

INNOVATION FOR A HEALTHIER PLANET

Office of Communications

716 Stevens Avenue, Portland, ME 04103, U.S.A.













Clockwise from left: President Ripich with student Dylan Turner explaining aquaponics in the Marine Science Center; Throwing out the first pitch at Hadlock Field with Sports Management major Jessica Colpoys; Posing at Hadlock Field with Colpoys, UNE Coordinator of Strength and Conditioning Lyndie Kelly and Stormin' Norman, the Nor'easters' popular mascot.

THE PAST TEN YEARS have been a period of unprecedented growth for the University of New England. Together, we have built upon UNE's rich tradition and taken bold steps to shape its future. And so, it is with great pride and not a little sadness that I share the news that I will be stepping down as UNE's president, effective June 30, 2017. The Board of Trustees has already formed a search committee and taken preliminary steps to find the right person to lead our amazing institution.

With the support of the University's faculty, staff, students, alumni and friends, UNE has become one of the best institutions in America for educational value. We have become a leader in preparing graduates for the health professions, while expanding our enrollment from 4,000 to more than 10,000 students and graduating our largest class yet this past spring.

We have launched new colleges and programs and created the UNE Pledge to reward our hard-working students. Every day, we strengthen our commitment to global education, not only at our revolutionary campus in Tangier, Morocco, where we will host our largest class yet this fall, but also through our other global programs.

We have added new buildings on both Maine campuses — for research, academics, student residence and athletics. We have acquired an armory on Stevens Avenue in Portland and an Atlantic island off the coast in Biddeford. We have restored beautiful Alumni Hall.

Our state-of-the-art athletics center in Biddeford now anchors a highly successful athletics department, which is still growing. After adding men's and women's ice hockey, we will soon cheer our new women's rugby team, which begins play with a home game against Harvard on September 17. Our football team will take the field for the first time as a varsity program on August 30, 2018, at the Coast Guard Academy in New London, Connecticut.

Looking back on my decade-plus at UNE, what I will remember most are the amazing people. At UNE, I have had the rare privilege of interacting daily with so many creative, passionate and caring people. Together, we have helped UNE become a thriving, modern, global university.

SINCERELY,



Lamele Lisich





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Opinions expressed in this magazine are those of the authors.

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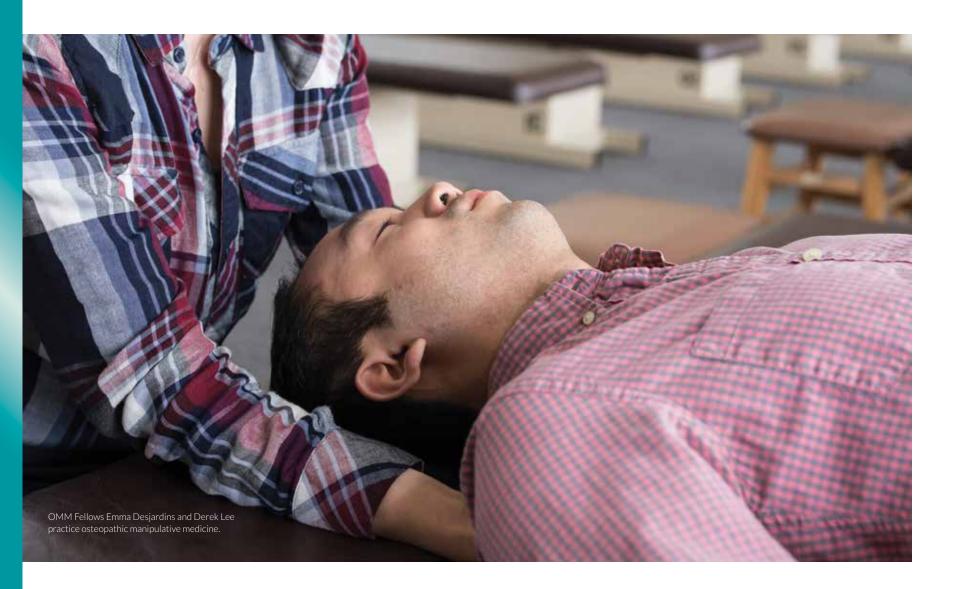
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"IT USED TO DRIVE ME INSANE!"

Douglas Wood, D.O., Ph.D., the dean of the UNE College of Osteopathic Medicine, is smiling as he recounts a frustrating memory from his days as a full-time practicing physician.

"I might be making rounds with a couple of medical students, and it would often happen that the students would see the patients before I did. So I'd say, 'Tell me about the patients you have seen.' And the student might say, 'The lady in Room 220 has pneumonia,' and it would drive me insane. Because this is a patient! This is not a number. This is not 'the lady in 220.' This is 'Mrs. Jones in 220,' and she's our patient. We have to always think about that."

As he talks about the difference between osteopathic medicine and allopathic medicine, Wood seems to be reaching beyond specific differences in techniques, such as osteopathic manipulation, and aiming for something deeper — something that goes to the heart of the doctor-patient relationship itself.

"I think," says Wood, "generally speaking, it's fair to say that osteopathic physicians pay more attention to their patients than M.D. physicians. I don't know how many times that I have been told while I was in practice — I practiced with an M.D. group for about three years — 'Dr. Wood, what is it about you? You just seem to be more

of a caring physician than some of the other ones who take care of me."

This is not 'the lady in 220.' This is 'Mrs. Jones in 220,' and she's our patient. We have to always think about that. — Douglas Wood

Wood qualifies his statement, using words like "generally" and stressing that this difference is, of course, not present at all times in every case. We all know M.D.s who demonstrate high levels of empathy, and there are certainly D.O.s who fall short of the osteopathic ideal. And yet, he continues, "I think there is that difference, that in some way or another we sort of inculcate in our students the fact that this is a human being that you're taking care of."

For Patricia A. Kelley, M.S., associate dean of Recruitment, Student and Alumni Services for UNE COM, that focus on patients' humanity is the key to the osteopathic approach. Kelley states flatly, "I believe having humanity in medicine is what makes good physicians." As she points out, "It's not only the science of medicine, it's the art of medicine. If you don't have both the science — the intellectual ability to be able to put the puzzle pieces together — and the art — the compassion, sympathy, empathy, the interpersonal knowledge

of how to work with people and move them along — then you're not going to be effective."

Recognizing the balance between art and science in medical practice is built into the DNA of osteopathic medicine, which was conceived in the late 1800s by American frontier doctor Andrew Taylor Still. Osteopathic medicine approaches the human body not as independent structures and systems but as an undivided whole. It aspires to diagnose and treat the whole patient, rather than just addressing the body part or structure where problems are manifested. Central to this school of treatment is manual manipulation of the body's muscoskeletal system as a remedy or part of the remedy for a variety of different medical problems.

Some way or another we inculcate in our students the fact that this a human being that you're taking care of. — Douglas Wood

After Still founded the first college of osteopathy in Kirksville, Missouri, in 1892, only four more colleges of osteopathic medicine opened over the next seven decades. During that time, a persistent debate played out in the medical community over whether osteopathy should be viewed as a legitimate form of practice. By the middle of the

20th century, though, osteopathy was being viewed more favorably, leading to the public and private funding of ten new colleges of osteopathic medicine between 1960 and 1980, including UNE's, which was founded in 1978.

The first UNE class of aspiring doctors consisted of 36 members. Today, each entering class includes 175 men and women eager to learn the practice of osteopathy. In total, the UNE College of Osteopathic Medicine has graduated more than



3,000 osteopathic physicians through the years, making UNE the number one provider of physicians for the state of Maine. The UNE College of Osteopathic Medicine has also been recognized by U.S. News & World Report for its national leadership in primary care training, geriatrics and rural medicine.

Part of the reason for this growth is that the medical establishment has been steadily coming around, and the skills conveyed by the osteopathic degree are increasingly the ones that today's patients, provider networks and medical students are seeking. "The way that osteopathic doctors normally interact with their patients and look at the total picture of their patients' health care is getting to be more mainstream," explains Kelley.

In other words, the mainstreaming of osteopathy is occurring in tandem with certain changes in how American hospitals and clinical settings deliver care, paramount among them is a new emphasis on devoting time and attention to that all-important doctor-patient relationship. As overtaxed practices adopt new efficiencies, patients often complain that their interactions with physicians are rushed. Wood notes that during office visits today, many physicians spend more time looking at their computer screens and inputting data than actually facing the human beings they are treating. "How much do they miss?" he wonders aloud.

There are more schools that are recognizing that maybe we're offering something that John and Jane Q Public want, and so they're beginning to emulate that. But we've always operated this way.

Pat Kelley

In response, there is a growing trend in U.S. medical care favoring doctors who demonstrate what is commonly known as good bedside manner — the human touch that has always been central to osteopathic medicine. Says Kelley, "There are more schools that are recognizing that maybe we're offering something that John and Jane Q Public want, and so they're beginning to emulate that. But we've always operated this way. Bedside manner is integral to everything that we're doing day after day after day."

At UNE COM, students are taught not only to see and evaluate the whole patient but also to actually take the time to listen and observe. Kelley notes, "As a D.O. you're looking at the malady, but you're also looking at the socio-economic status of the person, the educational level, their physical activity level, their mental health. You're looking at every component of them and then partnering with them to move them along on that continuum of health."





Left page: A UNE COM student practices exam skills on a standardized patient in the Petts Health Center.

Above from left: UNE COM students practice osteopathic manipulation in the Osteopathic Manipulative Medicine
Lab; A UNE COM student conducts a mock exam on a fellow student.

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Clockwise from left: Graduates at the 2016 UNE COM hooding ceremony; Using video in the OMM Lab; Dora Mills, M.D., M.P.H., FAAP, vice president for Clinical Affairs, administering influenza vaccine at the Portland Family Shelter with first-year COM student Laura Shingleton '19.

Another trend fosters the development of collaborative health care teams. As physician assistants and nurse practitioners have assumed larger roles in primary practices, medical schools have emphasized the need for physicians to be trained to work collaboratively as members of health care teams. This emphasis on interprofessional learning has played right into one of UNE's historic strengths.

Explains Wood, "The future of health care is in team practice. It's not just the physician riding into town on a white horse anymore, and this is an area where we really excel. We put students into collaborative practice settings. We might put a medical student with a dental student, nursing student and social worker so they can all learn about each other, about the roles their future peers will play, and about how they can deliver better care as part of a team than they ever could alone."

Advances in science and medical technologies have also resulted in the historically slow-to-adapt medical field valuing innovation more than it once did, which corresponds to another one of UNE's hallmarks.

"This is an innovative University," Wood notes. "Since President Ripich has been installed, the changes at UNE have been remarkable in a relatively short period of time." As Wood sees it, the osteopathic philosophy lends itself to

innovation. "I think osteopathic medicine schools have the ability to adapt more rapidly than most medical schools," he elaborates. "The many new osteopathic schools didn't grow up with the same rigidity [that many of the allopathic schools did], so they don't face the same restraints."

To be sure, the medical care Americans receive is about to undergo a revolution. According to the Association of American Medical Colleges, a full 25 percent of today's entering medical school students are enrolling in osteopathic programs. By comparison, only seven percent of today's practicing physicians hold the Doctor of Osteopathic Medicine degree (D.O.) as opposed to the allopathic Doctor of Medicine degree (M.D.).

As the 21st century began, there were just 19 colleges of osteopathic medicine operating in the United States, and that was after four new schools opened during the 1990s despite policy analysts at the time predicting a looming oversupply of physicians. Today, there are 32 colleges of osteopathic medicine in the U.S., and, collectively, their influence promises to transform the face of American medical practice. This paradigm shift in medical education has left the University of New England uniquely positioned to lead.

For Patricia Kelley, all signs point to a bright future for both osteopathic medicine in general and for UNE COM in particular. Says Kelley, "Osteopathic medicine embodies all the ways we'd like our physicians to treat us: listening, working with us, being comfortable with us, talking with us about all aspects of our life. Body, mind and spirit are the tenets within osteopathic medicine, maintaining the balance between those three areas. You want to keep all of those things healthy, and when you do that, you're going to get much different outcomes than if your approach is fragmented."

Osteopathic medicine embodies all the ways we'd like our physicians to treat us: listening, working with us, being comfortable with us, talking with us about all aspects of our life.

Pat Kelley

She pauses a moment to collect her thoughts before concluding, "That's why I think UNE COM is well positioned to attract students, to turn out graduates and to have an impact on health care delivery. Because we are not just one-dimensional, but multi-dimensional."

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RAISING MAINE'S PRIMARY NUMBERS

BY TREVOR PUTNOKY '07



For many medical students, the Doctors for Maine's Future Scholarship means the difference between a career focused on paying the bills and one focused on providing exceptional care.

Gabriel Vachon is a second-year medical student in UNE's College of Osteopathic Medicine (UNE COM). Upon graduating, he is considering practicing primary care in the rural communities around Ellsworth, Maine, where he grew up, but he's facing a difficult reality. On average, medical students leave school with nearly \$200,000 in loan debt, and primary care doctors, especially in rural areas, earn only a fraction of what their specialist counterparts make. So how does Gabriel pursue his dream of serving his community while avoiding the kind of debt that almost 50 percent of physicians don't manage to pay off until they are well into their 40s?

This is a question that aspiring general practitioners around the country are asking themselves, and it is a key driver behind Maine's shortage of primary care doctors. More and more, students are opting for the financial security of specialized medicine, and as a result, primary care — the backbone of our medical system — is struggling to keep up with demand.

This problem is particularly acute in Maine's rural communities. While the Portland area, with 163 primary care doctors per 100,000 people in Cumberland County, actually compares favorably to national averages, the per capita rate in Maine's rural counties is less than half that. According to federal data, Oxford County has only 65.2 primary care providers per 100,000, and Washington County has only 53.6.

To address this problem, the University of New England teamed up with the Doctors for Maine's Future Scholarship Program, which provides scholarships to students who want to stay in Maine after graduating to pursue careers in primary care.

The program began in July, 2009, when the Finance Authority of Maine, in association with the Maine Legislature, pledged funds for the explicit purpose of "increasing the number of physicians in this State who practice in primary care, underserved specialties or underserved areas of the State." Scholarships are awarded to Maine residents who have a "substantial connection" to the state, and who enroll in a qualifying Maine-based medical school program.

According to the statute, for every \$25,000 the school can raise through private donations, the state of Maine will provide matching funds, up to a set limit that is adjusted annually. To date, the state has provided more than \$2 million in matching funds.

Generating private donations is the key to securing matching funds from the state, and since the program started in 2009, the UNE community has responded with more than 2,300 individual gifts, including donations from more than 450 UNE COM alumni, ranging in size from less than \$10 to thousands of dollars.

UNE COM's Doctors for Maine's Future Scholarship Program recipients are awarded \$25,000 for each of their four years at the College of Osteopathic Medicine, potentially receiving up to \$100,000 in total scholarship aid. To date, 57 UNE COM students have received \$2,025,000 in tuition support through this program.

As Gabriel explained to us, that's the difference between a career focused on paying the bills and one focused on providing exceptional care.

"The second I opened the letter I had a tremendous feeling of gratitude," Gabriel said.

"The scholarship reduces my financial concerns tremendously, and it increases my ability to concentrate and succeed. Not only does it help me right now, but it decreases the amount of time I'll be paying off debt in the future. The bottom line is that it prevents loan repayments from being a focus in my career."

For Kristina Michaud, a second-year UNE COM student from Kennebunk, Maine, the Doctors for Maine's Future Scholarship Program has been a complete game changer.

"I have a strong passion for pediatric medicine because I feel like a good pediatrician can have a profound impact on a young child. The care that they deliver in those early years of life can shape that individual's health habits for years to come," Kristina reflected. "Without this scholarship, I'm not sure if I would have been able to pursue my passion, but now I am in a position where I'm able to study the field of medicine where my heart is rather than a specialty that's going to allow me to pay off my debt. I feel very fortunate that I don't feel like I have to follow a path dictated by the amount of money I'm going to make."

Beginning in August both Gabriel and Kristina will be headed north to get some real-world



family medicine training at Eastern Maine Medical Center in Bangor. There they will have the opportunity to continue pursuing their passions and making a difference in our state.

