Active Shooter / Hostile Event Who, What, When, Where, Why, How to Prepare

> Duane D. Siberski, D.O., FACOEP-D, FACEP, PHP UNE COM Reunion and CME Event October 12, 2019

#### Disclosures

- I have no relevant financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in this CME activity
- I do not intend to discuss an unapproved/investigative use of a commercial product/device in my presentation

# At the end of the presentation you will be able to:

- Identify the significant pre-attack behaviors in active shooters
- Identify the shift in preparation and response for an active shooter/hostile event
- Identify the impact an ASHE will have on local resources

## Disclaimer

- UNECOM parolee 1992
- Yes, I do remember the blue seat
- Preemptive apology for anything else non-PC that crosses my lips



## NAVY YARD ON LOCKDOWN ACTIVE SHOOTER CONFIRMED IN DC NAVY YARD

#### ABC NEWS SPECIAL REPORT 26 KILLED IN ELEMENTARY SCHOOL SHOOTING 18 CHILDREN, 8 ADULTS

2





WATCH LIVE | TENSE POLICE STANDOFF IN PHILADELPHIA AFTER SHOOTING | WPVI Coverage on ABC News Live

#### Inland Regional Center

#### 1300 S Waterman Ave

#### San Bernardino Public Golf Course

#### **BREAKING NEWS**

#### POLICE: MULTIPLE CASUALTIES, CONFIRMED FATALITIES IN SHOOTING

LD NOT HEED CALLS FOR HIS RESIGNATION

CNN.com CHICA

CHICAGO PROSECUT

**Conference** Center

Google

SOON: POLICE UPDATE ON SHOOTING

4:51 PM ET

THE LEAD







#### WITH LANCASTINGUEN LY. PA

## CNN AMISH SCHOOL SHOOTING 11:304/1 R WILL PLAY THE TITLE CHARACTER IN TRON MANCE APACON WER









#### **Active Shooter Data**

FBI – A Study of Pre-Attack Behaviors of Active Shooters in the United States Between 2000 and 2013

- FBI analysis One or more individuals actively engaged in killing or attempting to kill people in a populated area. No drug or gang related.
- 10 years+
- Multiple data points
- 2017 up to 250 incidents

## Active Shooter Data 2000-2013

- 160 incidents
- Average 11.4/year [6.4 to 16.4]
- 40 of 50 states + DC
- 1043 casualties 486 killed/557 wounded
- 70% Commerce or education
- 60% ended prior to police arrival
- 2 incidents multiple shooters
- 6 Females



#### Active Shooter Data 2000-2013

Incidents with highest casualty counts

- Aurora, CO 70 [2012]
- Blacksburg, VA 49 [2007]
- Fort Hood, TX 45 [2009]
- Sandy Hook, CT 29 [2012]

- Calumet City, IL 11
- Miami, FL 15
- Kileen, TX 20

## 2015 - <mark>1856</mark>

- San Bernardino, CA 38
- Colorado Springs, CO 12
- New Orleans, LA 17
- Roseburg, OR 19
- Greenville, GA 10
- Blytheville, AR 12
- Lafayette, LA 12
- Philadelphia, PA 10
- Detroit, MI 11
- Waco, TX 18

- New Orleans, LA 10
- Los Angeles, CA 15
- Roanoke, VA 11
- Bridgeport, CT 13
- Fort Myers, FL 20
- Bakersfield, CA 15
- Dallas, TX 14
- Orlando, FL 103
- Hesston, KS 18
- Orlando, FL 12

- Cincinnati, OH 17
- Fort Lauderdale, FL 11
- Las Vegas 480/581
- Little Rock, AK 28
- Sutherland Springs, TX 46

- Thousand Oaks, CA 25
- Pittsburgh, PA 17
- Jacksonville, FL -14
- New Orleans, LA 10
- Trenton, NJ 23
- Santa Fe, TX 24
- Parkland, FL 34
- Benton, KY 18

#### 2019 – est. 2361

- El Paso, TX 46
- South Bend, IN 11
- Allentown, PA 10
- Virginia Beach, VA 17
- Trenton, NJ 10
- Aurora, IL 12

