



## **Enhanced Community Health Rotation in rural Northern Maine**

Maine AHEC Network Program Office is looking for motivated and energetic third year medical students interested to participate in a unique community-based rural Community Health Rotation in Aroostook County, Maine's most northern county. This program began in October 2014 and will be entering its second cohort year beginning August 2015.

### **Why is it Unique?**

Health care providers and community members in Aroostook County have come together to create a program to ensure that students who participate have the best possible rural health experience. They have developed a program where students:

- Are mentored by trained and engaged preceptors
- Have direct one-on-one interaction with providers and patients that will build your skills and confidence
- Actively engage in the community to better understand the people and rural life by participating in a project or community activity.
- Explore interests beyond, or complementary to, clinical practice.
- **Have housing provided free of charge and mileage for one round trip to Aroostook County from the Biddeford campus.**

### **How is This Different from the Current Community Health Rotation?**

The objectives of the Community Health Rotation are the same as those found in your COM Syllabus but AHEC has added to that experience by:

- Providing housing for the student free of charge and mileage to and from Aroostook County (one round trip from the Biddeford campus.)
- Creating opportunities to work with providers and community organizations to create a community experience.
- Assisting you in all aspects of this rotation.

### **Application Process**

- In order to best meet the needs of the student and of the community, you will be asked to complete a short application (no more than two – three pages).
- Applications will be reviewed on a rolling basis by the AHEC Program Office staff and AHEC Advisory Committee members.
- Applications should be completed **AT LEAST** 8 weeks prior to your community health rotation block.
- Approximately 1 or 3 students will be accepted for each block.
- Once accepted, you will be contacted by the AHEC Program Office to plan your experience in Aroostook County.

### **For More Information**

Contact: Maryfrances Smith (207-221-4461 or [msmith4@une.edu](mailto:msmith4@une.edu)) or Karen O'Rourke (207-221-4620 or [korourke3@une.edu](mailto:korourke3@une.edu))



## APPLICATION FORM

### ENHANCED AROOSTOOK COUNTY COMMUNITY HEALTH ROTATION

***Please submit completed application at least 8 weeks prior to your community health rotation block application to: Maryfrances Smith, Program Manager, Maine AHEC Network, [msmith4@une.edu](mailto:msmith4@une.edu).***

Name:

Current Address:

Home State:

Clinical Campus:

Community Health Rotation Block:

Best way to communicate with you (eg. email, cell phone):

Date:

Housing preference (note: depends on availability)

With family in the community (own room and bath)

Apartment on the campus of Northern Maine Community College, Presque Isle

Please provide brief answers (half a page) to the following questions.

1. Why do you want to complete your Community Health Rotation in Aroostook County and what do you hope to gain from this experience?

2. As part of the Aroostook experience you will be given an opportunity to participate in a community activity and/or project. Describe community projects that may be of interest to you (e.g. working with schools on health project, community nutrition education programs, home visits with a public health nurse, tobacco education programs, etc.)

3. What activities, educational opportunities or other experiences would you like to have during this community health rotation to make it unique or an exceptional learning opportunity?

Other comments: