Equation for Optimal Learning

Personal History

(beliefs, experiences, values, knowledge)

+

Present Circumstances

(environment, feelings, people, contest, goals, moods)

+

Input (5 senses)

(visual, auditory, kinesthetic, olfactory, or gustatory)

+

Processing (learning preference)

(states, left/right hemisphere, abstract or concrete)

+

Meaning

(connecting experience, data and stimuli to form conclusions and create patterns that give our lives meaning)

+

Responses (7 intelligences)

(verbal-linguistic, spatial, bodily kinesthetic, musical-rhythmic, mathematical-logical, intrapersonal, interpersonal)

=

Optimal Learning