SWEDEN

Built Environment and Health Promotion in Sweden

PUB 320/320L or OTR 570/570L

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Travel Dates: Spring break

Estimated Travel Fee: $4,100

Sample Itinerary

DAY 1 I Overnight Flight
Depart on overnight flight as a group to Stockholm, Sweden.

DAY 2 I Arrival Day
Arrive in Stockholm and leave bags at the hotel. Historical walking tour and welcome dinner.

DAY 3 I Welcome to Stockholm
Breakfast. Museum visit. Lunch on your own. Afternoon guest lecture.

DAY 4 I Field Study and Canal Tour
Breakfast. Academic field study visit in the morning to Karolinska. Group lunch. Stockholm city canal tour. Free time for dinner.

DAY 5 I Field Study
Breakfast. Guest lecture with DIS faculty. Lunch on your own. Academic field study in the afternoon. Group dinner.

DAY 6 I Hike and Sauna
Breakfast. Morning visit to Stockholm University. Group lunch. Afternoon guided hike and sauna. Free time for dinner.

DAY 7 I Fika and Field Study
Breakfast. Fika walking tour in the morning. Group lunch. Field study at Stockholm Royal Seaport. Dinner on your own.

DAY 8 I Free Day
Breakfast. Free day for students. Farewell dinner all together.

DAY 9 I Departure
Go to airport and fly home.

**Please note that itinerary is subject to change.