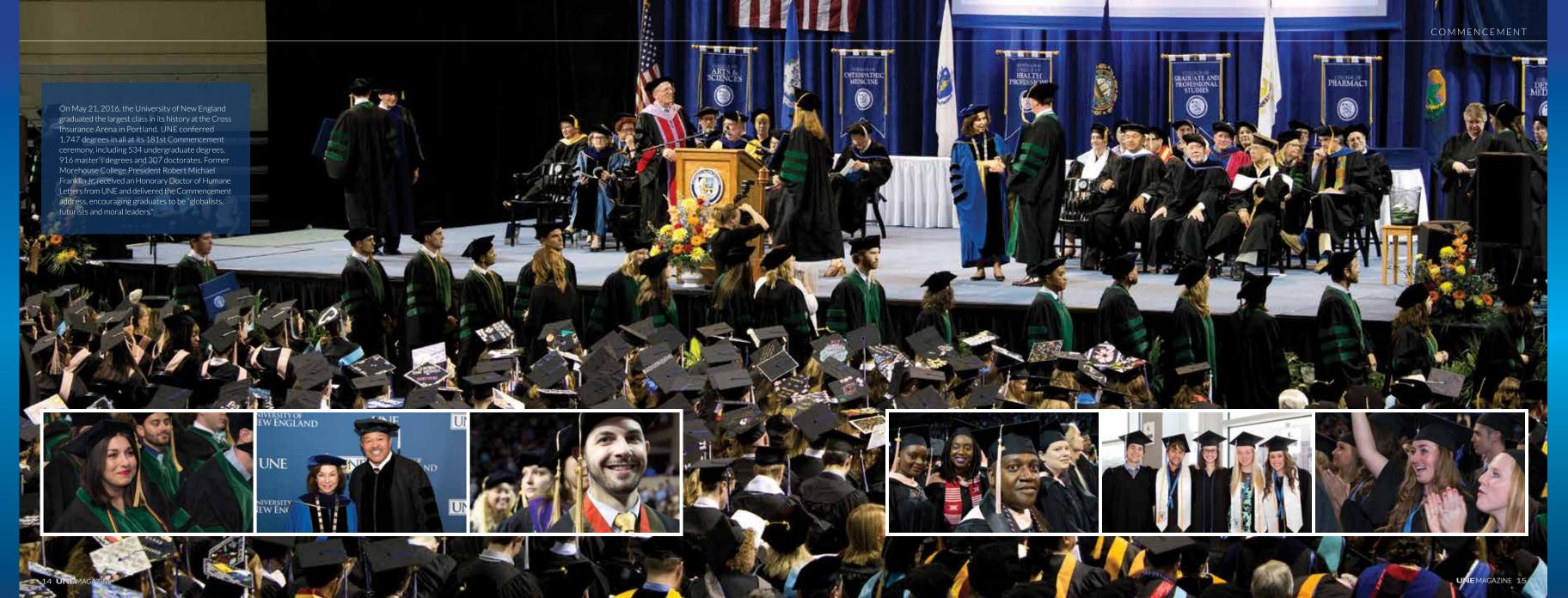
CAPTIONS

Left page: Gabriel O. Vachon (COM, '18)

Above: Kristina M. Michaud '14, (COM, '18)

ABOUT THE AUTHOR

Trevor Putnoky is the Communications Manager for the Maine Health Management Coalition, a multi-stakeholder health improvement collaborative in Brunswick, Maine, where he writes frequently about health care delivery. He graduated from UNE in 2007 with his bachelor's in English, and he is currently finishing his Master of Public Health, also at UNE. When not reading, writing and talking about health care, Trevor can be found fly fishing around the state with his two dogs and his lovely wife.





HEAVY ROTATION

BY PHILIP SHELLEY

For medical students, the third year marks the start of clinical rotations: the great leap forward from classroom learning to hands-on clinical experience. Kelsey Wilson, a third-year UNE COM student, currently finishing up her rotations at MaineGeneral Medical Center's Alfond Center for Health in Augusta, Maine, humorously acknowledges the dramatic nature of the transition, saying, "The first week or so, you're thinking, 'I don't know how they're allowing me to do this!""

But once the initial butterflies subside, rotations mark the point where medicine ceases to be an academic subject and becomes a true calling. In a more serious tone, Kelsey continues, "You realize all the sacrifices are worth it — all the late nights you stayed up studying. To be able to interact with these patients, to be able to learn about them and their families, it's a truly incredible experience."

Orchestrating that experience is Guy DeFeo, D.O., the associate dean for Clinical Education at UNE COM. DeFeo, himself a 1988 graduate of the college, is responsible for cultivating and maintaining relationships with the institutions that provide UNE COM's clinical campuses.

"We try to match our clinical sites to our mission, which is to provide doctors to rural and under-served areas," explains DeFeo. Wherever possible, UNE COM also attempts to place each medical student at a single site for a year-long assignment. This longitudinal experience allows students to meet certain learning objectives, such as getting a sense of how the health care system works as a whole, how hospitals are run and what a given community is like.

The exact number of clinical campuses is constantly in flux, as new sites are identified and new institutional partnerships are nurtured. For example, says DeFeo, "We just added a new site in Hudson, New York. We had sent students there previously, and one of our alumni is now the chief medical officer of the hospital, so that's kind of a nice way to establish a new site." Currently, UNE COM sends students to around a dozen clinical sites, enough to handle 180 students a year. While 70 to 75 of those positions are in Maine, the rest are spread out across New England and the Northeast.

"That," says DeFeo, "is why I spend more time in my car than in my office."



Inspired by DeFeo, we decided to log a little (decidedly Maine-centric) road time ourselves. We wanted to catch up with UNE COM students at clinical rotation sites across Maine and hear what they had to say about their experiences.

MAINEGENERAL MEDICAL CENTER'S ALFOND CENTER FOR HEALTH – AUGUSTA

James O'Neill is a third-year student from Colchester, Connecticut, whose colorful background includes a philosophy degree, a stint as a professional fire-eater and several years experience as an EMT. For James, Augusta offered a chance for genuine collaboration as opposed to more competitive and hierarchical sites. "I didn't want to go somewhere where I felt like I was the third-best option," says James, alluding to hospitals where students compete with residents and interns for the attention of attending physicians. "I wanted to go somewhere I could be part of the team," he says, "and I got that here."



True to his EMT roots, James is hoping to go into emergency medicine, a goal doctors at the Alfond Center have generously supported.

James reports that the emergency physicians call him down to the ER whenever interesting things are happening and often allow him to participate in treatment. "Because I let them know early on that I'm really interested in emergency, they've really worked to support what I want to do," says James.

Like James, Kelsey Wilson finds the experience in Augusta overwhelmingly supportive. "Everyone here is always willing to take the time to actually explain things to you," she says. "No question is a stupid question, whether you're talking to a resident or an attending physician, or even to specialists."

After growing up in Gorham, Maine, Kelsey went to college at the University of Maine where she was a Division I soccer player. An irrepressible desire for adventure led her to join the Air Force and eventually to the military's Health Professions Scholarship Program, which covers the cost of her medical education in exchange for military service.

In her time at the Alfond Center, Kelsey has experienced some life-changing, hands-on moments, including delivering her first baby ("I went home and called my mom immediately!") and helping to revive a patient who was near

death. In the latter case, the medical team was on the verge of giving up after a half hour of chest compressions had failed to stimulate a detectable pulse.

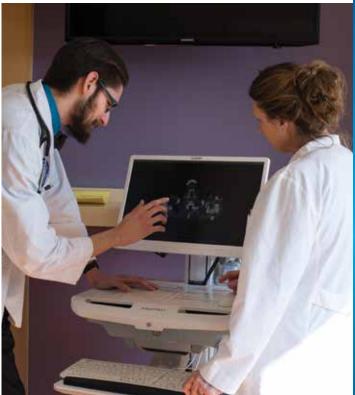
"I was at the bottom of the bed, just feeling at the patient's foot," says Kelsey. "You know, I'm a med student. I'm the last person on the totem pole in this room. And I'm thinking to myself,

Everyone here is always willing to take the time to actually explain things to you. No question is a stupid question, whether you're talking to a resident or an attending physician, or even to specialists.

Kelsey Wilson

'I feel a pulse down here...but everyone else says that they don't feel one." Kelsey spoke up and the team went back to doing compressions, successfully resuscitating the patient. Afterwards, the doctors commended her bravery and credited her with the save. But for Kelsey, the more important thing was that, as she puts it, "That was the first moment in my life where I felt that I had made a difference. And for me, that's why I do this."





Left page: Third-year COM student Kelsey Wilson

Above from left: Third-year COM students James O'Neil and Kelsey Wilson at MaineGeneral Medical Center;
James works with Kelley Harmon, D.O.

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EASTERN MAINE MEDICAL CENTER (EMMC) — BANGOR

Erin Gosekamp, a third-year student doing her rotations at Eastern Maine Medical Center in Bangor, Maine, is interested in the policy side of the health care system, and she has two master's degrees (including an M.A. in Public Health from Brown) to prove it.

Medically, Erin's focus is in pediatric critical care, an interest that grew directly out of her experiences at EMMC. Says Erin, "I worked with the pediatric PCU docs — the pediatric intensive

care doctors, Dr. Paine and Dr. Wood — and their approach to medicine and the patient wasn't just clinical. They really talked about the ethical implications of all of their choices, the systemic implications of all of their choices, and involved us [students] in those conversations. They really expected a lot from us."

I worked with the pediatric PCU docs [...] and their approach to medicine and the patient wasn't just clinical.

Erin Gosekamp



I like traveling, briefly, to visit places, but I always feel a draw to come home.

The people are good, and I want to help them.

— Kendra Albert

As if the balance of clinical experience and systemic reflection at EMMC wasn't enough for Erin, there was one more factor that influenced her choice of Bangor as a rotation site, a factor that should strike a responsive chord with most medical students. "It's pretty cheap to live in Bangor," she says.

For Kendra Albert, Bangor represented something else entirely: home. Kendra grew up in nearby Hampden, went to college at the University of Maine in Orono and, not incidentally, has a mother who is a UNE COM graduate ('86) and has practiced her entire professional life in the region. What is it like to follow in a mother's footsteps like that? "I thanked my mom every day," says Kendra, "because it's such a small community, and if she wasn't such a good physician and a nice person it would've been really uncomfortable, you know? Where you meet someone and they would say something like, 'Oh, Marie Albert is your mom? Oooh, ugh, jeez... bummer.' But it wasn't that way at all because she is so wonderful and everybody really likes her."



Left page: Fourth-year COM student Kendra Albert

Above: Third-year COM students Erin Gosekamp and Benjamin Segil at Eastern Maine Medical Center.

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Clockwise starting from top left: Third-year COM student Himanshu Malhotra consults with the parents of a young patient at EMMC Family Medicine Center; Third-year COM student Caroline LaFave in the pediatric unit; Kendra Albert looks at scans. Right page: Erin Gosekamp

There was never any doubt in Kendra's mind that she would end up back in the Bangor area. She is even on track to enter the same residency program that her mother attended. "I like traveling," she says, "briefly, to visit places, but I always feel a draw to come home. The people are good, and I want to help them."

THE AROOSTOOK MEDICAL CENTER (TAMC) — PRESQUE ISLE

Originally from New Hampshire, fourth-year medical student Jessica Partlow ventured up to Presque Isle for her clinical rotations and discovered a future home — somewhere she and her fiancé (UNE COM classmate Ray Wong) plan to return after they complete their residencies. Not that she had much spare time, but Jess ended up doing a lot of volunteer work in the area, including teaching Nordic skiing to people with disabilities through a program called Maine Adaptive.

"I really liked the people that I met up there," says Jess. "They're very genuine people." For Jess, part of the attraction of rural medicine is really getting to know patients and their families, and being able to care for people at all stages of their lives. "I like the idea of taking care of the same person for a long period of time," Jess explains. "For me it's nice to follow the same person, get to know them and their families and to see everyone from babies to great grandmas."

Jess describes her connection to one older couple, both in their 80s, whom she ran into repeatedly across several settings during the course of her time at TAMC. "I saw the wife when she was in the hospital last year. I was checking in on her every day. Then when I came back this year, I saw her and her husband in the surgery clinic where I was rotating, and then I saw her husband again a month later when I was doing my osteopathic manipulation rotation."

At this last encounter Jess performed osteopathic manipulations and was relieved to finally be able to offer the couple some kind of substantive treatment herself, rather than merely consulting with the attending physician. "They were kind of curious," Jess says with a laugh. "Like, 'Okay, so now, what can you actually do!"

For me it's nice to follow the same person, get to know them and their families and to see everyone from babies to great grandmas.

Jessica Partlow

"Thankfully," says Jess, "I ended up doing a good job. So they were saying that once the doc up there retires, they want me to be their doctor!" She smiles fondly at the memory. "It was really nice of them. And I feel like if I did go up there and work for a while, it would be a good place to kind of start off and maybe start a family at some point... hopefully!"



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ISLANDS COMMUNITY MEDICAL SERVICES — VINALHAVEN

We admit it. We cheated by including this last port of call (literally), Vinalhaven. The island medical center is not a clinical rotation site at all, but a federally funded clinic run by Stuart Damon, D.O., a member of the UNE COM faculty. But the unique challenges of practicing



medicine on an island make this an ideal spot for students seeking interesting preceptorships (one-day site visits that allow first- and second-year medical students to observe firsthand various aspects of the health care system). It's an opportunity Damon makes available to students about once a month.

Second-year student John Cooper, a non-traditional student whose entrance into medical school represents a career change after 28 years as a television cameraman, leapt at the chance. "I love preceptorships," says John, "because, from my previous job, I love field trips. It's a great way to spend time and see what people do in different specialties."

John notes drily that, "One particularly unique challenge of being a rural provider in Maine is the climate," and explains that this challenge increases exponentially on an island where resources are scarce and transport to the mainland is critical for certain patients. "If the ferry is not an option," says John, "are you going to have to go with a lobster boat? They've had to evacuate people on a lobster boat. Or if it's really bad weather and you really need to get someone off the island, is it the Coast Guard you're going to be calling?"

Damon adds, "We improvise quite a bit. We have a small amount of basic pharmaceuticals on the island, but the pharmacies in Rockland are used to serving the islands in Penobscot Bay.

It's a little unorthodox, for sure...

arguably more like medicine used
to be: whatever is there is what
we do.

— Stuart Damon

They know how to get the medication to the island in the shortest possible time. If need be, they'll call a cab, then hand the prescription to the cab driver who drives it down to the pier and approaches somebody who's going to Vinalhaven and says 'So and so needs this, can you drop it off?' That's a fairly routine thing."

This points to one of the upsides of practicing remote medicine. John says, "The clinic is very much part of the social fabric of the island, of the community." As part of his preceptorship, John boarded with a local family. "I stayed with the Drurys," he says. "Captain Drury is one of the ferry boat captains and lives on the island. They opened up their home to me. We had meals together, and they told me a lot about life on the island. That was a great, great part of the experience."

Damon freely admits, "It's a little unorthodox, for sure. But if you live in a place like that, you're going to learn to solve the problems that go with it. It's an interesting place in that respect. It's certainly not the typical primary care office. It's arguably more like medicine used to be: whatever is there is what we do."









Left page: Second-year medical student John Cooper rides the ferry to Vinalhaven.

Above: John Cooper treats a patient under the supervision of Stuart Damon, D.O. '03; John Cooper and Suart Damon walk across the ferry landing at Vinalhaven.

UNE COM ALUMNI SPOTLIGHT A BELOVED BACKSTAGE PRESENCE

BY TREVOR PUTNOKY '07



If you've walked the corridors of Stella Maris Hall or the Alfond Center for Health Sciences (ACHS) as a student at UNE's College of Osteopathic Medicine (UNE COM), chances are you know Pat Kelley. In the stressful world of anatomy labs, stoichiometry and unbearably heavy textbooks, Pat (as she is universally known within the UNE COM family) is the college matriarch whose steady, behind-the-scenes assistance has shepherded countless students to graduation day. For those students, Pat has served as both the kind face that seems barely able to suppress a laugh and as the stern glare that compels them to buckle down for that next test.

