



Continuing Medical Education Department



UNIVERSITY OF
NEW ENGLAND
College of Osteopathic Medicine

One of a handful of providers in the country to hold the distinction of maintaining dual accreditation for DO's and MD's. Full meeting planner services, as well as accreditation services.

cme@une.edu

The UNE COM Department of CME is excited to offer the following CME course:

OMM Advanced Approach

"Strain-Counterstrain as an Indirect Myofascial Release Technique"

June 8-9, 2019 on the Biddeford Campus

The myofascial connective tissue system is one of only three holistic systems in the body. International Fascial Conferences where scientists & clinicians have come together to share what is known about this system have only been occurring since 2005. The fascial system has been likened to what Star Trek called the final frontier. Evidence has shown the fascial system to be a connective structural system as well as a communication system.

Twisted or imbalanced patterns in the fascial system can be the root cause to chronic pain or recurrent exacerbations to back & joint pain. If you do not have a manipulative medicine technique in your tool box to address the fascial system, this may be why you are not able to optimally improve many patients' pain or structural problems.

One reason many do not implement myofascial techniques is they feel they take too long to implement in a busy practice. Trish Murray, D.O., who has taught CME Courses in OMM for over a decade, will teach how combining the indirect positioning of Strain-counterstrain can be utilized as the initial positioning & if you treat at the myofascial level the treatment typically only takes from 15 to 20 seconds. This technique can take you from being a good manual medicine provider to the manual medicine specialist that everyone cannot wait to see.

The University of New England is accredited by the American Osteopathic Association (AOA) & the Maine Medical Association (AMA PRA) to provide Continuing Medical Education (CME) for Physicians.

UNE requested that the AOA Council on CME approve this program for 14.5 Category 1-A CME Credits. Approval is Currently Pending.

UNE COM designates this educational activity for a maximum of 14.5 AMA PRA 1 Credit(s)™ This activity has been planned and implemented with the accreditation requirements & policies of Maine Medical Association.

Registration Fee: \$1200.00
Breakfast and Lunch provided Saturday and Sunday

For Further Information or to Register Please Contact the CME Department at:
CME@une.edu or Call 207-602-2589 or 207-602-2408

Registration deadline May 27, 2019



www.une.edu/com/cme

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