



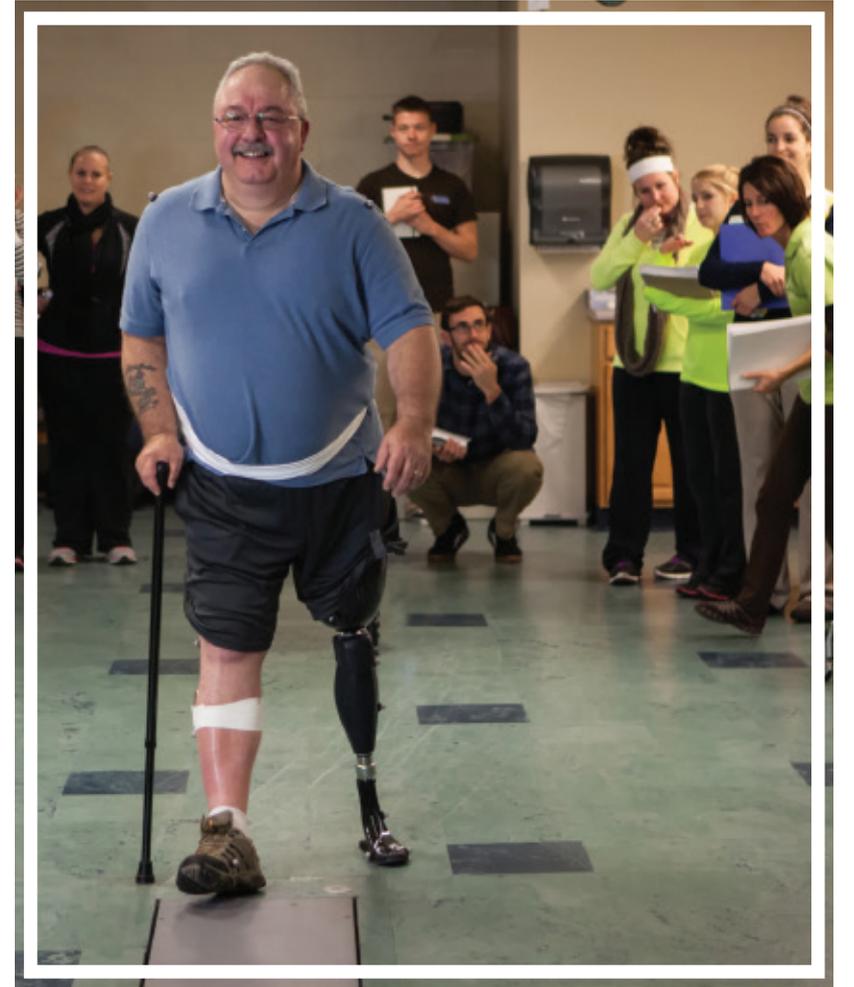
716 Stevens Avenue  
Portland, ME 04103

follow us    



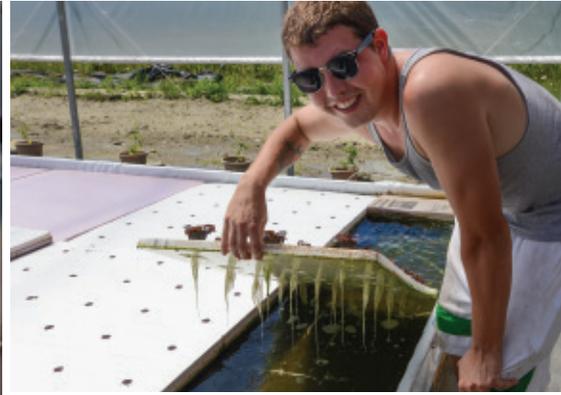
FOR ALUMNI AND FRIENDS OF  
THE UNIVERSITY OF NEW ENGLAND,  
WESTBROOK COLLEGE AND  
ST. FRANCIS COLLEGE

# TEAMING UP TO IMPROVE LIVES



UNE MAGAZINE

WESTBROOK COLLEGE OF HEALTH PROFESSIONS



Clockwise starting from bottom left: Students work with patients at the Channels Health Fair; Nick Vespa, Marine Sciences '17, works as an aquaponics intern at Fluid Farms; UNE student poses with a new friend in Ghana.

**WITH THE FAST-APPROACHING WINTER HOLIDAYS**, I have found myself pausing in recent weeks to reflect upon the many uniquely dedicated men and women who have helped UNE expand and evolve in such important ways over the past few years.

I recognize how fortunate I am to work with and for so many talented, caring individuals. Through our students, who perform thousands of hours of volunteer work each year at the local, national and global level; our faculty, who are leaders in their fields; and our alumni, who maintain lifelong relationships that began at UNE, we continue to extend UNE's reach, tackling some of the most crucial challenges of our time. Along the way, we create new relationships that span oceans and cross continents.

In this issue of UNE Magazine, you will learn more about the ways in which students and faculty in our Westbrook College of Health Professions are putting their classroom knowledge to work to improve people's lives. I find it inspiring that the learning that begins on our campuses in southern Maine enables students to help people in places as far away as Ghana. You will also learn about a new aquaponics initiative in our College of Arts and Sciences that is allowing students to grow vegetables and edible fish at the UNE Marine Science Center; about a new partnership our College of Dental Medicine has forged with KeyBank to address Maine's dental provider shortage; and about a long list of institutional awards UNE has recently amassed.

I hope you enjoy learning about these and other developments at UNE, and I offer my heartfelt thanks to you — our alumni, parents, and friends — for the role you play in making our University's life complete.

**BEST WISHES FOR A JOYOUS HOLIDAY SEASON.**

DANIELLE N. RIPICH, Ph.D. | PRESIDENT



follow us



A child has his face painted by a UNE student at the Parkside "Health on the Move" block party.



We hope you enjoy our WCHP issue.

For more information about UNE, please visit [www.une.edu](http://www.une.edu).

# UNE

MAGAZINE

A publication of the  
Office of Communications

**VICE PRESIDENT**  
Anouar Majid

**DIRECTOR**  
Crystal Canney

**MAGAZINE STAFF**  
**Chief Writer and Editor**  
Jen Porto

**Copyeditors**  
Jennie Aranovitch  
Josh Pahigian

**Art Director**  
Laura Duffy

**Graphic Designer**  
Marine Miller

**Contributing Writers**  
Jen Porto      Collyn Baeder  
Josh Pahigian      Zoe Hull  
Jennie Aranovitch      Ellen Beaulieu  
Sarah Delage      Isla Baldwin  
Curt Smyth      Emma Bouthillette  
Angela Coulombe      Mary Taddia  
Bill Chance      Anne Schaff  
Amy Haile

**Photographers**  
Holly Haywood  
Jeff Scher

UNE Magazine is a publication for alumni, parents, friends and associates of the University of New England. It is published twice a year.

Contact the UNE Communications Office,  
716 Stevens Ave., Portland, ME 04103,  
[jporto@une.edu](mailto:jporto@une.edu)

For address changes,  
contact [lgebhart@une.edu](mailto:lgebhart@une.edu)

Opinions expressed in this magazine are those of the authors.

PAGE 04  
The Healing Powers of Teamwork

PAGE 22  
Aquaponics: Growing Food for a Growing Industry

PAGE 26  
News in Brief

PAGE 60  
Deborah Morton Society Convocation

- 
- 14 Campaign Spotlight: Innovation
  - 16 UNE Portrait
  - 18 In the Community
  - 20 Campaign Spotlight: Opportunity
  - 30 Nor'easter News
  - 34 Athletics Hall of Fame
  - 36 Campaign Spotlight: Place
  - 38 Alumni Weekend
  - 42 Class Notes
  - 50 In Memoriam
  - 52 Remembering James Dickinson
  - 54 George and Barbara Bush Distinguished Lecture Series
  - 56 Behind the Scenes at UNE
  - 58 UNE Portrait





Student volunteers pose together at the Parkside "Health on the Move" block party.

IF THERE IS ONE THING DEAN ELIZABETH FRANCIS CONNOLLY WANTS PEOPLE TO KNOW ABOUT THE WESTBROOK COLLEGE OF HEALTH PROFESSIONS (WCHP), IT'S THAT "WE'RE WORKING TO BETTER PEOPLE'S LIVES."

With 11 distinct programs — including Physical Therapy, Social Work, Dental Hygiene and Applied Exercise Science — WCHP is training the next generation of health care professionals to improve patient care from all angles. But educating these budding health experts isn't just a matter of providing them with classroom lectures and run-of-the-mill internships; by providing meaningful hands-on learning experiences, WCHP positions its graduates to thrive in a competitive job market.

WCHP's student body is comprised of self-starters who take the initiative to volunteer within their communities and seek out new learning and practicing environments. The students seize every opportunity to work interprofessionally, integrating themselves into a variety of other disciplines as they learn from and teach their peers.

LEARNING TO WORK AS A TEAM

To prepare themselves for their work within the community, students are making strides

through UNE's Interprofessional Simulation and Innovation Center. The Center includes three simulation labs with fully equipped control rooms, a task training lab and a debriefing classroom. The clinical simulation labs use mannequins placed in realistic settings, such as exam or operating rooms, giving students and visiting clinicians the opportunity to advance their skills while immersing themselves in realistic patient-care scenarios.

This year marked the successful completion of an interprofessional team immersion (IPTI) pilot project within the center that focuses on helping health professions students improve communication and teamwork. The goal of the project is to combat the more than 200,000 deaths that occur annually in the United States, largely as the result of poor communication and coordination between health professionals and health care workers. IPTI is a gateway for students to learn with, from and about each other's unique expertise, which will improve their service to patients, clients and their communities.

During the program, eight student teams composed of undergraduates and graduates from

**"We're working to better people's lives."**

— Elizabeth Francis Connolly

**WCHP PROGRAMS**

1. Applied Exercise Science
2. Athletic Training
3. Dental Hygiene
4. Health, Wellness and Occupational Studies
5. Nursing
6. Social Work
7. Nurse Anesthesia
8. Occupational Therapy
9. Physician Assistant
10. Public Health
11. Physical Therapy

WCHP, College of Pharmacy, College of Dental Medicine and College of Osteopathic Medicine work on a faculty-developed patient case based on common clinical scenarios. Students participate in team-building exercises, critical case analysis and didactic sessions, collaborating with each other and determining courses of action. At the end of the semester, standardized patients are interviewed by student teams in three sessions that include a briefing, huddle and debrief. These interviews mimic real-world encounters that students will likely experience in clinical workplace settings after graduation and in their service learning endeavors.

