

UNE College of Dental Medicine **NEWSLETTER 2021**

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Message from the Dean

October is National Dental Hygiene Month! Please join me in celebrating our four dental hygienists: Cindy Allen, Eileen Dunfey, Jessica Gellar-Cote, and Susan Patoine. Thank you to each of them for the invaluable contributions they make to our college each and every day!





National Dental Hygiene Month



Eileen Dunfey RDH, MS Interim Chair, Department of Diagnostic, Surgical and Integrated Sciences Associate Clinical Professor

To some extent, I unwittingly stumbled into the dental field. After graduating with a BS from the University of New Hampshire, I held a variety of jobs, trying to find my calling. It was when I became a dental assistant that I found my passion. I really enjoyed dental assisting, working with Dr. Ortengren and the other co-workers in his dental office, but it was being with the patients that I embraced.

After a couple of years, I decided to go back to school to become a dental hygienist. I attended UNE's Dental Hygiene Program (formally known as Westbrook College). Afterwards I worked full time in private practice for seven years. What I enjoyed the most about being a dental hygienist was getting to know my patients. I valued learning from them, hearing about their lives and experiences, and many times I felt I got more out of the visit than they did. In turn, I was able to help my patients lead healthier lives by educating them about good oral health practices.

I left private practice to work as a clinical instructor at UNE, the dental hygiene program I attended. I

cherished the 20 years working with the remarkable dental hygiene students, faculty, and staff of this longestablished program. I received extreme satisfaction working with the up and coming dental hygienists. I started at the College of Dental Medicine in 2017,

the year CDM graduated its inaugural class of dentists. I love the challenges of oral health care and working at the dental school has given me many opportunities to work with accomplished and resourceful colleagues and competent students. As I've progressed further in my professional career, I realize that there's no better way to stay vibrant than to surround myself with young and energized people.

Their enthusiasm and thirst for knowledge are contagious.

Looking back, it is hard to believe I have been at UNE for 25 years. Overall, my experiences are very gratifying and I feel extremely fortunate to have been a part of the many students' lives and to have been able to help them succeed in their future endeavors. Words of wisdom to share:

~ A positive attitude goes a long way, it can help you be healthier, happier and more productive.

Jessica Gellar-Cote, RDH, MS Assistant Clinical Professor

I studied Dental Hygiene at UNE and have been practicing for 14 years. I joined CDM in



2018. What was your inspiration to study dental hygiene? ~ I love teeth and healthcare.

What is your favorite thing about dental hygiene?

~ Discussing how nutrition affects the oral cavity with our patients and students.

What has been the most rewarding aspect of your career? ~ Becoming a teacher and working with passionate students.



Susan Patoine, RDH., C.D.H.C. Patient Care Coordinator

I graduated from Westbrook Jr. College School of Dental Hygiene, now known as University of New England. I practiced in private practice in Southern Maine for thirty-three years. Twentyone of those years practicing with one of CDM's faculty members, Dr. Beauchemin. I joined UNE's CDM in May of 2016. I hold a certificate as a Community Dental Health Coordinator. I was among the first few to have completed the program in Maine in 2019.

What is your favorite thing about dental hygiene?

~ I enjoyed the relationships I made with coworkers and patients. I had the opportunity to always learn new and exciting advancements in the dental field.

What has been the most rewarding aspect of

Mail - Sophia Bahlkow - Outlook

your career? ~ Being a part of creating a healthier dental community.

What do you like most about UNE CDM? ~ I enjoy sharing my dental hygiene knowledge with the dental students, helping them to become skilled clinicians.

Any words of wisdom you'd like to share with our students? ~ Continuing education classes are worth the investment in yourself, practice and dental

staff.

Can you match the fun facts below with the dental hygienist?

Match the Fun Facts

Halloween is my favorite holiday and Fall is my favorite season!

(A) Answer : ____

- 1. Qualified and ran 22 Boston Marathons
- 2. Swam from Alcatraz to San Francisco
- 3. Love of dogs and grand children

(C) Answer: _____

- 1. Have 7 grandchildren
- Have a motorcycle license, and rode my own motorcycle
- 3. Ran the beach to beacon several times

(B) Answer: _____

Answers: A. Gellar-Cote; B. Patoine; C. Dunfey

REMEMBER TO FLOSS AND TAKE A MOMENT TO ENJOY FALL IN NEW ENGLAND!!



Last weekend I took a road trip up to Rangeley. The foliage was amazing! All my best, Nici Kimmes Interim Dean

SAVE the DATE Faculty Fall Forum: Equity-Driven Assessment Tuesday, December 14th, 9am to 12pm

The University Assessment Committee (UAC) in collaboration with the Center for Excellence in Teaching and Learning (CETL) will host an interactive workshop on equity-driven assessment featuring Christine Robinson, EdD, Executive Director, Office of Assessment and Accreditation, and Karen Singer-Freeman, PhD, Director of Academic Planning and Assessment, both at the University of North Carolina at Charlotte. Details to follow.

Meet the Class of 2025 Student Government



President: Michael Williams

Hey all, my name is Michael Williams, and I am the class of 2025 president! I grew up in Upstate New York, about 20 miles south of Canada, before moving to Maine to do my undergraduate studies at UNE. In my free time, I like skiing (especially Sugarloaf), hiking and doing anything on the water. I am looking forward to the next four years here in Portland!



