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September-October 2013 edition

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UNECOM Faculty Highlight

Stay tuned...

Message from the Dean

Douglas L. Wood, DO, PhD, FACOI, Vice President for Health Affairs and Dean of the College of Osteopathic Medicine

So – How is it Going?

Over the past few weeks, I have been asked that question quite often – the reference is to the increase in class size and how are we doing with a first year class of 175 students. I will have to admit that I have asked the same question of COM faculty and staff. Overall, the responses I have received have been positive with the majority of faculty and staff feeling that things are going well. I also have discussed the same issue with first year COM students and generally the response is positive. So, we can assume that we are moving in a positive direction. We can attribute this to several things with the efforts of faculty and staff at the top of that list. We are all thankful that we have many very dedicated persons within both the faculty and staff who have given many, many hours to making this effort a success. I personally give my heartfelt appreciation to all of you who have given so much of your time and skill in providing educational opportunities for our students.



Dean Douglas L. Wood, DO

Of course, the students themselves do deserve a great deal of credit. I have had the opportunity to welcome many medical school incoming classes, but none with the intelligence, skill and dedication as demonstrated by the UNECOM Class of 2017. I am sure you students will continue along the same path for all of your medical training.

Finally, I would be remiss, if I did not thank Kathy and Bob Leonard for helping us to provide such a wonderful facility for teaching and learning. Leonard Hall is a building which I am certain will be emulated elsewhere.

### The Graduate Medical Education (GME) Years

It is fair to say that the medical education literature over the past few years has been replete with articles about significant change in the four years of medical school. That same literature has stressed the integration of the basic sciences and the clinical sciences which most medical schools in the U.S. have undertaken in various ways. Quite a few of the same schools have been very successful in just about fully integrating the two above mentioned components of the continuum of medical education.

Finally, we are starting to see an increase in the published papers which are discussing needed change in GME. One of the issues being addressed is that a significant amount of teaching-learning in GME is of the preceptorial variety described basically as a physician working closely with one or two students. Many of us learned well via this method, but medical educators are exploring ways whereby students could learn more efficiently and effectively.

I bring all of this up in that here is yet another opportunity where UNECOM could gain more prominence by developing ways to increase the efficiency and effectiveness of GME education. This would be in partnership with our community campuses.

### The Future

We continue to work on various items which would lead UNECOM into the position of the preeminent osteopathic medical school in the U.S. I plan on devoting considerable space in the following issue of The Communicator to this issue.

## News & Events

### One of the Best in the North

The University of New England is ranked one of the **"Best Universities"** in the North that offer "a full range of undergraduate and master's programs" in the 2014 edition of "America's Best Colleges," [U.S. News & World Report](#). UNE rose seven spots in the top tier of this category. "UNE continues to focus on delivering quality education together with unique experiences that provide meaningful and proven value to our students, stated UNE President Danielle N. Ripich, Ph.D. "We are pleased that US News & World Report recognizes that, and our 2014 Best Colleges listing reflects UNE's commitment to delivering an outstanding return on investment." In fact, 90 percent of UNE's Class of 2012 students are either employed in their field of choice or pursuing graduate/professional school.



### Highlights from OMED 2013

This year's 2013 OMED Conference took place in Las Vegas Sept. 29 - Oct. 3. At the American Osteopathic Foundation (AOF) Gala held on Sunday evening, **Nicholas Cal, Class of 2014** was recognized as the recipient of the William G. Anderson scholarship. Nicolas and his parents were seated at the table along with Dr. & Mrs. Wood, Ed. Bilsky, Ph.D., Guy DeFeo, DO., Teresa Campbell and Patricia Kelley.



The booth had a great deal of traffic and provided alumni with an opportunity to meet Dr. & Mrs. Wood as this was Dr. Wood's first OMED Conference as Dean of UNECOM. Alumni gathered for dinner at the Red Rock Country Club to re-new acquaintances and hear Dr. Wood's vision of the future. Plans are already under way for next year's alumni event in Seattle.