By the end of term, UNE students gain more than just the ability to collaborate with other health professionals. They also learn that they can help patients by being actively invested and showing compassion — skills not always covered in a traditional curriculum. “The patient actors told us that even though sometimes there were no solutions for their “problems,” they still felt truly

**“Our students are comfortable with letting each other talk through these scenarios because they learn what is different about each discipline but also what’s the same.”** — Cohen Konrad

cared for because the students were so empathetic,” reflected Shelley Cohen Konrad, Ph.D., LCSW, FNAP, professor and interim director of the School of Social Work and director of the Interprofessional Education Collaborative. “Even though we can’t always fix the problem, that doesn’t mean we’re not helping our patients. We focus on solutions, but care involves more than that.”

While this initiative offers a unique learning opportunity for students, it has also led to surprising realizations from faculty members, all of whom work as clinical professionals.

By observing students, instructors have realized that while they are comfortable talking about their own skills specific to their professions, they don’t spend as much time focusing on where interprofessional knowledge overlaps and the importance of what that means when caring for patients.

“When a physician prescribes medication, they discuss it with the patient. However, when that patient is discharged, he or she also speaks with a nurse, a pharmacist and possibly even a social worker. So, he or she is collecting information from four different professions,” Cohen Konrad explained. “Our students are comfortable with letting each other talk through these scenarios because they learn what is different about each discipline, but also what’s the same.”

Moving forward, IPTI and activities in the Simulation Center will provide University-wide opportunities for students and faculty.

**BUILDING HEALTHIER COMMUNITIES**

When students aren’t working in the Simulation Center, they’re out making a difference in the community. The volunteer work in which UNE students engage is taking place on a local, national and even global level as they embark on service learning projects made possible through UNE’s rapidly growing network of community partnerships. UNE’s Service Learning program was created in 2010 with the goal of providing every student with a community engagement opportunity prior to graduation. While some students do participate for credit as part of a course, the majority of students are volunteering purely for the experience.

“Students come to me every year with new ideas and interests,” says Trisha Mason, M.A., coordinator of WCHP Service Learning. “Our list of partnerships continually grows as we balance the skills and passions of our students with the needs of the community.”

The list of outreach sites is as long as it is diverse. UNE has formed literally hundreds of partnerships with organizations such as the Alzheimer’s Association, Greater Portland Immigrant and Refugee Health Collaborative, STRIVE and even area day care centers.



*Clockwise starting from bottom left: Child gets measured for a helmet at the Biddeford Blast for Kids event; WCHP students treat a patient at the Community Health Fair; Students discuss clinical solutions for a patient case in the Interprofessional Simulation and Innovation Center.*



Clockwise starting from bottom left: UNE student comforts a young child while volunteering in Ghana; UNE staff and students work together with inmates inside the Cumberland County Jail; UNE student volunteers smile with local children at the Riverton Spring Wellness Fair.

“We try to expose students to communities, populations and environments they might not be familiar with,” Mason remarked. “By gaining experience with people they might not see through their clinical rotations, students are being trained to be more culturally aware practitioners.”

**“UNE provides endless ways to become involved, and I believe they are some of the most rewarding and educational opportunities available.”** — Erika Derks

Students from every program within WCHP are immersing themselves in a variety of different ways, whether they’re providing oral health screenings at health fairs, offering support for homeless individuals through the Milestone Foundation, or working with youth at the Barbara Bush Children’s Hospital. UNE’s collaborative program with the Cumberland County Jail, which provided 12 weeks of wellness workshops for inmates, even caught the interest of local news outlets earlier this year. Wherever there is a need within the community, there is a student with the passion to address it.

“UNE provides endless ways to become involved, and I believe they are some of the most rewarding and educational opportunities available,” said

Erika Derks, Physical Therapy ’16. “I’ve had the chance to work with individuals who are underserved in the Portland community, and it has made me a better, well-rounded clinician. It has taught me initiative, compassion, respect and gratitude — not only for the people whom we serve but also for those working alongside of me. Through these opportunities, I have found a passion for helping those in need.”

According to Mason, service learning is a way to help instill in students a commitment to life-long service. “We want them to continue making a positive impact on their communities — not just in their jobs but in their personal lives as well,” she expanded.

What is most notable about UNE students is their self-motivated nature. Many students encourage not only their peers to become involved in service learning opportunities but faculty members as well. The mutually beneficial impact that these efforts have for students, faculty and local communities has helped the program blossom from year to year.

“I was first exposed to the lack of dental care received by the inmates at the Cumberland County Jail while watching UNE’s ‘Health Behind Bars’ video,” shared Chelsea Roccaro, Dental Hygiene ’16. “I was upset because I saw the way the men at the jail believed no one cared enough for them, and I was motivated because

I knew I would make it my mission to change that. Everyone deserves to have access to dental care, and that includes the inmates at the jail.”

**IMPACT**

By communicating with peers in the Simulation Center, participating in team-building exercises and developing a commitment to service, WCHP students and graduates have become agents for change, offering new perspectives on how to improve patient care.

“Students ask clinicians really amazing questions,” noted Karen Pardue, Ph.D., M.S., RN, CNE, ANEF, associate dean for Academic Affairs and associate professor of Nursing. “It makes practitioners stop and think about why they do things a certain way.” As health care is consistently changing, faculty members view WCHP as a learning community that encourages students to challenge existing structures and introduce innovative approaches.

During the 2014–2015 academic year, WCHP students provided 380,000 clinical training hours to health care organizations, and they donated another 3,700 hours through community-based service learning. While that figure portrays time in numerical terms, it’s the quality of those hours and the compassion they embody that have the most staggering impact. Not only are students easing the workload for clinicians, they are also

improving the value of patient care by spending considerable time with each individual they see. On rotations at Maine General Health, students are participating in home visits, observing first-hand the context of their patients' lives. These one-time visits eliminate the need for multiple appointments with multiple doctors, helping to avoid medical errors. The visits not only benefit patients, who appreciate the one-on-one time, but they are changing the business of family medicine as a result.

**“We want students to experience this because it changes them. We want them to not just get it in their minds but feel it in their souls because that’s lasting learning [...] Students experience service learning in a way that’s compassionate and hands-on, and that will hopefully change their practice for the better in the future.”** — Cohen Konrad

“It is common for clinicians working in ambulatory care to have performance expectations, and that restricts the amount of time they can devote to each patient,” explained Pardue.

“Students don’t have the same requirement, so they are able to sit with people, listen to their stories and support them. It’s good for students to learn to be empathetic, but at the same time, patients need to feel heard.”

And they are being heard — on a global scale, thanks to UNE’s Ghana Cross Cultural Health Immersion. Each year, students and faculty travel to Ghana for two weeks, providing health education and clinical services to a population with severely restricted access to health services. For many Ghanaians, this initiative is the only opportunity they have all year to receive necessary medical treatments. The students and faculty who participate in the immersion have been able to build relationships with these community members, and have had their eyes opened to how health care is practiced in underserved areas.

“We want students to experience this because it changes them. We want them to not just get it in their minds but feel it in their souls because that’s lasting learning,” Cohen Konrad expressed. “It isn’t just about dosages, it isn’t just about technicalities. Students experience service learning in a way that’s compassionate and hands-on, and that will hopefully change their practice for the better in the future.”

“The way I practice dental hygiene has forever been changed because of the men and women I had

the privilege of working with [at the Cumberland County Jail],” added Roccaro. “After meeting the inmates, I realized they were men and women who had families who love them just as much as I love mine; we are the same. Not only have I grown professionally, but my own personal growth has been impacted as well. I will forever remember this as one of the greatest and most influential experiences of my college career.”

**“I will forever remember this as one of the greatest and most influential experiences of my college career.”**  
— Chelsea Roccaro

Driven by an arsenal of passionate movers and shakers, it’s clear that WCHP is just getting started. With a focus on patient-centric approaches, students and faculty will continue working to create positive change within the community and around the world. And so far, Cohen Konrad emphasized, “It’s been magical.” ■



Above: UNE students spend quality time with Ghanaian children.

CAMPAIGN SPOTLIGHT: INNOVATION

# PARTNERSHIPS YIELD STRATEGIES IN WORKFORCE DEVELOPMENT

BY ELLEN BEAULIEU AND ISLA BALDWIN



The University of New England has been designated and recognized as a groundbreaker in new models of higher education by the Bill and Melinda Gates Foundation. UNE was selected to join the Gates-funded Breakthrough Models Incubator a year ago to collaborate with nationally-recognized business and education leaders to develop competency-based programming for adults seeking to complete a bachelor's degree.

In a meeting to discuss competency-based education as a way to enhance the workforce, Bangor Savings Bank advanced a simple, yet powerful question: would the University of New England help develop a new style of education program for Bangor Savings Bank's emerging leaders? UNE embraced the opportunity to collaborate with one of Maine's most respected private businesses to prepare our current and future workforce for the demands of a global 21st century economy.

Only six months later, what started out as a seemingly simple request has launched, not only a training program that will impact Bangor Savings Bank employees, workers and young people across the state, but also an innovative partnership that serves as a map for future workforce development initiatives in Maine.

UNE and Bangor Savings Bank have charted a new course, by which educational institutions and private business can collaboratively accelerate the development of skilled business leaders who will positively impact Maine's economic development for years to come.

The two-year Essential Workplace Competencies Development Program will impact employees new to Bangor Savings Bank, as well as emerging leaders already in its ranks and across the state, by leveraging technology and new models education employed by UNE. As a key component of the program, Bangor Savings Bank defined the workplace competencies that its emerging leaders need in order to effectively serve its customers. UNE's instructional designers are creating an online curriculum that is engaging and resource-rich. This approach ensures that learners can successfully acquire and demonstrate workplace skills, such as change-response, conflict management and strategic leadership. These financial professionals poised to embark on an exciting future will learn how to lead and be role models for their colleagues.

In keeping with their commitments to Maine's communities, UNE and Bangor Savings Bank will offer this workplace readiness program to



UNE students and employees around the state. In the near future, private businesses can also take advantage of this innovative curriculum and delivery system to help their current and onboarding employees develop and sharpen their abilities. Our combined investment in this single and unique program is an investment in the development of Maine's workforce, which can only have a positive impact across companies, industries and communities.

Through collaborating on this initial program, UNE and Bangor Savings Bank have demonstrated that partnerships like this one are a viable and vital way for our state to develop a workforce that can support and drive economic development in Maine.



CAPTIONS

*Left page:* UNE President Danielle Ripich addresses a crowd at a press conference announcing the partnership between UNE and Bangor Savings Bank.

*Above from left to right:* Martha-Velerie Wilson, Ph.D., dean of UNE's College of Graduate and Professional Studies, speaks at the Bangor Savings Bank press conference; Faculty and staff from UNE and Bangor Savings Bank come together in partnership.

ABOUT THE AUTHOR

Ellen Beaulieu is vice president for strategic initiatives at the University of New England, and Isla Baldwin is organizational development officer at Bangor Savings Bank.