#### **Active Shooter Pre-Attack Behaviors**

- There is no one profile
- There is no single warning sign, checklist or algorithm
- Impossible to predict violent behavior
- Attack prevention thru threat assessment and management strategies

## **Active Shooter Demographics**

- Youngest 12, oldest 88, average 37.8 years
- 94% male, 6% female
- 44% employed, 38% unemployed [>18]
- 24% some military experience
- 57% single
- 13% married, 13% divorced, 11% partnered not married, 6% separated
- 35% prior adult criminal convictions
- 62% hx of acting abusive, harassing or oppressive
- 16% intimate partner violence
- 11% stalking-related conduct

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#### Active Shooter Prep & Planning

- 73% known connection with attack site
- 35% workplace or former workplace [>18]
- 88% school or former school [<17]
- No connection pre-attack surveillance
- 21% researched or studied past attacks
- 77% pre-planned 1 week or more
- 46% prepared [procured] for the attack
- 4 plan and prepare <24 hours, 1 concerning behavior, 3 identifiable grievance

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#### **Active Shooter Firearms Acquisition**

- 40% purchased legally specifically for attack
- 35% possessed firearm specifically for attack
- 11% borrowed or took from known person
- 6% stole a firearm
- 2% purchased illegally

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#### **Active Shooter Stressors**

- 62% Mental health
- 49% Financial strain
- 35% Job-related
- 29% Conflict with friend/peers
- 27% Marital problems
- 22% Abuse- drug/ETOH
- 22% Other
- 22% Conflict school

- 21% Physical injury
- 18% Conflict parents
- 16% Conflict family
- 13% Sexual stress/frustration
- 11% Criminal problems
- 10% Civil problems
- 6% Death friend/relative
- 2% No stressor

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#### **Active Shooter Mental Health**

- 25% Mental health dx prior to event
- Mood disorder, anxiety disorder, psychotic disorder, personality disorder, Autism spectrum disorder, developmental disorder, other
- 37% History of mental health but no specific diagnosis
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### **Active Shooter Social Connections**

- 68% lived with someone else [64% >18]
- 86% significant in-person social relationship
- 27% significant on-line interactions

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#### **Active Shooter Concerning Behaviors**

- 62% Mental health
- 57% Interpersonal interactions
- 56% Leakage
- 54% Quality of thinking or communicating
- 46% Work performance

- 42% School performance
- 35% Threats or confrontations
- 33% Anger
- 33% Physical aggression
- 21% Risk taking

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- 21% Risk taking

#### **Active Shooter Concerning Behaviors**

- 21% Firearms behavior
- 19% Violent media usage
- 13% Weight/eating
- 13% Drug abuse
- 11% Impulsivity

- 10% Alcohol abuse
- 10% Physical health
- 8% Other
- 6% Sexual behavior
- 5% Quality of sleep
- 3% Hygiene or appearance

## Active Shooter Concerning Behaviors Noticed

- 95% Verbal communication
- 86% Physical actions
- 27% Written communication
- 16% On-line behavior
- 86% Observed in multiple ways

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## Active Shooter Concerning Behaviors Noticed

- 92% Schoolmate
- 87% Spouse/domestic partner
- 75% Teacher/school staff
- 66% Family member
- 51% Friend

- 40% Co-worker
- 37% Other
- 25% Law enforcement
- 10% On-line individual
- 5% Religious mentor

# Active Shooter Concerning Behaviors NOT Noticed

- 92% Schoolmate
- 87% Spouse/domestic partner
- 75% Teacher/school staff
- 66% Family member
- 51% Friend

- 40% Co-worker
- 37% Other
- 25% Law enforcement
- 10% On-line individual
- 5% Religious mentor

## Active Shooter Concerning Behaviors Noticed – Common Responses

- 83% Communicated directly to active shooter
- 54% Did nothing
- 51% Reported to non-law enforcement
- 49% Discussed behavior with friend or family member
- 41% Reported to law enforcement

## Active Shooter Concerning Behaviors Noticed – Common Responses

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## Active Shooter Concerning Communications

- 55% Specific targets threats or confrontation
- 95% In-person
- 88% Leaked intent to commit violence [<17]
- 51% Leaked intent to commit violence
- No leakage to law enforcement
- 30% Created legacy token prior to attack

