

Anyone's Guess: Why Point-of-Purchase Information Results in Healthier Food Choices!

Workshop-At-A-Glance

| 8:00- 8:30 | Registration & Continental Breakfast |
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| 8:30 – 8:45 | Welcome, Overview & Purpose of the Day Karen O'Rourke, MPH & David Crawford, MPH |
| 8:45 – 9:45 | Menu Labeling: One Way to Support Americans' Efforts to Eat Well & Watch Their Weight Margo Wootan, D.Sc |
| 9:45 – 10:00 | Q & A |
| 10:00 – 10:15 | Physical Activity—Break |
| 10:15- 11:00 | Impact of Hannaford's Guiding Stars Program Julie Greene |
| 11:00 – 11:30 | Schools Guiding Stars Program Mary Booth MS, RD/LD & Moe St. Pierre |
| 11:30 – 12:30 | Lunch |
| 12:30 – 1:30 | Menu Labeling Policy—The NYC Experience Cathy Nonas, MS, RD, CDE |
| 1:30 – 1:45 | Q & A |
| 1:45 – 2:00 | Legislative Progress in Maine Becky Birrell Smith |
| 2:00 – 2:15 | Physical Activity—Break |
| 2:15 – 3:00 | Strategies for Legislative Action in Maine Rep Sean Faircloth & Margo Wootan, D.Sc |

Adjourn—Thank You