## UNE PORTRAIT

## EVERYDAY HERO, LAURA GROOMES

BY JOSH PAHIGIAN



To Laura Groomes, a third-year student in the College of Osteopathic Medicine, giving time freely to others comes naturally. Whether reading BINGO numbers at a local assisted living facility, tutoring southern Maine high school students in preparation for a Brain Bee neuroscience competition, or visiting area elementary schools to advocate for brain safety, Groomes sees these activities as just part of her weekly routine.

“The truth is, I don’t feel like I’ve done that much,” the Pittsburgh, Pennsylvania native says.

Those at UNE and in the surrounding community who have gotten to know Groomes would disagree. While first and second-year medical students typically hunker down, devoting themselves nearly exclusively to their rigorous coursework and studying for their board exams, Groomes actively sought out opportunities to volunteer in the community.

Some of her efforts include serving as a pharmacy tech at the Biddeford Free Clinic, recruiting other first and second-year medical students to join her in visiting area schools through the UNE Center for Excellence in the Neuroscience’s K-12 Outreach Program, and helping repurpose medical

supplies to be sent to developing countries at Partners for World Health in Portland.

“I think most people go to medical school because they have a desire ultimately to help others,” Groomes explains. “But then you get there, and all you do is study all the time. I asked Dr. [Ed] Bilsky how I could get more involved, and he connected me with the neuroscience outreach program.”

Through the outreach program, Groomes handed out helmets to area youths at a brain safety event at UNE’s Harold Alford Forum, visited elementary schools to read a book about a turtle named Franklin who proudly wears a helmet despite peer pressure meant to discourage him, tutored Brain Bee participants and served as a Brain Bee judge.

After a busy first two years at UNE, Groomes was presented with the City of Biddeford UNE Student Volunteer Award in May. “I was surprised,” she reflected. “I didn’t really feel like I deserved it.”

A suggestion by Bilsky, UNE’s vice president for Research and Scholarship and founding director of the UNE Center for Excellence in the Neurosciences, also led Groomes to the Michael T. Goulet Traumatic Brain Injury and

Epilepsy Foundation. The Goulet Foundation works to promote brain safety and prevent brain injury in honor of Michael T. Goulet, a Saco teen who passed away from a Grand Mal seizure in 2010, seven years after suffering a traumatic brain injury in a snowmobile accident. For Groomes, the fit was perfect.

While all of Groomes’ volunteer work is meaningful to her, her efforts through the Neuroscience program resonate the most personally. At an event in Biddeford last fall, she shared the story of her own struggles with epilepsy. She explained how she was diagnosed with epilepsy at age 12, endured the escalation of her condition as an undergraduate at Goucher College, tried twelve different drug combinations and underwent brain surgery.

Groomes’ breakthrough came in 2012. That summer, she spent nearly three weeks bedridden at Johns Hopkins Hospital, while a neurologist studied her brain and devised a plan to fix it. Electrodes inserted into her brain isolated the area from which her seizures were originating, then that bit of brain tissue was removed. She hasn’t had a seizure since.

Groomes knows that she is one of the lucky ones. For others facing epilepsy or the effects of traumatic brain injury, solutions never come — that’s one of the reasons she is considering neurology as a specialty.

“One of the biggest problems with epilepsy and other neurological conditions is that there aren’t a lot of treatment options,” she explains. “The current first-line medications for epilepsy were developed before the 1970s, and they come with many side effects and oftentimes don’t even stop seizures. When it comes to the brain, there’s still so much that needs to be figured out.”

Groomes could also envision herself playing a meaningful role in patients’ lives as a physiatrist or rehabilitation physician. In this specialty, she would help patients improve their quality of life after experiencing a stroke, traumatic brain injury, spinal cord injury or other debilitating disease.

While she isn’t sure yet where she will eventually land in the field, Groomes expects that the many rotations she will complete over the next two years will help her make up her mind. Wherever she ends up, it seems certain that Laura Groomes will be actively looking for



opportunities to brighten the lives of those around her, and thinking that her extra efforts are not particularly noteworthy.

## CAPTIONS

Left page: Laura Groomes

Above: Biddeford Mayor Alan Casavant presents Groomes with the City of Biddeford UNE Student Volunteer Award.

IN THE COMMUNITY

# “VISUAL VOICES” ART PROJECT ILLUMINATES EXPERIENCES

BY COLLYN BAEDER AND ZOE HULL



A glimpse into the identity of the aging population through art — that’s what an inter-professional group of students at the University of New England, along with residents of the Park Danforth senior living community, set out to reveal through a research project titled, “Visual Voices: An Arts-Based Assessment of the Perceived Identity of Aging Maine Residents.”

Their project used art to explore social and developmental topics such as identity and aging. Six female residents from Park Danforth participated in group discussions and art activities, exploring how they perceive themselves and how they feel perceived by their friends, family and health care providers. The goal of the project was three-fold: to share perspectives of aging adults with the community with the aim of encouraging a more holistic view of this demographic, to create an opportunity for participants to engage in creative activities that promote healthy aging, and to measure the impact of the Visual Voices methodology.

At the helm of Visual Voices were UNE Master of Public Health students Collyn Baeder and Zoe Hull, and Master of Science in Occupational Therapy students Adrian Jung, Michaela Hoffman, Rebecca Masterjohn and Virginia Sedarksi. They

were advised by Rebecca Boulos, M.P.H., Ph.D., assistant clinical professor in the School of Community and Population Health, and Regi Robnett, Ph.D., OTR/L, professor in the Department of Occupational Therapy.

The resulting artwork, created by both students and participants, was displayed in Mechanics’ Hall on Congress Street in Downtown Portland during the First Friday Art Walk in May. More than 200 people visited the exhibit over the course of the evening, including Park Danforth residents, UNE faculty, staff, students, administrators and the general public. A smaller, more intimate exhibit took place at Park Danforth on Saturday, May 9.

At both exhibits, attendees had the opportunity to illustrate their own thoughts about perception and identity. As a result, members of the public approached UNE’s student research team to express that the artwork did, in fact, help to broaden their perspectives on the aging adult population.

Reflecting on the project, Baeder stated, “I was constantly impressed by the level of openness and empathy that the participants displayed with us and each other as we explored these personal topics together.” Hull concurred, adding, “A sense

of community formed very early on, creating a space where everyone felt comfortable sharing their perspectives.”

This project was funded through the innovative interprofessional student-led mini-grant program of the Center for Excellence in Interprofessional Education (CEIPE). Funds were contributed by faculty members, the Office of Research and Scholarship, private contributions and an endowment by former trustee Brian Dallaire, Pharm.D., and his wife. The purpose of the grant was to encourage students from different health professions to learn about, from and with each other to provide better client care and improve population health.

“Elders are like any population — each person ages in his or her own way, affected by multiple and diverse factors of life,” says Shelley Cohen Konrad, Ph.D., LCSW, FNAP, director of the CEIPE. “This project brings students from different professions together — not only to foster the creation of art that empowers but to develop relationships that then help them gain insight into the aging experience. Stereotypes cannot survive in the face of personal relationships developed through artistic expression.”



Following the conclusion of their project in May, Baeder and Hull endeavored for continued art opportunities for the residents of Park Danforth. They applied for a grant from Maine Arts Commission’s Creative Aging Partnership Program on behalf of Park Danforth for which they were awarded \$943. These funds will support a six-week art program for the community’s residents slated to start later this summer.

CAPTIONS

*Left page from top to bottom: Jane Muesse shows her artwork illustrating her identity; Adrian Jung looks on as Ann Heath presents her project.*

*Above: Collyn Baeder and Zoe Hull pose with Visual Voices participants from Park Danforth.*

CAMPAIGN SPOTLIGHT: OPPORTUNITY

# RAND GERIATRICS IMMERSION SCHOLARSHIP ENDOWED FUND

BY EMMA BOUTHILLETTE



The elder population of America is expected to double over the next few decades, and caring for this aging population will require specialized medical professionals certified in the field of geriatrics medicine. The magnitude of this need motivated J. Chase Rand, D.O., to establish the Rand Geriatrics Immersion Scholarship Endowed Fund with a \$100,000 gift to the University of New England College of Osteopathic Medicine (COM). The 80-year-old retired physician hopes that his contribution will inspire generations of medical students to pursue careers in geriatrics.

Dr. Rand, a native of Portland, Maine, and a founding faculty member of COM, earned his Bachelor of Science degree in biochemistry at Tufts University and continued on to Philadelphia College of Osteopathic Medicine to earn his doctorate. He then served a 12-month rotating internship at Doctors' Hospital in Columbus, Ohio. In 1963, he returned to Maine and established a family practice in Westbrook.

During the last decade of his family practice, Dr. Rand saw an increase in patients over the age of 65 who required acute and long-term care for both minor and chronic illnesses. This prompted him to obtain certification in Geriatric Medicine. He also became certified as a Medical Director from the American Medical Directors Association.

In the mid 1990s, Dr. Rand transferred his private practice to Mercy Hospital, shifting his focus to elder care. He recruited Pat Holt, a nurse practitioner, and they developed a practice that served nursing facilities, based on a concept he learned about while attending an American Geriatrics Society Convention.

As this new practice grew, COM approached Dr. Rand to create a partnership that would offer a resource for student training and residencies. This collaboration developed into what is now known as MatureCare. This geriatrics group, founded in 2002, is now the largest of its kind in Maine with six full-time physicians, two per-diem physicians, nine nurse practitioners, a social worker and a psychiatrist. The practice provides medical direction and services to 14 nursing facilities and one hospice center in Maine. It also provides a clinical resource for medical students.

MatureCare Medical Director Daniel Pierce, D.O., sees Dr. Rand's gift and the establishment of the Rand Geriatrics Immersion Scholarship Endowed Fund as a vital component in fostering geriatrics as a specialty.

"This gift will continue the work that UNE has focused on in geriatric training already," Pierce

explained. "It is going to allow us to take that further and get [students] out more in the clinical world where their [experience] really needs to be. The key, I think, is the word immersion. Although the curriculum is still being developed, the goal is to try to catch students in the first year with an interest."

Dr. Rand's gift will be fully funded over the next three years and will be disbursed to students through scholarships ranging up to \$5,000. The amount awarded will be commensurate with the student's experience level and the geriatrics clinical activity he or she wishes to pursue.

UNE Associate Dean for Clinical Education Guy DeFeo, D.O., explained that this fund will help Dr. Rand create a lasting legacy while encouraging medical students to see first-hand what geriatric care involves.

"There is no specific residency program for geriatric medicine, but we want students to experience the type of care and practice that is really quite unique," said DeFeo. "A medical education is truly based on experiences... [this fund] encourages more people to be exposed to this type of practice. That leads to a career choice."



