

# Seeking Volunteers...

## For a Survey on Home Water Quality & Health



### Understandings of Home Water Quality & Personal Health in Aging

Home tap water may contain small amounts of certain contaminants depending on the source. A common contaminant in Maine well water is arsenic. Contaminants may be harmless or pose health risks over time. Older adults can be vulnerable to such risks due to aging-related changes in health.

Dr. Tom Meuser, Director of the UNE Center for Excellence in Aging & Health, is partnering with an environmental health researcher Dr. Jane Disney, MDI Biological Laboratory, to conduct this research study.

#### Who can participate?

Adults, aged 55+ years, are invited to take part.

#### What's involved?

Participants complete a web-based survey that takes 20-30 minutes. Sample questions are presented to the right. Respondents from Maine may choose to pursue free home water testing through the MDI Biological Laboratory.

**What are the risks and benefits?** For those who choose to have their home water tested, a risk may be learning of a current contaminant and associated anxiety about its potential impacts. A benefit may be new learning about home water quality and ways to enhance safety (e.g., through filtration).

**Are there costs to participate?** Just your time and effort. *There is no compensation for participation.*

### Sample Questions

What is the source of tap water in your home?

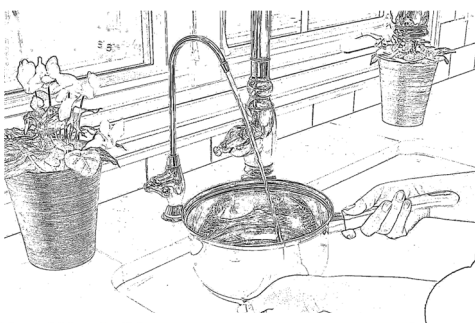
*Rate your agreement with each statement on a 1-7 scale:*

*I feel safe drinking water from my home tap.*

*Most home tap water contains small amounts of contaminants.*

*Treating (filtering) home tap water reduces risk for disease.*

*Short-term arsenic exposure in home well water is not a problem for personal health.*



### How do I volunteer to participate?

Click on or copy and paste this link to register:

[https://redcap.link/LSP\\_Water\\_Survey\\_2023b](https://redcap.link/LSP_Water_Survey_2023b)

Or send an email to Dr. Meuser and he will send you the survey link. The survey is open Fall 2022—Spring 2023.

*Approved by the UNE Institutional Review Board, 11/15/22, Protocol 1122-04.*

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