

August 18, 2020



COVID-19 ATTESTATION AND COMMUNITY CARE REQUIREMENTS FOR RESIDENTIAL STUDENTS

Due to the COVID-19 pandemic, Governor Mills issued Executive Order 57 and *Keep Maine Healthy Plan* on June 9, 2020, to protect the health and safety of Maine residents and individuals traveling into Maine.

This form sets forth requirements for residential students to return to campus and the safety protocols residential students agree to adhere to related to COVID-19 based on current federal and state health and safety guidelines. Because the COVID-19 pandemic is still evolving, the University may adjust the applicable safety protocols. Residential students returning to UNE are required to complete this form, and to comply with all applicable UNE and Residence Life policies and protocols, including those included herein related to COVID-19, as may be updated or amended by the University throughout the academic year. Please carefully read the following.

SYMPTOMS

Are you currently experiencing any of the following symptoms?

- Fever or chills (100.4°F)
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Circle: YES NO

NOTE: *If you feel ill (fever, cough, trouble breathing), you should self-isolate and seek medical care. The Student Health Center can assist you during routine hours (8 am-4 pm). Please call (207-602-2358) and a provider will arrange for a zoom visit. If you need care outside of that time frame, please call Security (207-602-2298) to be put in touch with an on-call professional staff member.*

Community Care Requirements

All residential students are required to honor the following set of requirements, put in place to promote community health and safety in the midst of the COVID-19 pandemic. By signing below, I acknowledge receipt of these guidelines and agree to abide by them as well as any additional or amended guidelines the University may require as the situation develops.

Face Coverings and Social Distancing

- Wear a cloth face mask/covering at all times, even when I do not feel sick. The appropriate use of face masks/coverings is critical in minimizing risks to others, according to federal and state CDC guidance. If I am asked by a University official to put on a face covering, I must comply with that request. The only exception to when face masks/coverings must be worn are the following:
 - If I have received an accommodation from the Office of Student Access due to a preexisting condition that prevents me from safely wearing a face covering.
 - If I am in my residence hall room alone or with my roommate. Masks must be worn when I visit another residence hall room. Masks must also be worn whenever someone, other than my roommate, is present in my residence hall room.
- With the exception of designated academic activities or those approved by the Department of Athletics (e.g. team practice), maintain social or “physical” distancing, which is critical in preventing the spread of COVID-19, according to CDC guidelines. This means keeping six feet (about two arms’ length) away from other people outside of my residence hall room, and avoiding gatherings in large groups or crowded places. All UNE community members are required to adhere to social distancing guidelines, including during meal times, which include forgoing handshakes, fist bumps, etc. In some areas of campus, there will be directions and/or signage to assist individuals in social distancing. I am required to adhere to any such directions and signage.
- Meetings, including those conducted by clubs and organizations, are to be held remotely using the extensive array of available remote collaboration tools (e.g. Zoom, WebEx, Microsoft Teams, etc.).
- No more than one person may enter an elevator at a time, and all community members who are able to are asked to refrain from using elevators for matters of convenience and instead to use the stairs whenever possible so that others who require the use of an elevator may do so. Whether taking the stairs or elevator, I will wear my face mask/covering and avoid touching elevator buttons with my hands or fingers, using a tissue or other barrier between my finger and the buttons if possible. I will wash my hands or use hand sanitizer upon departing the elevator or stairwell.

Guests

- As a residential student, I am not permitted to have any guests visit me in the residence halls who are not current residential students of UNE. The only people allowed in UNE's residence halls are other UNE residential students, University contracted vendors, and University staff members.

Hygiene

- I will to wash my hands on a regular basis throughout the day, particularly upon arriving and preparing to leave campus, after touching my face or communal surfaces, after coughing or sneezing, or after using bathroom facilities. Handwashing, for at least 20 seconds with soap and water, is preferred to the use of hand sanitizer. Hand sanitizer stations are also available and will be maintained across campus.
- Like other respiratory viruses, COVID-19 is transmitted through droplets that are spread into the air when speaking, sneezing, or coughing. I will cough or sneeze into my elbow or use a tissue, covering my mouth and nose, and then immediately washing my hands as described above.

