Attorney General. Jess is a graduate of the University of Maine School of Law and the University of Massachusetts at Amherst.

Dennis McCullough

Dr. Dennis McCullough has been an "in-the-trenches" family physician and geriatrician for 30 years. He is a graduate of Harvard College and Harvard Medical School, and serves as a faculty member in the Department of Community and Family Medicine at Dartmouth Medical School.

Dr. McCullough is a member of the American Geriatrics Society, the American Academy of Family Physicians, the Society of Teachers of Family Medicine, and the American Medical Directors Association, as well as the coauthor of *The Little Black Book of Geriatrics*. He lives with his wife, the poet Pamela Harrison, in Norwich, VT.

Diana M Nadeau

After retiring as a national and international corporate consultant of Information Technology and a Business Solutions Project Manager and Director for Perot Systems Inc., Ms. Nadeau joined the **Aroostook Area Agency on Aging** in August 2015 as the Special Projects Director for Thriving in Place, coordinating the work of the partnership of area agencies.

She has volunteered extensively with the American Red Cross, the American Lung Association, Habitat for Humanity, **SAGE** (Seniors Achieving Greater Education), **RSVP** (Retired and Senior Volunteer Program), and is a Past Secretary of the Northern Maine Medical Center (**NMMC**) Auxiliary.

Anne Schroth

Anne Schroth is the TiP Coordinator at Healthy Peninsula, coordinating the efforts of the Thriving in Place Downeast collaboration. Anne is a longtime poverty lawyer and has recently returned to Sedgwick, Maine, where she grew up, after many years of practicing poverty law in Michigan and Washington, D.C. Most recently, she was a Clinical Professor at the University of Michigan Law School, where she founded the Pediatric Advocacy Initiative, an innovative collaboration between legal and health professionals designed to

remove legal barriers to the health and wellbeing of low-income patients and their families.

Anne Smith

Anne E. Smith serves as the Medicare Rights Advocate at Legal Services for the Elderly in Augusta, Maine. In her role as Medicare Rights Advocate, Anne assists Maine residents in understanding and accessing their Medicare benefits, rights and protections. She works closely with both the State Health Insurance Assistance Program (SHIP) and the Maine SMP (Senior Medicare Patrol) to provide training to volunteers, social service providers, physicians and pharmacists as well as counseling and outreach to Medicare beneficiaries, their families and their caregivers on health insurance and prescription drug issues.

Marguerite Stapleton

Marguerite Stapleton is a Consultant providing resources for individuals, groups and organizations through Wisdom Works. She loves to engage people in reflective conversations which allow them to access their own wisdom and knowledge and apply it to life's challenges.

Marguerite currently is a faculty member at USM's Senior College in Lewiston, ME. From 1993-2009, she served as the Vice-President for Mission Effectiveness at St. Mary's Health System. Prior to that, she was the Pastoral Associate at St. Philip's Parish in Auburn, ME. During her career she has taught elementary and secondary school and was also a book review editor. She has given workshops and conferences throughout the US and Canada.

Marguerite did her undergraduate work at Immaculata College and received her master's degree at the University of Illinois. She has done further graduate study in Theology at Villanova University and Boston College.

She lives in Minot, Maine and loves to read, teach, garden, and play.

Ellen Thompson

Ellen has been a nurse for over 40 years. Most of her career at Dartmouth Hitchcock in direct patient care, education and administration. Currently, she is the Lyme Parish Nurse serving members of the Lymm Congregational Church and the Lyme Community.

Dyan Walsh

Dyan Walsh is the Director of Community and Family Caregiver Services for Eastern Area Agency on Aging (EAAA) in Bangor, ME. EAAA serves older adults, caregivers and adults with disabilities for Penobscot, Piscataquis, Washington and Hancock counties. Dyan has a Master's degree in Social Work from the University of Maine with a concentration in gerontological practice. She is master trainer for Matter Balance as well as Living Well. Dyan is the co-chair of the Public Health Advisory Board for the City of Bangor and the co-chair for the Maine Gerontological Society and she is a board member for the Community Health Leadership Board in Bangor.

Susan Wehry

Susan Wehry received her medical degree (MD) from the School of Medicine at the University of Louisville in Kentucky. Her specialty is Geriatrics Psychiatry. She has been serving the State of Vermont as Commissioner for the Department of Disabilities, Aging and Independent Living since 2011. From 2000 to 2011 she served as a consultant in Mental Health and Aging Initiatives for the state of Vermont Agency of Human Services; the State of Delaware, Department of Health and Human Services, and for Vermont Veteran's Homes. Additionally she consulted on the Post---Katrina Stabilization Project in the State of Louisiana, Office on Aging and conducted career ladder training (ECCLI) in Massachusetts. She holds the rank of Associate Professor at the University of Vermont Medical School and is affiliate faculty for the University of New England College of Osteopathic Medicine. Dr. Wehry is well known in Maine; she has assisted in supporting the Maine Council on Aging statewide policy projects that are currently underway and has been a popular speaker at 9 of the Maine Annual Geriatrics Conferences. She is known nationally for her consultation work on aging issues and is an established teacher/presenter.