

**Learning to Move and Moving to Learn:
*Improving Physical Activity Through Schools***

**December 3, 2003
Augusta Civic Center**

Agenda

- 8:45 - 9:00 **Welcome**
Paul Campbell, Sc.D., President, Maine Center for Public Health
- 9:00 - 10:00 **Key Note Address: *Physical Activity Promotion for Obesity Prevention in Youth***
Russell Pate, Ph.D., University of South Carolina
- 10:00 - 10:30 **New England Recommendations for Physical Activity/Education in Schools**
Bill Potts-Datema, MS, Harvard School of Public Health
- 10:30 - 10:45 **Maine Dept. of Education's Response to the Recommendations**
Susan Gendron, Commissioner, Maine Dept. of Education
- 10:45 - 11:00 **Break**
- 11:00 - 12:00 **Response from Maine Schools**
Moderator: Barbara Leonard, MPH, Maine Bureau of Health
Mark Eastman, Ed.D. Superintendent, MSAD 17 (Norway/Oxford Hills)
Daniel Meyer, Ph.D., Chair, School Committee, Maranacook Community School
Liz Giles-Brown, M.ED., Physical Education Teacher, South Bristol School
Sue Kelly, Ed.D., St. Joseph's College, MAPHERD
- 12:00 - 1:00 **Lunch**
Youth activity demonstration - Gym Dandies, Scarborough, Maine
- 1:00 - 2:00 **Creative Approaches to Meeting Physical Activity Recommendations**
Moderator: Charles Deutsch, Sc.D. Co-Director, Harvard Prevention Research Center
Jen Fitts, School Health Coordinator, MSAD 17 (Norway/Oxford Hills)
Andy Hamblett, Executive Director, Boothbay Region YMCA
Jean Martin, M.Ed., Principal, St. Francis Elementary School
Wendie Lagasse, MSB, CHES, Director, Community Wellness Service, EMMC
- 2:00 - 2:50 **Workgroup Discussion and Recording**
Present Vision and Task: Paul Campbell, Sc.D.
- 2:50 - 3:15 **Closing**