Symptom Monitoring

- I will monitor my symptoms daily which will include taking my temperature, and if I feel ill (fever, cough, trouble breathing), I will self-isolate, meaning I will not leave my residence hall room for purposes other than to use the restroom facility. I will not visit other residence hall rooms or visit other spaces on campus, and I will seek medical care. The Student Health Center can assist me during routine hours (8 am-4 pm). I will call (207-602-2358) and a provider will schedule me for a Zoom visit. If I need care outside of that time frame, I will call Security (207-602-2298) to be put in touch with an on-call professional staff person

Travel and Testing

- I understand I have been advised against travel outside of Maine. I agree to follow the 14-day self-quarantine/testing guidelines as follows:
 - If I travel outside of Maine, New Hampshire, Vermont, Connecticut, New Jersey, or New York, I will need to quarantine for 14 days upon return to the state or be able to certify that I have had a negative test result on a specimen taken no more than 72 hours prior to my arrival.
 - If I have taken a test upon return to the state, I will be required to quarantine in my residence hall room until I have received the results of, and are able to certify, that I received a negative test
 - If I have taken a test upon return to the state and received a positive test result, I must quarantine for 14 days.
 - In the event I receive a positive test result, I am required to notify the Student Health Center (207-602-2358).
- I understand that I may be instructed to take a COVID-19 test by the Student Health Center and will comply with such requests.

AGREEMENT TO ADHERE TO COVID-19 REQUIREMENTS

I understand and agree to adhere to all of the requirements set forth in this form, or that may be further imposed by the University during the academic year, including those related to residency and recent travel, quarantine and self-isolation, and community care. I understand that failure to abide by these requirements, and/or failure to abide by any College official's directions related to these requirements, will result in a Student Conduct review, the result of which could include suspension from the University or removal from residence halls. I understand that I will not receive a refund if my failure to abide by the requirements set for in this form results in my suspension from the University or removal from the residence halls.

By signing below, I acknowledge having read and understand this Certification/Community Care Requirements Form, and that I agree to adhere to these requirements and that the certifications I have made above are accurate.

Signature: _____ **Date:** _____

Printed Name: _____



COVID-19 ATTESTATION AND COMMUNITY CARE REQUIREMENTS FOR COMMUTING STUDENTS

Due to the COVID-19 pandemic, Governor Mills issued Executive Order 57 and *Keep Maine Healthy Plan* on June 9, 2020, to protect the health and safety of Maine residents and individuals traveling into Maine.

This form sets forth requirements for commuting students to return to campus and the safety protocols commuting students agree to adhere to related to COVID-19 based on current federal and state health and safety guidelines. Because the COVID-19 pandemic is still evolving, the University may adjust the applicable safety protocols. Commuting students returning to UNE are required to complete this form, and to comply with all applicable UNE policies and protocols, including those included herein related to COVID-19, as may be updated or amended by the University throughout the academic year. Please carefully read the following.

SYMPTOMS

Are you currently experiencing any of the following symptoms?

- Fever or chills (100.4°F)
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Circle: YES NO

NOTE: *If you feel ill (fever, cough, trouble breathing), you should self-isolate and seek medical care. The Student Health Center can assist you during routine hours (8 am-4 pm). Please call (207-602-2358) and a provider will arrange for a zoom visit. If you need care outside of that time frame, please visit a local walk-in clinic or emergency room. You may also call Security (207-602-2298) to be put in touch with an on-call professional staff member.*

Community Care Requirements

All students are required to honor the following set of requirements, put in place to promote community health and safety in the midst of the COVID-19 pandemic. By signing below, I acknowledge receipt of these guidelines and agree to abide by them as well as any additional or amended guidelines the University may require as the situation develops.