**Col. William Bograkos, MA, DO ('85),** FACOEP, clinical professor of medical military science, family practice and emergency medicine in the College of Osteopathic Medicine, recently served as conference chair for the American Osteopathic Academy of Addiction Medicine (AOAAM) at this year's Osteopathic Medical Conference and Exposition, which was held in Las Vegas, Nevada, September 30-October 4, 2013.

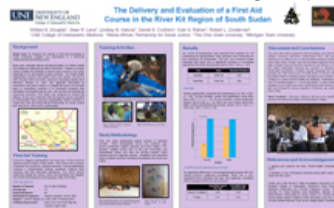


On the first day of the conference, AOAAM and the Association of Military Osteopathic Physicians and Surgeons (AMOPS) joined forces to address the White House Joining Forces initiative. Dr. Bograkos presented a lecture titled "Homecoming: TBI and Psychological Health."

### Three UNECOM Students Present Global Health Research Project at OMED

Three UNECOM second-year medical students, Lindsay Katona, Sean Lena, and William Douglas, and a UNE MPH candidate, Daniel Crothers, attended the AOA's 118th Annual Osteopathic Medical Conference & Exposition (OMED) in Las Vegas, Nevada. In addition to attending the guest lectures, shadowing physicians delivering OMT to conference attendees, and working at the UNECOM booth in the exhibition hall, the students were in Las Vegas to present their research at the 15th Annual AOA Bureau on International Osteopathic Medical Education and Affairs (BIOMEA) international seminar, "Osteopathic Medicine in Humanitarian Care," held in conjunction with OMED. Their poster, entitled, "The Delivery and Evaluation of a First Aid Course in the River Kit Region of South Sudan," was on display at the daylong seminar, which included lectures and a panel discussion. Over twenty posters were on display, and the students had the opportunity to discuss the first aid training program and research project—which was conducted this past summer in Nyolo, South Sudan, the home village of many South Sudanese refugees that now live in the greater Portland, Maine area—with other students and physicians who had participated in various global health research projects.

[Enlarge this photo](#)



The students also attended the national meetings of both DOCARE and the AACOM International Collaborative—two groups that are providing overseas medical opportunities for osteopathic medical students and physicians. Attending BIOMEA and OMED were great experiences for the UNE students, and they are looking forward to presenting their research at future conferences. Please feel free to contact the students for further information or if you have any questions.

### A Visit from AOA President Dr. Norman E. Vinn

On Monday, September 23, AOA President Dr. Norman Vinn spoke to UNECOM medical students at the Biddeford Campus. Dr. Vinn had a dinner on Sunday evening with representatives of the SGA as well as SOMA leadership. When Dr. Vinn visited UNECOM on Monday, he shared his perspective on the osteopathic family as well as a video on the osteopathic hug. Visit our [facebook page](#) for additional photos.



Joe Anderson, OMS II & Allie Doane,  
OMS II with Dr. Norman Vinn

## 2013 White Coat Ceremony

The University of New England College of Osteopathic Medicine (UNECOM) held the its annual White Coat Ceremony to formally recognize the transition students make from lay persons to those assuming the responsibility of physicians in Biddeford, Maine, on Thursday, October 10, 2013. In keeping with tradition, the medical students were presented in their white coats by members of the physician community. UNE President Danielle N. Ripich, Ph.D., UNE Board of Trustees Chair Mark Doiron, Maine Osteopathic Association President Leigh "Jack" Forbush, D.O. '01, and President-Elect of the Maine Medical Association, Lisa Ryan, MD, joined UNECOM Dean Douglas L. Wood, D.O., on the dais and welcomed the first-year students into the house of medicine.



The keynote speaker was Capt. Michael McCarten, D.O.'83, who said, "...I would like to offer four pieces of advice; take your own pulse, be brilliant at the basics, proceed until apprehended, and all politics are local." Dr. McCarten added, "Dream big, you are the next generation, we are passing the torch to you because we truly and generally need your ideas, thoughts and leadership." Ryan Smith, D.O. '10, and president of the UNECOM Alumni Association, led the students in the reading of the osteopathic oath. A reception to honor the Class of 2017 followed. The White Coat Ceremony was an idea conceived by the Arnold P. Gold Foundation to create a psychological contract for professionalism and empathy in medicine.



