**Graduate Student Individual Development Plan**

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| **Name:** |  | **Date:** |  |
| **Dept.** |  | **PI:** |  |

Consider visiting: <https://myidp.sciencecareers.org/> (for future careers based on interests and skills)

**Answer the following questions and meet with your PI to discuss.**

**i. Professional Goals/Motivation:**

1. What are your career aspirations?
2. Why have you chosen aforementioned career?
3. What skills do you feel you have that will aid you in this goal?
4. What skills will you need to be successful in the next phase of your career (passing your qualifying exam, defending your thesis, or as a post-doc)?
5. What actives outside the lab do you intend to do to develop your career goals?

**ii. Progress during the past year:**

1. Have your career goals changed in the last year? If so, why?
2. What were some of your goals for the past year? What goals did you not meet?
3. If applicable, what was your most valued research accomplishment in the past year?
4. What were some unexpected events/ results from last year? What did you learn from them?

**iii. Setting goals and objectives for next year:**

1. What are your goals for the next 12 months?
2. Are there things you want to be doing that you currently are not doing?
3. What areas to you want to acquire more knowledge in? What method(s) will you use to develop this?
   1. **Laboratory objectives:**
4. Are there any specific skills you want to acquire or work on this year?
5. What skills related to this area are you interested in improving/ building upon?
6. What will you do to develop these skills?

**b. Writing objectives:**

1. Are there any writing projects you want to work on this year?
2. What skills related to this area are you interested in improving/ building upon?
3. What will you do to develop these skills?

**c. Presentation objectives:**

1. Are there any presentations you expect to give this year?
2. What skills related to this area are you interested in improving/ building upon?
3. What will you do to develop these skills?