

Maine Worksite Wellness Initiative: 2009-10

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Agenda

Meeting 3: January 14, 2010, 2:30-4:00pm, Cianbro Corporation, Pittsfield, ME 04967.

Note: the 90-minute meeting is scheduled January 14 to start at 2:30pm, not at 3:00pm, to accommodate Dr. Lerner's schedule.

Directions from Rita Bubar: It is Cianbro Square. Job Site: Pittsfield Corporate Office. One Hunnewell Square. Pittsfield, ME 04967. (207)487-3311. Please leave travel time enough to arrive on time.

- Take I-95 to exit Somerset Ave in Pittsfield.
- Take a right (from south)/ left (from north) onto Somerset Ave.
- Follow approximately 1 mile to traffic light.
- Proceed straight through traffic light. Parking lot is the first right. Building sits on the corner.

1. **Roundtable** (20 min): where members report projects-in-planning, in-progress, and in-conclusion, raise issues, think out-loud, trace lessons, seek partners, collect comments.

There are three slots open. Anyone is welcome to present 4-5 minutes. RSVP convener. Please use the Roundtable to communicate your own interests or plans.

2. **Briefing** (35 min): where a member or associate briefs the group on a current or emerging occupational and environmental health (OEH), public health (PH), health services (HS), or policy science (PS) topic of substantive (e.g. clinical, epidemiologic, policy, organizational, exposure, ergonomic) or methodologic (e.g. biometric, econometric, informatic, GIS, MIS) import.

- Debra Lerner, whose research interests may be read at <http://160.109.101.132/icrhps/faculty/facultypages/LernerDebraJ.asp>, will employ a ~ 20 slide Power Point to brief the group on "the nature and scope of depression in the workplace and what we know now about intervention best practice." Time will be given to Q&A. A paper or two of hers will be distributed in advance.

3. **Presentation** (35 min): where one member presents an early/mid-stage proposal (e.g. to be submitted to a funder, client, or board), early/mid-stage project (e.g. preliminary data, outcomes), or early/mid-stage report (e.g. to be submitted to a funder, client, board, journal, or meeting) for constructive comment.

- John Bielecki, Medical Director, Workplace Health, Workplace Health at MaineGeneral Medical Center in Waterville will present a synopsis of the his program experience in area of depression in the workplace. Susan Olson will serve as Commenter to John's presentation. Susan is Executive Director, WorkMed, Rehab Services and Prevention and Wellness, St. Mary's Regional Medical Center in Lewiston.