

Maine Worksite Wellness Initiative: 2009-10

Robert H. Ross, PhD, Convener

Scientific Director, Maine-Harvard Prevention Research Center

Center for Community and Public Health, University of New England, Portland Campus

716 Stevens Avenue, Portland ME 04103, t: 207-221-4560, c: 978-505-8892, f: 207-523-1914

www.une.edu/research/centers/upload/Cent_Community_PH.pdf

Agenda, draft 14April10

Meeting 5 of the 2009-10 MWWI will be held April 15, 2010, 3:00-4:30pm at the University of New England, Center for Community and Public Health, Linnell Hall, 716 Stevens Avenue (at 1 College Street), Portland ME. The call-in number is 1-800-501-8979 passcode 8500001#.

Directions as attached.

1. **Roundtable** (20 min): where members report projects-in-planning, in-progress, and in-conclusion, raise issues, think out-loud, trace lessons, seek partners, collect comments.

Four slots are open. Anyone is welcome to present 4-5 minutes. RSVP convener. Please use the Roundtable to communicate your own interests or plans.

2. **Briefing** (35 min): where a member or associate briefs the group on a current or emerging occupational and environmental health (OEH), public health (PH), health services (HS), or policy science (PS) topic of substantive (e.g. clinical, epidemiologic, policy, organizational, exposure, ergonomic) or methodologic (e.g. biometric, econometric, informatic, GIS, MIS) import.
 - Tom Downing, whose Lifeline Workplace Health Program has recently joined the Maine Medical Center (http://www.mmc.org/mmc_body.cfm?id=6338) and whose Spring 2010 Certificate course "Fundamentals for Worksite Wellness" is just underway (www.maineheartdisease.org/news_events/Cert%20Class%20brochure%202-19-10-x.pdf), will brief us with a ~ 20-25 slide Power Point on the work of the new Lifeline Program. He will exemplify the project development side of that work with reference to a MWWI-generated 22-week "Walking at Work" project proposal recently submitted, upon request, to the firm Berry, Dunn, McNeil & Parker, Portland ME. Time will be given to Q&A.
3. **Presentation** (35 min): where one member presents an early/mid-stage proposal (e.g. to be submitted to a funder, client, or board), early/mid-stage project (e.g. preliminary data, outcomes), or early/mid-stage report (e.g. to be submitted to a funder, client, board, journal, or meeting) for constructive comment.
 - Robert Ross, will outline the proposal he will submit April 20th to the CDC in response to RFA-DP09-00102SUPP10: Health Promotion and Disease Prevention Research Centers: Special Interest Project Competitive Supplements (SIPS) (U48) SIP 10-032: Workplace Health Research Network (WHRN) - Collaborating Centers. Year 1-4 specific aims include "(year 1) to consolidate the year-old (2009-2010) Maine Worksite Wellness Initiative (WWI) and, extrapolating in part from the Maine experience, to co-found the New Hampshire WWI."

Please leave travel time enough to arrive at Linnell Hall, UNE Portland campus in time for a 3:00pm start. Thank you.