INDIA

Physical Therapy Cultural Competency Experience

PTH 725 (3 Credits) Tara Paradie, PT, MS | tparadie@une.edu Tentative Travel Dates: late Dec/early Jan | Estimated Travel Fee \$3,400

DAY 1 | Fly to Chennai, India

Depart Boston for flight to Europe or Middle East, then catch connecting flight onward to Chennai, India.

DAY 2 | Arrive in Chennai

Arrive in India and travel to a beach resort in the coastal city of Mahabalipuram.

DAY 3 | Mahabalipuram

Free day to explore cultural and historic sites, or spend time on the beach. Mahabalipuram is home to great monuments, cave sanctuaries, and intricately detailed sculptures.

DAY 4 | Travel to Vellore

Free time in the morning to do further exploring of Mahabalipuram. Travel by van for 3 hours to Vellore. Arrive at Christian Medical College and check-in to guesthouse.

DAYS 5 - 9 | Clinic Days at Christian Medical College

On clinic days, students will rotate through a variety of physical therapy clinics and medical clinics. Students will also spend time with local physical therapy students. Visits to clinics in the community may also be possible. Group dinner and debrief each evening.

DAYS 10-11 | Vellore

Two free days to visit local sites and do some shopping. Possible sites of interest include Vellore Fort, Assumption Cathedral, Jalakandeswarar Temple, Amirthi Zoological Park, and Srilakshmi Golden Temple. A scavenger hunt will take place on one of the afternoons.

Sample Itinerary

DAYS 12-13 | Clinic Days at Christian Medical College

On clinic days, students will rotate through a variety of physical therapy clinics and medical clinics. Students will also spend time with local physical therapy students. Visits to clinics in the community may also be possible. Group dinner and debrief each evening.

DAY 14 | Clinic Day at Christian Medical College

Partial clinic day at Christian Medical College. Travel by van 3 hours to Chennai airport. Board evening flight to return to United States.

DAY 15 | Arrive in Boston

Arrive back in Boston after a day of travel.



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