

# Graduate Student Pre-Orientation Adventure White Water Rafting

## August 20 to 21, 2015

Sign up  
today!

**UNE WELCOMES you! CONNECT with  
new PEERS on an ADVENTURE!**

As your journey begins into the adventures of graduate school, why not take an adventure into the north woods of The Forks, Maine? On August 20 we will head to Northern Outdoors Resort Center - the site of our adventure-based pre-orientation program that will take you rafting on the white waters of the Kennebec River. Included in this adventure, you will have the opportunity to climb an indoor climbing wall, swim in the pool, relax in the hot tub and enjoy the other amenities the Northern Outdoors Resort Center offers.

### The package includes:

- Round trip coach transportation.
- Snacks and meals at the resort and on the river.
- Overnight accommodations
- All gear and safety equipment required to participate in the adventure.

### Costs:

Student—\$100

### Dates and Times:

**Thursday, August 20, 2015**

Departs Portland Campus at 1 p.m.

**Friday, August 21, 2015**

Departs Resort at 5 p.m.



### Participating in this adventure will...

- Expand your horizons
- Build your support network
- Develop a stronger sense of self
- Connect you to UNE's scholarly community
- Add fun and adventure to your experience at UNE
- Enhance your communication and leadership skills
- Instill the value and challenges of working as teams
- Strengthen connections with your classmates and staff
- Expose you to UNE resources that will contribute to your **SUCCESS!**



*Orientation 2014 rafters on the Kennebec River*

## The Tentative Schedule

### Thursday, August 20

1pm Depart from Portland Campus—Hersey Lawn  
4pm Arrival at the Northern Outdoors Resort Center  
5:30pm Dinner  
Enjoy the resort amenities

### Friday, August 21

7am Breakfast  
8:30am Rafting Orientation  
Rafting with a stop for lunch on the Kennebec River  
3pm Departure/Load Bus

*This schedule is subject to change.*

## More information...

- Do not forget your prescriptions.
- Cell phone service is NOT available. Bring a calling card.
- Bring a bathing suit for use in the hot tub, pool, and on the river.
- All activities are **challenge by choice**. Each adventure will be staffed by UNE professionals.
- Call or email Graduate and Professional Student Affairs at 207-221-4267 or [pcstudentlife@une.edu](mailto:pcstudentlife@une.edu) for more information.
- **Wet suits** will be provided and may be mandatory depending on weather conditions
- Northern Outdoors provides all **watercraft, life preservers, helmets, paddles, professional registered Maine Guides, transportation and all meals** while on daily adventure.
- The standard river meal option is **grilled steak, teriyaki chicken, salmon steak, or veggie burger** cooked over a hardwood fire, accompanied by stir fried rice, salad, and homemade dessert. Special dietary needs can easily be met with notice to Graduate and Professional Student Affairs prior to arrival.
- **No experience necessary!** Many people have little to no experience. Northern Outdoors provides a short practice instruction session before rafting trip. Under most circumstances, if you are in reasonably good health, then you should have no problem enjoying a trip with Northern Outdoors. However, it should be noted that on rare occasions rafts do capsize and/ or guests can be swept overboard. In such situations your guide will make every attempt to assist, but your physical condition should be such that you can 'self help' and 'float it out' without further endangering yourself and others. We recommend checking with your Physician prior to participation.
- **Limited spaces available.**

## Sign-Up Instructions:

- **Complete the attached:**
  - Northern Outdoors User Participation Agreement**
  - UNE Medical Information Form**
  - UNE Release Form**
- **Enclose payment with forms: \$100 Checks payable to University of New England**
- **Mail forms and payment with provided envelope to:**
  - Graduate and Professional Student Affairs / August Rafting Orientation**
  - 716 Stevens Avenue**
  - Portland, Maine 04103**
- **Sign-up and pay over the phone. Call 207-221-4267 Visa, MC, or Discover Accepted**