KEYNOTE SPEAKERS

Dennis McCullough Memorial Lecturer
Wendy Lustbader, M.S.W.

Wendy Lustbader, M.S.W., is an affiliate associate professor at the University of Washington School of Social Work in Seattle. Her work earned her a national reputation in the field of aging. She is also a popular speaker at conferences throughout the United States and Canada, using storytelling to animate complex subjects.

Friday, 8:15 a.m. Living as Prescribed: Ways to Motivate Improved Self Care

Friday, 1 p.m.

Fireside Chat

Lewis A. Lipsitz, M.D.

Lewis Lipsitz, M.D., is the director of the Marcus Institute for Aging Research at Hebrew SeniorLife, chief of the Division of Gerontology at Beth Israel Deaconess Medical Center, and professor of medicine at Harvard Medical School. His research is focused on age-related central blood flow in relation to falls, syncope, and cognitive dysfunction.

Thursday, 8:30 a.m.

Mechanisms and Management of Falls and Syncope in Older Adults

Thursday, 10:15 a.m.

Fireside Chat: Aging Concepts and Controversies

Robert Anderson, M.D.

Rob Anderson, M.D., is an emergency medicine and internal medicine physician at Maine Medical Center (MMC) and director of the MMC House Call Program. His career goal is to increase interest in the care of older people. He now finds the kitchen tables of strangers to be an inspiring new place for medical education.

Thursday, 12:15 p.m.

From Prescription Pad to Kitchen Table: A Dangerous Journey

Thursday, 3:15 p.m.

Fireside Chat

SPECIAL GUEST SPEAKERS

Toni Miles, M.D., Ph.D.
University of Georgia

Friday, 10:30 a.m. and 1 p.m. Best Practices in Bemervance Care for Lung Kern Staff

Mikhail Kogan, M.D.
Medical Director, George Washington Center for Integrative Medicine

Friday 10:30 a.m. and 1 p.m. Evidenced Based Modalities to Advance Older Adult Health
THURSDAY, JUNE 13, 2019
8 a.m. Welcome and Conference Announcements
Marilyn R. Gugliucci, Ph.D.
8:30 a.m. Mechanisms and Management of Falls and Syncope in Older Adults
Lewis A. Lipetz, M.D.
9:45 a.m. BREAK
10:15 a.m. Workshops Session A
A1. Building a New Narrative on Aging
Jess Maurer, J.D.
A2. Fireside Chat: Aging Concepts and Controversies
Lewis A. Lipetz, M.D.
A3. Using Simulation to Teach Healthcare Students to Provide Family-Centered Care in a Home Environment
Val Sauda, M.S.N., RN, BC
A4. Protect ECHO: Best Practice Care for Underserved People
OFSP Singer, M.D.
11:30 a.m. LUNCH: Networking Lunch Tables
12:45 p.m. From Prescription Pad to Kitchen Table: A Dangerous Journey.
Rob Anderson, M.D.
1:45 p.m. Current and Future Trends: The Wisdom for Integrating Medical Care, Behavioral Health, and LTSS.
Ted Rooney, RN, MPH.
2:45 p.m. BREAK
3:15 p.m. Workshops Session B
B1. Fireside Chat
Robert Anderson, M.D.
Leslie Anderson, PT, M.S.B.
B3. Virtual Reality: A Health Professions Education Platform to Enhance Empathy and Knowledge
Marilyn Gugliucci, M.A., Ph.D.
Elizabeth Oye, M.L.I.S., AHIP.
B4. MCOA Policy Track: Aging Policy Year in Review
Jess Maurer, J.D.
Co-Presenters: Ted Rooney, Elizabeth Gattine