Students who have had the pleasure to know Pat describe time and again how she helped them when they needed it most. As the associate dean of Recruitment, Student and Alumni Services for the last 35 years, Pat has benefited over a generation of aspiring physicians with her encouraging presence. To celebrate those years of service, and to show Pat how much she means to everyone in the UNE COM community, the university is extremely delighted to announce the creation of the Patricia A. Kelley Endowed Scholarship Fund.

It is my hope to recognize Pat and hold up her contributions as an example of what good people can do to pay it forward. It is my hope that those who felt her beneficence will make a significant contribution to the fund — Peter Bell

The original idea for the fund dates back to 2004 and UNE COM alumnus Peter Bell, D.O. '84, now a distinguished faculty member at Ohio University, who wanted to do something meaningful to honor Pat's contributions to UNE. Over the years, Bell's idea continued to gain support from fellow alumni who shared his fond memories of Pat. Bell's vision gained critical mass when he spoke with Erik Steele, D.O. '87, senior vice president and chief medical officer of Summa Health in Akron, Ohio, and the two former UNE COM students agreed to put up the seed money to start the scholarship fund.

"Too often people serve, achieving great accomplishments, worthy of recognition, emulation and proclamation, but because of their humility, they receive little acknowledgment," said Bell. "It is my hope to recognize Pat and hold up her contributions as an example of what good people can do to pay it forward. It is my hope that those who felt her beneficence will make a significant contribution to the fund."

The goal for the Patricia A. Kelley Endowed Scholarship Fund is to raise an endowment of \$100,000 by the end of the year. The money raised will be used to help students aspiring to careers in primary care to cover the cost of their educations.

"UNE gave me the gift of my career as a physician, and I want to give back to a great school," said Steele. "I know that the cost of medical school is a huge barrier to those who want to become physicians, and medical school debt is a barrier to medical students being able to pursue careers in primary care, so a scholarship fund that helps students pursuing primary care is a no-brainer for me. Also, and very importantly, it honors Dean Kelley, someone to whom I feel a debt of gratitude to this day and someone I am honored to have known. She is the face of UNE COM



administration to me — and what a kind face it is. A contribution to the Dean Kelley Scholarship Fund is a 'three-fer': it's a gift back to the school, a way to help defray the cost of med school education for students, and it honors Dean Kelley. What's not to love and support about all that!"

If Dean Kelley has had an impact on your education at the UNE, or she just offered a consoling smile one day when you weren't feeling quite at your best, please consider making a pledge in her honor.



For more information on the Patricia A. Kelley Endowed Scholarship Fund, please contact Joan Fischer at (207) 221-4598, jfischer4@une.edu or visit une.edu/givenow.

CAPTIONS

Left page: Patricia A. Kelley, M.S., associate dean of Recruitment, Student and Alumni Services

Above from left: Peter Bell, D.O. '84, assistant dean, professor of emergency medicine, Ohio University; Erik Steele, D.O. '87, senior vice president and chief medical officer of Summa Health in Akron. Ohio.



UNE VICE PRESIDENT "MOST WANTED" IN FBI PANEL ON OPIOID CRISIS

In February Edward Bilsky, Ph.D., vice-president for Research and Scholarship at UNE, participated in a panel discussion in Washington, D.C., on the opioid crisis in America. The event was organized by the FBI and the DEA and included those agencies' directors, James Comey and Chuck Rosenberg, respectively.

A recognized leader in the pursuit of a multi-pronged approach to combating addiction, Bilsky was invited to participate following his attendance at a Senate Judicial Committee hearing focused on the current heroin and prescription drug misuse crisis in the United States.

Maine Senator Angus King commented that "Dr. Bilsky and his team at the University of New England are conducting critical neurological research that could help turn the tide against this wave of addiction...[T]hey continue to demonstrate that Maine is at the forefront of this all-important fight for the health and safety of our people."

Above: Ed Bilsky sits on panel hosted by the FBI and DEA.



MAINE MEDIA OUTLETS TAP UNE EXPERTS TO ADDRESS ZIKA CONCERNS

When a verified case of the Zika virus was reported in Hancock County, media outlets across Maine reached out to UNE infectious disease experts Meghan May, Ph.D., associate professor of biomedical sciences in the College of Osteopathic Medicine, and Dora Anne Mills, M.D., M.P.H., FAAP., vice president for Clinical Affairs, to explain whether Zika actually poses a threat to Mainers.

May was featured in stories on WMTW and WCSH. She acknowledged the threat to pregnant women but added that for "someone who is not pregnant, the implications are practically non-existent. It is a very, very mild illness."

Mills, who served for many years as Maine's state health officer and as state epidemiologist, was a featured guest on the "Ken and Mike Show" on WGAN in Portland and the "George Hale and Ric Tyler Show" on WVOM in Bangor, where she told the audience, "In an era of improved disease tracking we are much more aware of possible threats, but that does not mean there is any reason to panic."

Above: Meghan May is interviewed about the Zika virus.



UNE DELEGATION FINDS INSPIRATION AT ARCTIC CIRCLE ASSEMBLY IN REYKJAVIK

A group from UNE recently traveled to Reykjavik, Iceland, as part of the Maine International Trade Commission's delegation to the Arctic Circle Assembly, the preeminent international forum for Arctic cooperation and sustainable development. Members of the UNE contingent made presentations and hosted breakout sessions while also taking advantage of opportunities to listen and learn and to network with academic counterparts in the Icelandic capital.

Jeanne Hey, Ph.D., dean of the College of Arts and Sciences, saw the assembly as an important moment for UNE on the international stage. "The Arctic Circle Assembly presents an ideal opportunity for UNE to showcase our innovation, engagement and research around Arctic issues with the most important stakeholders in the region," she stated.

Holly Parker, M.Ed., coordinator of Academic Innovations, noted the assembly's unifying effect on Maine delegates. "Mainers from academia, industry and government impressed the assembly and each other with our curiosity, empathy and creativity," Parker explained. "I look forward to continuing the conversation with new friends and colleagues from Maine, Iceland and beyond about how UNE, its faculty and students can shape Maine's Arctic future."

Above from left: Anouar Majid, Jeanne Hey, Holly Parker and Barry Costa-Pierce



UNDERGRAD MORGAN HILL SHINES AT FIRST MOROCCAN CONGRESS OF NEUROPHYSIOLOGY

Following a Tangier-based internship (researching the management of chronic pain in the Moroccan health care system), UNE undergrad Morgan Hill was invited to present a poster at the First Moroccan Congress of Neurophysiology in Marrakech at the end of March.

With the support of mentor Edward Bilsky, Ph.D., vice president for Research and Scholarship, and Anouar Majid, Ph.D., vice president for Global Affairs and managing director of UNE Morocco, Morgan headed back to Morocco for a life-changing Cinderella experience.

Said Morgan, "They actually published my [poster] abstract in a booklet that they handed out to everybody who attended the conference." In addition to Morgan's own research, the poster showcased all the work that UNE is doing through the Center of Excellence in the Neurosciences, from community outreach to the UNE Brain Fair, to dealing with the opioid crisis.

Perhaps the most interesting twist was the surprise of her fellow conference attendees when they realized Morgan was still an undergraduate student. "They were kind of shocked," said Morgan, "that UNE was doing this much with undergraduate students. They all said, Wow! You're doing this, and you're not even in medical school?"



LIGHTS, CAMERA, ACTION: UNE DENTAL STUDENTS WIN FILM GRANT

Third-year dental students Jessfor Baugh and Riddhi Daftary have received a UNE IPEC Mini-grant to produce their film "Compassionate Touch." The film focuses on five stages associated with anxious dental patients, as depicted through artwork, interprofessional interviews and scholarly sources.

Baugh developed drawings, paintings and prints for the film with Alex Rheault, adjunct assistant lecturer in the Department of Creative and Fine Arts. Original music for the film was created by Baugh, Robert Marus, D.D.S., Cameron Grover '13, and dental student Chelsea Toussaint. Baugh and Daftary also collaborated with David Pier, D.M.D., and Michael Truscott, D.M.D., assistant clinical professors at the College of Dental Medicine, as well as several other faculty members.

Co-director and screenwriter Daftary reflected on the collaboration, stating, "It's invigorating to use the arts to promote health. We really want the project to have a lasting educational value."

Above from left: Michael Truscott, D.M.D., Jessfor Baugh, Riddhi Daftary and Jeffrey Finegold, D.M.D.



UNE'S RESIDENT BASEBALL BUFF FEATURED IN USA TODAY

Josh Pahigian, M.F.A., fellow in the UNE Center for Global Humanities and longtime adjunct instructor in the English Department, is UNE's resident baseball expert, and his latest book 101 Baseball Places to See Before You Strike Out was the focus of a recent article in the USA Today travel section.

The article lists Pahigian's top-ten pilgrimage sites for diamond die-hards, from Babe Ruth's grave in Hawthorne, New York, to Holliston, Massachusetts, the alleged inspiration for "Mudville" in Ernest L. Thayer's famous poem "Casey at the Bat."

Since its 2015 release, 101 Baseball Places has earned Pahigian numerous appearances on radio shows, podcasts and television programs across the United States, as well as a legislative commendation from the Commonwealth of Massachusetts for his "commitment to preserving the history of America's favorite pastime."

Above: Josh Pahigian

Above: Morgan Hill

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MAINEBIZ SPOTLIGHTS NEW UNE HEALTH INFORMATICS PROGRAM

The new Health Informatics program in the University of New England's College of Graduate and Professional Studies has been attracting a lot of attention lately, prompting a feature article from Maine's go-to business resource. *Mainebiz*.

The Mainebiz article focuses on the fact that the online program is meeting a genuine need in the industry for trained professionals who are able to merge health care, information technology and computer science. It's a rapidly growing field that aims to make health care more affordable and enhance the patient experience.

Martha Wilson, Ph.D., D.S.W., ACSW, dean of graduate and professional studies and the associate provost for online learning at UNE, is quoted in the article, saying, "We brought together a group of individuals and came away from those conversations with the realization that there was a pressing need for health informatics. We had a really nice synergy with employers who were willing to sit at the table and tell us what kinds of things they need to have. It was a hand-in-glove fit for us."

Above: Megan Landry, UNE health informatics program manager; Martha Wilson, dean of the College of Graduate and Professional Studies; Jay Collier, director of Computational and Digital Programs; and Ellen Beaulieu, vice president for Strategic Initiatives Photo by Mainebiz/Tim Greenway



UNE MARINE SCIENCE CENTER'S SEAWEED PRODUCTION FEATURED IN NATIONAL AND INTERNATIONAL NEWS

Seaweed production efforts by the Macroalgae Nursery and Research Cluster in UNE's Marine Science Center (MSC) were recently highlighted in an Associated Press story — print and video — that was picked up by many national and international news outlets.

Focusing on the surging growth of Maine's seaweed industry, the story features footage of kelp spores in a UNE laboratory as well as footage of Adam St. Gelais, MSC research assistant scientist, stringing lines of baby kelp from a boat into an experimental UNE ocean farm.

Tollef Olson, the pioneering seaweed grower behind Ocean Approved, Maine's largest seaweed farm, is an industry partner and MSC staff member. He explained, "Kelp farming is really unique. We're growing what's arguably the healthiest vegetable you can eat."

According to the story, more than 20 companies in Maine grow or collect marine macroalgae, which are used in a variety of products including fertilizer, animal feeds, nutritional supplements and foods. A record 17.7 million pounds of seaweed were harvested by collectors in Maine last year.

Above: Adam St. Gelais, M.S., research assistant scientist with the Marine Science Center, holds up kelp harvested at the UNE sea vegetable research farm.



UNE DENTAL STUDENTS BRUSH OFF HARVARD, UCONN, BU AND TUFTS AT DEBATE

A team of students from UNE's College of Dental Medicine (CDM) was proclaimed the winner of the American Student Dental Association District 1 Debate, which was held on January 30, 2016, at the Yankee Dental Congress in Boston.

Alex Kerbaugh and David Veleck, both from CDM's Class of 2017, were the victors of the debate, which brought together teams from all five District 1 schools, which include the University of Connecticut, Boston University, Tufts and Harvard, as well as UNE.

The questions focused on controversial topics in dentistry and issues that impact students and the dental profession, and the judging rubric was based on use of evidence, organization of arguments, strength and specificity of rebuttal, professionalism and adherence to time constraints.

For Veleck, the win demonstrates the quality of the education UNE provides to its dental students. "It shows that CDM's academic and professional environment is preparing our predoctoral students well," he said, "not just with exceptional clinical skills but with the ability to constructively discuss the issues that affect our profession and advance change."

Above from left: Dr. Edward Swiderski, president of the Massachusetts Dental Society, with UNE dental students Alex Kerbaugh and David Veleck



U.S. SENATOR KING LAUDS "IMPRESSIVE" UNE MARINE SCIENCE CENTER

Senator Angus King toured the UNE Marine Science Center (MSC) in Biddeford to learn about the center's newest innovative programs. UNE President Danielle Ripich was on hand to greet Senator King.

Barry Costa-Pierce, Ph.D., Henry L. & Grace Doherty Professor, chair of the Department of Marine Sciences and director of the Marine Science Center, began King's tour by discussing the unique benefits afforded by the center's seaside location and its recent acquisition of Ram Island. "Our students profit from hands-on, experiential learning from the outset," said Costa-Pierce.

Costa-Pierce also explained to King the redesign of the Marine Sciences Department's academic programs to align with the specific needs of Maine's coastal communities. "So it's not only just science," said Costa-Pierce. "It's using that science to make good policy decisions, develop good governance and expand our marine economy."

Senator King remarked that harnessing ocean resources was critical to Maine's future, and praised UNE as being on "the cutting edge of that work." Said King, "I commend the talented faculty and students and thank them for the opportunity to visit the impressive Marine Science Center today."

Above: Senator Angus King speaks with UNE President Danielle Ripich before his tour of the University's Marine Science Center.



UNE PHARMACY STUDENTS FILL PRESCRIPTION FOR COMMUNITY SERVICE

Wanting to give back to the local community and build bonds outside of UNE and the College of Pharmacy, UNE students from Alpha Zeta Omega, a professional pharmacy fraternity, recently volunteered with the Greater Portland affiliate of Habitat for Humanity.

The students spent two Saturdays installing insulation and drywall in a new house in Scarborough, part of the Portland nonprofit's 13-home Broadturn Road project, their largest to date.

The students issued a statement saying, "We wanted to help a local organization, and Habitat does amazing work for families in the area. It's always fun for us to go out and learn new skills and experience something so different from the world of pharmacy."

This is the second year the students have volunteered with the organization, having helped to build a house in Freeport last February. The students plan to continue their involvement at least through 2018, when the Scarborough housing project is slated for completion.

Above: Pharmacy students from Alpha Zeta Omega



UNE PROFESSOR ALI AHMIDA TALKS ISIS AND LIBYAN UNREST ON NPR IN CHICAGO

Ali Ahmida, Ph.D., in the Department of Political Science, was interviewed about Libya and ISIS for "Worldview," a global news program on WBEZ, the National Public Radio station in Chicago.

Ahmida, who was born in Waddan, Libya, discussed ISIS and the current political situation in Libya. He commented on what he believes led to the ability of the jihadist militant group to flourish in the country: "A combination of both the lack of concerted effort to reign in these groups and the failure of Libyan leadership in tackling the security situation led to making Libya a security threat and also a soft spot [for] ISIS fighters."

Ahmida is the author of *The Libya We Do Not Know:*History, Culture and Civil Society, which was recently republished in an updated and expanded form. He is currently working on two books, one about genocide in colonial Libya, the other a biography of Libyan freedom fighter Omar al-Mukhtar.

Above: Ali Ahmida

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From left: New varsity football coach Mike Lichten tosses a football on the UNE Portland campus; New varsity women's rugby coach Ashley Potvin standing on the Barbara J. Hazard Field on the Biddeford Campus.

NOR'EASTER NEWS

BY CURT SMYTH

PREPARING TO LEAD UNE'S NEWEST SPORTS PROGRAMS

When the University of New England announced in December of 2014 that it would add football and women's rugby to its lineup of 15 varsity sports, it was just the first step in the long and complex process of launching two new athletics programs. On February 14 of this year, the Nor'easters took another big step in that process when they introduced the head coaches for those new programs — football coach Mike Lichten and women's rugby coach Ashley Potvin.

