

You are invited to join the...

# UNE Legacy Scholars Program



**Where generations  
meet, learn &  
grow together...**



## INVITATION

The Center for Excellence in Aging & Health invites adults, aged 55+ years, from Maine and elsewhere, to join with our students, faculty and staff in shared scholarship and service in support of healthy, meaning-filled aging.

## LEGACY SCHOLARS

Legacy Scholars are willing to participate as subjects in research studies on healthful aging. What's asked will vary by study. One study might involve an online survey or telephone interview. Another might include activities or tests on a UNE campus. Scholars choose the studies they wish to support.

## COMMITMENT

Serving as a Legacy Scholar involves volunteering for at least one research study in a given 3-year period. Time commitments can vary from a few hours per year to a few hours per week based on individual preference.

### **All Scholars support aging-related research at UNE by:**

- *Joining a listing (registry) of persons interested in volunteering for research studies. Invitations for studies are sent by email and posted online.*
- *Filling out an annual survey on health and wellness (online or paper).*
- *Being willing, if invited, to participate in interviews with students from various professional disciplines.*
- *If local, attending an Annual Research Breakfast where research findings are shared and all are acknowledged for their service.*

## **Does it cost anything to join?**

Membership is free. Scholars cover their own travel to classes and events.

## **How does it benefit volunteers?**

Scholars help to advance research at UNE, and lessons from this work may improve the lives of others.

Once enrolled, Scholars become part of the UNE Family and are invited to special "Coffee & Conversation" programs and other learning and cultural events throughout the year.

\*\*\* Legacy Scholars are free to say "no" to any research or other activity that doesn't correspond with their time, energy or interest. \*\*\*

## **What's the first step?**

Prospective Scholars complete the initial registration form (on reverse) or online. A more detailed registration process follows 1-2 weeks later; this includes a detailed consent form and completion of the first annual survey on personal health and wellness.



INNOVATION FOR A HEALTHIER PLANET

## **Center for Excellence in Aging & Health (CEAH)**

716 Stevens Avenue, 102 Linnell Hall, Portland, ME 04103

<https://www.une.edu/ceah>

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## UNE Legacy Scholars Program — Initial Registration Survey

Becoming a Legacy Scholar is a two-step process:

- (1) **You indicate your interest** by providing your name, contact information, and a little about you. This information is reviewed by Dr. Meuser and his assistant, and you will be assigned an ID number as a new Legacy Scholar.
- (2) **Final Registration** occurs a week or two later. You will receive an online link by email (or a paper packet to your home if you choose) which explains the commitment to support research at UNE and a consent form to review. If you are comfortable proceeding and sign the consent, the next step is to complete your first annual survey on personal health and wellness. Your answers will help Dr. Meuser and his staff link you with relevant studies. All personal information you provide is kept confidential.

Once final registration is complete, new Scholars receive a special nametag (i.e., to wear on campus), as well as information about open studies, attending coffee events, recording a life story, etc.

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**\*\*\* I want to join the UNE Legacy Scholars Program. I understand that I can change my mind about participation at any time. I will call Dr. Meuser at 207-221-4140 if I have any questions.**

Today's Date: \_\_\_\_\_ Your Age: \_\_\_\_\_ Gender: \_\_\_\_\_

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Daytime Phone: (\_\_\_\_\_) \_\_\_\_\_ Is this your? \_\_\_ Cell \_\_\_ Land Line

Email: \_\_\_\_\_ Years of Education (HS = 12): \_\_\_\_\_

Marital Status: \_\_\_ Married \_\_\_ Partnered \_\_\_ Widowed \_\_\_ Divorced/Separated \_\_\_ Single

Race: \_\_\_\_\_ Employment Status: \_\_\_\_\_

*Please hand in your survey to Dr. Meuser or his colleague,  
**OR** scan & send it by email, **OR** paper mail it to the address below, **OR** complete it online:*

<https://redcap.une.edu/redcap/surveys/?s=9HRLKDE9CP>