The first White Coat Ceremony took place in 1993 at Columbia's College of Physicians and Surgeons. Since then, more than 100 other medical schools in the U.S. and abroad have initiated a similar ceremony. The University of New England is a top-ranked independent university with two distinctive campuses located in the coastal communities of Biddeford and Portland, Maine. UNE's College of Osteopathic Medicine is located on UNE's oceanfront Biddeford Campus and emphasizes the education of primary care physicians and is a leader in biomedical research. It is the only Maine-based medical school and the only osteopathic medical school in New England. Twelve percent of all practicing physicians in the state of Maine, 17 percent of Maine's primary care physician workforce, and 25 percent of physicians practicing in Maine's rural areas are UNECOM graduates. The College has graduated more than 2,700 osteopathic physicians since its founding in 1978, and has been recognized by U.S. News & World Report for excellence in geriatric, rural and primary care medical education. For more information, visit [www.une.edu](http://www.une.edu). Visit our [facebook page](#) for additional White Coat photos.

### UNECOM Alumni Reunion Celebrates 3's & 8's

October 11-13, 2013 marked the UNE College of Osteopathic Medicine's annual Alumni Reunion and Continuing Medical Education Weekend. The proceedings—organized jointly by the COM Alumni Association, the COM Continuing Medical Education Office, and the COM Office of Constituent Services, were located on the University's Biddeford Campus, affording alumni an opportunity to visit the current medical school facilities and view the new state of the art classroom, Leonard Hall. For many alums celebrating their reunion year—those who graduated in the classes ending in 3s and 8s—this was their first time returning to campus since graduation, and for some, their first time seeing classmates since graduation. Many remarked on the growth and development of the school from their days as students, when administrative offices, classrooms, and laboratories were all located in Stella Maris Hall, and tall classmates had to stoop to walk through the OMM Lab!



Dean Wood with John Chang, DO '85



L-R: Howard Mintz, DO, Chet Suske, DO & Ryan Smith, DO '10

The weekend's events included workshops and lectures on a variety of topics from Pain Management in Primary Care, ADHD Diagnosis and Treatment to Doctor-Patient Relationship: Personal Experiences, as well as the annual meeting of the COM Alumni Association. All events were well attended, with more than 60 participants at the Reunion Lobster Bake. Many of the CME workshops and lectures were led by COM alumni; current students even contributed. See our [facebook page](#) for additional photos.



L-R: Catching up! Martha Stewart, Mary Ashmore, Lea Gottfredsen & David Palmer, Class of '93

### First Northeast Pre-SOMA Conference Yields a Success!

October 5, 2013 marked the first Annual Northeast Pre-SOMA event at UNECOM. Over 150 Pre-Health/Pre-Medical students and advisors attended this day long event. The day began with keynote speaker, AACOM President and



Stephen Shannon, DO '86

CEO, Stephen Shannon, DO '86, sharing his life and career path.

The afternoon break-out sessions offered students the opportunity to learn; What is Med School like, How to get into Med School, and Osteopathic Manipulative Medicine demonstrations.

We are thankful we had the opportunity to meet such promising students while having the chance to show off our beautiful campus! Visit our [facebook page](#) for additional photos.



#### FELLOWSHIP PROGRAMS:

- The **American Heart Association Founders Affiliate** is sponsoring a medical student research fellowship program. The application submission deadline is **JANUARY 27, 2014 at 5:00 pm Eastern Standard Time**. Please be advised that students who apply for this program must obtain the sponsorship of an established investigator engaged in appropriate cardiovascular research at a research facility within the Founders Affiliate which includes, Maine,

Massachusetts, New Hampshire, New Jersey, New York, Rhode Island and Vermont. The American Heart Association is not responsible for providing the students with appropriate institutions and/or sponsors within the Founders Affiliate.