Lichten comes to UNE from Becker College, where he served as head coach for five seasons. while at Becker, Lichten transformed the Hawks' program, culminating in a 2015 season that featured a school-record seven victories and an undefeated record at home. For his efforts, Lichten was selected Eastern Collegiate Football Conference (ECFC) Coach of the Year, as well as All-Worcester Coach of the Year. He coached 49 All-ECFC selections over his five-year tenure.

Identified as one of the top young coaches in the nation, Lichten was selected from a pool of nearly 200 applicants to attend the American Football Coaches Association 30 Under 30 Leadership Institute in San Antonio, Texas, this past January. At the institute Lichten attended lectures on

topics including ethics, leadership, NCAA rules, financial management, hiring and player safety.

Though he has only been on the job for a few months, Lichten has already put his stamp on UNE's nascent football program, making more than 400 visits to high school coaches throughout the country and serving as a featured speaker at the Maine Football Coaches Association Clinic.

The new Nor'easters football team will commence play with an abbreviated sub-varsity schedule in 2017 before kicking off its first varsity season as a member of the Commonwealth Coast Conference (CCC) in 2018. In addition to its CCC schedule, UNE has agreements in place to take on the United States Coast Guard Academy and regional power Husson University in non-conference action.

Potvin, while new to the Nor'easters' full-time coaching staff, is a familiar face to the UNE rugby faithful, having served as UNE's club rugby head coach since 2012. During that time, she has led her squad to an impressive level of success. The Nor'easters are coming off a season in which they won the New England Rugby Football Union (NERFU) title and advanced to the National Small College Rugby Organization (NSCRO) National Championship. They also achieved a top-20 ranking nationally.

We are thrilled to add Mike and Ashley to Nor'easter Nation [...] They will provide our student-athletes with such a positive experience.

Jack McDonald

Potvin was an accomplished player at Norwich University and most recently has been a teacher and coach in the Biddeford school system.

The Nor'easters' first varsity season will get underway this coming September. As a member of the National Collegiate Women's Varsity Rugby Association (NCWVRA), UNE will compete against a lineup of prestigious institutions, including Harvard University, Brown University and Dartmouth College.

UNE Associate Vice President and Director of Athletics Jack McDonald is pleased with the addition of both Lichten and Potvin to the Nor'easters' talented coaching staff. "We are thrilled to add Mike and Ashley to Nor'easter Nation," McDonald commented. "They both truly embrace the NCAA III philosophy and know what it takes to run successful programs. They will provide our student-athletes with such a positive experience."

NOR'EASTER NEWS

BY CURT SMYTH

THE NOR'EASTERS NO. 1 FAN

Fans who regularly attend University of New England women's basketball games know that the action during the games can be fast and furious. But for many of the home faithful, timeouts have become just as entertaining thanks to the Nor'easters No. 1 fan, nine-year-old Seamus Jennings.

Seamus, the cousin of four-year standout Nor'easters guard Sadie DiPierro '16, is the young ball of energy who paints his stomach with the team colors and wears zany blue wigs, a ritual he initiated at one of the first UNE playoff games he attended. His "signature move" comes during timeouts, when he drives the home crowd into a frenzy with his well-choreographed dance routines up and down the sidelines.

The son of Karen and Shawn Jennings (brother of Sadie's mother, Colleen), Seamus plays lacrosse, Gaelic football, hurling and soccer, but according to his mother he "lives and breathes basketball." The young hoops enthusiast has a daily routine of waking up to check the stats from the previous night's NBA games, and even on the coldest winter days, Seamus is out in the driveway dribbling and shooting, practicing everything he has learned from watching the Nor'easters play over the past four seasons.

Seamus has built a loyal following at the games, but this past season his popularity exploded beyond the confines of the Harold Alfond Forum when he was the subject of a pair of features on local television stations. As a seasoned performer, Seamus embraced his moment in the spotlight.

"It makes me feel famous," he said. "Everyone coming up to me and saying they saw me on the news. That's so cool. It makes me feel that people care about me."

Seamus has been part of something special at the Harold Alfond Forum the past four seasons. Head coach Anthony Ewing's teams racked up an astonishing mark of 60-3 at home during that stretch, including four Commonwealth Coast Conference titles and an unblemished 48-0 record versus conference opponents. That four-year stretch of unprecedented success culminated in the opportunity to host the first and second rounds of the NCAA Division III Championship in March.

After receiving his support for four years, members of the team thanked Seamus for his loyalty by attending one of his youth basketball games late in the season.

Karen Jennings was touched by that show of support, saying, "It was a truly wonderful moment when Sadie and her teammates showed up at Seamus' basketball game. It said a lot about the amazing group of young women that they would come out and support Seamus. He was so surprised and loved having them to cheer him on."

Sadie reflects on four years of having her cousin on the sidelines with great fondness.

"His involvement with the team has impacted me in ways both on and off the court," she said. "I can't begin to explain how something as small as showing our team support over the years has helped us push and achieve our goals. In a way, he's been like a teammate — the kind you want on your team: one that shows unconditional love and support towards all members, one that has a constant positive attitude and one that simply loves the game."

Now that Sadie will be graduating in May, what does the future hold for Seamus?

"Most likely I will try and go to a couple of games and still support them," he said. "Maybe not as many as when Sadie was on the team, but the playoffs, totally."

One thing is for sure. Whenever Seamus is in attendance for games at the Alfond Forum, the entire crowd is sure to take notice.





From left: Seamus wows the crowd at the Harold Alfond Forum; Seamus poses with his cousin, Nor'easters' guard Sadie DiPierro'16.

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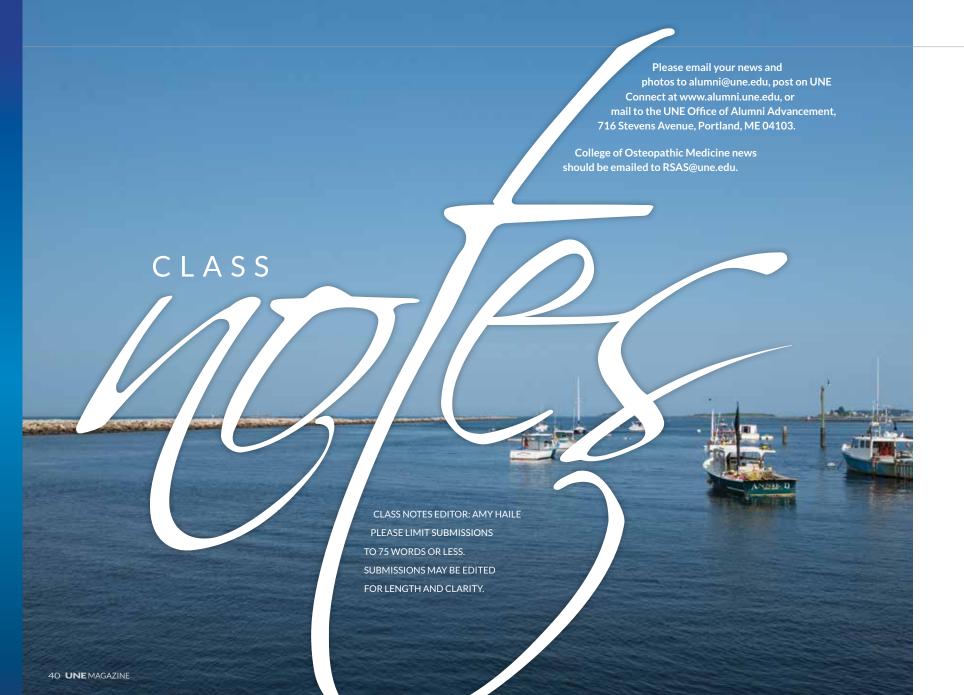












1939

Charlotte Dolloff Turadian writes.

"My whole world is now assisted living in Towson, MD at Pickersgill Retirement Community. The 'Star Spangled Banner' that flew over Fort McHenry was sewn by Mary Pickersgill. It's exciting to be here and near Baltimore and Washington D.C. My family lives in Ohio, Kentucky, and Pennsylvania. I keep in touch with **Bernice Lord Peterson** and **Frances** Horne Miliner, classmates last found in Maine in 2009."

Deborah Webber writes, "My mother Hortense Stickney Warren is still sharp as a tack and resides at Manor Care in New Providence, New Jersey, She will turn 97 in September. Although she has not lived in Maine for many years, her heart, family and fondest memories are there."

1944

Barbara Banks Hamor writes, "I am well, still driving my car. I'm a writer and lived in Beverly Hills, Florida, and spent summers at my cottage on Little Ossipee Lake in East Waterboro, ME. Now I'm living at Kittery Estates Independent Living. My son Richard said 'no more living alone.' So this is

great, lots of nice people. It is a half-mile from the Kittery Mall. My son Bob lived with me for 12 years; he has Agent Orange and Parkinson's — so sad."

Esther Dalrymple Wheatley writes, "I moved to Maine at the end of February. My daughter Janna has put an addition onto the home so I will have my own space. This is a change for me as I've lived in and around Andover Massachusetts forever. Time marches

on and as the saying goes — growing

Nancy Stackpole Coffin writes, "I am

so very glad Greg and I did our world

travels when we did. We were in Hong

2002. I miss him every day. Since then

I sold the larger home and moved next door to be on one floor. I still go to

Florida for a few months each year and

can get around in my golf cart. The kids

grandchildren, and great-grandchildren

Lynda Hardman, daughter of Barbara

Hicks Hardman writes, "My mother

resided in Yellow Springs, Ohio since

passed away on July 10, 2015. She had

all love to go to Florida. Life is still

very worthwhile."

Kong when he died in the airport in

old is not for sissies."

1946

is excited to welcome our first great grandson in November 2015." Jane Rogers Walk writes, "I am

Priscilla Fay Tuttle writes, "Our family

the early 1960s. She retired in 1995

from Antioch College, where she was

the Health Services Coordinator and

school nurse. My mother remembered

her classmates fondly and treasured

England Deaconess in Boston, where

her time at Westbrook and at New

she completed her nursing studies.

She leaves a large family behind, five

children and ten grandchildren, all of

whom loved her dearly."

now living in a retirement home in Wellesey MA. I am very close to my family: two daughters, one son, and seven grandchildren."

1949

D. Ann Caspar writes, "I just turned 86! I'm still living independently in Wolfeboro. NH at Taylor, a retirement community. I keep busy with a variety of activities lots to do here in this small town."

Cleo Nichols George writes, "As I approach 86, I wish to express kudos to Jane Lewis Gleason. I was so lucky to have Jane as my roommate. She was so

special and still is. She's our class President — a leader in every way. She has kept us all abreast of festivities and of our classmates. We are still great friends and our daughters attended Westbrook also! I'll close to say I spend my golden years on my son Peter's yacht, sailing the Pacific."

Jane Lewis Gleason writes, "Our great Class of '49 meets every spring for a mini reunion — we had a huge turnout for our 65th in 2014. More to come!"

Ardeth Meserve Harmon writes. "The class of 1949 continues to meet for lunch due to the interest of Jane Lewis Gleason. Thank you Jane! I am expecting my fourth great-grandbaby in December, and have celebrated two weddings of granddaughters this summer."

1950

Dorothy Carvalho Noble writes,

"Nothing new with us. We are still enjoying good health. We still spend the six months of winter in Florida and summers at Barker Pond in North Sebago, Maine. All nine grandchildren are fine and we now have three greats — all boys!"

Bolded dates signify reunion years **UNE** MAGAZINE 41

Jane Hodges Parrish writes, "Greetings from Belfast, Maine! I'm still alive and well, and living in the one-level ranch style house I found on the outskirts of Belfast after my husband Jack passed away in 2004. It's on a three-acre lot with lawns, gardens, and tall oak and birch trees. I don't do any more gardening, lawn care or shopping for myself, but have lots of help from my daughter, Kathy, and her husband, Bo Corey. I enjoy when they take me on various driving tours around the many towns along the ocean in this area. I keep busy with my hobbies; particularly photography, and bird watching and identification. There are birds and wildlife passing through every day on their way to a nearby river. I keep records and photographs in albums of what I see and I am getting quite a collection!"

Jane Adams Wilson writes, "Dick and I are still doing well. We both play bridge and cribbage a lot — keeps the mind active. Walking, biking, and swimming are still part of our agenda. We take trips off the Cape to Maine, Vermont, and New Hampshire when the weather permits. We have had our share of snow this winter so we are looking forward to Spring."

Joan Griswold Wood writes, "I can't believe I hit the 85th year this year. I think so often of Westbrook and the

many happy memories and the very special people I met. My life is very quiet now. I lost Steve in 2011 after a three-year battle with many illnesses. I moved to a condo in Wakefield, RI to be near my children, Stephen and Linda. Linda my youngest has MS and is wheelchair-bound. I have six grandchildren that keep life interesting and one great grandchild. I would love to hear from my old friends."

1951

Shirley Powell Prouty writes, "I am now in an assisted-living facility after a serious fall. The bones do not work but the mind is well. Blessings to all."

Margaret Bragdon Shoemaker

writes, "We Lodgers are still staying in touch — mainly by phone. A lot of us don't travel too well, fewer 'pit stops,' and I miss them. We've been in Florida year-round for 11 years now. I still miss the change of seasons. We're very pleased with being part of UNE."

1953

Geraldine Horsman Mattson writes, "Two years ago Walter and I moved into a residence in Sarasota, Florida. and we love it! We managed to go to Maine twice last year. Driving by WJC, I happily remember all the fun and experiences I had when I was there. The campus looks great!"

Muriel Thompson Nado writes, "I play bridge 2-3 times a week and volunteer for Needy (Rides) to doctors, dentists, hair parlors, food cupboard, and rehab. I also visit nursing homes, golf in the summer, and help where needed."

1954

Alice Hodgdon Magnell writes, "My new address as of Sept. 2015, is the Wesley Health Care Center in Saratoga Springs. I'm a permanent resident. I would love to hear from anyone from WJC. My spelling and writing are going downhill, like me I guess. However, I tell all who listen to me: laugh a lot, find something funny and share it to all!"

Beverly Pollard May writes, "I still live in Boxford, MA and am staying healthy. We had Thanksgiving in MA with 22 family members, and we welcomed our first grandchild in February 2016."

Leanne J. McKinney writes, "Keeping busy here in the western hills of Maine.

All three children are busy too. Our son David is at work for the state in Augusta, Maine and our daughter Debbie is a decorator in Virginia and our daughter Juleanne is a counselor in the Portland area and also works as one at Healing Through Horses. All six grandchildren are doing well. The oldest and his wife live in Saco and have made me a great-grandmom twice. My only granddaughter was married in July. Life is good."

1955



Priscilla Wheeler Curda writes, "Leo and I continue to have good health and are still able to travel. Last April we flew to Norway and took what is probably our favorite trip, sailing on the Hurtigruten Cruise Line from Bergen to Kirkeness and back to Bergen. We made shorts stops at about 30 ports or more and 5 longer trips inland. Experiencing crossing the Arctic Circle was one of the highlights with the full ceremony of ice cubes and

water down our backs by Father
Neptune, then touring an ice house,
visiting the Russian border and checking
out the snow sled dogs and eating lots
of local fish on board ship. Other than
that we have visited family in Texas and
made many trips to Washington, DC to
see family and our grandchildren. Leah,
17, will be graduating this June and
looking forward to college, and Owen,
10, is deep into basketball and any
other sport you can name."

Sylvia Horsfall Gibson writes, "My two girls gave me this wonderful 80th surprise birthday party at the end of February. I had a good few months. Then I fell last May. Since then I went downhill. I'm doing better now, but live with caregivers each day. To each class, a happy new year. I have four grand-children, one graduate from college in Florida, and three girls 9, 7, and 6. Hope you all send news, would love to read them."

Jean Farnham Henshaw writes, "The highlight of the year was an 18-day tour to Portugal and the Azore Islands of Madeira and Sao Miguel which is a 2-hour flight away. I enjoyed seeing the breathtaking landscape scenes, tea and pineapple plantations, festival dancers, and botanical gardens. We missed the whale watch in a zodiac due to the

weather. I was disappointed not to see more classmates at our 60th reunion. While in Portland I did call on my roommate **Dotie Stratton Larkin** who is in a nursing home with advancing Alzheimer's."

