

Center for Community and Public Health 716 Stevens Avenue Portland, Maine 04103

TO: Maine Worksite Wellness Initiative (MWWI) Year 2 (2010-11) Members

FR: R.H. Ross, Convener

DA: 21 June 2011
RE: Meeting 8 Agenda

Thursday, 23 May 2011, 3:00-4:30pm, Pharmacy Building, Room 217, 16 Stevens Avenue, Portland, Maine

Meeting 8 of the Year 2 Maine Worksite Wellness Initiative will be held Thursday, 3:00-4:30, June 23, 2011, University of New England, Portland campus, Pharmacy Building, Room 217, 16 Stevens Avenue, Portland ME 04103. Driving directions are attached. Meeting 8 is the final one for Year 2 and is dedicated to Mental Health in the Workplace

- For audio only, starting 2:30pm, dial 1-408-600-3600, access code: 809 068 488.
- To join meeting online, 1. Go to
   https://ccph.webex.com/ccph/j.php?ED=155692002&UID=490845677&PW=NZWE4OGQ1ZjM0&RT=MiMxMQ%3D%
   3D 2. if requested, enter your name and email address. 3. If a password is required, enter the meeting password:
   MWWI. 4. Click "Join".
- For meeting assistance before 2:30pm, contact Mary Louie at mlouie@une.edu or 207-221-4561.
- For Webex assistance: 1. Go to <a href="https://ccph.webex.com/ccph/mc">https://ccph.webex.com/ccph/mc</a> 2. On the left navigation bar, click "Support".
- To add this meeting to your calendar program (for example Microsoft Outlook), click this link:
   https://ccph.webex.com/ccph/j.php?ED=155692002&UID=490845677&ICS=MS&LD=1&RD=2&ST=1&SHA2=DCNg2q
   QNHpviAxJXgJy2uqkkSaLHn-3ze05kaInTxqk=.
- To check whether you have the appropriate players installed for UCF (Universal Communications Format) rich media files, go to <a href="https://ccph.webex.com/ccph/systemdiagnosis.php">https://ccph.webex.com/ccph/systemdiagnosis.php</a>.

Meeting 8 will follow the standard format as follows:

- 1. Roundtable (25 minutes): where members report projects-in-planning, in-progress, and in-conclusion, raise issues, think out-loud, trace lessons, seek partners, collect comments. Please do consider in advance how you may fit into this part of Meeting 2 and come prepared to share and to handout what you wish in up to 4-5 minutes.
- 2. Briefing (30-35 minutes): where an associate (or member) briefs the group on a current or emerging occupational health, public health, health services, or policy science topic of substantive (e.g. clinical, epidemiologic, organizational, environmental, ergonomic, policy) or methodologic (e.g. biometric, econometric, informatic, geographic) import.

The <u>Meeting 8 Briefing</u> will be given by MWWI member Thomas Downing, MSB, MMC Lifeline Workplace Wellness Program. He will brief us on "The Role of Employers in Early Intervention of Mental Illness and Depression."

**3. Presentation** (30-35 minutes): where a member (or associate) presents an early/mid/end-stage project proposal (e.g. to be submitted to a funder, client, board, journal, or meeting) or project report (e.g. preliminary data, final outcomes, article) for constructive comment.

The <u>Meeting 8 Presentation</u> will be given by MWWI member Dean Paterson, R.N., Health Consultant, MMC Lifeline Workplace Wellness Program, and HealthCare Solutions, Freeport ME. The title of her presentation is "It's Not Where You Work that Matters."