## Active Shooter Concerning Communications

- 55% Specific targets threats or confrontation
- 95% In-person
- 88% Leaked intent to commit violence [<17]
- 51% Leaked intent to commit violence
- No leakage to law enforcement
- 30% Created legacy token prior to attack

### **Active Shooter Primary Grievance**

- 33% Adverse interpersonal action
- 16% Adverse employment action
- 10% Other
- 5% Adverse governmental action
- 3% Adverse academic action, financial, domestic, hate crime, ideology/extremism
- 21% Unknown grievance

### **Active Shooter Primary Grievance**

- 33% Adverse interpersonal action
- 16% Adverse employment action
- 10% Other
- 5% Adverse governmental action
- 3% Adverse academic action, financial, domestic, hate crime, ideology/extremism
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### **Active Shooter**

- 44% Precipitating event related to grievance
- 33% Random targets, most had specific target
- 48% Suicidal ideations or behaviors prior to attack – 90% ideation, 23% attempt, 70% within 1 year of attack

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#### **Active Shooter Data**

- Average time of active shooting 3-12.5 minutes
- Average time of police response to scene
  12-15 minutes
- Average time of SWAT team response to scene
  60 minutes

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### Preparation

- General public
- First Responders EMS, Fire, LE
- Physicians and Medical Students

Federal Emergency Management Agency - FEMA

- IS-907: Active Shooter: What You Can Do
- Active Shooter Information Sheet
- Community Emergency Response Team: Basic Training Course



**Department of Homeland Security – DHS** 

- DHS: Active Shooter: How to Respond
- DHS: See Something/Say Something
- DHS: Run, Hide, Fight



#### ACTIVE SHOOTER RESPONSE LEARN HOW TO SURVIVE A SHOOTING EVENT



CALL 911 ONLY WHEN IT'S SAFE TO DO SO



- DHS October 2015 Stop the Bleed
- PSH SJMC 113 Berks Cty school buildings





American College of Emergency Physician - ACEP

 Until Help Arrives – to be released at ACEP 19, Denver, October 27-30, 2019

National Association of Emergency Medical Technicians – NAEMT

- PHTLS Prehospital Trauma Life Support
- TECC Tactical Emergency Casualty Care
- TCCC Tactical Combat Casualty Care



- Active Violence Bags 13 counties in PA
- 800+ Ambulances and QRS Units
- 2 Providers Initial management



- In-hospital event
- Gun Shot Wound Kit
- 100 in storage container
- Can be thrown to victims



### **Active Shooter Drills**

- Berks Catholic H.S
- Bonner-Prendie H.S
- PSH St. Joseph M.C.





### Contact Team Entry



## Informatics

- Communications Failure at MCl's
- LE talks with LE, Fire talks with FIRE, EMS talks with EMS
- Minimal inter-disciplinary communication ability
- Private sector to LE
# Informatics



Our team consists of former US Navy SEALs, Intelligence Officers, Technologists, and Entrepreneurs.



Total Team: 14 Full Time – 7 Tech Team, 5 Operations, 2 Sales



 R2TEMS at UNECOM EM Club





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- ACOEP Scientific Assembly
- ACOEP Spring Seminar







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#### **Community Disruption**

#### Blooming Grove, Pennsylvania

Located in the Pocono Mountains Region of Northeastern PA

# The Call Out

- September 12, 2014
- Activation thru MEDCOM and Active 911
- Blooming Grove PSP Barracks
- Two troopers shot
- One evacuated to trauma center



## The Response

- Activation of Region 2 TEMS with PSP SERT
- Assignment search for shooter – believed to be in the woods near barracks
- All page to TEMS operators – meet at staging area
- All available deployed



## The Initial Assignment and Then...

- Initial response 24 hours
- Released from scene
- Within 48 hours reactivated
- Additional information re: suspect had apparent intent on killing law enforcement personnel



## The Suspect

- 31 Y/O military reenactment buff and self-taught survivalist
- Multiple weapons and munitions – AK-47, .308 caliber sniper rifle, IEDs – shrapnel packed pipe bombs
- Journal detailing the scouting of Blooming Grove Barracks and intent to kill law enforcement personnel



