

# TRAILBLAZER

## In The Community



### PERSONAL CLOTHING AND EQUIPMENT

This list has been created in order to assist you as you to participate in the Trailblazer Program. Plan your needs with two factors in mind: the weather and work environment. We will be outside daily so be prepared to wear multiple layers and an outer shell that will allow for changing weather. Also, due to the nature of some of our tasks, bring clothes you don't mind getting dirty. You will want to bring the usual personal care items and additional clothing to wear while attending on campus Orientation. This is a suggested list and not definitive. If you have any questions, please call (207)-602-2495 or e-mail Ryan Keith, Trailblazer in the Community Orientation Advisor, at [rkeith@une.edu](mailto:rkeith@une.edu)

prepare  
clothing

### CLOTHING:

- 1 or 2 warm sweatshirts, sweaters or fleece
- 1 raincoat/poncho (coated waterproof nylon or gortex)
- 5-6 pairs of socks
- 4 short-sleeved t-shirts
- 2-3 pairs of shorts
- 2 long sleeved shirts for bug and sun protection (light colors are cooler/ less attractive to bugs)
- 1 pair of sturdy sneakers that you can get dirty (open sandals allowed only during personal time)
- 2 pairs of pants that you can get dirty
- 1 hat with a visor (e.g. baseball cap)
- 1 bathing suit
- 1 all purpose towel
- 2-3 everyday outfits (for when join the regular orientation program)

### EQUIPMENT:

- Sunscreen (SPF 15 minimum) waterproof
- 1-2 water bottles (e.g. Nalgene)
- Insect repellent (be aware: "DEET" based products tend to melt synthetic fabrics and irritate skin)
- Sunglasses (100% UV protection is best)
- 1 backpack to carry all personal possessions
- Small camera (optional)

### MEDICATION:

Bring medications in their original containers if possible (epi-pens and inhalers as well). Trip leaders will need to know if you are taking medication.

### MONEY:

Bring some (\$20) - during previous trips the group has stopped for snacks/ice cream.

### DO NOT BRING:

Alcohol, non-prescription drugs, tobacco, cigarettes, knives, or other weapons.