Vice President: Myhien Nguyen

Hi everyone! My name is Myhien Nguyen and I am from North Richland Hills, TX (a smaller town outside of Dallas). I completed my undergrad with a major in Biology and minor in Exercise Sports Science at Austin College. A little fun fact about myself is that I am the youngest of six and am number 36 in 64 first cousins on just my dad's side! Leaving home was surely an adjustment, but I look forward to all the friendships and memories to come over these next four years at UNE!



Secretary: Megan Morrison

Hi! My name is Megan Morrison, and I am the class secretary for the CDM class of 2025. I am originally from Dover, NH but have been living in Maine the past few years for my undergraduate at UNE. In my free time I like to spend time at the beach, in the mountains, or spending time with my dog Lacey. I'm looking forward to the next four years exploring Portland and studying at UNE CDM!



Treasurer: Jack Edmiston

I am from Mooresville, North Carolina and so far, I am really enjoying everything about Portland and UNE. In my spare time I enjoy watching sports, going to breweries, and reading

CDM Faculty and Staff Retreat

CDM Faculty and Professional Staff came together as a community on October 8th for a college retreat. Attendees heard from various campus presenters including Dr. Hahna Patterson, Assistant Provost for the Division of Student Support, who spoke on the topic of Perfectionism, particularly in the age of COVID-19. For those that would like to learn more about this topic, Dr. Patterson has shared his manuscript, <u>A Systemic Review on the Psychological Effects of</u> <u>Perfectionism and Accompanying Treatment</u>.

Other speakers included representatives from Human Resources, the Office of Title IX and the College's senior leadership. CDM Faculty and Staff also had a chance to enjoy the nice fall weather and of course, play BINGO! We look forward to joining together for another retreat this spring!

Staff Updates

Our OHC Receptionist Jess Roy has been promoted to Administrative Assistant. Congrats Jess!

Welcome to New Faculty

Jennifer Caplin, D.M.D., M.S. Associate Clinical Professor



Dr. Caplin grew up in Chicago, IL. She received her BS in Biology from the Massachusetts Institute of Technology, her DMD from the University of Pennsylvania, and her Certificate in Orthodontics and MS in Oral Sciences from the University of Illinois at Chicago. After dental school, she spent a year in Shanghai, China volunteering as a dentist for migrant children. She worked as a private practice orthodontist in Bethlehem, PA before returning to the University of Illinois at Chicago to serve as a full-time faculty member and the Associate Director of Post-Graduate Orthodontics. Most recently, she was the Program Director of the Orthodontics and Dentofacial Orthopedics Department at New York University. Her research interests include access to care and the genetics of malocclusion. In her free time, Dr. Caplin reads excessively, loves traveling, and practices martial arts. She is thoroughly enjoying living in beautiful Maine.

Community-Based Education

It is bittersweet to announce the departure of two founding members of the CBE program – Ms. Rebecca Carr (July 2021) and Ms. Amanda Langley (Oct 2021). They were instrumental in setting up and refining the 4th year externship program - recruiting sites, formalizing processes, calibrating preceptors and the myriad of other activities that were required to develop the current program that is a cornerstone of CDM.

Their work embodies the mission and vision of CDM, and the lives that are impacted will number in the hundreds of thousands. And this is a conservative estimate of the influence that these two remarkable colleagues have made during their tenure at CDM. They will be missed greatly.

Both Rebecca and Amanda are moving on to positions that will maximize their extensive skill sets. Rebecca is taking time to strategically position herself in an environment that aligns with her interests and talents. Amanda has accepted the Program Director position at MaineShare, a non-profit federation based in Augusta, where she will be coordinating efforts to support over 40 organizations working every day to make Maine a more equitable & just place.

Please join the CDM community in thanking Rebecca and Amanda for their outstanding contributions to the health of northern New England and extending best wishes to them in their future endeavors.

Indigenous Peoples' Day

In honor of Indigenous Peoples' Day this month, the Diversity, Equity, and Inclusion Committee would like to share the article, <u>Shadows in Dawnland</u> <u>by Hannah Dunphy</u>, which overviews the acclaimed work of the Native Tribes of Maine to bring visibility to the genocide of indigenous peoples and the stories of local victims. "In a time when the conquest and near-eradication of America's Native peoples is largely ignored, calling a place like Maine home without knowing its history is agreeing to let the past play out endlessly on loop."

The embedded videos that accompany this article are also highly recommend and FMI visit <u>Maine Wabanaki Reach</u>.



Currently held indigenous land in Maine (Courtesy of Esther Attean)

Materials Update: Burs

Mail - Sophia Bahlkow - Outlook

The clinic will be adding two new burs:







<u>6909.31.040 FG</u> <u>Coarse Wheel Diamond</u>

The clinic will be eliminating the following burs:

1171 RA Carbide 7004 FG 35 FG MW 7902 FG 7404 FG 8845KR.016 LVS1 LVS3 Transmetal Carbide #2, #4, #6 FG

Green Office Program



Be GREEN and unsubscribe from all the magazines or catalogs you no longer browse. Call the company and ask to be removed from the mailing list. Most catalogs have a code on the back cover, near the name and address. They'll ask for the code and that's it! In the meantime, be sure to reuse or recycle the catalogs and mailings you do receive

UNE Events

Stay up-to-date with upcoming UNE events, both virtual and in-person updates, by clicking the button to the UNE events calendar below.

UNE Events

Social Media

Check out our CDM social media pages on Facebook and Twitter. If you have content you'd like shared on social media, please email Mallory Toothaker (<u>mtoothaker1@une.edu</u>).



Comments or Questions?

Email our Staff Assistant Mallory (mtoothaker1@une.edu) for e-newsletter feedback.





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