

TO: Maine Worksite Wellness Initiative (MWWI) Year 2 (2010-11) Members and Prospective Members
FR: R.H. Ross, Convener
DA: 15 October 2010
RE: Year 2 Meeting 1, 14 October 2010, 3:00-4:30pm, UNE Center for Community and Public Health, Portland ME.

Present: Tom Downing, Del Leonard, Dean Paterson, Lisa Kuronya, David Crawford, Amy Wagner, Andy Spaulding, Bill Primmerman, Jonathan Klane, Lynn Lavorgna-Landry, Robert Ross (Convener). Regrets: Rita Bubar, Dona Forke, Bill Whitmore, Abby DiPasquale, Rachel Maier, Janet Blum, Bill Perry, Bill McPeck, Tom Algozzine, Jaime Laliberte. Convener regrets anyone overlooked.

Roundtable. Lisa Kuronya, an industrial hygienist with Ransom Environmental Consultants, Inc., Portland ME, introduced herself and said that her interest in joining the MWWI lay in exploring connections between occupational safety and health (OSH), her field, and worksite health promotion. People welcomed that. Her colleague at Ransom and like industrial hygienist, Del Leonard, said that he was looking forward to presenting at Meeting 4, scheduled for February 24 (but that Meeting 5 was an option too), and was lining up a meeting Briefer from UMass Lowell, where he was trained. Amy Wagner, a new member and manager for worksite wellness at Healthy Communities of the Capitol Area, Gardner ME, described her adult program services work and interests in worksite wellness policy and in MORA (http://www.maine.gov/labor/workplace_safety/mora/). By request, she will correspond with Del to explore the connection between their two interests. Bob Ross noted that it was these sorts of sub-group discussions that the MWWI wanted to generate. Dean Paterson, likewise new to the MWWI, occupational nurse and owner of Healthcare Solutions, described her experience in workplace health promotion and current interest in the mental health side of occupational health. Tom Downing, Director of the Lifeline Workplace Wellness Program at Maine Medical Center, noted his on-going interest in small business across the state and suggested the group consider bringing in a Briefer to explain the impact of the recent federal Healthcare legislation on Maine employers. Andrew Spaulding and Bill Primmerman introduced themselves and their work, including Bill's around promoting worksite wellness tax credit and related Scorecard. David Crawford, Director, Maine CDC PAN, arrived a little late from having to submit a Maine CDC brief to the Governor's office (excuses, excuses). Jonathan Klane, industrial hygienist and owner of Klane's Education Information Training Hub, LLC, described his business and current book-writing work with Wiley. Lynn Lavorgna-Landry called in at the conclusion of her Health Fair. Bob Ross thanked all for their attendance at Year 2 Meeting 1; noted its organizational agenda—to process results from the End-of-Year 1 Member Canvass and to decide topics for Year 2's six (6) substantive meetings' Briefings and Presentations; reminded members of MWWI's grants-generating goal (to submit 2-3 competitive proposals a year) and offered again to be grants Go-to person for the group; reported that though the proposal he submitted last April through the Harvard PRC to the CDC SIP10-032 Workplace Health Research Network-Collaborating Center, requesting \$46k to fund Year 1 (launch New Hampshire/plan Vermont WWIs) of an anticipated four-year "Northern New England Worksite Wellness Initiative," had been "approved but not recommended for funding at this time," he was conversing with Dr. Robert McLellen, Chief, Section of Occupational and Environmental Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH, nonetheless about co-initiating Year 1 of the NH Worksite Wellness Initiative this year in conjunction with the PRC at Dartmouth. Bob also queried the group on meeting time (one member had suggested a morning meeting), finding consensus on the mid-afternoon slot; announced that the MWWI website was up at www.une.edu/mhprc/projects/; requested that members who hadn't done please supply him their data points for the Year 2 Member Roster; called people's attention to the CDC NIOSH site (www.cdc.gov/niosh), particularly the NORA and Worklife pages there and the grants page where R01, R21, and R03 FOAs are described; and circulated the half-page rationale for a NIH/NDCFI R21 proposal for a work-sited RCT to gauge effectiveness of adding a working mother oral health status assessment (WM-OHSA) component to standard caries prevention care offered 7-42 month old children on well-child visits to pediatricians.

