# Resources for Suicide Prevention on Older Adults Maine Suicide Prevention Program 2018

### Selected SAMHSA Suicide Prevention Resources:

http://www.samhsa.gov/prevention/suicide.aspx National Suicide Prevention Lifeline; 1-800-273-TALK: http://www.suicidepreventionlifeline.org Suicide Prevention Resource Center: http://www.sprc.org National Action Alliance for Suicide Prevention: http://www.actionallianceforsuicideprevention.org National Strategy for Suicide Prevention: http://www.surgeongeneral.gov/library/reports/ national-strategy-suicide-prevention/index.html

# **Selected SAMHSA Reports and Toolkits**

Center for Mental Health Services. *Promoting emotional health and preventing suicide: A toolkit for senior living communities.* HHS Publication No. SMA 4515, CMHS-NSPL-0197. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2011. http://store. samhsa.gov/product/Promoting-Emotional-Health-and-Preventing-Suicide/SMA10-4515 Center for Mental Health Services. *Treatment of depression in older adults evidence-based practices (EBP) KIT.* HHS Publication No. SMA-11-4631. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2011. http://store.samhsa.gov/product/Treatmentof-Depression-in-Older-Adults-Evidence-Based-Practices-EBP-KIT/SMA11-4631CD-DVD Center for Substance Abuse Treatment. *Addressing suicidal thoughts and behaviors in substance abuse treatment. Treatment Improvement Protocol (TIP) Series 50.* HHS Publication No. (SMA) 09-4381. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2009. http://store.samhsa.gov/product/SMA09-4381

Haney EM, O'Neil ME, Carson S, Low A, Peterson K, Denneson LM, et al. *Suicide risk factors and risk assessment tools: A systematic review*. VA-ESP Project #05-225, 2012.

#### hhttp://www.hsrd.research.va.gov/publications/esp/suicide-risk.cfm

Administration on Aging, SAMHSA. Older Americans Behavioral Health Issue Brief 4: Preventing Suicide In Older Adults. 2012. Available from: <u>www.ncoa.org/.../content-library/issue-brief-4-preventing.html</u>

## **Training and Technical Assistance in Maine**

Maine Suicide Prevention Program: <u>www.maine.gov/suicide</u> or 1-207-287-5359 MSSP Training Coordinator, Nicole Foster at 1-800-464-5767; <u>mspp@namimaine.org</u> MSSP Clinical Director, Greg A Marley 1800-464-5767 <u>gmarley@namimaine.org</u>





Paul R. LePage, Governor