Ideally, this fund will help as many as five students each year pursue a clinical activity focused on elder care. Dr. Rand hopes, in addition to inspiring students, his gift will also trigger others to contribute to the endowed fund. His dream is to see the fund provide a significant stipend for a medical student to opt for a fourth-year fellowship and become certified as a geriatric physician.

"You can feel the passion when an individual enjoys what he or she does. [Dr. Rand's passion for elder care] is even more profound now," said DeFeo. "He really spent his lifetime serving the people of this area. He wants to see more people involved with it and literally following in his footsteps."

"I know that this has been a thought on Chase's mind for a long time," said Dr. Rand's wife, Judy. "I think it's wonderful! Hopefully this will help the students and improve the delivery of health care to the aging population in the future."

CAPTIONS

Left page: J. Chase Rand, D.O., pictured at his home overlooking Panther Pond in Raymond, Maine.

Above from left to right: Associate Dean for Clinical Education Guy DeFeo, D.O.; MatureCare Medical Director Daniel Pierce, D.O.

ABOUT THE AUTHOR

Emma Bouthillette holds a B.A. in English with a minor in fine art and history from UNE, and a M.F.A. in creative writing from the University of Southern Maine. Her writing appears in various Maine publications, and she is working on a memoir.

Jeri Fox harvests green beans from the Marine Science Center's garden, where vegetable seedlings grown in the aquaponics room are transplanted.



## AQUAPONICS: GROWING FOOD FOR A GROWING INDUSTRY

BY JENNIE ARANOVITCH

If you could imagine a food production system that created fresh, delicious and nutrient-dense food, utilizing minimal energy and space while creating no waste, you might think that it seems too good to be true. But that is exactly what UNE's Aquaponics Club is doing in the Marine Science Center.

Led by Jeri Fox, Ph.D., associate professor in the Aquaculture and Aquarium Science program, and Shaun Gill, M.S., assistant director of the Marine Science Center, members of the Aquaponics Club are immersed in the study of a field that is on the cusp of a new wave poised to splash across the nation and the world with tremendous impact — economically and ecologically.

**“While the concept [of aquaponics] has been around for a long time,” Fox explained, “it’s really just now taking off like never before.”**

— Jeri Fox

“While the concept [of aquaponics] has been around for a long time,” Fox explained, “it’s really just now taking off like never before.” A hybrid of

aquaculture — the raising of aquatic organisms for food — and hydroponics — the growing of plants in water, rather than soil — aquaponics is an ingenious system that uses waste from fish as nutrients for edible plant life, such as vegetables. Biological filtration, made possible by bacteria, breaks down ammonia, a main ingredient of fish waste, into nitrate, which is beneficial to plants. The plants, in turn, absorb the nutritious nitrate and clean the water for the fish, allowing for the use of the same water for repeated growing cycles. It is practical, cost-effective, environmentally-sound and can be implemented virtually anywhere, eliminating the need for (and the associated financial and environmental costs of) transporting food over long distances.

The concept of aquaponics fit right in with the University's Edible Campus Initiative, conceived by Fox — an effort to produce fresh, local foods on campus in the most sustainable manner possible.

Students interested in exploring aquaponics as part of this project undertook the task of developing a small-scale aquaponics operation, using the waste of a few goldfish in a tank located in the lobby of the Marine Science Center to grow basil. The pump used to oxygenate the water was completely run by solar energy.

For two students in particular, Joe Simonowicz, Environmental Science major, Aquaculture and Aquarium Science minor '15, and Dylan Turner, Aquaculture and Aquarium Science and Marine Biology double major '17, the experiment was riveting. “That created a real hunger for Joe and Dylan,” recalled Gill. “The goal was to take this to the next level.”

The intense student involvement in the project is something that Fox is very quick to point out. “The applied experimental component is huge,” she said, noting that the construction of all iterations of UNE's aquaponics system have been student-led.

From the engineering of the system, to determining the precise type and amount of food for the fish, to ensuring that nutrients are chemically available to the plants, students are involved every step of the way. “It’s the ultimate STEM experience,” Gill noted.

They had the good fortune to receive guidance from Tyler Gaudet, owner of Fluid Farms in Dresden, Maine, a thriving aquaponics business. Gaudet shared advice and enthusiasm with students, allowing them to learn from his successes as well as the mistakes he made along the way.

Gaudet made multiple visits to UNE to counsel students in aquaponics practices and even provided a formal internship experience for Nick Vespa, Aquaculture and Aquarium Science '17, over the past summer.

With Simonowicz as the system engineer, Michael Galloway, Aquaculture and Aquarium Science and Marine Biology double major '15, in charge of the fish, and Justin Andrews, Animal Behavior '15, as the lead plant cultivator, the Aquaponics Club realized its goal of taking its goldfish experiment to new depths. As a result, the Marine Science Center now has a room dedicated to aquaponics with a fully functioning system.

The current operation has a 280 gallon capacity and recirculates water via a submersible pump. Fish in a tank secrete waste into the tank's water, which is then filtered to remove solid waste. The enriched water is then filtered again to break down ammonia into nitrate before it flows into the grow bed where vegetables under LED lighting utilize the nitrate-rich water to grow. Even the solid excrement does not go to waste, as it is repurposed as fertilizer for the campus garden. In the summer months, the vegetables that are grown in the grow bed, including beans and lettuce, are transplanted. It is a remarkable system, especially considering that it was put together by students with spare parts, reclaimed tanks and previously broken lights.

The handful of goldfish of the early prototype has given way to 16 rainbow trout. While tilapia is usually the default species for aquaponics because, other than its need for warm water, it is generally fuss-free, UNE has opted for indigenous trout obtained from a local hatchery. According to Gill, the use of trout instead of tilapia gives the students who work on the aquaponics system an advantage. "If you can control the type of system that trout require," said Gill, "you can go anywhere and do this."

And going places — far and wide — is exactly what involvement in aquaponics at UNE has led to for these students. After graduation, Jenn LaComfora, Environmental Science major, Aquaculture and Aquarium Science minor '14, helped a family in Panama get its aquaponics business off the ground. She then traveled to Hawaii with Daniel DeBiasi, Aquaculture and Aquarium Science '14, to set up an aquaculture farm.

According to Gill and Fox, it is no surprise that UNE students are creating major ripples in the swelling field of aquaponics. "We've always expected the students to treat the system as if it were their own business," Gill shared. "There were points along the way when we didn't know what to do. We took our best guess at it and learned as we went." That type of learning experience, he says, has proven invaluable.

**"It's marine science, it's environmental science, it's aquaculture — all the things that UNE excels in, and it dovetails perfectly with our health sciences orientation. This is the production of healthy food that is fertilizer free."**

— Jeri Fox

Implementing a successful aquaponics system requires several different streams of knowledge. Students who acquire these proficiencies become career-ready the moment after they graduate from UNE. "These are highly transferable skills," explained Fox. "Pulling all of this together and making it work entails critical analysis and creativity" in addition to understanding everything from tanks and pumps, to the fiber optics of the energy-efficient lighting, to the delicate chemical balances of water, food and waste that require careful manipulation in order to grow produce.

The students are now learning one more skill as the aquaponics system gets revamped and expanded to make better use of space. Edenworks, a Brooklyn, New York-based urban aquaponics company, is advising students on how to utilize the vertical space in the aquaponics room. Fox says that Edenworks' success in constructing vertical aquaponics systems along the sides of



buildings and on rooftops in Brooklyn goes to show that one can grow consumable products anywhere. "Aquaponics uses marginal space. It conserves water, eliminates soil as a limiting factor, and it actually allows for the production of more food in less space," Fox explained.

Fox and Gill are excited for this next chapter of aquaponics at UNE. The University, they feel, is uniquely positioned to contribute significantly to the innovation in this field. "It's marine science, it's environmental science, it's aquaculture — all the things that UNE excels in," Fox said, adding, "and it dovetails perfectly with our health sciences orientation. This is the production of healthy food that is fertilizer free."



Perhaps even more amazing than UNE's aquaponics system itself is the fact that it has been entirely created outside of academic time. A product of the hard work and determination of the Aquaponics Club and its co-leaders Fox and Gill, the system is, in Fox's dreams, the precursor to UNE's dive into the localvore movement. She envisions a student workforce over the summer months, a farmers' market and a dining hall salad bar stocked with campus-grown vegetables. Aquaponics may be the biggest step in creating a truly Edible Campus.

"I could see a Sustainable Food Production major in the future," she says with great enthusiasm, "with living learning labs that could be utilized not just by marine science students but by the

entire campus. There could be courses in the politics of food, the chemistry of food and nutrition," she mused.

Much like the cycle of food to waste to food again that is at the heart of aquaponics, the possibilities associated with it, according to Fox, "are endless."

#### CAPTION

*Above from left to right: Nick Vespa, Aquaculture and Aquarium Science '17, hard at work during his summer internship at Fluid Farms in Dresden, Maine; Beans and lettuce sprout in the Marine Science Center's aquaponics room. Plans are underway to transform the room using a vertical aquaponics system to better utilize space.*



### UNE HOSTS GERIATRICS CONFERENCE TO ADDRESS MAINE'S AGING POPULATION

To enhance the conversation around geriatrics in Maine, UNE hosted the 25th Annual Maine Geriatrics Conference in June. Hundreds of health practitioners came together to nurture idea-sharing, spark educational inquiry and develop care-strategies affecting older adults in all settings.

"This conference is about friends, new and existing, coming together to advance optimal aging," said Marilyn R. Gugliucci, Ph.D., professor and director of Geriatrics Education and Research in the College of Osteopathic Medicine.

The conference featured a wide array of workshops and speakers, including special guest speaker Toni P. Miles, M.D., Ph.D., director of the University of Georgia's Gerontology Institute, whose talk was titled, "Integrating Policy and Physiology Towards Optimal Hospital Discharge — We Can Do it!"

The conference was intended for anyone interested in the field of aging, including nurses, nurse practitioners, physicians, physician assistants, occupational therapists, physical therapists, substance abuse counselors, social workers, mental health practitioners, certified nursing assistants and health professions students.

*Above: Students from UNE's College of Osteopathic Medicine work with a patient.*



### JAMES SULIKOWSKI AND STUDENTS WORK TO CONSERVE ENDANGERED SHARK SPECIES

To help manage and conserve the Porbeagle species of sharks, James Sulikowki, Ph.D., professor and chair of the Department of Marine Sciences, and his laboratory of undergraduate and graduate students are using satellite tags, a relatively new technology, to study the physiological and behavioral ecology of these sharks and their young, captured in the Gulf of Maine.

The Porbeagle (*Lamna nasus*) is a predatory, endothermic shark that typically inhabits the upper pelagic zone from the surface to 200 meters deep. In the United States, this shark is considered a species of concern and, like many other sharks, is in need of concentrated conservation actions.