Member Canvass. End-of-Year 1 Member Canvass results, reported September 28, were presented and discussed at length and Bob Ross was delegated to wordsmith the one-page MWWI Charter accordingly. Speaking as an occupational nurse, and in light of the importance of mental health and of family systems in particular for occupational health outcomes, Dean

Paterson suggested that, by member field and practice, a social work-trained member be included; she will consider whom that might be. She also urged that “chronic disease risk reduction” language be inserted in Charter’s Purpose paragraph. Reviewing report Table 3 (p. 9), members agreed that, besides the MWWI website (already up), the three next most liked ideas be pursued: 1) strategic partnerships with Maine’s Healthy Maine partnerships (Amy Wagner agreed to be the bridge person to the HMPs and their worksite wellness coordinators) (Andy Spaulding noted that Bob Ross had agreed to provide research TA as needed to his Maine Cardiovascular Health Council, which in turn may affect the HMPs); 2) strategic “conversations” (David Crawford’s word) with Group/Small Business Health Insurers’ (Dirigo, Aetna, Anthem) Planning officers (Crawford noted that the insurers were finally recognizing the connection between food manufacture and chronic disease) (Tom Downing reaffirmed Lifeline’s commitment to working wellness with small business) ; and 3) strategic partnerships with specific sector employers and worksites (e.g. NAICS HCSA) (Downing asked and Ross answered that he will re-submit the R18 “Community hospital workforce Metabolic syndrome risk factor reduction Project” proposal to NIH/NHLBI or the like).

Meetings Agenda Year 2. The group debated a three-topic (two sessions each) versus six-topic (one session each) scenario for Year 2 and chose the latter, concurring with David Crawford’s rationale for breadth at this juncture. Much discussion of topics and of possible briefers ensued with something like the following (still tentative: comments very welcome) Agenda decided.

Maine Worksite Wellness Initiative (MWWI) Year 2 (2010-11): Tentative Agenda			
Meeting number, date, location	Topic	Possible Briefer	Possible Presenter
1. 14 Oct ‘10: Portland (UNE)	Organizational: End-of-Year 1 Member Canvass	Robert Ross, Maine-Harvard Prevention Research Center	Discussion all: Year 2 operations
2. 2 Dec ‘10: Augusta (MCD)	Policy: State legislative and regulatory policy	Jill Birnbaum, American Heart Association	David Crawford, MCDC, or MEHAF Policy Pilots person
3. 13 Jan ‘11: Portland (MMC)	Workforce: Disparities by race, class, gender	Dwayne Proctor, Robert Wood Johnson Foundation	Dawn Littlefield, MCDC
4. 24 Feb ‘11: Augusta (MCPH)	Safety and Health: Exposure at work, incl Stress?	TBD, U Mass, Lowell	Del Leonard and Lisa Kuronya, Ransom Associates
5. 7 April ‘11: Portland (UNE)	Built Environment: Linking Worksite to Communities	Loel Solomon: Kaiser Permanente	Jaime Laliberte, Wellness Council of Maine
6. 19 May ‘11: Bangor (WCM)	Mental Health: Missing piece in worksite wellness	Tom ... American Psychiatric Association spokesperson	Dean Patterson, Healthcare Solutions
7. 23 June ‘11: Portland (UNE)	Cost drivers: Insurer and Pharm perspectives	Bill Whitmore, RVP Maine Underwriting, Anthem BCBS	Thomas Algozzine, Pfizer Inc.

Mark your calendars please for Meeting 2 on 2 December 2010 at MCD, 11 Parkwood Drive, Augusta ME 04330, 3-4:30pm.