University of New England College of Osteopathic Medicine

OMM Advanced Approach

Recognizing the Fascia as a True Holistic Network

UNE Biddeford Campus - October 25-26, 2014

Agenda

Saturday, October 25, 2014, 8:00 a.m. – 5:00 p.m.

7:30 A.M. Registration and Continental Breakfast
8:00 A.M. Introductions and Overview of Course
8:30 A.M. Whole body integration of techniques taught in the OMM introductory series
           Small Group Work: Identify/Diagnose Somatic Dysfunction, Discuss Treatment Technique
           Options and Apply Osteopathic Techniques
10:00 A.M. Break
10:15 A.M. Small Group Work continues
12:30 P.M. Lunch
1:00 P.M. Group discussion of three articles* relating to the latest research on the fascial system
           Concepts covered: Biotensegrity from the cellular level to organism wide,
           Mechanotransduction, Cellular Mechanisms supporting the effect of OMT, AND Fascia as a
           Holistic complex biological system. *Articles to be sent to attendees prior to the course.
3:00 P.M. Lab: Myofascial release: Overview of the technique, Application of the technique, Practice
           Applying MFR to areas of the body

Sunday, October 26, 2014, 8:00 a.m. – 12:00 p.m.

7:30 A.M. Continental Breakfast
8:00 A.M. Myofascial Release: Practice applying MFR to areas of the body
10:00 A.M. Break
10:15 A.M. Fascial Exercise: How to keep the Fascia Healthy
11:45 A.M. Wrap Up and Evaluation

The University of New England College of Osteopathic Medicine is accredited by the AOA and the Maine Medical Association’s council on continuing medical education to provide continuing medical education for physicians. UNE has requested that the AOA Council on CME approve this program for a maximum of 12.0 credits of AOA Category 1-A. Approval is currently pending.