This fellowship is being administered at the AHA's Founders Affiliate New York City office. For further information please call 212-878-5912. All e-mail inquiries should be sent to attention Mary Gonzalez at: [mary.gonzalez@heart.org](mailto:mary.gonzalez@heart.org). [For additional information and application.](#)

- The **AMSA Academy** is a training ground for physician leaders, established by and for students. The Academy strives to empower medical students to effect change in medicine. Combining didactic with experiential learning, AMSA Academy courses take students through the core competencies of leadership and project implementation, while building on key principles of important topics in medicine. [Visit AMSA Website.](#)

Each program fosters the value of health care must be patient-centered, effective, efficient, safe, equitable, and timely, as identified by the Institute of Medicine. We see our mission as training physician leaders in order to transform the face of medicine.

The Scholar programs include: Cultural Sensitivity, Global Health, Public Health, Sexual Health, Integrative Medicine, Medical Humanities, Health Equity and Patient Safety. Students may contact either Dr Rebecca Rowe at [rowe@une.edu](mailto:rowe@une.edu) or Dr Marilyn Gugliucci (Dr G) at [mgugliucci@une.edu](mailto:mgugliucci@une.edu) if you require any assistance with your application.

- Summer 2014 Fellowship Research Program - **Memorial Sloan-Kettering Cancer Center**: Open to first or second year medical students in good academic standing. Participants receive a stipend of \$5800 for the eight-week program. A list of housing resources will be provided to accepted students. To learn more and apply go to: [www.mskcc.org/summerfellowships](http://www.mskcc.org/summerfellowships)  
**Application deadline: January 13, 2014, @ 5 p.m. EST.**

## Faculty, Staff & Students

**Edward Bilsky, Ph.D.**, University of New England vice president for research and scholarship and professor in the College of Osteopathic Medicine, presented at the annual Osteopathic Medical Conference and Exposition in Las Vegas Nevada. Dr. Bilsky's presentation was entitled "*Neurobiology of Chronic Opioid Administration: Implications for Chronic Pain Management and Addiction Medicine.*" The talk presented some of the latest findings from the laboratory and the clinical literature on the effects that chronic opioid administration can have on the nervous system and body. The presentation was part of an afternoon session jointly sponsored by the American Osteopathic Academy of Addiction Medicine and the American Osteopathic College of Physical Medicine and Rehabilitation.



In addition, Dr. Bilsky presented at the 7th annual Arrowhead Pain Therapeutics Summit East in Boston Massachusetts on September 25, 2013. Dr. Bilsky's presentation was entitled "New Approaches for Preclinical Assessment of Analgesic Efficacy and Side Effects". The talk presented some of the latest approaches in inducing nociceptive (pain) states in animals, measuring the consequences of the pain on behavior and other relevant endpoints, and assessing analgesic candidates as part of the drug development process. The presentation featured data from the laboratories of Drs. Bilsky, Stevenson, Meng, King, Lei and Cao, and described new methods for measuring spontaneous and affective components of pain, as well as pain suppressed behaviors. Arrowhead's ANNUAL PAIN THERAPEUTICS SUMMIT EAST is the US's premier pain conference covering the field of pain research and therapeutics. Leaders from the pharmaceutical, biotech, device and medical communities attend this conference to learn about the latest advances in the treatment of various types of pain and to network with colleagues from industry, the non-profit sector, academia, the medical community, government and investors.

