

CHCC Volunt CHCC Volunteer Opportunities

26-Jan-18

Volunteers should assist with the entire series/all dates of a class



CHCC Program	Class or Opportunity:	Day of the Week:	Dates:	Time:	Description:	Time Needed Outside of Class (Groceries/Prep/etc.)	Location/Address:	Town:	Educator to Contact:
SNAP-Ed Nutrition Education	Sanford Farmer's Market Children's Nutrition Incentive Program	Saturdays	May - October 2018	Saturdays: 8am - 12pm	Volunteer to assist with the Power of Produce Club; a nutrition incentive program for kids in grades K-8. The program gives free \$2 tokens to kids each week for the purchase of vegetables and fruits. The volunteer would host the PoP booth and be responsible for the registration and distribution of tokens, as well as engaging youth and families at the farmer's market. A brief training is required.	Commute to and from Sanford. Additional activities working on pilot project if desired.	Sanford Farmer's Market: 6 School Street	Sanford, ME	Hilary Kark 602-3596 hwiggins@une.edu
SNAP-Ed Nutrition Education	Creating Nutrition Education Materials	Flexible	n/a	n/a	If you have a knack for arts & crafts, we have a wish-list of nutrition education materials (models, posters, laminated cut-outs) that we would love help creating! Materials will be provided and projects can be completed on an as needed basis. Great opportunity for a student looking to get some volunteer hours!	Variable depending on project and interests	CHCC Office - 655 Main Street, Saco	Saco, ME	Hilary Kark 602-3596 hwiggins@une.edu
SNAP-Ed Nutrition Education	Cooking Matters Adults	Wednesdays	March 14th - April 18th	9:30 - 11:30am - Class Time Volunteer Time: 9 - Noon (includes set up & clean up)	Volunteer to assist with set up, facilitation and clean up of a six week Cooking & Nutrition lesson series. Each class includes a nutrition lesson and hands-on cooking instruction through the preparation of a meal together. Volunteers are requested to commit to the entire series, or at least two sessions.	Volunteer is requested to arrive half an hour before class to set up and stay half an hour after class to clean up. A brief training is required.	The Ledges, 67 Ocean Park Rd	Saco, ME	Hilary Kark 602-3596 hwiggins@une.edu
SNAP-Ed Nutrition Education	Cooking Matters Adults	Thursdays	April 5th - May 10th	1:30 - 3:30pm - Class Time 1 - 4pm - Volunteer time (includes set up and clean up)	Volunteer to assist with set up, facilitation and clean up of a six week Cooking & Nutrition lesson series. Each class includes a nutrition lesson and hands-on cooking instruction through the preparation of a meal together. Volunteers are requested to commit to the entire series, or at least two sessions.	Volunteer is requested to arrive half an hour before class to set up and stay half an hour after class to clean up. A brief training is required.	Saco VA Clinic, SMHC - 655 Main Street	Saco, ME	Shauna Alvarez salvarez@une.edu
SNAP-Ed Nutrition Education	Eat Well, Play Hard	Various Days	November - June	Various Times between 9 - 2:30pm	UNE Student Observation Only - If you are interested in observing our early childhood positive food attitude promotion program in preschools and Headstarts, please reach out with your availability and we will let you know when classes are,	A brief training is required.	Various Schools in York County	Biddeford, Sanford, Springvale, Limington, Saco, Buxton	Hilary Kark 602-3596 hwiggins@une.edu
SNAP-Ed Nutrition Education	Nutrition to Grow On	Various Days	November - June	Various Times between 9:30 - 2:30; mostly afternoon	UNE Student Observation Only - If you are interested in observing our Nutrition & Gardening program in the 4th grade. please reach out with your availability and we will let you know when classes are,	A brief training is required.	Various Schools in York County	Biddeford, Sanford, Limington	Hilary Kark 602-3596 hwiggins@une.edu
SNAP-Ed Nutrition Education	Pick A Better Snack	Various Days	November - May	Various Times between 8 - 2:30pm	UNE Student Observation Only - If you are interested in observing our Fruit or Vegetable of the Month Taste Testing program in grades K-3, please reach out with your availability and we will let you know when classes are,	A brief training is required.	Various Schools in York County	Biddeford, Sanford, Limington, Saco	Hilary Kark 602-3596 hwiggins@une.edu