

TO: Maine Worksite Wellness Initiative (MWWI) Year 2 (2010-11) Members
FR: R.H. Ross, Convener
DA: 2 March 2011
RE: **Meeting 4 Agenda**
Thursday, 17 March 2011, 3:00-4:30pm, Medical Care Development, Augusta, Maine.

Andrew Spaulding (aspaulding@mcd.org) has kindly agreed to host MWWI Meeting 4 at Medical Care Development (MCD, <http://www.mcd.org/index.html>), 11 Parkwood Drive, Augusta, ME 04330 (map: <http://www.mcd.org/contact.html>), in the Boardroom. While we'd sooner see you in person, the Call-in toll number (US/Canada): 1-408-792-6300, the access code/Mtg Number: 686 319 637, and this meeting does not require a password. To Join the Online meeting, go to <https://mcd.webex.com/mcd/j.php?ED=127055637&UID=1090291827&RT=MiMxMQ%3D%3D>.

Meeting 4 is dedicated to Occupational Health and the Built Environment and will follow the established three-part format as follows.

- 1. Roundtable** (25 minutes): where members report projects-in-planning, in-progress, and in-conclusion, raise issues, think out-loud, trace lessons, seek partners, collect comments. Please do consider in advance how you may fit into this part of Meeting 2 and come prepared to share and to handout what you wish in up to 4-5 minutes.
- 2. Briefing** (30-35 minutes): where an associate (or member) briefs the group on a current or emerging occupational health, public health, health services, or policy science topic of substantive (e.g. clinical, epidemiologic, organizational, environmental, ergonomic, policy) or methodologic (e.g. biometric, econometric, informatic, geographic) import.
The Meeting 4 Briefing will be given by Elisa Wong, MPH, Senior Program Manager, Kaiser Permanente Community Benefit, Program Office, One Kaiser Plaza, 21B, Oakland, CA 94612. Kaiser Permanente's wellness program efforts across its own workforce will be described with specific reference to the hospital built environment. In this Kaiser Permanente—which serves more than 8.6 million members at 35 medical centers and 431 medical offices located across California, Colorado, Georgia, Hawaii, Maryland, Ohio, Virginia, Washington, and Washington DC: <http://www.kaiserpermanentejobs.org/locations.aspx>—is an industry leader.
- 3. Presentation** (30-35 minutes): where a member (or associate) presents an early/mid/end-stage project proposal (e.g. to be submitted to a funder, client, board, journal, or meeting) or project report (e.g. preliminary data, final outcomes, article) for constructive comment.
The Meeting 4 Presentation will be given by MWWI members Andy Spaulding and Bill Primmerman and describes the worksite wellness product which Medical Care Development and the Greater Somerset Public Health Collaborative will offer specifically designed for rural micro-businesses and individuals as an add-on to current insurance coverage. The pilot will provide simulated wellness tax credits or discounts to participating employers who meet program and participation standards. The project will demonstrate a business model for Healthy Maine Partnerships to use to offer community-based wellness outreach to Maine's very small workplaces and will test alternative funding approaches to support the work.

NB: though Meeting 4 has been moved forward to Thursday, 17 March, we will stick with the Meeting 5 date of April 7, if you don't mind, location TBD. Meeting 5 will be devoted to the Health and Safety side of our coin. Del Leonard will conduct the Briefing on the present status of occupational airborne exposure limits, legal and recommended.