

**10th Annual Maine-Harvard Prevention Research Center
Starting Young: Improving the Nutrition and
Physical Activity Environment for Pre-School Children**

Senator Inn, Augusta, Maine

January 21, 2011

AGENDA

8:30 Welcome

David Crawford, MPH, Maine Center for Disease Control & Prevention
Karen O'Rourke, MPH, Center for Community and Public Health, UNE
Charles Deutsch, Sc.D., Harvard Prevention Research Center

8:45 Starting Early: Building Foundations for Healthy Lives

Marjorie Withers, LCPC, Director, Community Caring Collaborative

9:30 Creating Healthy Weight Environments at Child Care: The NAP SACC Planning Model

Dianne Stanton Ward, Ed.D, UNC-Chapel Hill, Gillings School of Global Public Health

10:30 Physical Activity and Break

10:50 Maine's Experience Improving Physical Activity and Nutrition in Child Care Settings

Joanne Burns, RD, Health and Nutrition Manager, KVCAP
Ranae D'Italien, Child Care Director, Kennebec Valley YMCA
Dawn Littlefield, Maine CDC, Physical Activity, Nutrition & Healthy Weight Program

11:20 Round Table Discussion and Feedback

Participants discuss topics provided, brainstorm solutions and report ideas or questions for comments by panel participants.

11:45 Lunch

12:35 CDC's Framework for Improving Nutrition, Breastfeeding, Physical activity and Screen time in Early Learning Settings for Obesity Prevention: A Spectrum of Opportunity for Policy and Practice Change

Meredith Reynolds, Ph.D. US Centers for Disease Control and Prevention

1:10 The Cost-Effectiveness of Obesity Policy Changes in Child Care Settings

Davene R. Wright, BS, Doctoral Candidate in Health Policy, Harvard University

1:45 Closing Remarks

Karen O'Rourke, MPH, University of New England

2:00 Adjourn

2:00 – 3:00 Technical Assistance Session with NAP SACC HMPs and Dr. Dianne Stanton Ward

The Maine-Harvard Prevention Research Center is a collaboration of the Center for Community and Public Health at the University of New England, the Maine Center for Disease Control and Prevention and the Harvard Prevention Research Center. This workshop is also sponsored by the New England Alliance for Public Health Workforce Development.