Ann Houghton Hunt writes, "Mal and I celebrated our 80th birthdays with a family reunion in ME, NH, and MA last fall. I had a wonderful time showing my children and grandchildren all the wonderful places I knew so well in the Ogunquit, York Beach area. We visited my two brothers and Mal's brother while there. The weather was glorious the lobster delicious, and my family could not get over the fact that we could be in three states within one hour. They kept asking, 'What state are we in now?' I guess when one lives in Texas, Utah, Wisconsin, and Virginia, it does seem a bit odd. We are spending three weeks in Florida in February, and plan to lunch with Sabra Harriman Smith and her husband while there. They live in Alexandria, VA but spend time in Florida each year. It was wonderful to see fellow classmates at the reunion in 2015, but I would have loved a better attendance for our 60th reunion."

Nancy Sherman Loverud writes, "I still play golf with my lady friends. Bob and I both turned 80 this past year, but remain in good health. We are returning to the lovely beaches of Turks and Caicos this spring for some fun in the sun, and look forward to summer with the family of two children and two grandchildren at Lake Winnipesaukee in Wolfeboro."

Lizzy Lester Poole writes, "The older Herb and I get, the more we notice our daily time being gobbled up by routines, have-tos, machines and their bellowing whines if we don't hurry to obey them, and how much shorter the days are getting for doing all the wants and have-tos. I sometimes yearn for a desert island of peace, quiet, except for an occasional monkey scream, with no machine to cater to and no junk mail to chuck out and no stranger on the phone acting like they know us and only want the best for us by sending them money . . . but then, whoops! Where would I keep food ... where would I GET food and water and all those supplements we count out every morning and chug down with green tea? In the end, at least when the sun comes out or the rain is gentle or the birds make nests or the flowers grow, we welcome the days, the hours, the minutes together while life happens."

Joan Bagley Della Torre writes,

moved into a Senior Apartment

"Three years ago I sold my home and

Carol Anderson Unger writes, "I am widowed and retired. I am blessed to have three children: one daughter and two sons. I keep busy with family, friends, and volunteer work. In the summer I love the beaches as I live on Cape Cod."

Complex here in Portland, Maine. It

home but is working out okay. I am

sure is different from being in your own

proud to say that one of my daughters

graduated from the Nursing Program

at Westbrook College in 1987 and her

sophomore at UNE Studying Biology.

She plays soccer and I love being able

to go to her games. Three generations of

Westbrook/UNE!! In June of this year

my two daughters and a granddaughter

went to Iceland. My granddaughter

was there studying a 'sustainability

course' for three weeks. At the end of

that course we flew over and met her

It was a fabulous trip. Iceland is a very

clean country and has lots of beautiful

whales, and many interesting places to

visit. Unfortunately, this trip was while

missed seeing some of my classmates."

waterfalls, lots of sheep, icebergs,

we were having our 60th Reunion

Weekend and I am so sorry to have

and went touring Iceland for nine days.

daughter, my granddaughter, is a

each and every day. Grandnieces and

-nephews keep coming and they are

fun to celebrate with. Our 55th reunion

from Deering High was a special event.

We saw many old friends. Another

Westbrook classmate who attended

was Nancy Hall Perkins. We spent

two weeks on our favorite island in

Canada, Prince Edward Island, visiting

with distant cousins and tracing some

ancestry lines. This winter we will be

catching some sun in Florida missing

forget we will be celebrating another

the snow and cold of Maine. Don't

Westbrook College reunion soon —

Diane Hinkley Tyler writes, "My

husband Bill and I have purchased a home

in Venice, FL and I absolutely love it here.

Donna Litchfield Cheney also spends a

good part of the winter months in South

Florida which gives us an opportunity to

visit in Florida as well as in Maine during

the summers. Dale Gagnier Cronin

spends her summers in the Portland

has daughters and grandchildren."

area and winters in Georgia where she

June 2017."

1956

Barbara A. Higgins writes, "My family and I had a wonderful trip to London and Paris in July. I am still enjoying retirement very much, reading, going to lunch with friends and traveling; also hoping to return to a volunteer position in 2016."

Patricia Hayman Ritchie writes, "I am still working at a Retirement Community doing a number of things — helping new residents settle in, and also community outreach for the community. I am still teaching water fitness at a local YMCA and I'm involved in the local hospital with fundraising. I have 6 grandchildren. Westbrook was a wonderful place to be!"

1957

Elisabeth Jackson Brown writes, "The last month or so has been hectic for us as Bob was hospitalized for a pacemaker and then suffered effects of Lyme disease. He spent 10 days in the hospital and 10 more at rehab. He was able to get out in time for us to go to Georgia for our grandson's wedding. We were so happy to be able to share this special day with all our family."

$\textbf{Nancy Buschenfeldt Saunders} \ writes,$

"Lee and I continue to be 'snowbirds.'
We live in Sun City Center, FL from
October to June, and Cape Cod in the
summer. We are fortunate to be healthy
and active. I still play golf regularly, and
I also keep in touch with my good
Westbrook Junior College friends Rae
Johnson Bachelder and Mary Beth
Shortall Cassani."

1958

Marsha Miller Boggs writes, "I'm still living the great retired life at the lake. My two amazing grandsons have both graduated from Trine University."

Barbara Mae O'Leary writes, "I spent many hours in Alumni Hall, as I was a day hop. I'm glad to see a new building as I drive by every day."

1959

disease.
and 10
almost two years since Richard died
and 1'm adjusting gradually, but it's slow
going. I drove cross country with my
two granddaughters in August and
joined up with California relatives for a
week — what a great adventure! I am
still singing with Royal River Chorus

and enjoying spending time with good friends. I am also enjoying my second childhood with my three-year-old great-grandson Braedyn. Life is good!"

1960

Sheila Taylor Jones writes, "Now that the New Hampshire primary is an item of the past, the peace and guiet, instead of telephone calls, voting calls, surveys, etc., is very welcome. After almost 20 years as a Supervisor of the Checklist, I am not filing for re-election to another 6-year term. Bob and I have had 70+ ski passes at King Pine Ski Area in East Madison, NH for 5 years. We usually ski in the morning for a couple of hours and when the trails and lifts start to get crowded, we leave. I am Vice President of the Effingham Historical Society and schedule the monthly programs and Christmas party. Also, attend a weekly coffee break once a week - most attendees are retired. I received a letter from Carolyn Swett **Lee** this past week. Every year we volunteer to help the Alumni Office on Friday and Saturday (Our 60th reunion

Priscilla Morrison McGarry writes, "Elizabeth Clarke Flaherty, Judith Randall Whitney, and I got together

will be held in June 2020!)."

for lunch one nice day in October.

Shopping, lunch, and some good visiting made for a nice time in beautiful Camden, Maine."



Cynthia Janis Northgraves writes

"A year ago, Bill and I re-located to Mt. Pleasant, SC, after 45 years in our Holliston, MA home. We followed our daughter and her family and have no regrets. We're over the bridge from Charlestown, the 2nd most desired city to visit in the US. We love it. Of course, we still have our wonderful home in Maine, so we have become snow birds! A great life."

1961

Martha Partridge Gaudes writes,

"Things are pretty much the same in our household for 2015. No new births, marriages or deaths. We spend the winters in Nokomis, FL, which is on the west coast between Venice and Sarasota. Our summers are spent at our cottage on Lake Massasecum in Bradford, NH, so we feel we have the best of both worlds. Our exciting trips last year were a Caribbean Cruise on Royal Caribbean's Explorer of the Seas with a group of people from our park in Florida. David and I went to the Biltmore in Asheville, NC for a few days and treated ourselves with a stay at the Inn at Biltmore while we were there. Our grandchildren are now ages 18, 12, 11 (twins) and 7. The 18-year-old will be off to college in September which hardly seems possible. I stay in touch with my college roomies Nancy Bennett

my college roomies Nancy Bennett
Hamel, Pat Venedam Seyffert, and
Ronnie Chiulli Edell. Pat and I managed
to get together for lunch this past fall. I
also stay in touch with Paula Evans
Lanni, and we hope to get together
next summer."

Jill Howes writes, "I retired and am now living in Wayne, Maine. I'm friends with Betsy McDowell Skedgell and Constance Witham Locashio. Life is good, and I'm looking forward to attending reunion in June."

1962

Patricia B. Hunter Fialkosky writes, "Nothing really new with us but both doing well. Ed is 86 and doing pretty well and I count my blessings every day.

Take care, and best to you, your family,
and friends."

Nancy Murphy Kuns writes, "Nothing much new except Memphis Tennessee had one of the hottest/most humid summers on record. This Maine girl was miserable! Hopefully summer 2016 is better! Our overseas family will be visiting for about three weeks during the summer of 2016. We can't wait to see them, we miss them a lot. The family was here for Christmas 2015. We have two grandsons here and love it."

Roberta Taylor Ladetto writes, "We are still living in Michigan but we travel to Massachusetts and Maine a couple of times a year to visit family. We have five grandchildren of whom we are very proud, love, and adore. The oldest, a grandson, is looking at colleges for next year, probably with a swim scholarship. Then we have three girls, ages 14, 12, and 10, and then another boy, 12. We plan to spend Christmas in Northern Carolina with our younger son and his family. I just reconnected with classmate Jean Clunie Remusat on Facebook. Hope to see her in Maine within the year."

Roxann Gallant Meehan writes, "It's hard to believe another year has gone by. Joe and I are always busy, enjoying

1963



Carol Maclaughlin Combes writes,

"Our Portland area group got together twice this past summer. Joan Merrill Weeks with her wonderful smile and loving ways was with us both at Ken's Place and Diana's. January was our first cruise; in April we took our son, daughter in-law and two grandsons on a Disney Cruise! The musical we participated in at our RV Park was State Fair. We sold our home in Scarborough after 50 years and bought a park model at Kokatosi in Raymond. We enjoyed Kia's bridging ceremony to Brownies and Owen's soccer games. Met author Debbie Macomber at the Loft in Portsmouth, NH and bought her newest book Silver Linings. I spent Columbus Day Weekend at The Combes Family Inn in Ludlow,

Barbara Lothrop Labbe writes, "This has been an exciting year for me. We moved from a condo back to a house in October of 2014. I left my full-time job after nearly ten years in September 2015, I decided to just work part-time

VT and then 3 days in the Blue Ridge

parkway on the way back from Daytona."

and become semiretired! I work 2 days a week and that's perfect! Right now we are preparing for two trips to Florida in February and a trip to Bermuda in March, and in July we will celebrate our 50th wedding anniversary. We are still in the planning stage of what to do to celebrate this occasion!"

Priscilla Wells Schell writes, "2015 was an extraordinary year, specifically being technically challenged with a new iPad, a new car, a new laptop, and a new cellphone. I'm at least 10 years behind with technology — too many changes in a year. Last May, Donna Rowe Fowlie '63, '85 hosted a mini-WJC reunion in Ellijay, GA with Cindy, Nancy, Tudi, Merry, Sharon, Becky, and Vicky. What a special visit. Gardening is still one of my passions, and this summer I gave away oodles of dahlias, gave 2 garden club gardening/dahlia presentations and taught a Master Gardener class on Fall wreaths. We travelled north and south and I visited my son's family in Olympia, WA. What a wonderful year.

Bette J. Swett-Thibeault is a licensed massage therapist, certified physical fitness specialist and a certified Irlen Syndrome Screener. She is a therapeutic massager, conducting fitness training and educational workshops. She is a

member of several trade associations and the International Dance Exercise Association (IDEA).

Emily L. Watkins writes, "Life is

exciting here with lots of snow right now and it is bitter cold! My dog children are not happy about going outside and the big adults are happy staying inside with a little bit of a nice living room fireplace! We have had a lot of company and it has been wonderful. We are definitely looking forward to Spring! I am involved in the Ladies' Club here as well as being part of a choir at church and being a member of the Garden Club. Fairfield Glad Resort is a wonderful place to live. We have lived here now for three years! We always enjoy guests so if any of you would like to come see us, just let us know. We are at 24 Kingsboro Lane, Crossville, TN 38558.

1964

Rev. Susan R. Drury writes, "This past year has been full of changes. After living in Texas for only 2 years we decided we needed to return home to Kansas. We moved in the first week of August and are happily settled into our retirement life: playing golf, doing charitable work in our community, changing our

lifestyle to a healthier lifestyle with walking 5 miles every day and/or working out at Planet Fitness. Our children continue to amaze us with their accomplishments. Our grandchildren (all boys) are now 16, 15, 14, and 8. How fast they grow up! Our lives have been truly blessed and we are thankful for all our Kansas friends and family who stood by us as we made the decision to move again."

Susan Fletcher Ernst writes, "Greetings to all. Life is always changing. My big change was to move from Maine (after some 40+ years) to NH, and I did it last January. After my husband's death, I needed to downsize, and since my son moved to New Hampshire, I followed. He is my 'dog sitter.' Also, now I am much closer to Cape Cod where the family summers. The town of Peterborough is such a busy place with all sorts of art, concerts and theater activities here. There are many walking trails and mountains to view or climb. The people are delightful and I am at home in my new home."



Marlene A. Getz writes, "My husband Bob and I had a very busy 2015! We traveled to Europe, visiting with friends in Holland, Switzerland, France, and Spain. We also traveled with our pop-up camper to Ashland, Oregon, home of the Shakespearean plays, and also spent several weeks camping at two parks, one state and one national, in Northern California. We celebrated our wedding anniversary taking the bus/train from Alameda to Yosemite National Park. We were there on the first day of spring and were treated to amazing scenery! In late August we flew to New York and attended my nephew's wedding in Peekskill followed by four days of sightseeing in Manhattan. Several highlights included: a visit to Ellis Island, walking on the High Line and rowing in Central Park! Last September I joined the Alameda Community Chorus and sang in several concerts in December. Three times a week I am studying Spanish to become more fluent for my trip to Cuba in June. I also volunteer at the children's library

in the synagogue where I used to teach. My husband and I cook/bake and garden together. Our two beautiful granddaughters, six and nine, add spice to our lives and we enjoy spending time with them!"

Carol Howes Graham writes, "We have had two new granddaughters in the past three years. Everyone is well. I'm very busy with Cohasset Community, garden club activities, and other responsibilities, which I love. It's great to be retired and I have time for the fun things!"

Jane Palmer writes, "I spent the Christmas holiday in Wichita, KS with my son and daughter along with five grandchildren and their families, plus three great-grandchildren. It was a busy time with lots of laughter and fun. It is a very active household with something happening every day. There were trips for shopping, trips to the IMAX Theater or the Warren Theater for movies, the Botanical Gardens for a light show, dining out, and there are upcoming concerts (Luke Bryan and Brad Paisley). I also went to the casino once. Before heading home I went to the Great Wolf Lodge in Kansas City for water slides, dining, casinos and shopping. I certainly enjoyed my Kansas visit!'



Patricia C. Perkins writes, "We had a

wonderful 1964 reunion at my house on Sebago Lake this summer with Constance McCombe Keon, Eleanor Koppang Batchelder, Joan Kinney Dole, Deborah Schofield Reed, Martha Wentworth Sandborn, Betsey Mason Holder, and Carolyn **Griggs Stoll** — so nice to stay in touch and they had a ball downsizing my house with Joan Kinney at the helm — ha, ha. I have been traveling a lot this year: Sea of Cortez, paddling with gray whales, and snorkeling with whale sharks and sea lions; Martha's Vineyard, Smugglers Notch, VT with five friends to hike, biking and swimming; and Albania, Bosnia, Croatia, and Slovenia in November, and Cuba in March. I became an Independent Travel Agent for Grand Circle Travel and Overseas Adventure Travel (OAT) last summer and I love it even if I don't make a cent. Get in touch with me if you are interested and I will introduce you to awesome travel with an amazing company. I have taken five trips with them, giving up my solo trave

and other tour companies for a much

safer and more enriching experience. I

had a wonderful time with my grand-children, ages 30 years and 22 months, and great grandchild, 4 years. I am decently healthy and active in Zumba, bridge, hiking, biking, kayaking, boating and all winter sports. I belong to two book clubs, play scrabble and Words With Friends online. Further, I attend many performances in the art world. Life is good, especially when it is filled with family and friends. Warmly and with great memories of our days at the

Martha Wentworth Sanborn visited with Sibyl Nye Erdman the week before Easter. She had a wonderful time meeting Sibyl's new granddaughter.