**Geoffrey Bove, D.C., Ph.D.**, an associate research professor in the

Department of Biomedical Sciences, recently received a \$790,000 Research Project Grant, which is funded by the Public Health Service through the National Institutes of General Medical Sciences (NIGMS). The group will be extending Bove and Chapelle's previous studies of abdominal massage to prevent the formation of postsurgical scar tissue and to relieve disruption to the pattern of muscle contractions that move food through the digestive tract, called ileus. [For more on this story.](#)



**John Streicher, Ph.D.**, assistant professor of biomedical sciences, authored an article titled "Functional Selectivity of 6'-Guanidinonaltrindole (6'-GNTI) at  $\kappa$ -Opioid Receptors in Striatal Neurons" that was published in the Journal of Biological Chemistry on August 2nd, 2013. (J Biol Chem. 2013 Aug 2;288(31):22387-98)



In this article, Streicher and colleagues demonstrate that the drug 6'-GNTI specifically induces G protein pathways over  $\beta$ arrestin pathways and that this specificity persists in striatal neurons. This demonstration of functional selectivity at the KOR, especially the revelation that it exists in the endogenous, neuronal setting, has major significance for drug discovery and could pave the way toward designing improved pain therapies for the KOR that specifically target pain without producing unwanted side effects.

Congratulations to **Alyssa Mixon, OMS II** in winning a \$1,000 Miss America Academic Scholarship to continue her studies at the University of New England of Osteopathic Medicine. Her platform for this year's Miss Maine pageant was turning STEM to STEAM (incorporating Arts into the STEM disciplines). [Read more on this story.](#)



**Jasbir Jaswal MD (MMEL 2015)** and **India Broyles EdD** presented a poster/discussion session titled "Competency-based Applied Physics Curriculum for Radiation Oncology and Medical Physics Residents" at the annual joint scientific meeting of the Canadian Association of Radiology Oncology (CARO-ACRO) and the Canadian Organization of Medical Physicists, September 18 – 21, in Montreal CA. Dr. Jaswal is a 5th year resident in radiology oncology at the University of Western Ontario, Schulich School of Medicine & Dentistry, and London Health Sciences Centre, London, Ontario Canada. The new course was designed as her MEL 604 Curriculum Design project in the UNECOM Master's in Medical Education Leadership. [student Clubs & Organizations](#)

**Michael L Spear MD MS.MEdL (MMEL 2013)** created an online neonatal educational module Neonatal Pain: Physiology and Management for his MEL 639 Independent Study that has been published on the international website NICUniversity (<http://www.nicuniversity.org/>), a news and educational resource for the neonatology community.

**Kashif A. Ahmad, MBBS, MSc, MS, PhD (MMEL 2011)** has been promoted to Associate Director, Office of Faculty Development at Northwestern Health Science University and will report directly to the Office of Provost.

## Student Clubs & Organizations

### "Meet the Residents" Series

Written by Written by Andrea Cyr, OMS II, PM&R Co-President

NECOM Physical Medicine and Rehabilitation Club and the Student Osteopathic Medicine Association hosted Dr. Kanakadurga Poduri and UNECOM Alumni Kristen Brusky, DO as part of the "Meet the Residents" series. Dr. Poduri is Residency Director of the Department of Medicine and Rehabilitation at University of Rochester Medical Center. Dr. Brusky is



currently a PM&R 1st-year resident at the University of Rochester Medical Center.

Dr. Poduri explained the field of PM&R and the kind of care physiatrists provide for their patients while maintaining a focus on improving function and quality of life. Dr. Poduri and Dr. Brusky additionally provided valuable insights to what residency directors seek in residency applications and offered advice about how to choose a path into PM&R.

### Feeling Stressed? Take a break with a fuzzy friend!

That first week of exams is always an exceptionally stressful time for first-year medical students. This year COM's Integrative Medicine Club came up with a wonderful solution to help ease some of that stress, at least for an hour or so—Pets Against Work-related Stress (PAWS). During lunch break the day before the big Comprehensive Exam, IMC encouraged students to bring their dogs to campus for an unofficial "pet therapy" session! Many first- and second-years came out to hang out with the dogs, lavish attention on them, and even get some face licks from the friendly companions. There is no question that this event lifted the spirits of even the most stressed-out animal lover! We are all looking forward to more PAWS events in the future!



