ICELAND

Arctic Adventure Tourism
ORM 275/275L (4 Credits)
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Tentative Travel Dates: May 22-30 | Estimated Travel Fee $3,000

Sample Itinerary

DAY 1 | Fly to Reykjavik, Iceland
Fly overnight to Reykjavik, Iceland.

DAY 2 | Reykjavik & Blue Lagoon
After an early morning arrival in Reykjavik, visit the Blue Lagoon, one of the 25 wonders of the world. This geothermal spa is world-renowned for its therapeutic waters and milky blue color. Afterward, you will explore Reykjavik, the capital city of Iceland, before a welcome dinner. Overnight at hostel.

DAY 3 | University of Iceland
Enjoy breakfast before traveling to the University of Iceland to meet faculty and students. In the afternoon, consider visiting one of Reykjavik’s museums, including the Reykjavik Maritime Museum, the National Museum of Iceland, or Perlan's Wonders of Iceland Exhibit. Enjoy lunch and dinner on your own in one of Reykjavik’s restaurants or cafés. Overnight at hostel.

DAY 4 | Mýrdalsjökull Glacier & Arrival at Þórsmörk
After breakfast at the hostel, you will be met by a Volcano Trails guide to travel to the Mýrdalsjökull glacier, atop the Katla volcano, for a glacier walk. Continue to the Volcano Huts, your home for the next three nights. Lunch and dinner are included.

DAY 5 | Þórsmörk
You will have a day in the Þórsmörk area to hike one of their famous volcano trails. Highlights in Þórsmörk include valleys, plateaus, rivers, foothills, canyons, and mountains. Opportunity to enjoy the Volcano Huts’ sauna and sitting pool. Breakfast, lunch, and dinner are included.

DAY 6 | Stakkholtsgjá Canyon
View waterfalls, cliffs, and streams during a hike through Stakkholtsgjá Canyon, one of the filming locations of Game of Thrones. Breakfast, lunch, and dinner are included. Final overnight at the Volcano Huts.

DAY 7 | Golden Circle & Gjábakkahellir Cave
Embark from Þórsmörk to the Golden Circle route, famous for its geysers and waterfalls. Stop at the Gjábakkahellir lava tube cave, where you can see impressive lava falls and shark tooth stalactites. Return to Reykjavik. Breakfast and lunch included.

DAY 8 | Reykjavik
Breakfast at the hostel before a free day to explore Iceland’s largest city. Suggested highlights include the iconic Hallgrímskirkja church, the Viking World Museum, Aurora Reykjavik Northern Lights Center, Laugavegur shopping district, or Ábaer Open Air Museum. Lunch on your own. Afterward, attend a farewell dinner to help say goodbye to your time in Iceland! Final night at hostel.

DAY 9 | Fly back to the United States
Finish packing and enjoy breakfast at the hostel before your return flight to the United States.