## The Incident Continues

- 45 days
- Care and support for PSP SERT
- Daily missions
- Adaptation to Long Term Operation
- Modification from usual equipment to used to Mission Specific Needs



# Others Join the Mission

- PSP
- NYSP
- FBI
- ATFE
- U.S. Marshalls
- Game Commission
- Border Patrol
- And others













# Long Term Operations

- Extended operations command post
- Around the clock health, safety and welfare
- Shelter sleeping accommodations
- Sanitation toilets, showers
- Food and beverages including snacks
- OTC medications NSAIDs, antidiarrheal, allergy, vitamins
- Coffee





# Intel and Pre-planning

- Regular communications from command center and from field operators
- MTA Medical Threat Assessment – resources available, emergency plans, extrication routes, environmental concerns and threats
- IPS Injury Probability Scale accounts for team health, work/rest cycles, environmental conditions and terrain that may affect mission



#### **Mission Specific Needs**

- Establish military style sick call support from Pocono Medical Center and Lehigh Valley Hospital
- On-site veterinary care



# Challenges

- Communications as always
- Multiple agencies without compatible communication systems
- Terrain frequency dead zones – radio and cell phones



## Communications

- Medic movements and request thru command center relayed thru TEMS command
- Medical command from team physicians with regular updates to maintain situational awareness



## More Challenges

- Environmental extremes
- Pennsylvania weather if you don't like it, wait 5 minutes...it'll change
- September highs 60-80, lows 40-50
- Late fall highs 40-60, lows 30-40
- Heat exhaustion to wind chill and cold exposure







#### **Even More Challenges**

- Transitions for team members
- Prolonged tactical and wilderness environment to normal shift rotations
- Limited sleep catnaps for several days
- Minimal or no hot food
- Lack of running water
- Then home to soft bed, flushable toilets and hot pizza delivered with a phone call







## A Gathering Point

- Medical/Rehab area
- Coffee pots and hot beverages
- Relatively safe location for 5-10 minutes of down-time for officers
- "The coffee was like gold and hot food was like Christmas"



## The Search

- Medics were part of searches and moved with law enforcement teams of some of the most highly trained in the nation
- Running the lines from end to end
- Assessing officer's injuries, delivering hydration and nutrition supplies and minor medical supplies



#### DEVELOPING STORY MANHUNT FOR SUSPECTED COP KILLER

Eric Frein is survivalist, trained in sharpshooting

OUTFRONTCNN

LIVE

WBRE



# Wildlife

- Rattlesnakes
- Porcupines
- Turkeys
- Black bears


### Wilderness vs. Tactical Bombs





## **Gear Modifications**

- Normal hemostatic agents
- Multiple 1000 cc bags IVF for dehydration
- Anaphylaxis treatment medications
- Ongoing modifications throughout mission lightening for portability
- Helmets to soft cover
- Tactical "big boy" vest to camo plate carriers





# **Mission Specific Equipment**

- Multi-tool and flashlights
- MultiCam uniforms
- Hiking boot, foot care items, dry socks
- Gloves
- TQ and hemostatic dressing
- Thermal imaging and night vision goggles
- Personal hydration and snacks
- Personal medical bag and medications
- Insect repellant, sunscreen, lip balm



• Smartphone



- Flexibility and trust
- 24/7 availability
- MEDCOM and cellular
- Daily updates by on-duty providers
- Team commander and physicians' additional discussions
- Assess team's overall well being and assist with situational planning and preparedness



- Incident generated treatment updates
- Rattlesnakes snake envenomation, extrication plans and facility availability of CroFab antivenom
- Fluid management, electrolytes, asthma, bee stings
- Recognition of need for formal CISM debriefing upon completion of mission



- Onsite presence
- Allowed face to face evaluation of TEMS and law enforcement officers
- Evaluation and treatment of injuries
- Musculoskeletal injuries treated with Osteopathic Manipulative Therapy
- Replenishment of supplies



- Onsite evaluation of logistics and operations assisted medical decision making
- Sometimes unorthodox support
- Medical Evac of 2 troopers after 30 fall from collapsed tree stand
- Protracted ETA of 2<sup>nd</sup> aeromedical unit
- Blackhawk helicopter utilized after contact with team physician for medical command