Face Coverings and Social Distancing

- When on campus I will wear a cloth face mask/covering at all times, even when I do not feel sick. The appropriate use of face masks/coverings is critical in minimizing risks to others, according to federal and state CDC guidance. If I am asked by a University official to put on a face covering, I must comply with that request. The only exception to when face masks/coverings must be worn is the following:
 - If I have received an accommodation from the Office of Student Access due to a preexisting condition that prevents me from safely wearing a face covering.
- With the exception of designated academic activities or those approved by the Department of Athletics (e.g. team practice), maintain social or “physical” distancing, which is critical in preventing the spread of COVID-19, according to CDC guidelines. This means keeping six feet (about two arms’ length) away from other people and avoiding gatherings in large groups or crowded places. All UNE community members are required to adhere to social distancing guidelines, including during meal times, which include forgoing handshakes, fist bumps, etc. In some areas of campus, there will be directions and/or signage to assist individuals in social distancing. I am required to adhere to any such directions and signage.
- Meetings, including those conducted by clubs and organizations, are to be held remotely using the extensive array of available remote collaboration tools (e.g. Zoom, WebEx, Microsoft Teams, etc.).
- No more than one person may enter an elevator at a time, and all community members who are able to are asked to refrain from using elevators for matters of convenience and instead to use the stairs whenever possible so that others who require the use of an elevator may do so. Whether taking the stairs or elevator, I will wear my face mask/covering and avoid touching elevator buttons with my hands or fingers, using a tissue or other barrier between my finger and the buttons if possible. I will wash my hands or use hand sanitizer upon departing the elevator or stairwell.

Hygiene

- I will wash my hands on a regular basis throughout the day, particularly upon arriving and preparing to leave campus, after touching my face or communal surfaces, after coughing or sneezing, or after using bathroom facilities. Handwashing, for at least 20 seconds with soap and water, is preferred to the use of hand sanitizer. Hand sanitizer stations are also available and will be maintained across campus.
- Like other respiratory viruses, COVID-19 is transmitted through droplets that are spread into the air when speaking, sneezing, or coughing. I will cough or sneeze into my elbow or use a tissue, covering my mouth and nose, and then immediately washing my hands as described above.

Symptom Monitoring

- I will monitor my symptoms daily which will include taking my temperature, and if I feel ill (fever, cough, trouble breathing), I will self-isolate, meaning I will not leave my place of residence, and I will seek medical care. The Student Health Center can assist me during routine hours (8 am-4 pm). I will call (207-602-2358) and a provider will schedule me for a Zoom visit. If I need care outside of that time frame, I will visit a local walk-in clinic or emergency room. I may also call Security (207-602-2298) to be put in touch with an on-call professional staff person

Travel and Testing

- I understand I have been advised against travel outside of Maine. I agree to follow the 14-day self-quarantine/testing guidelines as follows:
 - o If I travel outside of Maine, New Hampshire, Vermont, Connecticut, New Jersey, or New York, I will need to quarantine for 14 days upon return to the state or be able to certify that I have had a negative test result on a specimen taken no more than 72 hours prior to my arrival.
 - o If I have taken a test upon return to the state, I will be required to quarantine in my place of residence until I have received the results of, and are able to certify, that I received a negative test
 - o If I have taken a test upon return to the state and received a positive test result, I must quarantine for 14 days.
 - o In the event I receive a positive test result, I am required to notify the Student Health Center (207-602-2358).
- I understand that I may be instructed to take a COVID-19 test by the Student Health Center and will comply with such requests.

Agreement to Adhere to COVID-19 Requirements

I understand and agree to adhere to all of the requirements set forth in this form, or that may be further imposed by the University during the academic year, including those related to recent travel, quarantine and self-isolation, and community care. I understand that failure to abide by these requirements, and/or failure to abide by any College official's directions related to these requirements, will result in a Student Conduct review, the result of which could include suspension from the University. I understand that I will not receive a refund if my failure to abide by the requirements set for in this form results in my suspension from the University.

By signing below, I acknowledge having read and understand this Certification/Community Care Requirements Form, and that I agree to adhere to these requirements and that the certifications I have made above are accurate.

Signature: _____ **Date:** _____

Printed Name: _____