Maine Partnership to Improve Dementia Care in Nursing Homes

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Disclosure

- The presenter has no affiliations with drug companies or financial conflict of interests.
Objective

- Understand the importance of reducing the use of antipsychotic medications for individuals with dementia.
- Raise awareness of national and state activities related to this initiative.
Priority – Paradigm Shift

• 2011 OIG report - high use of atypical antipsychotic medications for “off-label” indications among nursing home residents.

• Serious side effects; an increased risk of death in this population led to a Federal Drug Administration (FDA) black box warning related to antipsychotic use in older adults with dementia.
National Partnership to Improve Dementia Care in Nursing Homes

• CMS developed in March 2012
• Improve dementia care and optimize behavioral health
• Person-centered, individualized interventions
• Reduce unnecessary antipsychotic medication use in nursing homes and eventually other care settings
• Attention to other potentially harmful medications
National Activities & Resources

• Advancing Excellence Campaign in America’s Nursing Homes
  • [www.nhqualitycampaign.org](http://www.nhqualitycampaign.org)

• American Health Care Association (AHCA) Quality Initiative
  • [http://www.ahcancal.org/quality_improvement/qualityinitiative/Pages/default.aspx](http://www.ahcancal.org/quality_improvement/qualityinitiative/Pages/default.aspx)

• “Hand in Hand” Training (DVD series) distributed to all nursing homes across the country in December 2012.

• National Provider Calls

• F309 & F329 surveyor guidance revisions – May 2013
Maine Partnership to Improve Dementia Care

• Formed in July 2012 led by Brenda Gallant & Holly Harmon
• Goal: provide education and support to all 107 nursing homes
• Stakeholder participation from QIO, LTCOP, MHCA, CCC/LANE, OADS, Nursing home & Assisted Living providers, DLRS, MMDA and others
• Monthly/every other month meetings
• Work plan
Maine Partnership Activities

• October 1, 2012 statewide training conference
  • Thanks to donations & support from MMDA, QIO, Maine Health Access Foundation, LTCOP & CCC/LANE
  • Dr. Susan Wehry & Sharon Roberson from CMS
  • 200+ attendees
  • Participant feedback very positive and showed strong desire for more training and education
Maine Partnership Activities

• Statewide “Moving Towards Person Directed Dementia Care” training for direct care staff in eight regional locations across the state in April and May 2013

• Learning circle at end of each training session
  • 200+ attendees representing CNA, CRMA, Nurses, Activities Professionals, Social Workers, Occupational Therapists, Housekeeping & Food Services

• First Annual Workshop in September 2013

• Breakout session for leadership at MHCA Fall Conference in October 2013

• Train-the-Trainer “Moving Towards Person Directed Dementia Care” in November 2013
Maine Partnership Activities

• Long-Term Care Ombudsman Program staff & volunteers outreach to nursing homes
  • Dialogue & awareness
• Adapted Advancing Excellence Consumer Fact sheet for use in Maine
• Communication outreach through Maine Health Care Association (MHCA)
• Physician/provider education in collaboration with Maine Medical Directors Association
Goal & Progress

• Goal: Reduce national prevalence rate of antipsychotic medication use in long-stay nursing home residents by 15% by December 31, 2012 (2013)

• Progress: Over 18 months, the national prevalence of antipsychotic use in long-stay NH residents was reduced by 15.1% (the prevalence rate decreased from 23.8% to 20.2%) and every CMS region showed at least some improvement

• Maine reduced 26.1% (the prevalence rate decreased from 27.2% to 20.1%), fifth most improved state in U.S.
Words of Wisdom

We did the best we could with what we knew, when we knew better, we did better. -Maya Angelou
The Journey Continues...

• Focus on:
  • Person-centered care principles
  • Individualized approaches
  • Systems-based framework for quality improvement
Rethink, Reconnect, Restore

- Rethink
  - Our approach to dementia care
- Reconnect
  - With residents via person-centered care practices
- Restore
  - Good health and quality of life
References/Resources

- [www.nhqualitycampaign.org](http://www.nhqualitycampaign.org)
- [http://www.ahcancal.org/quality_improvement/qualityinitiative/Pages/default.aspx](http://www.ahcancal.org/quality_improvement/qualityinitiative/Pages/default.aspx)
- [http://mehca.org/](http://mehca.org/)
- [http://maineculturechange.org/](http://maineculturechange.org/)
Thank you!!

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