### Fitness Club Frolics!

On Saturday, September 21 twelve Fitness Club members participated in UNE's Frolic for Flippers 5K. All participants finished the race. Congrats to **Kathryn Kelly, OMS II**, for winning the Fitness Club "Way To Go!" award! The Fitness Club trains with lunch time runs and group fitness classes throughout the week.



### Sigma Sigma Phi is Busy Making the Community a Better Place

Sigma Sigma Phi is back working with the Heart of Biddeford and the Knights of Columbus to clean up Mechanics Park, which was adopted last year. This project has involved weekly trash removal, weeding, raking, mulching, and trimming bushes and shrubs to improve visibility of the Saco River and provide the residents of Biddeford with a clean park. A clean park is better for the environment, invites residents to get outside, and provides an aesthetically pleasing environment for town events held in the park. Park clean-ups occur weekly on Saturdays from 9-11 am, and everyone is welcome!



In addition, Sigma Sigma Phi hosted our first Game Night at the McArthur Home, a retirement housing community in Biddeford. We spent quality time with the residents while playing card and board games, such as cribbage, UNO, and bingo. By creating a fun and positive environment for the residents, we hope to bridge the gap between young and old in the community and promote the health and wellness of the residents. Game Nights happen on the first Friday of every month from 6-8 pm, and everyone is welcome!



### QMED Changes Name to HEAL

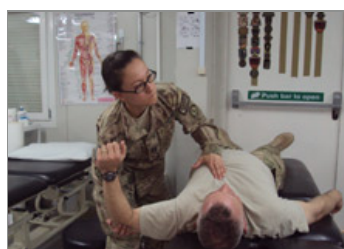
UNECOM's LGBTQ Health group QMed has decided to change their name to HEAI (Health Equality Alliance). This name change supports the group's mission of spreading awareness of the health needs and concerns of patients and physicians in the LGBTQ community, and also helps emphasize the partnership amongst individuals of all orientations in supporting and promoting this mission.

### Alumni Notes

#### "It's Great to be a D.O. in the Army"

by Stephanie Ng, DO, '09, CPT, MC

It's great to be a D.O. in the Army because I bring a skill set that few doctors military doctors have and/or continue to maintain. I have had many patients with "chronic pain" who have been treated with pain meds, injections as well as labeled a malingerer but when they are referred to me, my osteopathic exam reveals actual dysfunction. Through the use of OMT, I have corrected their somatic dysfunction, gotten them off of



unnecessary pain meds, improved their functionality and returned them to duty sooner! Being deployed, I have been able to treat soldiers effectively without the use of medications that would otherwise hinder their missions. As a result of this, I now run an OMT clinic out of my aid station in Afghanistan where I treat soldiers as well as civilians. It was through word of mouth that the General was referred to me for chest/back pain, with negative cardiac evaluation and no improvement with physical therapy. I evaluated him and diagnosed him with rib dysfunction and after a week of treatment, he is back in the gym exercising without any more chest pain!

**Class of '93:** Evelyn Schwalenberg, DO ('93) MS.MEdL (MMEL 2010), was recently hired as Associate Dean for Clinical Education at Midwestern University, Arizona College of Osteopathic Medicine. In her new role, she oversees third- and fourth-year medical student clinical curriculum and clinical clerkships. Dr. Schwalenberg is a graduate of UNECOM and previously served as UNECOM Director of Faculty Development and Assistant Dean of Clinical Education.



[www.alumni.une.edu](http://www.alumni.une.edu)

**Class of '04:** Lisa Dries will be visiting UNECOM on Oct. 11, 2013 to present at a lunch lecture. Dr. Dries will be speaking about the OB/GYN specialty.

**Class of '05:** Katie (Demaree) Lincoln has joined Central Texas Wound Healing Associates and is practicing Wound Care and Hyperbaric Medicine full time. Dr. Lincoln and her husband Matthew Lincoln, '06 welcomed a daughter, Madeline Ann, on March 13, 2013 to join his older brother, James Joseph, 13 months apart!

