Learning To Move & Moving to Learn
Maine-Harvard Prevention Research Center Workshop

December 3rd, 2003
Augusta Civic Center

Please register by: Nov. 26th

Advanced payment is required for attendance. Sorry, no refunds after November 19.

Fee: $45.00 per person

Register by mail, fax or online

Online registration: www.mcph.org
Fax form to 207.629.9277, or
U.S. Mail form to the address below.

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Please include me in the PRC Info Monthly email:
[ ] Yes, Please  [ ] No, Thanks

Call the MCPH office (629-9272) for possible cancellation information due to poor weather/travel conditions.

Mail payment to:
Maine Center for Public Health
12 Church Street
Augusta, Maine 04330

Supporters

American Academy of Pediatrics
Eastern Maine HealthCare
Eastern Maine Medical Center
Healthy Community Coalition serving Greater Franklin County
Healthy Futures, Winthrop
MAHPERD-Maine Association for Health, Physical Education, Recreation and Dance
Maine Chapter American Academy of Pediatrics
Maine Department of Education
Maine Department of Human Services, Bureau of Health
Maine Governor’s Council on Physical Fitness, Sports, Health & Wellness
Maine Nutrition Network
Norumbega Pediatrics
Public Health Division, Health & Human Services Dept., City of Portland
University of Maine Cooperative Extension
University of New England College of Osteopathic Medicine & Certificate of Advanced Graduate Study in Public Health
USM Lifeline Center
WinterKids
Winthrop Family Pediatrics Center
YMCA Alliance of Maine

Third Annual
Maine-Harvard Prevention Research Center Workshop

December 3rd, 2003
Augusta Civic Center, Augusta, Maine

Sponsored by:
Maine Center for Public Health
Harvard Prevention Research Center
Maine Bureau of Health
Maine Cardiovascular Health Council
Maine-Harvard Prevention Research Center began in October 2000 with the mission to provide prevention research, information and dissemination activities in Maine that will lead to improved public health interventions and ultimately to a healthier population. The current goal of this project is to increase physical activity, reduce obesity and improve nutrition in Maine, primarily among children and youth, through an applied research program.

The M-HPRC is a collaboration of the Harvard Prevention Research Center which is funded by the Centers for Disease Control and Prevention, the Maine Center for Public Health and the Maine Bureau of Health.

**Audience**

This workshop is intended for school personnel, community coalition members, and other advocates at the local and state-level who are interested in improving physical activity opportunities in Maine schools.

**Objectives of this conference**

- To present research on the role of physical education / physical activity and overweight youth.
- To review regional recommendations on physical education / physical activity in schools.
- To develop consensus on recommendations for Maine and develop future steps for physical education / physical activity in schools.

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**Maine-Harvard Prevention Research Center Workshop Series**

Russell R. Pate, PhD, is a professor of exercise physiology and chairman of the Department of Exercise Science at the University of South Carolina. Dr. Pate's scholarly work, which is internationally recognized, has focused primarily on the relationships between physical activity and health in children and adolescents. Dr. Pate has served as president of the American College of Sports Medicine and as chairman of the Physical Fitness Council of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) and has been recognized with Scholar Awards from both organizations.

**Speaker**

William H. (Bill) Potts-Datema, MS, of the Harvard School of Public Health, has worked at the intersection of the fields of health and education for 21 years. His career includes service from local and national levels, including positions such as junior and high school classroom teacher. Currently, Mr. Potts-Datema serves as director of Partnerships for Children's Health (PCH) at the Harvard School of Public Health in Boston, MA. PCH works to build strategic relationships among higher education, state government, and communities to improve health and educational outcomes for children and youth. He is a life member of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD), American School Health Association (ASHA), and National Parent-Teacher Association (PTA) among many affiliations.

**Moderators**

Charles Deutsch, ScD, Co-director, Harvard Prevention Research Center

Paul Campbell, MPA, ScD, President, Maine Center for Public Health