

SWEDEN

Built Environment and Health Promotion in Sweden

PUB 320/320L and OTR 570/570L (3 credits)

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Travel Dates: Spring break

Estimated Travel Fee: \$3,900

DAY 1 | Arrival Day

Depart on flight to Stockholm, Sweden. Historical walking tour and welcome dinner.

DAY 2 | Welcome to Stockholm

Museum visit. Lunch on your own. Afternoon guest lecture.

DAY 3 | Field Study and Canal Tour

Academic field study visit in the morning to Karolinska. Group lunch. Stockholm city canal tour. Free time for dinner.

DAY 4 | Field Study

Guest lecture with DIS faculty. Lunch on your own. Academic field study in the afternoon. Group dinner.

DAY 5 | Hike and Sauna

Morning visit to Stockholm University. Group lunch. Afternoon guided hike and sauna. Free time for dinner.

Sample Itinerary

DAY 6 | Fika and Field Study

Fika walking tour in the morning. Group lunch. Field study at Stockholm Royal Seaport. Dinner on your own.

DAY 7 | Free Day

Free day for students. Parting dinner all together.

DAY 8 | Departure

Go to airport and fly home.

**Please note that itinerary is subject to change.