**Class of '06:** Matthew Lincoln is now the Chief of Gastroenterology Department at Fort Hood, Killeen, Texas. Dr. Lincoln was promoted to Major in July 2012.

**Class of '08:** Luke Wood will be visiting UNECOM on Oct. 12, 2013 to present at a lunch lecture. Dr. Wood will be speaking about EM residencies.

The **MaineHealth Physician Recruitment Center** is an in-house recruitment department for our MaineHealth member and affiliate hospitals across southern, central and western Maine, including Maine Medical Center. We put individuals in direct contact with MaineHealth member hospitals, and are knowledgeable about their communities and hospitals as well. For more information about our current opportunities, please contact Alison C. Nathanson, Director at (207)396-8683 or [nathaa@mainehealth.org](mailto:nathaa@mainehealth.org); James Jasper, Recruitment Coordinator at (207) 396-8789 or [jaspej@mainehealth.org](mailto:jaspej@mainehealth.org). Website: [www.mainehealthphysicians.org](http://www.mainehealthphysicians.org)

## Save the Date

December 7-8, 2013 - OMM Advance Approach CME course, (Whole body Integration with a Special Section on the Pregnant Patient), OMM Lab, UNE, Biddeford Campus. Designed for physicians with a strong OMM background or physicians who attended the UNECOM five-part series *Manual Medicine: An Osteopathic Approach* as the next step in your OMM training. 12.0 hours of CME is pending. Visit [UNECOM CME website](#) for additional information/registration.

October 10-12, 2014 - **Reunion and Primary Care Update 2014**, featuring reunion classes which end in 4s and 9s. If interested in being a Class Host or CME Speaker, please send an e-mail to [RSAS@une.edu](mailto:RSAS@une.edu) indicating your interest. The Planning Committee will begin gathering names and doing outreach to interested parties in December 2013.

## Hail and Farewell

A warm welcome is extended to **David Wayne, Ph.D.**, as he joins the College of Osteopathic Medicine as the new Associate Dean for Planning, Assessment and Innovation. Dr. Wayne is coming to us from A.T. Still University, where he most recently served as Special Assistant to the Senior Vice President—Academic Affairs.

We would like to welcome **Heather Thompson**, as she joins the Office of Constituent Services. Heather will be working in the area associated with recruitment efforts in attracting applicants to the College of Osteopathic Medicine. Welcome aboard Heather!

Congratulations to **Karen Dmytrasz, MD** and **Kristen Mitchell, DO** on their new positions in the Primary Care Department. Dr. Dmytrasz is a graduate of Tufts University School of Medicine in Boston, MA. She completed her post graduate training at Maine Medical Center Family Medicine Residency, Portland, Maine where she was the Chief Resident. Dr. Dymtrasz will primarily be working on Year Two Osteopathic Systems and seeing patients at SMMC Primecare.

Dr. Mitchell is a graduate of the University of New England College of Osteopathic Medicine and Maine Dartmouth Family Medicine Residency in Augusta, Maine. She was most recently at the D.F. D. Russell Medical Center in Monmouth, Maine where she saw a panel of patients for both acute and chronic medical issues. Dr. Mitchell will be working primarily with the Osteopathic Clinical Skills I & II and also at SMMC Primecare.

Welcome to **Kouta Ito, MD**. Dr. Kouta has been working in research in the geriatrics division since Feb 2013 and is now ramping up to full time, working in clinical with MatureCare. He teaches in CBL for year 1 and will also teach out at the nursing facilities. Dr. Ito attended medical school in Tokyo and got a MS in Clinical Epidemiology and Health Services Research from Cornell in 1998. He did his residency in Internal Medicine at Beth Israel/Albert Einstein New York and geriatric fellowship at Beth Israel Deaconess in Boston.

Welcome to **Bill Burge, MD**. Dr Burge arrived in May and is practicing with MatureCare and teaching 4 groups in year 1 CBL. He graduated from Baylor in 1993 and is board certified in Family Medicine. He has experience being in practice for himself, in the ER and in a teaching clinic in San Antonio.

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