

GUATEMALA

Physical Therapy Cultural Competency Experience

PTH 725 (1 Credit)

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Tentative Travel Dates: late April/early May | Estimated Travel Fee \$3,200

DAY 1 | Fly to Guatemala City

Take shuttle from Portland to Boston Logan airport for flight to Guatemala. Travel by van to Quetzaltenango. Group orientation and dinner.

DAY 2 | Quetzaltenango Site Visit

Morning visit with Health Programs at University Rafael Landivar. Additional visits to local hospital and rehabilitation center. Afternoon travel by van to San Pedro la Laguna. Group dinner.

DAY 3 | San Pedro la Laguna Site Visits

Spend day at a school for children with disabilities, conducting home visits, and visiting a job training program. Overnight in San Pedro la Laguna.

DAY 4 | San Pedro la Laguna Site Visits

Second day at a school for children with disabilities, conducting home visits, and visiting a job training program. Overnight in San Pedro la Laguna.

DAY 5 | Cultural Tour & Local Medicine

Travel by boat to Santiago Atitlan. Cultural tour and visit with a local Shaman. Afternoon free time and exploration of local markets.

DAY 6 | Provider Interviews

Conduct interviews with local service providers and service recipients in Santiago Atitlan. Overnight in Santiago Atitlan.

DAY 7 | Site Visits & Travel to Antigua

Spend the morning at La Puerta Abierta school. Serve lunch at local senior center. Site visits in afternoon to hospital and job program for people with disabilities. Travel to Antigua by van, and group dinner.

Sample Itinerary

DAY 8 | Site Visits & Cultural Activities

Visit Azotea Museum and coffee farm. Afternoon Antigua scavenger hunt, and chocolate-making class. Overnight in Antigua.

DAY 9 | University Visit

Spend the day with OT and PT faculty and students at Rafael Landivar University. Overnight in Antigua.

DAY 10 | Site Visits & Cultural Activities

Visit Virgen del Socorro Hospital and Rehab Center as well as local outpatient clinic. Afternoon tour of Santiago Cathedral ruins. Overnight in Antigua.

DAY 11 | Site Visits & Cultural Activities

Morning visit to wheelchair and prosthetics clinic. Watch wheelchair basketball practice in afternoon. Group dinner and overnight in Antigua.

DAY 12 | Return Home

Depart Guatemala City to return to US.

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