Sulikowski and his team are testing the hypothesis that the Gulf of Maine region serves as a nursery ground for this species, which would mean that this habitat is critical for their conservation and ultimate survival.

*Above: James Sulikowski, Alicia Brown, Nora Wells and Angela Cicia prepare to tag a baby Porbeagle shark.*



### UNE ADVANCES VETERINARY PHARMACY KNOWLEDGE IN MAINE

Students from UNE's College of Pharmacy (COP) participated in a Veterinary Pharmacy Compounding Laboratory Day, during which they learned how to formulate custom medications for pets. This event was part of a UNE elective course that aims to educate its students in veterinary pharmacy — a specialty that only a quarter of U.S. pharmacy schools offer.

Students worked with specialized equipment and materials in UNE's Hannaford Pharmacy Practice Lab, and were joined by specialty pharmacists from Apothecary By Design, PetScripts and community veterinarians to discuss the interconnectivity of their professions and how they can best serve animal patients.

This compounding lab and elective course, led by Cory Theberge, Ph.D., assistant professor of pharmacy, aimed to provide UNE graduates with an advantageous skill set that not only distinguishes them from other job candidates but also serves the interests of millions of pets and their owners across the country.

"This elective... gave me the knowledge to effectively provide recommendations on medications for animals, the confidence to interact with veterinarians and the resources to look up veterinary pharmacy information," said Shannon Grady, COP '16.

*Above: Cory Theberge instructs COP students on compounding medications for pets.*



### UNE FINALIZES LAND SWAP DEAL WITH MAINE ARMY NATIONAL GUARD

UNE and the Maine Army National Guard completed a land and building exchange that will benefit both organizations. In the unique deal, UNE was granted ownership of the 65,000 foot Guard facility on Stevens Avenue, in exchange for 29 acres of land in Saco where the National Guard can build a modern Readiness Center.

University of New England President Danielle Ripich said, "I credit both the Guard and the team at UNE with working through the process to come to a mutually beneficial agreement. It's a win-win: UNE will be able to expand its presence at the Portland Campus and add much needed space for programmatic growth, and the Guard will get the space it needs to do its work."

It will take several months for the Guard to transition out of the Stevens Avenue facility and for UNE to transition in.

*Above: Aerial view of UNE's Portland Campus*



### UNE REPORTS LOWEST TUITION INCREASE IN 10-YEAR SPAN

As colleges and universities face increasing scrutiny over expensive tuition fees and lack of measurable returns on investment, the University of New England is reporting its lowest cost increase for undergraduates in more than 10 years.

For the 2015–2016 academic year, tuition, fees, and room and board for undergraduate students will increase 2.0 percent. This is down from a 2.8 percent increase last year and a 6.5 percent increase during the economic downturn in 2007. This lowest report of increase is a result of UNE's commitment to controlling costs while enhancing the learning experience for its students.

"UNE is exceeding expectations," remarked President Ripich. "We are firmly focused on providing our students the greatest educational value. In all decisions that we make, we continue to emphasize high-quality, personalized education with a global appeal."

*Above: Students engage with a professor during a classroom lesson.*



### UNE AMASSES ACCOLADES FOR EXCELLENCE IN EDUCATION

Since the beginning of 2015, UNE has earned more than 16 notable top-rankings for delivering high value through its successful education programs.

UNE's most notable achievements include:

- Best 380 Colleges — *Princeton Review*
- Best Online Graduate Education Programs — *U.S. News & World Report*
- High Salary Potential for Graduating Students in 2015 — *Payscale*
- #1 Among Maine Universities and Colleges for Increasing Student Career Earnings — *The Brookings Institution*
- Top Colleges of 2015 — *Forbes*

"Through our continually expanding repertoire of program offerings, our global education opportunities and our interdisciplinary approaches to learning, we are constantly striving to provide students with the most diverse and valuable educational experience possible," says President Danielle Ripich, Ph.D. "We are continually exploring new ways to make sure our graduates have the best skills so that they may benefit their communities in Maine, the United States and around the world."

*Above: UNE's entrance sign to the Biddeford Campus*



### LOCAL FIFTH-GRADERS DIVE INTO SCIENCE AND MATHEMATICS AT UNE

More than 200 local fifth-grade students from RSU 21 converged on the University of New England's Biddeford Campus for the third-annual Julia Robinson Mathematics Festival.

Through hands-on activities, students explored science, technology, engineering and math (STEM) with UNE faculty and staff members, examining disciplines such as neuroscience, genetics, marine science and histology.

The purpose of this annual event, sponsored by the American Institute of Mathematics, is to "inspire students to explore the richness and beauty of mathematics through activities that encourage collaborative, creative problem-solving." By participating, UNE faculty and staff-members hope to help children foster early interests in math and science-related fields.

"UNE is proud to support the future generation of experts in science and mathematics," says Ed Bilsky, Ph.D., vice president for research and scholarship and founding director of the Center for Excellence in the Neurosciences at UNE.

*Above: Children enjoying the hands-on marine science activities at the Julia Robinson Mathematics Festival*



### UNE ANNOUNCES DENTAL SCHOOL SCHOLARSHIP IN MEMORY OF DEAN JAMES B. HANLEY

The University of New England was deeply saddened by the death of James B. Hanley, D.M.D., dean of the College of Dental Medicine, in late May following a battle with cancer. With much love and respect for Hanley's career accomplishments and warm friendship, his colleagues in the College of Dental Medicine have named an endowed scholarship fund in his honor. The James B. Hanley Dean's Scholarship for Emerging Leaders will provide much-needed scholarship support for dental students in perpetuity at UNE's dental college.

Hanley's dedication to young scholars was reflected in his early support and advocacy for the creation of an endowed dean's scholarship for dental students not long after his arrival at UNE. He generously provided an early and substantial gift to launch the endowment, and he championed its growth by encouraging faculty and staff to make meaningful contributions of their own.

Each annual award to a deserving student will demonstrate Hanley's belief in student leadership and community service and his commitment to academic achievement in the field of oral health.

*Above: James B. Hanley*



### UNE AND KEYBANK PARTNER TO COMBAT MAINE'S DENTAL PROVIDER SHORTAGE

UNE has partnered with KeyBank to take strategic steps toward building a robust dental workforce pipeline for Aroostook and Penobscot Counties, two geographic areas of specific oral health need. With a generous grant of \$160,000, KeyBank has made possible the Key to Oral Health program, an ambitious initiative with a long-term goal of encouraging select UNE dental graduates to practice in these underserved counties upon graduation.

UNE dental students selected for the program — known as Key Oral Health Scholars — will participate in targeted, community-based service learning projects while they are completing their clinical rotations.

Over the course of this three-year project, UNE's College of Dental Medicine will choose a total of 14 Key to Oral Health Scholars by the end of 2016, with the first seven to be selected by December 2015. The University projects that up to 2,700 patient visits will be provided annually by the scholars, delivering 4,000 to 5,000 oral health care patient visits to underserved populations by the conclusion of the program on May 31, 2018.

*Above: Left to Right: President of the Maine Market of KeyBank Sterling Kozlowski, UNE President Danielle Ripich, and KeyBank Vice President of Community Development Banking Charlie Kennedy*



### UNE'S ANOUAR MAJID LECTURES AT THE CHAUTAUQUA INSTITUTION

Author, scholar and trailblazing educator Anouar Majid, Ph.D., vice president for Global Affairs and Communications visited the shores of Chautauqua Lake in southwestern New York State to present a lecture, titled "Islam and the Problem of Monotheism," at the prestigious Chautauqua Institution.

The lecture, which took place in Chautauqua's Hall of Philosophy, provided attendees of the Chautauqua Summer Schools with a deeper understanding of one of the world's most controversial religions.

As the events of recent decades have underscored the importance of citizens, educators and policymakers studying the cultural underpinnings of the gulf between Islam and the West, Majid has emerged as one of the world's foremost thinkers in this area. In addition to publishing books and articles on the topic, he has appeared on *Bill Moyers Journal*, *NPR*, *Al-Jazeera*, and countless other national and international media channels to lend his expertise.

*Above: Anouar Majid speaks at a Center for Global Humanities lecture.*



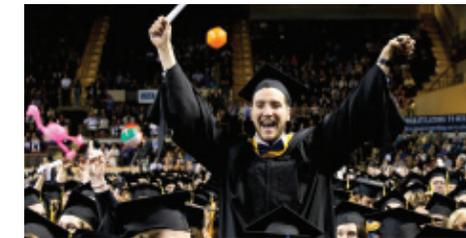
### UNE AWARDED NIH GRANT TO DEVELOP OPIOID DRUGS WITH DIMINISHED SIDE EFFECTS

UNE and Southern Research of Birmingham, Alabama, won a \$4.5 million, five-year grant from the National Institute on Drug Abuse (NIDA) of the National Institutes of Health to develop opioid drugs for the treatment of chronic pain, an issue that affects an estimated 100 million Americans. These drugs are being developed to have fewer adverse side effects.

The research will be performed by a team of scientists at the University of New England, including Edward Bilsky, Ph.D., UNE vice-president for Research and Scholarship; Karen Houseknecht, Ph.D., UNE professor of pharmacology; and John Streicher, Ph.D., assistant professor of biomedical sciences. Subramaniam Ananthan, Ph.D., principal research scientist in drug discovery at Southern Research, will lead the effort.

"From our previous research, we have... made great strides toward developing drugs that provide pain relief while having greatly reduced side effects," said Bilsky. "This new grant award from the National Institutes of Health is timely and critical for advancing the project towards the goal of having a clinical drug candidate for treatment of acute and chronic pain."

*Above: Ed Bilsky at work in the lab with students*



### UNE ONE OF TOP THREE MAINE SCHOOLS FOR HIGHEST STARTING SALARY FOR GRADUATES

UNE ranks third for graduates earning the highest starting salary, according to a newly published study by SmartAsset, a New York-based financial technology company that uses data to provide answers to financial questions about major life decisions.

The study ranked schools based on tuition, student living costs (including room and board, books, supplies, transportation and personal expenses), scholarship and grant offerings, retention rates and beginning job salary after graduation.

Schools with the combined highest marks in these categories were named "best value schools" or "institutions where you get the most bang for your buck," according to SmartAsset. UNE ranked among the top five for the state of Maine.

President Ripich said, "The administration, faculty and staff at UNE have known for a long time the value this college provides, not only in its education but in the kinds of good-paying jobs that students are finding after they graduate. Now, we are seeing others who monitor the health of higher education share our story as well."

*Above: A student celebrates his accomplishments at the 2015 Commencement Ceremony.*

# NOR'EASTER NEWS

BY CURT SMYTH

## NEW COACHES

The University of New England welcomed two new head coaches to its ranks this year: Kevin Swallow is now leading the Men's Ice Hockey Team, and Rick Hayes is head coach of the Women's Swimming Team.