FRIDAY, JUNE 14, 2019
8 a.m. Welcome and Conference Announcements
Marilyn R. Gugliucci, Ph.D.
8:15 a.m. Living as Prescribed: Ways to Mitigate Improved Self Care
Stevie McCullough Memorial Lecture
Wendy Lustbader, M.S.W.
9:15 a.m. TBD
State Official Slot
10 a.m. BREAK
10:30 a.m. Workshops Session C
C1. Functional Containment: Person Centered Dementia Care Model
Daniel Pierce, O.D.
C2. Best Practices in Bereavement Care for Long Term Care Staff
Tori Missi, M.D., Ph.D.
C3. Integrative Geriatrics: Evidence-Based Modalities to Advance Older Adult Health
M.H. Kogan, M.D.
C4. Older Adult Immunizations: Why Shots Aren’t Just for Kids
Ashley M. Lovegrove, M.P.H.
11:45 a.m. LUNCH: Dirigo Geriatrics Society Meeting and Networking Lunch Tables
1 p.m. Workshops Session D
D1. Integrative Geriatrics: Evidence-Based Modalities to Advance Older Adult Health
Repeat of session #C3 above
M.H. Kogan, M.D.
D2. Best Practices in Bereavement Care for Long Term Care Staff
Repeat of session #C2 above
Tori Missi, M.D., Ph.D.
D3. Overview of the 2018 Alzheimer’s Association Dementia Care Practice Recommendations
Peter Baker
D4. Fireside Chat
Wendy Lustbader, M.S.W.
2:15 p.m. BREAK
Dessert available
2:30 p.m. Attendee Forum: Aging in Maine: Experiences From Within
Panel of Older Adult Attendees
3:10 p.m. Raves and Rants Wrap up
The Maine Geriatrics Conference Planning Committee

CONFERENCE SPONSORS
As this list is dynamic, please view a complete list of sponsors and exhibitors on the Maine Geriatrics Conference Website:
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CONFERENCE PLANNING COMMITTEE
Sarah Morrill, RN, B.S.N., Maine Primary Care Association; Elizabeth Gattine, GSM/Muken; Lauren Kays, UMaine Co on Aging; Judy Rawlings, MOCA; Clifford Singer, EMHS/DGS; Tanya Skeple, UMaine Fort Kent/ Aroostook Cty; Holly Zielinski, M4A; Valerie Sauda, co-chair; Husson MCOA; Clifford Singer, EMHS/DGS; Tanya Sleeper, UMaine Fort Kent/ Gattine, USM/Muskie; Lenard Kaye, UMaine Ctr on Aging; Judy Rawlings, Sarah Morrill, RN, B.S.N., Maine Primary Care Association; Elizabeth Gattine, GSM/Muken.

OVERALL LEARNING OBJECTIVES
1. To effectively apply knowledge gained during the conference to actual situations regarding the care of older adults and the support of their informal caregivers
2. To evaluate older adult health care needs and implement potential mechanisms and modalities to address them
3. To develop ideas for working with older adults or propose alternative care solutions for improved health and wellbeing as expressed by the older adult

WHO SHOULD ATTEND
Nurses, nurse practitioners, physicians, physician assistants, nursing facility administrators, certified nursing assistants, psychologists, social workers, mental health practitioners, occupational therapists, physical therapists, substance abuse counselors, and other aging enthusiasts.

29TH ANNUAL MAINE GERIATRICS CONFERENCE: WHERE POLICY MEETS PRACTICE
We provide a venue for health practitioners, social service providers, and others with interests in the field of aging to come together to share ideas, ask questions, and develop or support care strategies affecting older adults in all care settings. This is our task and our mission.
We are dedicated to ensuring that all conference sessions will enlighten, inspire, and honor the abilities of our conference attendees. By the end of the conference, you will be better prepared to advance ideas and systems that address older adult health disparities and optimize aging.

LEGAL LEARNING OBJECTIVES
To develop ideas for working with older adults or propose alternative care solutions for improved health and wellbeing as expressed by the older adult

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Aplications for exhibitors will be accepted on an space-available basis, through June 7. 2019. Sponsorships always accepted.

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