



Maine Partnership to Improve Dementia Care in Nursing Homes

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Disclosure

- **The presenter has no affiliations with drug companies or financial conflict of interests.**

Objective

- Understand the importance of reducing the use of antipsychotic medications for individuals with dementia.
- Raise awareness of national and state activities related to this initiative.

Priority – Paradigm Shift

- 2011 OIG report - high use of atypical antipsychotic medications for “off-label” indications among nursing home residents.
- Serious side effects; an increased risk of death in this population led to a Federal Drug Administration (FDA) black box warning related to antipsychotic use in older adults with dementia.

National Partnership to Improve Dementia Care in Nursing Homes

- CMS developed in March 2012
- Improve dementia care and optimize behavioral health
- Person-centered, individualized interventions
- Reduce unnecessary antipsychotic medication use in nursing homes and eventually other care settings
- Attention to other potentially harmful medications

National Activities & Resources

- Advancing Excellence Campaign in America's Nursing Homes
 - www.nhqualitycampaign.org
- American Health Care Association (AHCA) Quality Initiative
 - http://www.ahcancal.org/quality_improvement/qualityinitiative/Pages/default.aspx
- “Hand in Hand” Training (DVD series) distributed to all nursing homes across the country in December 2012.
 - <http://www.cms-handinhandtoolkit.info/index.aspx>
- National Provider Calls
- F309 & F329 surveyor guidance revisions – May 2013

Maine Partnership to Improve Dementia Care

- Formed in July 2012 led by Brenda Gallant & Holly Harmon
- Goal: provide education and support to all 107 nursing homes
- Stakeholder participation from QIO, LTCOP, MHCA, CCC/LANE, OADS, Nursing home & Assisted Living providers, DLRS, MMDA and others
- Monthly/every other month meetings
- Work plan

Maine Partnership Activities

- October 1, 2012 statewide training conference
 - Thanks to donations & support from MMDA, QIO, Maine Health Access Foundation, LTCOP & CCC/LANE
 - Dr. Susan Wehry & Sharon Roberson from CMS
 - 200+ attendees
 - Participant feedback very positive and showed strong desire for more training and education

Maine Partnership Activities

- Statewide “Moving Towards Person Directed Dementia Care” training for direct care staff in eight regional locations across the state in April and May 2013
- Learning circle at end of each training session
 - 200+ attendees representing CNA, CRMA, Nurses, Activities Professionals, Social Workers, Occupational Therapists, Housekeeping & Food Services
- First Annual Workshop in September 2013
- Breakout session for leadership at MHCA Fall Conference in October 2013
- Train-the-Trainer “Moving Towards Person Directed Dementia Care” in November 2013

Maine Partnership Activities

- Long-Term Care Ombudsman Program staff & volunteers outreach to nursing homes
 - Dialogue & awareness
- Adapted Advancing Excellence Consumer Fact sheet for use in Maine
- Communication outreach through Maine Health Care Association (MHCA)
- Physician/provider education in collaboration with Maine Medical Directors Association

Goal & Progress

- Goal: Reduce national prevalence rate of antipsychotic medication use in long-stay nursing home residents by 15% by December 31, 2012 (2013)
- Progress: Over 18 months, the national prevalence of antipsychotic use in long-stay NH residents was reduced by 15.1% (the prevalence rate decreased from 23.8% to 20.2%) and every CMS region showed at least some improvement
- Maine reduced 26.1% (the prevalence rate decreased from 27.2% to 20.1%), fifth most improved state in U.S.



Words of Wisdom

We did the best we could with what we
knew, when we knew better, we did
better. -Maya Angelou

The Journey Continues...

- Focus on:
 - Person-centered care principles
 - Individualized approaches
 - Systems-based framework for quality improvement

Rethink, Reconnect, Restore

- Rethink
 - Our approach to dementia care
- Reconnect
 - With residents via person-centered care practices
- Restore
 - Good health and quality of life

References/Resources

- <http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Downloads/Survey-and-Cert-Letter-14-19.pdf>
- <http://surveyortraining.cms.hhs.gov/pubs/AntiPsychoticMedHome.aspx>
- www.nhqualitycampaign.org
- http://www.ahcancal.org/quality_improvement/qualityinitiative/Pages/default.aspx
- <http://www.cms-handinhandtoolkit.info/index.aspx>
- <http://mehca.org/>
- <http://www.maineombudsman.org/>
- <http://maineculturechange.org/>
- <http://www.mainemda.com/about-the-coalition.html>
- <http://www.nhcqf.org/>

Thank you!!

- Brenda Gallant, RN

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