Maine Youth Overweight Collaborative Logic Model

**Clinical Practice Process**
- Measurable health-care improvement goals and objectives are set, based on evidence
- Practice commits to measurable change
- Leadership team is identified
- Learning sessions are attended
- Regular progress reports to practice and staff
- Regular communication within practice and with Senior leader about progress
- Communicate improvement changes within the practice and support with data
- Identify specific steps for spreading and sustaining changes within the practice

**System Improvement Process**
- Improved community Linkages and partnerships
- Knowledgeable and skilled provider teams
- Strategic practice and Collaborative improvement changes based on data
- Sustainability of practice System changes

**Initial Outcomes**
- Patients’ and families’ improved nutrition and physical activity & TV
  Knowledge attitudes, Beliefs, and Skills among:

**Intermediate Outcomes**
- Provider team members’ improved nutrition and physical activity & self-management
  Knowledge attitudes, Beliefs, and Skills

**Long-Term Outcomes**
- Health: Improved:
  - BMI
  - Triglycerides
  - Cholesterol
  - Others
- Quality of Life: Depression, Productivity, Adult Health (reduced sequelae)
- Reduced Cost: Future health system savings, Cost per positive outcome

**Resources**
- Collaborative Staff
- Consultants
- Community Resources
- Clinical Practices

**Access to Quality Services for All Including Underserved Populations**