What’s New?
Putting recent obesity research to work in Maine!

Workshop-At-A-Glance

8:00- 8:30 Registration & Continental Breakfast

8:30 – 8:45 Welcome & Overview
Charles Deutsch, Sc.D. & Kala Ladenheim, Ph.D.

Purpose of the Day
Karen O’Rourke, MPH

8:45 – 9:35 Impact of Maine’s Statewide Rule on High School Nutrition Environments & Students’ Dietary Behaviors
Janet Whatley Blum, Ph.D. University of Southern Maine, Dept. of Exercise, Health and Sport Sciences

9:35 – 9:55 Table Discussion – Translating Research to Practice

9:55 – 10:10 Take Time & Break

10:10- 10:25 Report Back and Comment
Janet Whatley Blum, Ph.D. & Barbara Raymond-Nichols, Director of School Nutrition Programs for the Augusta School Department

10:25 – 11:15 The Vermont Worksite Wellness Project
Robert Ross, Ph.D., Maine-Harvard Prevention Research Center

11:15 – 11:35 Table Discussion – Translating Research to Practice

11:35 – 12:00 Report Back and Comment
Robert Ross, Ph.D. & Tom Downing, USM Lifeline Center

12:00 – 1:00 Lunch

1:00 – 2:00 The Spread of Obesity in Large Social Networks
Nicholas Christakis, MD, Ph.D., MPH, Dept. of Health Care Policy, Harvard Medical School

2:00 – 2:30 Table Discussion – Translating Research to Practice

2:30 – 2:45 Break & Dessert

2:45 – 3:15 Report Back and Comment
Nicholas Christakis, MD, Ph.D. MPH & Steve Gortmaker, Ph.D. Harvard Prevention Research Center

3:15 – 3:30 Final Comments and Adjourn
David Crawford MPH, PAN Program & Charles Deutsch, Sc.D.