'Brook.' Picture from Tirana, Albania."

Cynthia Noble Travis writes, "My husband Don and I live on 265 acres and have raised a few horses over the years We have 3 children, 8 grandchildren, and 3 great-grandchildren. Last year we celebrated our 50th anniversary. We recently sold our living quarter horse trailer that we had used many years to attend out-of-state trail rides. We have a new RV and have made a couple trips to National parks and other places of interest. We hope to visit all the states we have not yet seen and continue our annual cross country travel to spend summers in Maine — away from the Texas heat! After some fall foliage viewing, we head back to Texas where winters are quite mild and pleasant. I guess we would claim the best of both worlds! We're fortunate to continue in good health and be able to enjoy life in our retirement!"

1966

Jean Rockwell Borgers writes, "I live in a small town, Wilmington, NY in the Adirondack mountains. My husband, Ken, and I are avid downhill skiers and hikers. We are members of the 46-R Club which means we have hiked the highest peaks in the Adirondack Mountains. We are active in our parish and sing in the choir. We keep in touch with my former roommate, Alice Fromer Leighton."

Bette A. O'Connor writes, "It does not seem possible that 50 years have lapsed since our graduation when I last saw so many of my classmates. My life has been simple, working in the medical field as a Medical Secretary for a senior urologist at the Massachusetts General Hospital. In the 1980s I combined my hobby of telecommunications with my medical contacts to open a medical-based telecommunications hub for doctors in the metro Boston area. When I was a teenager I made the decision to work hard to retire at the age of 46. I worked a

few days beyond that and have enjoyed the past decades roaming the open seas along the north east corridor or winters in the Caribbean aboard my sail boat. I started sailing as a teenager and loved every moment of hoisting the sails and puttering around various ports. I took a hiatus from being a nomadic wanderer in 2000 when George H. Crawford, United States Naval Academy, class of 1954 and Harvard Law, class of 1961, caught me with a hook and line. First and only marriage. The spinster turned into a young widow in 2003 with George's death and I returned to my home on the seas. I live year-round aboard a small motor yacht in Charlestown, MA, with my feline. I bounce about the harbor not in the 'beast' but my small center console, to the grocery store, to dinner and day trips up the Charles or Mystic River. I remain an avid skier, play tennis, enjoy a good game of cribbage, singing, volunteer in the boating community, sit on the board of the United States Power and Sail Squadron, swim daily, and live aboard my beast on the waters of Boston Harbor year-round. I like driving fast cars, not burning dinner, and recently returned to the work force in telecommunications. With the proper weather window, I will take the stink pot up the

coast to Portland Harbor so I can

attend the Reunion. Life has been an adventure, which it should be for all.

Being able to live my dreams and life on my terms has been a blessing not many have the opportunity to explore."



Linda Aharonian Zavalick writes, "Pictured left to right: Barbara Dower Matyskiel, myself, and Arlene Plennert Fisher. This is the 5th year the 3 of us have gotten together in Harwich Port, Cape Cod. We were friends while in college and I have fortunately been able to renew friendships with both of them since I moved from Connecticut to Massachusetts 9 years ago. Taking a picture together has become an annual tradition — we always stand in the same order which is part of the 'ritual.' Hoping to see many classmates at the 50th reunion in June!"

1967

John (Jack) A. Deering writes, "For those in the class of SFC 1967, our 50th Reunion is coming in 2017! Hope to see you at SFC-UNE Alumni Weekend!"

Liana Flewelling DeMerchant writes, "I enjoy visits with my grandchildren."

Neil T. Loew writes, "Retired in 2011 after 44 years at Bishop Feehan High School in Attleboro, MA. Living in East Falmouth, MA now. Welcomed my third grandchild, Abigail Mary Loew, on June 17, 2015, to my son Patrick and wife Marissa to join grandson Brandon (14) and granddaughter Julia (10) of daughter Karen Loew Taranto of Franklin. Enjoying retirement and travel with my wife Joyce. Our son Brian is Director of Development for Patient Programs at UCLA Medical."

1968

Paul V. Ciochetti writes, "I was elected to my 5th term on the Waterbury, Connecticut Board of Alderman. I have served Waterbury as a teacher and principal for 35 years and I now run the Parking Division of the Waterbury Police Department. I am also a five-term Waterbury Police Commissioner and past Vice President of the Police

Commissioners Associations of Connecticut. I am married to a saint (Debbie) who puts up with this still crazy guy on a daily basis!"

1970

Annette Billings Candage writes,

"We own the lobster dealership 'The Lobster Crate' and I run 'The Sleigh Bell Shoppe and Retail' part of the Lobster Crate. I retired from Dental Hygiene in 2005. I loved it but find running the Sleigh Bell Shoppe very rewarding. We have two married sons and both work in our business. Coastal Maine agrees with us and come to visit if you can."

Linda M. Hooper writes, "I retired from Fidelity Investments in 2010 after a 40-year career. I enjoy spending lots of time with my horse, Dutchmaster!"

Priscilla Batten Nation writes, "2015 started off great. In April arrived a new granddaughter named Logan. That same month our house sold and we moved to Avon, IN in the middle of May to be closer to our kids and grandkids. I'm up in Brunswick, ME at least four times a year visiting my mother at Thornton Oaks and my sister on Orrs Island. In between I do yoga.

knit, read, attend church and take care of the grandkids. This year will be our 46th wedding anniversary. Looking forward to a fabulous 2016."

Janice Audet Yanoscik writes, "Hi All.

The years pass so fast and the time to catch up is in order. My career as a Dental Hygienist is still a full-time career. With my RDHEF and Ph.D. in psychology, I feel very blessed and am active in my small community in So. Cal. My start at Westbrook opened many doors for me and a lifetime adventure in science and dentistry has kept me on the cutting edge. A love of family, good friends and LIFE have rounded out my dreams. My husband of many years has put up with my antics and we enjoy our life together. He is a CFO for a small computer company and a controller of a boutique wine company. Our love of travel has taken us to many exotic places and we continue to find new adventures as we grow older together. Our son, Cameron, the love of our lives, is now back in the USA. After college, he lived and worked in Beijing and Nanjing, China teaching English to Chinese children for four years. He also was instrumental in opening several new schools in China during his stay there. He now works in So. Cal. for a company that caters to domestic and foreign Chinese students as a director of Student Services. He travels to the

east coast and mid-west for business. We three are planning a trip to Switzerland this summer for the wedding of a family friend, and the adventures continue... All my best to other alumni and keep on flossing!"

1971

James A. Mullins writes, "We were blessed with our third grandson, Finn, this past year. I have been retired a few years now and have been delivering Meals On Wheels, and I love it!"

1972



William J. Barry, Jr. is an Elmcrest Country Club member, and recently teamed with Jack Kearney to capture the MGA Senior Four-Ball Gold Championship. Bill is a former golf standout at St. Francis College. Bill Barry is pictured on the left.

William T. Reynolds writes, "My wife walked the Komen 3-Day Breast Cancer Walk this past fall. As usual I was there cheering on the walkers and passing out Red Vines. 2,500 pieces this year."

Deborah Stevens writes, "I recently saw in my graduation notes that when asked 'What's next?' my answer was 'Go with the flow...' How could I have known that my awesome Dental Hygiene career would serendipitously segue into acupuncture school and travels to India, into Tibetan refugee camps, where I did checkups on everyone to prep them for any dental teams that might pass through. But I was there doing acupuncture energy work. I have an electric acupuncture practice in an old church in MA and I do sound exploration in vibration with gongs, tuning forks, metal and crystal bowls, universal frequencies with body, nature meridians and cosmos."

Carol E. Williams writes, "I continue to work part-time in dental hygiene in a clinic for patients with special disabilities. Also, I continue to work as a dental hygiene examiner for the Commission on Dental Competency Assessments (CDCA) (NERB). I also finished up some work with From the First Tooth project for medical providers. I also enjoy time with grandsons and hiking and biking."

1973

Irene Ferland Theriault writes, "I am the Dental Director of Space Coast Volunteers in Medicine Dental Clinic (volunteer position). We enjoyed a lovely trip to Europe to visit our daughter and son-in-law who were stationed in Germany. We visited Germany, Belgium, France, Italy, and a bit of Switzerland. We also welcomed our grandchild in January 2016. My husband is still working at Atlantic Ortho, and we have been married for 43 years."

1975

Susan M. Anderson writes, "In August 2016 we'll celebrate our 40th wedding anniversary! We have three grandsons and one granddaughter. We still have

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our dental practice, but look forward to retiring soon! In fall of 2015, **Carol Mink Anderson** and Sue **Denett Engle** joined me down in Hilton Head for a get-together, and Carol has had us up at her lake house in Maine. Fun times! We enjoyed the 40th reunion last June!"

Jill Baker Kelly writes, "I'm in my third year of practicing dental hygiene independently in Acton, ME. My business is Orchardside Dental Hygiene LLC and it is going great! I sub at the office of my collaborating dentist periodically and love my professional life. I also have four grandchildren. So blessed and all is good."



Donald E. MacGillivray writes,
"Pictured left to right are, Joseph M.
Bresnahan, Jr., James F. Lulves,
Robert L. Sohm, and me. We get
together several times a year for golf,
hockey and beverages, and have the best
time. I would love to hear from the Padua
and Resurrection City contingent. My
email is demacgil329@gmail.com."

 $\textbf{Amy Wandrisco Robinson} \ \text{writes},$

"We are in Kansas again for the winter with Calvin's quail guiding business. I had both hips replaced in 2015 and feel 20 years younger!"

1976

Erica Larson Epling writes, "Since graduation I moved around a bit: deciding where I wanted to live, moving and then finding a job. With a nursing degree it was easy! I've been married for 30 years and my husband Mel and I now live in Port Townsend, Washington. I am an avid knitter and gardener; we enjoy traveling, camping, biking and walking our dog. My nursing career has included working in child/adolescent psychiatry, clinics and med-surg. I've enjoyed it very much, but am looking forward to retiring!"

Joni Hardwick Maliszewski writes, "Hi W.C. Classmates! Can't believe we are coming up on 40 years! It would be amazing to see you all, let's work on that! I retired from dental hygiene in 2014 after the passing of my sweet employer of 17 years. Working with special needs adults was so fulfilling, I knew I'd never be happy doing anything else — not to mention, I can barely grip

anything anymore. Now I volunteer at

the Hope Clinic for women, The Franklin Theatre, Heritage Foundation in Franklin, and The Village Chapel, mentoring new moms! Lance and I always welcome company to visit Nashville! Until July when we will be grandparents for the first time! We might be too busy then!"

Robin Jane Solvang writes, "I live and work in Manhattan, New York, and work in a private practice as a dental hygienist. I also have a farm in upstate New York and work part time upstate treating special needs patients. I am also an artist with galleries in New York City and upstate New York."

1977

Teresa Tombarelli Blouin writes, "Glen, myself, our children, and grandchildren are all doing well — something I am extremely grateful for. I am eager to retire from full-time employment, to travel and enjoy life more but that is a few years away. I am actively researching options to work part-time from home in two years. Since buying a place on Lake Winnipesaukee three years ago, retirement has been more and more on my mind. For now, we enjoy as much time as we can carve out by the water creating wonderful family memories. I

am still working with the State of New Hampshire in finance/budgeting, a job I thoroughly enjoy. **Paula Goulet Bywater** is doing well and has four grandchildren. My best to you! Stay healthy, the best years are ahead."

Carol Knybel Graziano writes, "Rick and I recently celebrated our 36th wedding anniversary with a long relaxing weekend in Rhode Island.
Congratulations to my stepdaughter, Darcie who got married this past October to Mar Schwab, so my family grew by '6 feet.' Rick and I now have a new son-in-law and two new grandchildren, Emi and Zoe. We are excited about our retirement future and plan to move to North Carolina in a couple of years!"

Susan Dee Mersereau writes, "I retired and moved from Massachusetts to Maine. I'm looking forward to my first grandchild due March 2016."

1978

Kathryn J. Bascom-Rich writes,

"Happy 2016 to the Class of '78! Wow, where did the time go? This will be our 38th year since we graduated from W.C. Let's all start thinking about attending our 40th reunion in 2 years. It would be wonderful to see you. My

husband and I live in my hometown and have been transplanted from Texas for 8 years now. I have become more involved at Westbrook College as I am in my 2nd term of the W.C. Alumni Board of Directors. It's a great way to get involved if anyone is interested. I got to visit with my roommate last fall. She and husband Dennis are still in Florida and doing well. I hope we hear from many of you. Don't forget — we have a page on Facebook. Join us so we can catch up!"



Peter A. Ciccarelli with Thomas E.

Murphy, Timothy M. Duffy and

Donny Robinson — Photo taken at the

Winter Classic Alumni Hockey Event
on 12/31 at Gillette Stadium.

Nancy L. Marstaller writes, "I'm working as a special education teacher with 7th and 8th graders in Topsham Maine, where I've been many years now. I love working with middle schoolers and am glad I don't have to go

through that age again. My husband is doing the site work and will be building a house nearby for our daughter who works at Central Maine Botanical Gardens. Our son just finished hiking the Appalachian Trail. He's been a cheesemaker the past few years. We are blessed to have some family nearby, as well as others scattered as far as Ramallah to our east and Vancouver, BC to our west."

1979

Gregory A. Paulhus writes, "I became a grandfather in June 2015 to a girl, Logan Elle Jacques. I also made a career change to become a substance abuse disorder counselor at North Cottage Program in Norton, MA. Lastly, I was nominated and voted in as the SFC-UNE Alumni Council President. I am honored to do this."

1981

Dawn Lane Tibbetts writes, "I am still a practicing dental hygienist in Rochester, New Hampshire. Going to UNE was one of the best decisions of my life! I have been married for 32 years and have 2 daughters. My younger daughter is also a UNE alum of 2014! I see

Patricia Fillion Gust often. She is my inspiration! We love to travel and hang around the house too!"

1982

Daniel C. Abesh writes, "I am in the Cherry Hill, New Jersey area, practicing medicine."

Nancy J. Crocker writes, "So I have had

a major life change. The dentist I started working for upon graduation has retired so I'm now working a second career as an education technician. I felt very lucky to have the Auburn School Department hire me to work at Edward Little High School. Otherwise I'm still enjoying my grandsons, four-wheeler rides and camping in Eustis. Hope to see all fellow graduates at our 35th class reunion in 2017."

Lila Payson Littlefield writes, "I have been married 32 years, and have been a Maine Wildlife Park volunteer for 21 years."

1983

Anne Bishop Harris writes, "Our son Ethan is a sophomore studying Medical Biology at UNE in Biddeford."

1984

Jeffrey Wayne Glassheim writes, "My eldest daughter Elyssa Gwen Glassheim has graduated summa cum laude (a ridiculous 4.18 GPA) with a B.S. in Biochemistry from the University of New Mexico, Albuquerque on 12/11/15. She is in the midst of her medical college applications and YES, UNE COM is on her short list and so she will be the 2nd Glassheim applicant. My youngest daughter, Brenna Chase Glassheim has begun her college studies at my alma mater, Temple University, where she was accepted into the Fox School of Business, matriculating 8/24/15 as a freshman majoring in accounting. My parents, Ronald and Glenda Glassheim have relocated to Middletown New Jersey to be closer to my sister, after living their whole adult lives in Long Island, NY. As for me? I will update in the next issue . . . too proud of my girls for this next one come Spring!"

1986

Deborah Swett O'Reilly writes, "I have been with Bill (MMA '86) since 1985 and married 27 years in July. Our daughter Chelsea 25, and son Bill 21, luckily are both living in upstate New York as well and in 2017 will both be

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college graduates. Bill is a Power Plant Consultant and goes all over the US and world so we have had some great travels to go to wherever he has been. I have stayed in closest touch with Amy Sue Otero Therrien and we are looking forward to another one of our moms' getaway trips to the Caribbean this fall. It's hard to believe 30 years have gone by. We went to visit the campus last summer and thankfully it looks pretty much the same. Although sad to say, Ginn Hall, where there are definitely some great memories, is no longer a dorm."

