Maine Medical Center
Grand Rounds

Title: Insomnia in the Critically-Ill

Schedule: May 3, 2016
Dana Center, Classroom #9
2:00-3:00 pm

Audience: Accredited for Pharmacists and Technicians
Other interested health care professionals welcomed

Credits: 1 Contact Hour –knowledge based
0837-9999-16-063-L01-P/T

Presenter: Lauren Payne, PharmD
PGY2 Critical Care Resident
Maine Medical Center

Learning Objectives:
After attending this program participants will be able to:
1. Identify barriers to quality to sleep in the intense care unit (ICU)
2. Describe how changes in sleep architecture influence the patient experience
3. Evaluate non-pharmacologic and pharmacologic treatment strategies for insomnia
4. Design a treatment plan for a patient exhibiting poor sleep in the ICU

Requirements for Receiving CE Credit:
• Successful completion of post-presentation questions
• Participation at live program
• Complete program evaluation form

Statement of Disclosure: Disclosure will be made on the day of the program regarding any interest or affiliation a speaker may have with a supporting organization

This program is approved under program provider #0837-9999-16-063-L01-P/T by the Accreditation Council for Pharmacy Education for 1.0 contact hours or .1 CEU’s

University of New England College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of Continuing Education.