



# What's New?

## Putting recent obesity research to work in Maine!

*Workshop-At-A-Glance*

- 8:00- 8:30**      **Registration & Continental Breakfast**
- 8:30 – 8:45**      **Welcome & Overview**  
Charles Deutsch, Sc.D. & Kala Ladenheim, Ph.D.
- Purpose of the Day**  
Karen O'Rourke, MPH
- 8:45 – 9:35**      **Impact of Maine's Statewide Rule on High School Nutrition Environments & Students' Dietary Behaviors**  
Janet Whatley Blum, Ph.D. University of Southern Maine, Dept. of Exercise, Health and Sport Sciences
- 9:35 – 9:55**      **Table Discussion – Translating Research to Practice**
- 9:55 – 10:10**      **Take Time & Break**
- 10:10- 10:25**      **Report Back and Comment**  
Janet Whatley Blum, Ph.D. & Barbara Raymond-Nichols, Director of School Nutrition Programs for the Augusta School Department
- 10:25 – 11:15**      **The Vermont Worksite Wellness Project**  
Robert Ross, Ph.D., Maine-Harvard Prevention Research Center
- 11:15 – 11:35**      **Table Discussion – Translating Research to Practice**
- 11:35 – 12:00**      **Report Back and Comment**  
Robert Ross, Ph.D. & Tom Downing, USM Lifeline Center
- 12:00 – 1:00**      **Lunch**
- 1:00 – 2:00**      **The Spread of Obesity in Large Social Networks**  
Nicholas Christakis, MD, Ph.D., MPH, Dept. of Health Care Policy, Harvard Medical School
- 2:00 – 2:30**      **Table Discussion – Translating Research to Practice**
- 2:30 – 2:45**      **Break & Dessert**
- 2:45 – 3:15**      **Report Back and Comment**  
Nicholas Christakis, MD, Ph.D. MPH & Steve Gortmaker, Ph.D. Harvard Prevention Research Center
- 3:15 – 3:30**      **Final Comments and Adjourn**  
David Crawford MPH, PAN Program & Charles Deutsch, Sc.D.

