

To qualify for the honors distinction in the Maine AHEC Care for the Underserved Pathway, Scholars must successfully participate – at a minimum – in the following learning activities that are focused on caring for the underserved. Participation in these activities equates to 80 hours of didactic and 80 hours of community-based experiential learning during the two- or three-year enrollment. For more information, visit the Maine AHEC Scholars website at www.une.edu/cupahecscholars or contact the AHEC Scholars Program Manager, Micaela Maynard (mmaynard4@une.edu)

AHEC Scholar Programming Focuses on 8 Core Topic Areas:

- Cultural Competency
- Connecting Communities & Supporting Health Professionals
- Practice Transformation
- Virtual Learning & TeleHealth
- Interprofessional Education
- Behavioral Health Integration
- Social Determinants of Health
- Current and Emerging Health Issues

YEAR 1:

- AHEC Scholar Orientation** – Get to know your fellow Scholars and take a deep dive into the AHEC Scholars Program (One 2-hour evening meeting, on Campus, September 2024)
- Community Engagement Expo** – Gain foundational and hands-on learning for the community-based experiential training opportunities throughout the year (4-hour event, on the Portland UNE campus, Saturday morning, September 2024)
- Didactic Lessons & Facilitated Debrief** – Participate in a combination of in-person and virtual sessions on unique topic areas (Fall Semester: One 2-hour in-person session, One online session. Spring Semester: One 2 hour in-person session, One online session.) Reflective journal submissions are required for both online sessions.
- Rural Health Immersion (RHI)** – Complete a 3-day rural health immersion in Maine. RHI experiences focus on unique public health and healthcare challenges and strategies in rural and underserved communities. This multi-day (all expenses paid) opportunity combines interprofessional service learning, integrated clinical health experiences, and community-based experiences to demonstrate what it's like to live and work in rural communities in Maine. (Offered over March Spring Breaks, mid and late-May, and early June)

YEAR 2:

- Maine AHEC Case Competition** – In small interprofessional teams, investigate a systemic health issue affecting communities in Maine and develop a case analysis that focuses on building a better healthcare system (Work on this program occurs during Spring 2025, Summer 2025, with final presentations in Fall 2025)
- Health Equity Capstone** – Through clinical and community-based learning opportunities, apply the critical knowledge and skills gained through the AHEC Scholars Program to promote health, address health disparities, and improve health equity in an underserved community in Maine or beyond. (40 hours during a clinical or fieldwork experience).

UNE – Osteopathic Medicine	CHR (elective), Fam. Med, Peds.	Year 3
UNE – Dental Medicine	Externship	Year 3 or Year 4
UNE – Pharmacy	APPE	Year 4
UNE – Physician Assistant	Fam. Med, Peds	Year 2
UNE – Physical Therapy	CP2	Year 2
UNE – Occupational Therapy	Fieldwork	Year 2
UNE – Masters Public Health	Applied Practical Experience	Year 2
Tufts Maine Track	CAP Experience/LIC Experience	Year 2 or Year 3
Community Health Worker	Placement Site	Year 2

YEAR 1 or YEAR 2 ACTIVITIES (ONGOING)

Interprofessional Experiences (must choose 1):

- Reproductive Justice Leadership Program (Prior Program Acceptance Required)
- Interprofessional Team Immersion (Offered twice a year - Facilitated by CAIPE)
- New Mainers High School Healthcare Pathways Program
- Public Health Interprofessional Team Training (Facilitated by Dr. Ling Cao - UNE Only)
- Interprofessional Geriatric Educational Program (PA Only)

Community-Based Experiential Training: (CBET is defined as 60 minutes of didactic learning or training and 2 hours of hands-on/ community-based/interprofessional learning) Complete at least two CBETs with associated online modules during your time in the program:

- Vaccine Clinics (UNE-based clinics or community clinics)
- Hearing & Vision Screenings with Biddeford Public Schools
- Cumberland County Jail Health and Wellness Fairs
- Portland Needle Exchange: Harm reduction activities - self-guided
- UNE Service-Learning Programs w/ the Baron Canter, MEDOC, Milestone Recovery, etc.
- Health Careers Exploration Summer Camp on UNE Campus (June 2025)
- Maine's Annual Fishermen's Forum (February 2025)
- SPUR Clinic with Portland Public Health
- Nutrition Education - Preble Street Resource Center, Baron Center, Community Gourmet
- Partners in World Health - self-guided

Scholars can access all of the Program materials, program information, and log their completed activities in our Bright Space Site: <https://ceonline.une.edu/d2l/login>.

Scholars will receive their log-in credentials (user name and password) from "CEonline" prior to orientation. Scholars can reset their passwords once logged in. It is encouraged that Scholars bookmark this website as it will be referenced often during the duration the program for sign-up opportunities, didactic recordings, and as a way to log your activities and progress.

To log your activities, navigate to the "Logging Your Activities" survey from the Table of Contents and select the appropriate activity from the drop-down menu.