Swallow was head coach at Nichols College in Dudley, Massachusetts, for the past three seasons. During his tenure at Nichols, he led the Bison to a 55-20-7 record (.713 winning percentage) and consecutive Eastern College Athletic Conference (ECAC) Northeast championships. Before his arrival in 2012, Nichols had posted an aggregate record of 37-36-6 over a three-year period.

The 2014-15 season was Swallow's most successful at Nichols, as he guided the Bison to a 21-4-3 record and league title, a berth in the NCAA Championship field, and the No. 14 spot in the

final United States College Hockey Online (USCHO.com) Division III Top 15 Poll. Swallow was recognized as the ECAC Northeast Coach of the Year for the second time in his career.

**“My goal is to continue, and grow upon, the years of success this program has had in both the classroom and the pool.”**

— Rick Hayes

“I am extremely excited to be taking over the University of New England Men's Hockey program,” Swallow said. “The team is on the verge of greatness, and with everything UNE has to offer, I feel like the sky is the limit for the program. I plan to instill the same culture and philosophies we had at Nichols, and our student-athletes will be expected to strive for excellence in all aspects of their lives.”

Hayes, who served as assistant coach at UNE under Kate Roy from 2005 to 2007, coached 13 All-New England selections and 16 Great Northeast Athletic Conference (GNAC) All-Academic picks while head coach at Saint

Joseph's for the past seven seasons. He was chosen GNAC Coach of the Year in 2012, and under his guidance, the Monks have annually earned College Swimming Coaches Association of America (CSCAA) Scholar All-America Team honors.

Prior to entering the collegiate ranks, Hayes was head coach of Boy's Swimming at Deering High School (1998-2005), where his teams posted a collective record of 44-8-1 and captured three consecutive Class A state championships (2003, 2004, 2005).

“It is an honor to come back to where I started my college coaching career 10 years ago. This opportunity presents a new set of challenges for me, personally and professionally. My goal is to continue, and grow upon, the years of success this program has had in both the classroom and the pool.”

“Kevin and Rick both come to UNE with a demonstrated ability to run highly-successful programs and develop student-athletes,” McDonald said. “We are fortunate to have them aboard and look forward to their contributions to our department and the entire campus community.”



Clockwise: Jack McDonald, UNE associate vice president and director of Athletics; Kevin Swallow, head coach of UNE's Men's Hockey Team; Rick Hayes, head coach of UNE's Women's Swimming Team.

**“The team is on the verge of greatness, and with everything UNE has to offer, I feel like the sky is the limit for the program.”**

— Kevin Swallow

NEW VARSITY SPORT: RUGBY

Women's Rugby is the newest varsity sport coming to UNE in Fall 2016. The Nor'easters recently gained membership into the National Collegiate Women's Varsity Rugby Association (NCWVRA), which features such prestigious institutions as Harvard University, Brown University and Dartmouth College. The University has an agreement in place to open its varsity schedule with a contest versus Dartmouth, and according to UNE Associate Vice President and Director of Athletics Jack McDonald, discussions are underway for facility and infrastructure development, as well as the search for a head coach.

FIRST FOOTBALL COMPETITIONS ANNOUNCED

In August, UNE came to an agreement with the United States Coast Guard Academy to play a home-and-home series in 2018 and 2019. UNE will face the Bears on Thursday, August 30, 2018, at Cadet Memorial Field in New London, Connecticut, in what will be the Nor'easters' first varsity contest, and the two teams will play in Biddeford the following season on Saturday, September 7, 2019. The Nor'easters plan to play an undetermined number of sub-varsity games in 2017 prior to a full varsity slate of competition beginning in 2018. Planning for facilities and the hiring of a head coach has already begun.



HALL OF FAME

The University of New England Varsity Club inducted its 11th class in a ceremony held September 18 at the Harold Alfond Forum on the Biddeford Campus.

St. Francis College men's basketball player Rocco Ferranti '70, and field hockey player Taryn Flagg '10, were enshrined, along with the 1993-94 Westbrook College Men's Basketball Team.

Ferranti was a four-year varsity team member who ended his career with 1,079 points, a figure that ranks him in the record books among St. Francis, UNE and Westbrook College men's basketball players. An All-Naismith Conference performer, Ferranti is the lone St. Francis College alum to have his jersey number retired.

Flagg is the first UNE field hockey player to be inducted into the Hall of Fame. Despite missing

one season due to injury, Flagg is the program's career leader in goals scored (51) and points (124). She was voted Commonwealth Coast Conference Rookie of the Year in 2006 and was a three-time All-Conference selection.

The 1993-94 Westbrook College Men's Basketball Team posted a 30-5 record on its way to winning the Mayflower Conference Championship and earning a bid to the National Association of Intercollegiate Athletics (NAIA) National Championship. The Wildcats were second in the nation in scoring offense, averaging an astounding 104.8 points per game. Two players from that team — Paul Peterson and Derek Vogel — are members of the UNE Hall of Fame, as is Head Coach Jim Graffam.



Left to right: Rocco Ferranti; Taryn Flagg takes the ball down the field, with her teammate following close behind her.

CAPTIONS

Above: Enthusiastic students cheer at a UNE basketball game.



CAPTIONS:

*Background image:* Members of the 1993-94 Westbrook College Men's Basketball Team.

*Bottom images from left to right:* Special presentation to former St. Francis College Director of Athletics Jim Beaudry, and former Westbrook College Director of Athletics Jim Graffam (pictured with Associate Vice President and Director of Athletics Jack McDonald, middle); McDonald with inductee Taryn Flagg '10, and her former Head Coach Joan Howard; McDonald with inductee Rocco Ferranti, SFC '70.



CAMPAIGN SPOTLIGHT: PLACE

# A DAUGHTER'S GIFT IN HONOR OF HER MOTHER

BY MARY TADDIA



In a gesture of loyal devotion and love for her mother, Zareen Taj Mirza gave a generous Moving Forward campaign gift to aid the restoration of Alumni Hall, the University of New England's oldest structure. Thanks to her contribution, in honor of Josephine Hildreth "Dodie" Detmer, HON '06, Alumni Hall will once again be the central hub of UNE's Portland Campus, providing students with ample space to host academic events, alumni gatherings and public lectures.

Alumni Hall, formerly known as the "Seminary Building," was constructed in 1834 to educate Westbrook Seminary students and was renamed in 1896 to recognize alumni who contributed to its repair and renovation. Mirza's thoughtful contribution will ensure that her mother's name lives in perpetuity through a space in the building dedicated in her honor.

Mirza's interest in UNE was fostered by her mother's dedication to the University. A retired history teacher, author, community volunteer and philanthropist, Detmer has been a major supporter and volunteer of the University for more than two decades. She is an honorary member of the Moving Forward Campaign Committee and is also a former trustee of Westbrook College and the University of New England. Detmer

has received two awards from UNE, including an Honorary Doctor of Laws in 2006 and the Deborah Morton Award in 2009.

Philanthropy seems to be an inherited trait, as Mirza has also made contributions in support of UNE students and initiatives. Last year, she and her mother gave scholarship money to help students study abroad in Tangier, Morocco. However, this joint gift was not the first Hildreth family contribution; Wing Lounge in Alexander Hall was named for Mirza's grandmother and Detmer's mother, Katherine Wing Hildreth, HA '69.

Alumni Hall has always played an integral role in student life at UNE. On June 9, 1834, the first Westbrook Seminary class was held in the Seminary Building, with "males and females admitted to equal privileges." In addition to religious studies, the school also offered secular courses. Students could enroll in one of four educational tracks: English, Scientific, Ladies' Classical and Preparatory, all of which were held in Alumni Hall.

Toward the end of the 19th century, science labs were built to accommodate chemistry, physics and medical secretarial science courses.



In 1968, the building was retrofitted as a home for the humanities, where students took classes in art history, music, pottery and studio art. It was also used as a chapel, theater and a study lounge for day students.

When the \$4.5 million renovation is complete in the spring of 2016, Alumni Hall will re-emerge as a welcoming, dynamic place for students, faculty and members of the UNE community. President Danielle Ripich envisions that it will serve as the "living room" for the Portland Campus, where students can relax in the newly-furnished study lounge, faculty can host



educational activities and community members can participate in lectures and other events open to the public.

As of June 1, 2015, the University has raised more than \$3.7 million for Alumni Hall, with the hopes of raising an additional \$800,000 before the end of the campaign on May 31, 2017. All alumni and friends will have an opportunity to contribute to the campaign prior to that time.

Zareen Taj Mirza and Dodie Detmer are exemplars of kindness and generosity. Though the vestiges of life at Westbrook Seminary are

now long gone, Alumni Hall will continue to serve as an enduring place of learning thanks to Mirza and her meaningful gift.

CAPTIONS

*Left page:* Josephine Hildreth "Dodie" Detmer, HON '06

*Above from left to right:* Detmer with President Danielle Ripich and fellow awardees at the 2009 Deborah Morton Award Ceremony; Rendering of what the fully-renovated Alumni Hall will look like upon completion.

ABOUT THE AUTHOR

Mary Taddia is prospect research manager in the Office of Institutional Advancement. Mary is also pursuing an English degree at UNE. She lives in Portland.

Nearly 400 UNE and St. Francis College alumni returned to campus for Alumni Weekend 2015. The Class of 1965 celebrated their 50th Reunion with a variety of special programs. Alumni Awards included Daniel Vaillancourt '69, Alumni Achievement Award; Ben Hogan '75, Alumni Service Award; Eric Cressey '03, Young Alumni Award; and Dr. Gilbert "Doc" Samuel, Honorary Alumnus. Other activities included live music from Jim Gaudet '70 and the Railroad Boys, a bounce house and KidFest program, a donor reception and many athletic events.





CAPTIONS:

*Page 38*  
Tom Tunney '65 receives a 50th Reunion certificate from President Ripich.

*Page 39*  
*Background image:* Class of 1965 celebrates its 50th Reunion in the St. Francis Plaza.  
*Bottom images from left to right:* The Class of 1985 celebrates its 30th Reunion; Mike Hogan '75 accepts the Alumni Service Award from Amy Haile, senior director of Advancement Operations, on behalf of Ben Hogan '75; John Moschella '65 and Jim Beaudry.

*Page 40*  
*Background image:* Members of the Class of 2015 at their first Alumni Weekend.  
*Bottom images from left to right:* Young alumni check out the action in the Alford Forum; Sara Capobianco '14, with her dad Stephen Capobianco '72; Men's Lacrosse alumni.

*Page 29*  
Eric Cressey '03 accepts the Young Alumni Award.



Please email your news and photos to [alumni@une.edu](mailto:alumni@une.edu), post on UNE Connect at [www.alumni.une.edu](http://www.alumni.une.edu), or mail to the UNE Office of Alumni Advancement, 716 Stevens Avenue, Portland, ME 04103.