- Response of team commander and a team physician to receiving trauma center
- Team member remains with injured officer until arrival of family
- Onsite debrief with team physician
- Allowed immediate return to duty of team members



# "Today is The Day"

- Saying developed during deployment within the group of law enforcement officers and TEMS members
- Helped remain focused and keep morale high



### **Community Support**



# "The Day"

- October 30, 2014
- Suspect apprehended by U.S Marshal's team
- Restraints and transportation the late PSP Cpl. Dickson's handcuffs and vehicle



## **Mission Completion**

- Suspect transfers
- Funeral duty





# Team Debriefing

- Formal and informal debriefing
- Formal mandatory team debriefing with Eastern PA EMS Region CISM team
- In-person and teleconference
- Informal team physician's home



### Lessons Learned

- Flexibility
- Adaptation
- Trust
- Experience
- Set, hold and maintain high standards







#### ALL AND AND SHE (BRITHLESS

# CON AMISH SCHOOL SHOOTING 11:36-PT

Amish Schoolhouse Shooting Nickel Mines, PA Victims

### Killed

- Naomi Rode Ebersol 7
- Marian Stoltzfus Fisher 13
- Anna Mae Stoltzfus 12
- Lena Zook Miller 7
- Mary Liz Miller 8

# Wounded

- Rosanna King 6
- Rachel Ann Stoltzfus 8
- Barbie Fisher 10
- Sarah Ann Stoltzfus 12
- Esther King 13

### Lessons Learned

- Amish girls speak "Pennsylvania German"
- Find the Mennonite ED RN to translate
- Damage control, stabilize, transfer to Pediatric Trauma Center
- Lots of suits administrators will show up







### Lessons Learned

- PSP M Troop TQ instruction 2 weeks prior
- Cpr. Seth Kelly bought his own TQ after class
- Deployed his TQ and backup Trp. Ryan Seiple applied 2nd TQ
- Knowledge
  Saves Lives



### Conclusion

- There is no way to predict the violence
- Everyone, general public, first responders, physicians and soon to be physicians, should expect and educate for the worst
- When...not if



### Resources

- A Study of Pre-Attack Behavior of Active Shooters in the United States Between 2000 and 2013 -<u>https://www.fbi.gov/file-repository/pre-attack-</u> <u>behaviors-of-active-shooters-in-us-2000-</u> <u>2013.pdf/view</u>
- FBI Active Shooter Data 2000-2017 https://www.fbi.gov/about/partnerships/officeof-partner-engagement/active-shooter-incidentsgraphic
- TCCC, TECC, RTC www.NAEMT.org
- Stop the Bleed www.BleedingControl.org

### Resources

- ACOEP Scientific Seminar ACOEP.org
- Until Help Arrives www.ACEP.org
- Zeroeyes <u>www.zeroeyes.com</u>
- Active Violent Bag, Gun Shot Wound Kit Supplies - V.E. Ralph & Son, PO Box 633, 320 Schuyler Ave, Kearney, NJ 07032, (800) 526-1196, (201) 997-2400
- 48 Day Manhunt http://www.jems.com//articles/print/volume-40/issue-5/features/48-day-manhunt-places-unprecedented-demand-on-tactical-ems-operators.html

### Resources

### **Active Violence Bag Contents**

 Condor BK Messenger bag [1], MegaMover portable transport unit [1], Dynarex Emergency High Strength Pressure Bandage [3], Nasopharyngeal Airways with Lube[6], Windlass Tourniquets – SAM XT [6], Hyfin Vent Chest Seal Twin Pack [3], Dynarex Conforming Stretch Gauze Bandage 4 inch [6], Dynarex Dyna-Stopper Trauma Dressing [6], START Triage Tags [10], Black Triage Tags [5], Snaplight Safety Lightstick Blue [6], Visi-Pad Red [3], Trauma Shears [1], Permanent marker [2], Tape 2 inch [1], PPE – Gloves [6]

### Gun Shot Wound Kit

• Dukal Pressure Dressing [1], Quik Clot [1], SOF-T Tourniquet [1], Biohazard zip bag [1], Instructions [1]

# Bibliography

• Available upon request

### **Contact Information**

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## Thank You