1987

Robert S. Powell writes, "I have moved from community mental health for the Commonwealth of Massachusetts DMH to serving our veterans at the White River Junction VA hospital in Vermont. My family and I are enjoying the change and the area!"

1988

Suzanne Henry Berry writes, "I have been working as a pediatric occupational therapist since graduation. I am happily employed in the Braintree Public Schools and Braintree Pediatric Clinic. Tom and

I have been married for 24 years and live in Milton, Ma. We have three children: Andara, a senior at UMass Amherst; Maeve, a junior at Ithaca College; and Shane a sophomore at Milton High School. I would love to hear from my old friends! I think of them often."

Heidi Ordway Hutchins writes, "I

celebrated twenty years of marriage with my husband Corey last summer. I have two teenage sons, Chase and Cole. I have worked in the telecommunications field for 17 years. This past summer I left my job at Fairpoint to start a career in real estate. I am so happy that I made this change! I am also a home stager. This summer my family and I will be moving back to our hometown area of Newport, Maine. We will build a new home on the lake. Everyone is excited! I am also a proud breast cancer survivor and celebrated six years this past October. Life is good and I embrace it every day!"

Cynthia Parent Paine writes, "After 19 years, I left my legal job to join the ranks of non-profit. I am the Executive Director for The Pixel Fund, an animal rescue. I am also volunteering for Make a Wish Maine on an ongoing basis and love it. I live in Cumberland Foreside with my husband and 17-year-old son."

1990

Karen Walls Fox writes, "Hi, UNE friends. I currently work at Gorham House full-time, as a part-time per diem at New England Rehab in Portland, and have my own private business. I am blessed with two great children, Emerson, 17, and Sydney, 13. I enjoy being very involved with my children's activities. I also love traveling, going to the beach and going 'upta' camp."

Susan P. Raschal writes, "My husband of 22 years and I are enjoying ourselves at an allergy conference in St. Thomas, US Virgin Islands. If there was ever a great place for a medical school reunion, it's in the Caribbean!"

1992

Shari Golding Cass writes, "I recently graduated with my transitional doctorate from NeuroRTI. The focus of study was to specialize in neuro rehabilitation. I continue to work full-time at the Cheshire Medical Center in Keene, NH and raise my two children. John is a freshman at UNH and Rachel is a freshman in high school."

Robert J. Courtney writes, "I am a certified wound care RN with Home Health Agency."

1993

Thomas W. Smith writes, "I continue to work part-time with Dana C. Lane, CPA in Saco, Maine and as a bookkeeper for my son's business, Clark Painting, Inc. in Westbrook, Maine. I also sing with the Portland Community chorus and the 'Magic of Christmas' Chorus with the Portland Symphony."

1994

Jeremiah J. Lowney writes, "I am having fun working at Internal Medicine in our private practice with my dad and brother. Many UNECOM students are passing through and the school is still sending out great future doctors! Happy to report my 25th wedding anniversary is this year and I am very proud of my four awesome daughters!"

1995

Leah Perocchi Wright writes, "I'm very busy as the Vice President of Performance at VNA Home Health Hospice where I have worked for almost 18 years. We are a statewide agency now and I have enjoyed traveling up to 'The County.' We still travel to Disney every year because we are crazy!!

Darryl Wright and I now have a freshman in high school! He keeps tabs on her with his work on the Gorham School Board. We also have a 5th grader who keeps us very busy in a Dance Company. It was a great time seeing a few friends at the 20th reunion last June."

1996

been married to **Christopher M. LaFontano** for almost 18 years. Together we are raising two outstanding daughters and co-own a multispecialty private practice in Aurora, Colorado. I am a busy Family Practitioner, and Chris is a Sport and Spine specialist who also treats the athletes at Denver University."

Julie B. Van de Water writes, "I have

1998

Kimothy A. Varga writes, "I recently started a new position as an OT in an inpatient orthopedic hospital after 14 years in acute rehab. Even though I miss working with patients who have neurological deficits, I'm enjoying my new position. I'm a mom of an amazing 5-year-old girl who brings laughter and adventure to our lives every day."

1999

Dawn Towle, MSEd writes, "In 1999 I started teaching Kindergarten in Bath, NH, and in 2003 I married Theodore A. Nelson. Our first daughter, Lillian Marie, was born in 2006, and our second daughter Emily Ann was born in 2009. In 2010 we purchased our first house. In 2015 Grandma Nelson turned 97, and Grandad Nelson turned 99."

2000

Jonathan Bayuk writes, "I started and am President of a new group practice of Allergists and Immunologists called Allergy and Immunology Associates of New England. I am also the current President of the Massachusetts Asthma and Allergy Society and the President-Elect of the New England Society of Allergy."

Gerald Maloney, Jr. is now head of emergency toxicology at one of the busiest emergency departments in the country, the only Level I trauma center in Cleveland, Metro Health Medical Center.

Hagos Deres Tsadik writes, "I was born 10/7/1960 in Ethiopia. After Atse Yohannes High School graduation I went to the University of Moscow State, Russia, and studied sociology and earned a Ph.D. and M.S. there in 1993, followed by an M.S.W. from UNE in 2000. Since July, I have been employed at the Department of Health and Human Services as a case worker with Adults Disabilities and Aging Department Services."

2002



Eric S. Hibma writes, "My wife and I are in the process of adopting three additional children whom we fostered. We have three biological children, and one we previously adopted.



Megan O'Connor Phelan writes, "I am the mom of two amazing children, Connor, 11, and Dionis, 7. Both kids keep my husband and myself active

between soccer, baseball, gymnastics, and skiing. This Spring, I will finish my master's degree in Education at UNE. I am currently teaching integrated technology in New York to elementary students. I am lucky enough to be teaching in the same school as my two kids. In the summer months we spend our time at our house in Rockland, Maine where we all enjoy sailing."

2004

Melanie A. Khan writes, "I just had my second baby! It's a girl!:) Her name is Madison Ava Vincuilla. I am working as an RN at Saint Vincent Hospital on a cardiac floor."



Travis R. Knapp writes, "I married Katy Mower Knapp, on November 11, 2006. We have two sons, Travis Knapp, Jr., born in 2010, and Patrick Knapp, born in 2012. Katy and I met at UNE on the Portland campus during school and later married. We lived and worked in Maine until 2012 when we relocated

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to Vermont. I currently practice Anesthesia at Copley Hospital in Morrisville, Vermont. Katy manages our household, volunteers at the boys' school and works part-time at Hardwick, Vermont practicing Dental Hygiene. In my free time I have an active woodworking and exotic lumber business with a large following on Instagram @rarewoods.us. Even though we live in Vermont we spend more time vacationing in Maine than we ever did when we lived there full-time. We spend our summers in Wells at the beach and winters in Millinocket. snowmobiling."

2006

Patricia M. Jamiol writes, "I am a Public School Clinician employed through Spurwink. My role is to see children in grades K-6 who need outpatient counseling for mental health issues. I am currently located in Auburn at Washburn Elementary School, where my office is based. We are based in a school setting so that our clients can access weekly and ongoing mental health services when they normally wouldn't be able to due to transportation issues as well as low socioeconomic status and stressors. I am also a business owner and co-own my own photography business. We specialize in weddings,

portraits, and commercial photography in Maine and throughout New England. I majored in psychology and minored in art, so I am proud to say that I put both of my concentrations to good use after graduating!"

Robert M. Valleau writes "I am working at Northwestern Memorial Hospital as a hospitalist in Internal Medicine and have been living here for 5 years. I moved from Iowa City, where I completed IM residency at the University of Iowa Hospitals and Clinics.'

Tara H. Whelan writes, "Kennedy Grace Whelan - born 6/15/2015!!"

2007



Meagan E. Blodgett writes, "I married Donald Dunbar! The wedding was in Ware and Sturbridge, Massachusetts

and bridesmaids included Amanda Johnson Holmes, Rachel Seawards Graceffa, and Katie O'Donnell Twombly, all UNE grads!"

Amanda G. Querry is finishing up a military service obligation in 2016 with the Navy. She is a proud mom of Greyson, 3, and Evalyn, 9 months.

2008



Tanya A. Hanke writes, "I got married on October 2, 2015, and was able to be joined by classmates Bethany A. Bruzzi, Jacque D. Ciarlo, Aileen V. Tiro, and Matthew A. Mittiga."



Melissa Hudson Osborn writes, "I completed my Doctor of Nursing Practice at Gonzaga University on December 18, 2015. My research project titled Efficiency on Ondansetron as a Prophylactic Antihypotensive Pharmacologic Invention Among Obese Parturient Undergoing Spinal Anesthesia for Cesarean Delivery was completed in collaboration with Dr. Edward Bilsky and is pending publication. I also serve as the Committee Chair for the Washington State Association of Nurse Anesthetists Public Relations Committee."

2009

Tina and John Paine writes, "Our daughter, Erica N. Paine '09 is a Health Educator serving Fort Irwin Army Base in California. She left New England for the opportunity because she wanted to 'give back' to our service men and women and their families.'

Marc Paquet is currently the head athletic trainer for the Stockton Heat. In addition to his athletic training certification. Marc is also a certified performance enhancements specialist through the National Academy of Sports Medicine. Marc earned his Masters of Education in Kinesiology from Bowling Green State University.

2010

Julie A. Linnell writes, "I am in San Diego working as a school nurse — I love working with the kids!"



Samantha Reid writes. "I am running the Boston marathon in April, 2016 for the Target Cancer Foundation. They raise money for rare cancer research,

specifically bile duct cancer and esophageal cancer. Last April, my sister and I were lucky enough to run the 2015 Boston Marathon together, our first marathon. It was something we had dreamed of doing for years in memory of our dad and it finally became a reality. Throughout this journey, I hope to spread awareness, raise money for something important to me, tackle the challenge of marathon training and make my dad proud."

Ashley M. Traverse-Taylor writes, "As of now, I am working towards focusing myself. I have had many ups and downs and have traveled across the United States twice since I graduated from UNE. Maine to Vegas and now, happily, back in good ol' Saco, Maine. It has been a wild rollercoaster, but I am loving every second of it. Currently, I am pursuing my thespian career at Biddeford City Theater by training for the musical 'West Side Story,' along with actively training for a Woman's Fitness Competition in October, 2016 with my best friend, Lauren. Other than that, I have started my own business. A's Whole-istic Healing, and have decided to go back to school, to become a Family Matters Attorney as well as a Guardian Ad Litem. Hope all is well with everyone, old and new at UNE!"

2011



Stephanie M. Podolski writes. "Currently, I am a hospitalist with Maine General Health. I am a three-time graduate from UNE, both the Biddeford and Portland campuses. I find both joy and a sense of accomplishment in providing compassionate, quality-driven patient and family-center care. My goal is to quickly help people get back to the things they loved doing before being hospitalized for an illness or injury. I currently live in the midcoast area of Maine and am an avid outdoorswoman I spend most of my time outside of work hiking, kayaking, biking, or gardening with my family. I am also an avid athlete and compete in triathlons of varying levels, up to half IRONMAN. I am most proud of being elected to the Maine Association of Physician Assistants as the vice president. In this role I hope

to use my dual public health and physician assistant training to impact the aging population in Maine, with quality of life in health at the forefront."

2012



Julie E. Bigelow writes, "I am now in my third year as head athletic trainer for Seacrest Country Day School in Naples, FL. In 2015 I took a bigger role through Perfect Game Baseball USA and I work as the athletic trainer for them full-time in the summer covering tournaments and showcases. I recently got my personal training certification through the ACSM. I am also a softball pitching instructor for girls of all ages, and I use my personal training certification to incorporate strength and conditioning into their pitching programs. In August of 2015 I moved to Fort Myers, FL to Bonita Springs, FL."

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Kimberly M. Simms writes,

"Dr. Christopher Beavers, 2015 graduate of the College of Pharmacy and Kimberly Simms, RDH, 2012 graduate of the Westbrook College of Health Profession's Dental Hygiene program announce their engagement. Chris and Kim met on campus in 2010 and are to be married on September 30, 2017."

2013



Andrew P. Murray is engaged to Dr. Ashley Holland of Westbrook, ME. The two met while applying for Residency Programs in Milwaukee.

Sean T. O'Sullivan was married in September of 2014 and welcomed his first child in October of 2015. He is finishing up at Central Maine Med and is pursuing a fellowship at Maine Med.

2014



married **Ryan D. Doyle**, in January, 2015. We are both in our second year of residency in Grand Rapids, Michigan in obgyn and psychiatry."

Meredith K. Carbone writes. "I



Alyssa E. Doody and Nathan Howlett celebrated their marriage on August 29, 2015. The two met while pursuing medical degrees at UNE.



Kaylee M. Dubois writes, "I joined the United States Air Force to serve my country as a photojournalist."

Heather J. McIlroy writes, "After completing my Master of Science in International Management degree from Franklin University Switzerland, I just recently got a full time job at Good Sports, Inc. Good Sports is a nonprofit organization which gives all kids the lifelong benefits of sport and

physical activity by providing new equipment, apparel and footwear to those most in need."

Jenna Cruite Powers will be entering the Ph.D. program at the University of Connecticut School of Social Work this fall. Jenna is eager to move her career forward with this additional education, which will allow her to create systemslevel improvements in order to promote social inclusion. During her time at UConn, Jenna will be trained as a professor and researcher in the area of community organizing, program development and political social work. Her goal is to teach and empower social workers to be leaders of social justice initiatives that create efficient and sustainable progressive change.

2016



Linda Moore writes, "I am a 2016 graduate of the Online Master of Social Work program."



STAY ON TOP

OF UNE NEWS

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and follow UNE on

fand @unetweets

IN MEMORIAM

1936

Margaret Wright Boll

Westbrook Junior College February 23, 2011

1937

Priscilla Theriault Fisher

Westbrook Junior College April 4, 2015

1939

Caroline Flagg Mebane Westbrook Junior College

September 21, 2015

1940

Florence Stinchfield Day

Westbrook Junior College November 10, 2015

Dorothy Hill Deming

Westbrrook Junior College December 24, 2015 1941

Jeanette Elizabeth Taylor Bryant

Westbrook Junior College January 28, 2016

Dorothy Helen Collins

Westbrook Junior College November 9, 2015

Dorothy Dupont Knowles

Westbrook Junior College October 7, 2015

1943

Joyce McLean Mahler

Westbrook Junior College September 18, 2015

Margaret Coulson Smith

Westbrook Junior College December 9, 2015

Frances Lempert Stone

Westbrook Junior College October 28, 2015 Betty Cooper Wallenthin

Westbrook Junior College January 31, 2016

Barbara Titcomb Wilde

Westbrook Junior College February 27, 2016

Flora Davis Wilson

Westbrook Junior College January 6, 2016

1944

Virginia E. Dow

Westbrook Junior College November 7, 2015

1946

Martha Burton Conley

Westbrook Junior College December 3, 2015

Barbara Hicks Hardman

Westbrook Junior College July 10, 2015 Lois Banks Johnson

Westbrook Junior College November 24, 2015

Jane Hunter Mason

Westbrook Junior College April 14, 2015

Sally Blanchard Vaughan

Westbrook Junior College December 12, 2015

Carolyn "Kay" Wood

Westbrook Junior College March 1, 2016

1947

Constance Kennison Beedy

Westbrook Junior College January 5, 2016

Pauline Ruth McIntosh

Westbrook Junior College March 21, 2015

Mildred Louise Pearce

Westbrook Junior College November 1, 2015 1948

Bette Allcorn Carnahan

Westbrook Junior College June 30, 2015

Janet Porter Hooker

Westbrook Junior College February 24, 2016

1950

Martha Sylvester Dearden

Westbrook Junior College February 5, 2016

Irene Buyniski Rice

Westbrook Junior College May 15, 2012

1951

Vivienne Goldfarb Jones

Westbrook Junior College June 9, 2015 1952

Barbara Mary Ann Walker Leason

Westbrook Junior College November 18, 2015

1953

Marilyn Clement Calder

Westbrook Junior College March 12, 2016

1954

Judith Weeks Harlow

Westbrook Junior College October 24, 2015

1955

Gloria Sellar Boatright

Westbrook Junior College March 15, 2016

Barbara Dunn Moody

Westbrook Junior College November 26, 2015 1956

Elenora Keating Dale

Westbrook Junior College February 24, 2015

Eunice Stanwood Geary

Westbrook Junior College December 19, 2015

June Schramm Groover

Westbrook Junior College September 3, 2014

Pamela Jessop Miley

Westbrook Junior College January 1, 2016

Ellie Keating Dale Paltrineri

Westbrook Junior College February 24, 2015

Eunice Gamage Sigler
Westbrook Junior College

March 25, 2016

1958

Vivian Day Addison

Westbrook Junior College December 11, 2015

1960

Joann Lindsay Skold

Westbrook Junior College September 12, 2015



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1961

Jacqueline Panagrossi Allen

Westbrook Junior College January 18, 2015

Helen-Mar Wilbur Cantwell

Westbrook Junior College January 31, 1997

Barbara Holmes Coffey

Westbrook Junior College September 28, 2015

Susan Lamb Murphy

Westbrook Junior College May 29, 2014

J. Victor Poulin

St. Francis College February 19, 2016

Joan McElroy Solari

Westbrook Junior College May 5, 2006

Joan Sacco Sullivan

Westbrook Junior College December 15, 2015

1962

Barbara Williamson Friedman Westbrook Junior College

2014

Tacy F. Hartley

Westbrook Junior College November 7, 2015

1963

Joan Merrill Weeks

Westbrook Junior College December 19, 2015

1964

Daniel Beaulieu

St. Francis College January 8, 2016

1965

Henry V. McAuley

St. Francis College May 8, 2004

Cynthia Ann Butler Pederson

Westbrook Junior College October 23, 2015

Macia Macdonald Reed

Westbrook Junior College September 12, 2015

1966

John J. "Jack" Jaworski

St. Francis College April 4, 2015

Gaetano F. Santa Lucia Ph.D.