College of Osteopathic Medicine news should be emailed to [RSAS@une.edu](mailto:RSAS@une.edu).

CLASS

Notes

CLASS NOTES EDITOR: AMY HAILE  
PLEASE LIMIT SUBMISSIONS  
TO 75 WORDS OR LESS.  
SUBMISSIONS MAY BE EDITED  
FOR LENGTH AND CLARITY.

1948

**Mary Jane Crabtree:** "Anyone who remembers me, I just wanted to say 'hello'. I enjoy getting the various messages and always look for anyone's name from the Class of '48. I don't think Melville House is still there, but if it is, I say 'hi' to all my former housemates. I am currently living in Georgia (I would never have envisioned that!), but we do enjoy it, and all four of my children live here or visit often. So, hello to all, good health and joy from now on."

1951

**Gloria LaMothe Reiske:** "I am living in Virginia near the beautiful Blue Ridge Mountains. I have 13 grandchildren, one great grandchild, and I am expecting another in January. I have also authored more than 50 business articles and have a blog. I have a M.S.W. and am licensed in Virginia. I am retired now but was a clinical specialist and supervisor for many years. I love my lifestyle, traveling and visiting my grandchildren. I loved my time at Westbrook."

1954

**Gwendolyn Leighton Grant:** "I am enjoying retirement but not enjoying aging. These golden years! I turned 81 on June 20 and am doing okay. I hear from Helen Hilton sometimes who tells me about having lunch with Jodie and Kitty."

1961

**Lynne Sutherland Byron:** "Dan and I were in St. Petersburg, Florida, in October on business and got in good with Betsy Ward Hatfield. We spent a couple of days getting caught up with one another and had a fabulous dinner one night at Betsy's daughter-in-law's Thai restaurant with Betsy's lovely family. This spring while in Florida, we helped Judy Maguire Shutowick and Mike Shutowick celebrate their 50th wedding anniversary. It was a wonderful party with children, grandchildren and many lovely friends. I was one of Judy's bridesmaids, and we were all in attendance. It was a great day!"

**Bobbi Marchant Jennings:** "Looking for all Class of 1961 folks! Let's start working on our 55th Reunion! I'm putting together a list of names, addresses, email, etc., and we're having

fun chit-chatting and visiting already! We have even located some who were with us only one year, but they are still 'Brookies' and we're looking forward to meeting up at the reunion. If you see this message, email me at [Chesleyj2010@gmail.com](mailto:Chesleyj2010@gmail.com), and let's start talking!"

1965

**Katherine Ammon Delle Chiaie:** "I am happily retired and have been married to David for 44 years. I enjoy volunteering at Elder Services, specializing in Medicare counseling and spending time with my grandchildren."

**James M. Craig:** "My wife, Fran, and I have been married for 49 years. We have two sons, three grandchildren, ages 28, 15 and 6, and a great granddaughter, age 3. I retired in December 2013 as president of the American Institute of Marine Underwriters, a trade group representing the U.S. ocean marine insurance industry. During my 10-year tenure as president, we traveled extensively to Europe, Asia, and within the U.S. I currently volunteer in both community and county organizations in various capacities. Our beach home in Lavellette,

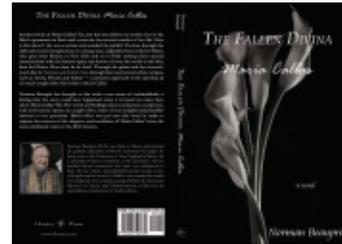
New Jersey, was severely damaged by super storm Sandy, and we are in the process of demolishing and rebuilding a new home."

**Polly Holcomb Pobuda:** "In June of 2014, I retired after working 30 years in the library at Canton High School in Canton, Connecticut. I have always enjoyed working with the students and have been working as a district substitute this year. Greetings to all!"

**Thomas P. Tunny:** "My wife, Alene, and I retired in June 2014 after serving many years in international education. I was head of school, and Alene, was a teacher and curriculum coordinator in seven different countries over a span of 20 years. Prior to our international experience, I was a high school guidance counselor and principal in New Hampshire, and Alene was an elementary teacher in Montana. We met in Caracas, Venezuela, and each brought two children to our marriage. We now have 11 grandchildren. Our home is now in Hamilton, Montana, where Alene was born. Looking forward to seeing everyone at the 50th reunion in September!"

\* **Bolded dates signify reunion years**

1967



Norman Beaupre's newest book *The Fallen Divina* — Maria Callas.

**Norman Beaupre:** "I am presently a professor emeritus and have a new book out, my 20th, called "The Fallen Divina — Maria Callas."

**Ronald R. Berube:** "I have been retired for 14 years and am a former probation officer and social worker at the Dartmouth, Massachusetts House of Corrections. I was a bachelor until the age of 60 when I married. I have remained in contact with former classmates Tom Brazier-Watson, Jack Deering and Bill F. We have visited every August in Saratoga, New York, since 1982."

**Ronald A. Caouette:** "I am married with two grown children and two grandchildren. I retired from public education in 1999 and was with the U.S. Postal Service from 1999 to 2010."

**John A. Deering:** "I retired from the U.S.P.O. in August 2012 after 36 years. I have been travelling to Maine, New Hampshire and Utah quite a bit. I am still living in Winterport, Maine. I have seen Tom Brazier-Watson and Ron Berube at many SFC-UNE homecomings and am looking forward to the Class of 1967 SFC 50th reunion in September 2017 on the Biddeford Campus. I'm not too far from Bar Harbor, so if you are traveling the state, give me a call to hook up! See you in 2017 for the Class of 1967s 50th!"

1968

**Leslie Davis:** "After I graduated in 1968, I moved to New Mexico and worked as a layout artist for a family-owned department store in El Paso, Texas. I married the next year and moved with my husband to Aurora, Colorado, for his teaching profession. When we moved to Colorado, I worked in the same capacity for a furniture store in Denver. We had three children after moving back to New Mexico, and we lived there until 1995, when we moved to where I am now in Texas. The kids are grown and I'm retired. I would LOVE to re-connect with some of my class!"

**Cynthia Corkum Hart:** "I got married on May 23, 2015, to James Hart. We have been exclusively together for 21 (yes, 21) years and finally decided to make it legal. So my name has changed from Cynthia Corkum Masiero to Cynthia Corkum Hart."

1970

**Fred Scheithe:** "My wife Jeanne and I have been retired from teaching middle school for the past five years and are enjoying our new life together. I am still coaching middle school girls' basketball, and this winter will be my 33rd year coaching!"

**JoAnn Jastrab Webb:** "The big news for me is that I became a grandmother in 2014. My granddaughter, Eleanor Colette Basham, will celebrate her first birthday on June 1. Needless to say, she's a complete delight, and I'm relishing every moment with her! I still love small town living in Vermont; though I must admit, this past winter went on much too long!"

1975

**Paul Casey:** "It just does not seem possible that I was a St. Francis student more than 40 years ago. I have wonderful memories of Fr. Ben, Fr. George and Jacques Downs, as well as many others. I am recently retired from 38 years of public school teaching. It was a wonderful career. I have two sons, Adam and Ryan, and two daughter-in-laws. I spend summers working my small landscaping company, kayaking, hiking and cycling. Winter leads me into skiing at Sunday River. Many days in paradise. I am married to Sandra Brown, who is a LCSW in the Portland area. I love getting the UNE newsletter and seeing how St. Francis has grown."

**M. Ben Hogan:** "After 25 years as a college and university administrator in both public and private institutions in four different states, I retired in 2006. I continue to be as active as I can in a variety of civic and community organizations and commissions."

1976

**Robin Jane Solvang:** "I am a dental hygienist and live in New York City. I have a farm, upstate in the Catskill Mountains and have been in a family

practice for 30 years as a RDH in the city. I also treat neurologically compromised patients at the Center for Discovery in Harris, New York. I am an artist doing oil painting, graphics and monotype, which I exhibit at various galleries and at the Salmagundi Club in New York City."

1978

**Bill Shailer:** "I moved to Korea in May to reside in Seoul permanently with my second wife, a native of Bucheon. I began teaching English as a second language in 2009 following my retirement from the architectural model field after a 31-year career."

1984

**Robert L. Boltuch:** "I'm in a private practice in family medicine and osteopathic manipulative medicine in West Palm Beach and Palm Beach Gardens, Florida. I am also on the clinical faculty of NOVA Southwestern College of Osteopathic Medicine. My son, Andrew, is graduating with a D.O. from NOVA Southeastern and is starting an orthopedic residency in July at Largo Medical Center in Largo, Florida."

**Rosanne Moody Peeling:** "Last year's reunion was my 30th and, although I didn't attend, I was able to meet a couple of 'Brookies' later that year. While selling photo cards at a craft fair in July, one of my customers was Sheila Taylor Jones '60. It turns out, she lives in an area where I often visit relatives. In December, I participated in the 10-11-12-13-14 Volksmarsch, and one of the women I walked with was Elaine McFarland Johnson '49 who attended her 65th reunion in 2014. Although they weren't in my class, it was fun spontaneously meeting up with these alumni."

1985



Aerial view of Simone's current work location

**Simone L. Palmer, P.T.:** "2015!?! This year marks my 30th anniversary, graduating from UNE's College of the Health Sciences with a bachelor's degree in physical therapy. I will always thank Sue Bemis, director of the program, for accepting my application into the second class of physical therapists on the

Biddeford Campus and my dedicated professors for demanding academic focus and clinical expertise. One of the first academicians and outstanding clinicians to be board certified in the specialty of cardiopulmonary was the inspiring consummate professional Linda Crane, whose footsteps I followed on my final clinical rotation at Hartford Hospital. So many years have passed, and Linda Crane is no longer with us. What lives on is her resounding career guidance to me, "focus and excel in one area of specialization." From 1987, upon opening up Massabesic Health Resources, P. A. in Waterboro, Maine, my niche was to provide geographically-accessible, out-patient orthopaedic physical therapy to the teenage-adult population that was motivated to regain and retain optimal wellness. Aquatic physical therapy coupled with manual therapy, medical exercise training and electrotherapy has melded into a holistic approach that accelerates the healing process and results. In 2001, I relocated to a warmer climate in the American Caribbean, St. Croix, U.S. Virgin Islands, and became a partner in a beachfront hotel, the ideal setting for promotion of health and wellness. Sand Castle on the Beach houses my present-day out-patient clinic where I utilize an outdoor solar-heated pool in addition to the treatment

methods as delineated above. To my classmates and UNE alumni, you are invited to experience the beauty and the regenerative properties of the Caribbean Sea and tropical climate. There is ample space to vacation, room to organize a small conference, offer post-graduate classes and to stay in touch! Let's re-connect and continue to leave this world better than we found it."

