

Enhanced dental benefits



Northeast Delta Dental's enhanced dental benefits help remove barriers to care by providing expanded access to preventive services, specialized treatments and support for individuals with unique oral health care needs.

WHAT IS HOW®?

HOW® stands for Health *through* Oral Wellness®. HOW® provides additional preventive benefits to members who are at risk for oral disease.

To start, your dental office will complete a clinical oral health risk assessment. For members scoring moderate to high risk for tooth decay and/or gum disease, more preventive benefits will become available under your dental plan.

You can even take advantage of our "Ask the Smile Coach" feature, which allows you to email specific oral health and overall wellness questions to smilecoach@nedelta.com.

Start the conversation today!

HOW® features include:

- ✓ Extra dental cleanings
- ✓ Fluoride treatments and sealants, with no age restriction
- ✓ Oral hygiene instruction, nutritional counseling, tobacco cessation counseling
- ✓ Special offers on home care products

To find a dentist who participates with HOW®, use the 'Find a Dentist' tool on our website or ask your dentist at your next scheduled visit.



WHAT IS THE SPECIAL HEALTH CARE NEEDS BENEFIT?

Millions of people in the U.S. have diverse health care needs, including physical, developmental, mental health, sensory, behavioral, emotional, or cognitive conditions. For many, accessing oral health care can be challenging or overwhelming. This program is designed to make oral health care more accessible.

Members with a qualifying health care need are encouraged to let their dentist know that their group plan with Northeast Delta Dental includes the Special Health Care Needs benefit.

For qualifying members, the benefit includes:

- ✓ Additional dental examinations and/or consultations prior to treatment, helping patients understand what to expect and feel comfortable and prepared for a successful dental visit
- ✓ Coverage for up to four dental cleanings per benefit year, supporting ongoing preventative care and oral health
- ✓ Treatment delivery modifications (including anesthesia and nitrous oxide) as appropriate, to ensure patients with barriers to care can receive comfortable and effective oral health services

To learn more about Enhanced benefit programs, visit www.nedelta.com/patients/enhanced_benefits.



HEALTH *through*
ORAL WELLNESS



FOR PATIENTS + DENTAL CARE TEAMS

More preventive dental benefits with HOW®

Health *through* Oral Wellness® (HOW®) is an industry-leading program provided at no added premium with many Northeast Delta Dental plans. Members at risk for tooth decay (caries) or gum (periodontal) disease may be eligible for additional preventive benefits, at no additional charge, to support better oral health. Getting started is quick and easy.

HOW IT WORKS

1 DENTAL TEAM ASSESSES RISK

A dentist or hygienist completes and electronically submits the clinical HOW® risk assessment to Northeast Delta Dental using the PreViser® tool.

2 SCORE SETS ELIGIBILITY

A score of 3-5 on the five-point scale qualifies the member immediately for enhanced benefits, subject to plan terms.

Additional preventive benefits are subject to the provision of your patient's Northeast Delta Dental policy. Only the clinical risk assessment performed in office determines eligibility for the additional benefits.

ENHANCED BENEFITS MAY INCLUDE

RISK AREA	SERVICE	PLAN LIMIT
TOOTH DECAY (caries)	• Caries susceptibility test • Child or adult cleaning • Fluoride varnish or topical fluoride • Nutrition counseling OR oral hygiene instruction • Sealants for eligible unrestored teeth	1 per 12 months Up to 4 total per 12 months Up to 4 total per 12 months 1 total per 12 months 1 per tooth every 3 years
GUM DISEASE (periodontal)	• Adult cleaning or periodontal maintenance • Nutrition, oral hygiene OR tobacco-cessation counseling	Up to 4 total per 12 months 1 total per 12 months

IF YOU ARE A PATIENT

Ask your dentist or hygienist to complete the clinical HOW® assessment. Only an in-office clinical assessment can determine eligibility.

Wellness tips + free online assessment:
www.HealthThroughOralWellness.com

IF YOU ARE A DENTAL OFFICE

Create a free PreViser® account:
my.previser.com/start

Training: www.previser.com/free

Provider Services: 1-800-537-1715, ext. 1100

Verify benefits: www.nedelta.com or 1-800-832-5700

IMPORTANT PLAN INFORMATION

Enhanced benefits may change and are subject to the member's Northeast Delta Dental policy, including coinsurance, copayments and annual maximums. Additional preventive benefits count toward the annual maximum. Confirm eligibility and coverage before treatment.