St. Francis College January 28, 2016

1971

John Paul Orlowski

St. Francis College October 29, 2015 1972

Frances Palmer Clough

Westbrook College June 11, 2015

1975

Carl A. Chudzik

St. Francis College March 14, 2016

1977

Charles E. Benge

Westbrook College March 6, 2016

Douglas J. Derrin

St Francis College February 1, 2013

1978

Jane Eileen Treworgy

Westbrook College October 21, 2015

1979

Sally Blanchard Maynard

Westbrook College December 9, 2015

Virginia M. Nelson

St. Francis College January 16, 2016

Peter Allan Reynolds

Westbrook College January 23, 2016

1981

Timothy A. Byrnes

St. Francis College November 1, 2015

Susan Elizabeth Smith RN

Westbrook College December 27, 2015 1984

Eileen O'Brion Candelmo

Westbrook College January 22, 2016

1987

Cynthia Bernier

Westbrook College October 26, 2015

1988

Christine Marie Allegretti

Westbrook College

1991

David R. Tolstrup D.O.

February 13, 2016

1992

November 4, 2015

November 22, 2011

College of Osteopathic Medicine

William Frazer Morris D.O.

College of Osteopathic Medicine

1996

Harold Arthur Merian

Westbrook College of Health Professions September 30, 2015

FRIENDS

Laurence E. Bouchard D.O., HON '94

College of Osteopathic Medicine December 11, 2015

Delwood Coleman Damboise, D.D.S.

Westbrook Junior College January 7, 2016

Ellen Louise Littlefield Doubleday

Westbrook Junior College January 22, 2016

Judith Magyar Isaacson, HON '95 Westbrook College

November 10, 2015

Priscilla Hubon McCarty

Westbrook Junior College February 21, 2016

Ida K. Morrison

Westbrook Junior College January 22, 2016

J. Jerry Rodos, D.O.

College of Osteopathic Medicine January 21, 2016

Richard Roberts HA

April 13, 2016

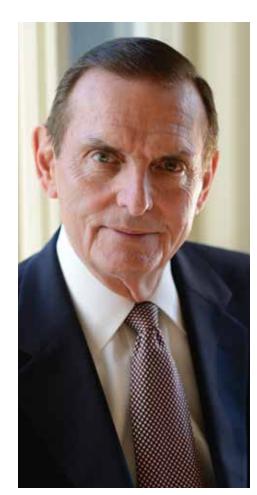


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TRANSITIONS

THE UNFLAPPABLE DEAN

BY PHILIP SHELLEY



Douglas L. Wood, who will be stepping down as dean of UNE COM this fall, brought calm to a period of transition at the college.

Kathryn Brandt, D.O., M.S., M.Ed.L., chair of primary care and clinical associate professor, remembers when Douglas L. Wood, D.O., Ph.D., FACOI, first arrived at UNE COM in November, 2012, to take up his appointment as the college's new dean. At the time, UNE COM was going through a period of upheaval due to a major class-size increase, a radical top-to-bottom curricular change and a revolving-door period of interim deans. It was a situation that might have given many new administrators pause.

Not Dean Wood.

"He was just unflappable," recalls Brandt. "He just kind of took it all in. He is a very good listener, and I think he had a calming effect, just helping to turn the volume down a little bit — which was absolutely what was needed at that time."

Although the groundwork for the changes had been laid before his arrival, it was Wood who shepherded the plans into practice. Says Brandt, "The execution was very difficult and had to be presided over by a central leader." She thinks for a moment and continues, "He did what we needed him to do, which was to set a tone and create a forum where productive activity and conversations could be had — so we could increase the class size by an enormous percentage and enact the vision of the longitudinal curriculum that had not been done before."

Patricia Kelley, associate dean of Recruitment, Student and Alumni Services, remembers Wood as a dedicated and innovative educator. She points out that Wood is not only a physician but also has a Ph.D. in medical education from Wayne State University. Explains Kelley: "Curricular design is something that Dr. Wood brings to the table, always asking us to think about innovation and how we can be more effective and responsive in delivering our curriculum." Talking about Wood's direct impact on the design of Leonard Hall, she channels his spirit, asking, "Does the physical space mirror how we want to deliver that curriculum? How do we utilize technology in a different way?"

Kelley puts Wood's focus on medical education in perspective, saying, "There are only 160-some-odd medical schools in the United

States. Dr. Wood really sees being the dean of a medical school as a unique privilege — not only to influence medical education but to influence the health care that those medical students will subsequently deliver to their future patients."

Summing it all up, Brandt reflects, "He got us through those transitions, and he didn't do it loudly. He's not a flashy guy, you know? But he created the space that he needed to create for that to happen, and I think UNE COM is in a much better place than it was when he arrived."

CAPTIONS

Left page: Douglas L. Wood

Clockwise from top: Wood talks with students in the Sewall Osteopathic Medicine Skills Laboratory; At his desk in Stella Maris; Standing with students outside the New England Osteopathic Heritage Center office.







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NURSING SCHOLARSHIP HONORS A MOTHER'S LEGACY

BY EMMA BOUTHILLETTE '08



Decades before the establishment of competitive academic nursing programs at Maine's universities, there existed a school for aspiring nurses at the now-defunct Maine Eye and Ear Infirmary. In the 1930s, this school inspired a young Mabel Colter Lalumiere to leave her home in New Brunswick, Canada, and travel to Portland, Maine. It was there that Mabel developed her skills in caregiving and her passion for nursing.

Through a fellow student, Mabel met her husband. The couple married, settled in Portland and raised two children. Although she had practiced nursing prior to motherhood, Lalumiere's career took off only after her children reached high school age. Following a brief refresher course, she was hired as a floor nurse at Maine Medical Center. She worked her way through various positions before becoming the head nurse in the hospital's nursery.

"My mother was a very compassionate person, and in combination with her leadership skills, that's what made her so successful. What inspired me was her dedication and commitment to nursing. She really enjoyed helping people," said daughter Marilyn Lalumiere, WJC '62.

Mabel retired in 1977, leaving behind a legacy of having cared for so many of Portland's babies and new mothers. When Mabel passed away in 1981, Marilyn began to think of ways to honor her mother's work. In addition, she also began thinking about ways to honor her own experience at Westbrook College.

Doubly inspired, Marilyn founded the Mabel I. Lalumiere Nursing Memorial Scholarship in 1984 at Westbrook College. When Westbrook merged with the University of New England in 1998, the scholarship fund went along for the ride. Every year the scholarship is awarded to a nursing student who exhibits financial need and good academic standing. With a new planned gift, Marilyn hopes this scholarship will continue to assist nursing students in perpetuity.

"As I was thinking about my estate plans, I decided to make another gift to the University of New England. Besides continuing to honor my mother, I want to make this most recent gift to show my appreciation for the education I received," said Marilyn.

Marilyn's education at Westbrook College laid the foundation for a long and successful career. While she did not follow her mother's footsteps and pursue nursing, Marilyn inherited her mother's compassion and leadership skills. After graduating, Marilyn worked for Westbrook College's Development Office, overseeing major renovation projects, before leaving to take a position at the Maine Public Broadcasting Network. The majority of her career — 21 years — was spent working for the Portland Museum of Art where she was the director of development.

Marilyn's gift is the perfect way for her to pay it forward to future UNE graduates. According to Bernice Mills, WC '76, M.S., B.S., RDH, assistant dean for Student and Clinical Affairs in the Westbrook College of Health Professions, scholarships are integral to student success, especially when many who enroll in UNE's competitive nursing program are the first in their families to attend college. "A scholarship gives that extra push for students when things get tough. It shows that someone believes in them," said Mills.

Mills also noted that Marilyn's recent gift goes hand-in-hand with the university's strong emphasis on service and community involvement. "This is really a way to build on civic responsibility and gain a better understanding of global community," said Mills.



Jen Morton, WC '83, D.N.P., M.S., M.P.H., RN, associate professor and chair in the Department of Nursing, told us, "It is money well spent on a student with incredible integrity. Receiving a scholarship demonstrates initiative and recognizes the student's strengths."

Marilyn hopes her recent gift will help inspire others to give back to the institution that has launched so many careers. She said, "I'm impressed how much the university has grown since I was a student. What they provide for education is so important. I think about my experience and want to show appreciation. Giving a financial gift to UNE is one way to show my appreciation."



CAPTIONS

Left page: Marilyn Lalumiere, WC '62, founder of the Mabel I. Lalumiere Nursing Memorial Scholarship

Above from left: Bernice Mills '76, M.S., B.S., RDH, assistant dean for Student and Clinical Affairs in the Westbrook College of Health Professions; Jennifer Morton '83, D.N.P., M.S., M.P.H., RN, associate professor and chair in the Department of Nursing.

ABOUT THE AUTHOR

Emma Bouthillette '08 is a communications specialist for Maine Limousine Service and is currently researching her forthcoming book *Biddeford*: A *Brief History* with an anticipated publish date of May 2017.

FIRST PERSON

CARRYING THE FUTURE

BY JENNIFER GUNDERMAN



Since 2011, close to five million refugees from Syria, Iraq and Afghanistan have fled their homes, making the long, perilous journey to Europe in hopes of escaping a brutal war (in the case of Syria) and general violence, political unrest and severe economic insecurity (in the cases of Iraq and Afghanistan). This past February, Jennifer Gunderman, M.P.H., an assistant lecturer in UNE's School of Community and Population Health, traveled to Athens as a volunteer with Carry the Future, a Californiabased organization that provides refugee families with baby and child carriers. Jennifer's travels were generously supported by UNE, and her students pitched in, packing hundreds of donated carriers for the trip. Jennifer provided us with this first-hand report, which is partially adapted from a blog she maintained while overseas.

I am back in Maine, but part of me is still in Greece. I think about when the next refugee boat will arrive in the port. I listen to the news to hear about the latest border closings. I wonder where the people I met are on their journeys. Are they well fed, warm and being greeted with open minds and hearts?

Most of the refugees who arrive in Athens are from Syria, Iraq and Afghanistan. Fleeing danger in their home countries, they travel to

Turkey where they pay a smuggler to get on a rubber raft and cross the sea to one of the Greek islands. Once on an island, they are registered as refugees and pay to travel by ferry to Athens. Those who do not have money for a ticket stay in a camp on the island.

When they arrive in Athens, my team and I are waiting at the port for them to disembark. Once they leave the ship, they can take a taxi or a bus to the Macedonian border; or, if they have no money, they stay in a camp or in a city square.

Along the way, there are organizations providing various necessities, from food, clothing, medical care, and backpacks, to clowns for the kids. As part of the Carry the Future team, we meet refugees as they're leaving the boat, before they get on a taxi or bus. We also go to the camps and city squares. We fit parents and other family members with baby carriers, as well as distribute hats, mittens, toys, socks, blankets and granola bars. The material things are greatly appreciated, but it's the nurturing and kindness that we get thanked for the most.

One morning we greeted a small boat with about 70 refugees on board. There were a few families that we were able to fit with baby

carriers. We spent time supporting one family in particular. It was a dad and an aunt from Iraq with six sons, one of them a one-month-old baby whose mother died along the journey. They traveled to Athens from one of the islands, and they still had a long way to go. They decided to wait at the port for the 6 p.m. ferry, hoping other family members would arrive.

They planned to continue by bus to the Macedonian border, but were taking it day-by-day — really moment-by-moment. As one of the sons told me in the English he learned from reading a dictionary, "Family is most important." Between our efforts and other donations, the family received a baby carrier, food, toiletries and other basic supplies. We soothed the baby, played with the kids and tried to offer moments of kindness in their difficult journey. I tied one of the sons' shoes and thought, "If this world was a bit gentler, his mom would be tying his shoes right now."

As an epidemiologist, this experience was a lesson in looking beyond the numbers and instead looking at the people and listening to the stories that make the statistics. I feel compelled now to share these stories and to educate people about the truth. As a public health professional, I



want the world to demand safe passage for people fleeing from dangers that, thankfully, many of us cannot even begin to fathom.

The great jazz musician and civil rights activist Lena Horne once said, "It's not the load that breaks you down, it's the way you carry it." In Greece I saw thousands of people fleeing war carrying everything they had in their arms and on their bodies. They carried their children, their belongings and the paperwork that could make or break their chances for a safe life — and in their hearts and minds, they carried their incredible stories of violence and survival.

Their physical, mental and spiritual loads seemed insurmountable, but they carried it all with courage, grace and hope. As an educator at UNE, it is my responsibility to take this transformative experience and convey it through teachable lessons. If I am successful, I will empower my students to carry their own loads with greater strength, while inspiring them to lighten the loads of others who are struggling.

CAPTIONS

Left page: After a treacherous journey across the Aegean Sea, a baby enjoys a happy moment with Jen Gunderman.

Above: Baby carriers lighten the load for a Syrian family who are carrying everything they own.

The year of OPPORTUNITY UNE MOVING FORWARD

ANNOUNCING UNE'S YEAR OF OPPORTUNITY

When UNE launched the public phase of the Moving Forward comprehensive campaign in March of 2014, generous lead donors had already helped us raise close to \$40 million of our \$60 million goal. Now, as we enter the final year of the campaign, we have been fortunate to receive many more gifts, large and small, to bring us even closer to reaching our goal by May 31, 2017, when the campaign ends.

In keeping with UNE's entrepreneurial spirit, we developed three campaign themes: Opportunity, Innovation and Place. Thanks in large part to the success of the campaign to date, the Place keeps growing and the Innovation keeps happening. So while we will continue to push for support in those areas, there is a reason we are calling this last year of the campaign the Year of Opportunity.

The Vision 2017 ten-year strategic plan developed under the leadership of President Danielle N. Ripich is largely completed. But before we can declare the campaign a complete success, we still have a little more work to do in order to ensure that every student who aspires to be part of the UNE experience has the Opportunity to do so. That's why contributions for scholarships and student support will be our primary focus during the final year of the Moving Forward campaign.

Campaigns are primarily about raising financial support, but they are also about raising awareness and appreciation; they are about galvanizing an extended community and bringing people closer together. This coming year is about giving as many people as possible the Opportunity to be a part of the success of this campaign and the future of this incredible institution: the University of New England. Join the thousands who have given millions, and give or give again.

THE OPPORTUNITY IS NOW!

Willaid Chance

WILLIAM CHANCE | VICE PRESIDENT INSTITUTIONAL ADVANCEMENT





BY THE NUMBERS

8 DECADES OF ALUMNI PARTICIPATED 1940s 1950s 1960s 1970s 1980s 1990s 2000s 2010s 1960s 1960s 1960s 1960s 2010s







