

PANAMA

CONSERVATION & ECOLOGY OF A CARIBBEAN ISLAND

BIO 459/459L (4 Credits)

Jeri Fox, Ph.D. | jfox@une.edu

Tentative Travel Dates: May 18-29 (+/- 1 day) | Estimated Travel Fee: \$3,300

Sample Itinerary

DAY 1 | Fly to Panama City

Fly from Boston to Panama City. Settle into hotel.
Dinner and overnight at hotel.

DAY 2 | Panama Canal

Breakfast. Visit the Panama Canal Zone and afternoon visit to Biomuseo. Return to Panama City for dinner and overnight at hotel.

DAY 3 | Chagres River & Emberá Indians

Breakfast. Board motorized piragua (dugout canoe) and travel up the Chagres River to the Emberá Indigenous Village. Along the way, pass through the rainforest of the Chagres National Park, enjoy music and dancing at the Emberá Village, and learn about their culture. Lunch in village. Return to Panama City for dinner and overnight at hotel.

DAY 4 | Modern & Ancient Panama City, Flight to Bocas del Toro

Breakfast. Tour of Panama City, including Mercado de Mariscos fish market, Miraflores Visitors Center, and the UNESCO historic center of Panama City. Lunch and chance to shop before boarding flight to Bocas del Toro. Settle into accommodations at Institute for Tropical Ecology and Conservation (ITEC). Dinner and overnight at ITEC.

DAY 5 | Intro to Bocas del Toro & ITEC

Breakfast. Jungle hike and boat trip to Sea Star Beach for snorkeling. Lunch, presentations, dinner, and overnight at ITEC.

DAY 6 | Cacao Plantation Tour

Breakfast. Tour cacao plantation and learn how fair trade benefits local economy and maintains indigenous lifestyle. Lunch at plantation then return to ITEC for presentation, dinner, and overnight.

DAY 7 | Bird Island

Breakfast. Ride field station boat to Bird Island, the only nesting site in the Caribbean of the red-billed tropic bird. Snorkel and lunch then return to ITEC for dinner and overnight.

DAY 8 | Canopy Access Climbs

Breakfast. Start canopy rope climbs followed by hike to cave to examine bats, insects, and fish. Lunch, then return to ITEC for dinner and overnight.

DAY 9 | Trip to Bocas Town

Breakfast. Tourism visit to Bocas Town for lunch, snorkeling at Pete's Reef, and boat ride across the channel to conduct turtle nesting patrol. Observe mammals and birds in the San San-Pond San Wetland. Dinner and overnight at ITEC.

DAY 10 | Half Day at ITEC, Return to Panama City

Breakfast. Finish rope climbs, pack, and eat lunch before departing ITEC. Fly to Panama City, settle into hotel, and dinner.

DAY 11 | Fly to Boston

Breakfast. Travel to airport for morning departure.

**Please note that itinerary is subject to change.

une.edu/global/ed

[@uneglobal](https://www.instagram.com/uneglobal)

[@unemorocco](https://www.instagram.com/unemorocco)

UNE UNIVERSITY OF
NEW ENGLAND

INNOVATION FOR A HEALTHIER PLANET