GPCOG Screening Test

Step 1: Patient Examination
Unless specified, each question should only be asked once

Name and Address for subsequent recall test

1. “I am going to give you a name and address. After I have said it, I want you to repeat it. Remember this name and address because I am going to ask you to tell it to me again in a few minutes: John Brown, 42 West Street, Kensington.” (Allow a maximum of 4 attempts).

Time Orientation

2. What is the date? (exact only)  
   Correct  Incorrect

Clock Drawing – use blank page

3. Please mark in all the numbers to indicate the hours of a clock (correct spacing required)  
   Correct  Incorrect

4. Please mark in hands to show 10 minutes past eleven o’clock (11.10)  
   Correct  Incorrect

Information

5. Can you tell me something that happened in the news recently? (Recently = in the last week. If a general answer is given, eg “war”, “lot of rain”, ask for details. Only specific answer scores).  
   Correct  Incorrect

Recall

6. What was the name and address I asked you to remember  
   John  Correct  Incorrect
   Brown  Correct  Incorrect
   42  Correct  Incorrect
   West (St)  Correct  Incorrect
   Kensington  Correct  Incorrect

(To get a total score, add the number of items answered correctly)

Total correct (score out of 9)  

If patient scores 9, no significant cognitive impairment and further testing not necessary.
If patient scores 5-8, more information required. Proceed with Step 2, informant section.
If patient scores 0-4, cognitive impairment is indicated. Conduct standard investigations.

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Informant Interview

Date: ____________

Informant’s name: ___________________________________

Informant’s relationship to patient, i.e. informant is the patient’s: ____________

These six questions ask how the patient is compared to when s/he was well, say 5 – 10 years ago

Compared to a few years ago:

- Does the patient have more trouble remembering things that have happened recently than s/he used to? [ ] Yes [ ] No [ ] Don’t Know [ ] N/A

- Does he or she have more trouble recalling conversations a few days later? [ ] Yes [ ] No [ ] Don’t Know [ ] N/A

- When speaking, does the patient have more difficulty in finding the right word or tend to use the wrong words more often? [ ] Yes [ ] No [ ] Don’t Know [ ] N/A

- Is the patient less able to manage money and financial affairs (e.g. paying bills, budgeting)? [ ] Yes [ ] No [ ] Don’t Know [ ] N/A

- Is the patient less able to manage his or her medication independently? [ ] Yes [ ] No [ ] Don’t Know [ ] N/A

- Does the patient need more assistance with transport (either private or public)? [ ] Yes [ ] No [ ] Don’t Know [ ] N/A
  (If the patient has difficulties due only to physical problems, e.g bad leg, tick ‘no’)

(To get a total score, add the number of items answered ‘no’, ‘don’t know’ or ‘N/A’)

Total score (out of 6) [ ]

If patient scores 0-3, cognitive impairment is indicated. Conduct standard investigations.

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