1988

**Mark Henschke, D.O., Pharm.D.,** was awarded the national "America's Most Compassionate Doctors" award for the fifth year. Henschke is a board certified physician in both internal medicine and medical management. Henschke maintains a hospital based practice in York, Maine. He is a clinical assistant professor in internal medicine in the Osteopathic Medicine program at the University of New England in Biddeford, Maine. He is a local, regional and national speaker on a multitude of medical and pharmaceutical related topics. He is a resident of the seacoast and when not working, he can usually be found surfing off the New England seacoast.

1989



**Mike Dorcik:** "I have been chief medical officer at Coastal Family Health Center along the Mississippi Gulf Coast for the past year and a half. This includes 10 clinics serving more than 7,000 patient visits a month in our Federally Qualified Health Center (FQHC)."

**Russell A. Schilling:** "I am still living the dream on the Eastern Shore of Maryland, sailing a lot, and working alongside my wife Janet in her 1799 vintage Bed and Breakfast in St. Michael. I have been practicing family medicine as a founding member of River Family Physicians in Easton and have been visiting camp in Waterford, Maine, every summer without fail!"



Eric Uhrig and his office staff featured in the New Jersey monthly magazine, Top Doctor. Left to Back: Erica Dallas, PA, Eric Uhrig, D.O., Namrata Jani, RN Left to front: Meredith Fink, Jaclyn Fink, Maureen Uhrig, RN

**Eric Uhrig:** "In 2013 and 2014, I was named one of the 'Top Docs' in neurology in New Jersey. I am also chairman in neurology at RWJ-Rahway Hospital and medical director of the Stroke Center at Raritan Bay. My office staff and I are included in this photograph along with a write-up, which appeared in the New Jersey monthly magazine Top Doctor in November 2014 and the summer of 2015."

1990

**Susan P. Raschal:** "I was involved in establishing Covenant Allergy & Asthma Care in 2009 after working 11 years at Asthma Immunology & Allergy Associates. Shortly after a journey with breast cancer in 2001, I began incorporating prayer into the practice. CAAC was established to honor God and optimally care for patients with prayer and state-of-the-art allergy and immunology care. We plan to make changes in our practice this year – possibly expanding and adding a nutritionist, etc. We have also had an acupuncturist in our practice since 2012. Our twin sons graduated from high school in May 2015 and will pursue Asian Studies in Ohio and Engineering in Tennessee. Kelly and I will celebrate 22 years of marriage. I was one of 10 local physicians chosen as Doctor of the Day in 2015."

1991

**Laura T. Cloukey, D.O.:** "I am currently employed as an internal medicine physician at the Villages Health in Villages, Florida. I was recently named medical director of the Villages Health Pinellas Care Center, managing six physicians, one nurse practitioner and more than 30 support staff members."

1993

**Dianne L. Nelder:** "I married Karen Krzywda in June of 2013. We love traveling the world together. Recent vacations have included Sedona, Arizona, with a trip to the Southern Rim of the Grand Canyon, Costa Rica, Ireland and Puerto Rico. I was hired in May 2015 as the director of Head Start (for Oxford and Franklin counties) and Children's Services at Community Concepts, Inc. We live in Lewiston and love being a part of this growing artsy city."

1995

**Annmarie Gallagher:** "I am a certified registered nurse and am currently employed at Hematology Oncology Associates of Cape Cod in Falmouth, Massachusetts."

**James R. Meikle, M.S.W.:** "I am 75-years-old and I retired more than 10 years ago. I have spent most of that time volunteering as either a foster grandparent in the local elementary schools or as a hospice volunteer. I have just come out of retirement and have renewed my LMSW license. I will be working for the JD Foundation that

serves the state of Maine to help prevent suicide through awareness and education."

1997 and 1998



**Kristin Edgerton '98 and Joshua Graham '97:** "We got married in Connecticut surrounded by family and great friends, many who are also UNE alums!!"



**Kahl Goldfarb PT, DPT, OCS, OMT, CSCS:** "I am a board certified orthopedic clinical specialist, with a post graduate doctoral degree in orthopedics and a manual therapy residency with spinal emphasis. I am also head physical therapist for the San Diego Padres (Major League Baseball) and am an adjunct professor at San Diego State University in the Doctor of Physical Therapy Program (teaching musculoskeletal therapeutics).

I am in the process of collaborating with and assisting UCSD and NASA on a project to decrease the incidence of spinal disc herniations in astronauts who return back to earth after prolonged periods of microgravity in space.

I am also the sole owner and CEO of Water & Sports Physical Therapy Inc., with eight state-of-the-art, fully-integrated physical therapy and wellness clinics that incorporate physical therapy, strength and conditioning,

chiropractics, acupuncture and massage. We emphasize treating professional athletes and focus on helping save careers with a specialization on pitchers (I have treated multiple young, MVP and all-star pitchers who were thought to have career-ending injuries). We have also treated many high-profile professional football players.

In 2005, after a four-year doctoral program, and after passing the national orthopedic practical exam, written exam and doctoral dissertation, I received a post-graduate doctoral degree from the world-renowned Ola Grimsby Institute. I am a doctor of physical therapy, a board certified orthopedic clinical specialist (only 3 percent of physical therapists in the country have achieved this specialty), a nationally certified strength and conditioning specialist, and I attained advanced work as an orthopaedic manual therapist. I am certified as a selective functional movement assessment (SFMA) specialist, and I specialize in advanced manual therapy techniques, biomechanical evaluations and spinal dysfunctions. I have also taken advanced course work in Dynamic Neuromuscular Stabilization (DNS) and Postural Respiration Institute (PRI) with an emphasis on athletic performance.

I have also co-authored and assisted in chapters of books in the orthopedic and sports performance world and have presented on topics such as back pain vs. pelvic dysfunction, plyometrics for the elite athlete, injury prevention and performance enhancement for the older athlete, differential diagnosis of the cervical spine vs. the shoulder, orthopedic evaluation for nurse practitioners and running biomechanics for injury prevention."

2000



**Miklos "Mik" Oyler, M.Ed.:** recently started as the new director of the Wediko Summer Program. Part of a continuum of mental health and educational programs offered by Wediko Children's Services, the Wediko Summer Program is a 45-day therapeutic residential program serving boys and girls with emotional and behavioral difficulties. Mik comes to Wediko with

a passion for empowering youth, dedication to facilitating healthy staff culture and a history of strengthening clinical programming.

## 2002

**David Tausevich RN, M.S.N., CCRN, CRNA:** "I am a clinical nurse anesthetist in the Department of Anesthesiology & Critical Care at the University of Massachusetts Memorial Medical Center in Worcester, Massachusetts."

## 2005

**Caroline Bright:** "Since 2009, I have been developing and running the Healing Trek program for youth and families at The Patrick Dempsey Center for Cancer Hope & Healing in Lewiston, Maine. This summer, my partner Jeff and I are buying our first home together in North Yarmouth, Maine. I'm looking forward to our 10-year class reunion this September!"

**Megan Graichen-Keffer:** "Things are going well for me and my family. After UNE, I moved back to Illinois in 2006 to be closer to family, and I furthered my education by obtaining my RN

license. I enjoyed working and gaining experience in a busy level I trauma center for several years. There, I met my husband Ronnie in 2012, and we were married in Hawaii on February 12, 2014. Last summer, we moved to Texas, and I now work at a pediatric hospital in the emergency room. Recently, I adopted my husband's daughter Elyanna, who is 8, and we are hoping to expand our family soon. We love living in Texas and all the things that we get to do and experience here. We are planning on building a house next year and settling down in the Dallas-Fort Worth area."

## 2009



**Steven Boughton:** received a \$50,000 grant from the Small Business Association (SBA) through its Growth Accelerator Fund competition for his company, Great Turning Advisors. The news was announced by the SBA at the first White House Demo Day on August 4, 2015.

**Jon M. Duhaime '09, '13:** "I have gone back to school to become a family nurse practitioner and will graduate from Regis College in May 2016."

## 2009 and 2010



**Amy Davis:** "Michael Campinell '10 and I graduated from Vermont Law School on May 16, 2015. We both received our Juris Doctor, magna cum laude. Michael received a master's degree in environmental law and policy, cum laude, and a certificate in land use law, while I received a general practice program certificate. Michael is sitting for the New Hampshire and Massachusetts bar exams this month, and I am sitting for the VT bar exam. We both served on the Undergraduate Student Government while at UNE and carried our passion for student government to VLS where we served on the Student Bar Association all three years. Above is a photo of us on graduation day."

## 2008 and 2011



**Valerie M. Henault '08, D.P.T. '11, and Shawn T. Erikson, D.P.T. '11:** "We were married on a Casco Bay cruise in Portland, Maine. We met in graduate school in the same Physical Therapy class at the University of New England. Luckily, we ended up working together at the library for a work-study job, and while at the library we found ourselves doing more talking than working or studying. Fast-forward to 2011 when we both earned our doctorate degrees, then joined a travel therapy company. We moved to Texas, New Mexico, then northern and central California. We decided to make the 3000 mile drive up to Alaska without jobs or a place to live. A week after we got to Anchorage, we camped in a state park and showered at a gym while job searching. A week after that, we both had permanent jobs. Alaska worked her magic, and we've been here ever since."

## 2011



*Kellie Ann Goudreau rides horseback in the Sangre de Cristo Mountains.*

**Kellie Ann Goudreau, PA:** "Born and raised in the state of Maine, my husband, Christopher McCann, and two wonderful children, Aubrey and Avery, and I now call Taos, New Mexico, home. After graduating from UNE, we moved to the southwest to fulfill a desire to work on behalf of underserved communities. We have served on behalf of the Indian Health Service since graduation, first for Northern Navajo Medical Center in Shiprock, New Mexico, and now for the Taos-Picuris Indian Health Center. We still own a home in Biddeford, Maine, and will forever call it our 'home,' but for now we are taking in the beauty, rich and diverse culture and histories of the Southwest."

## 2013



**Tauhid Bhuiyan:** recently presented research, "Efficacy and Safety of Octreotide for Management of Post Cardiac Surgery Chylothorax in Children: 11 year Single Center Experience," at the second International Conference of Saudi Commission for Health Specialties Conference at the Burj Rafal Hotel Kempinski in Riyadh, Saudi Arabia.

**Andrew Landis, M.H.A., M.P.H.:** has been appointed to the position of chief financial officer for UCLA Health System, Department of Anesthesiology and Perioperative Medicine. Landis will oversee the financial operations for the department with annual revenue in excess of \$100 million. The Department of Anesthesiology and Perioperative Medicine has 225 anesthesiologists, including residents, fellows and researchers, 20 certified registered nurse anesthetists and 40 support staff.

## 2015



**Barbara Fortier:** "I am proud to announce that I have a new position in the College of Graduate and Professional Studies at UNE: I am the program manager for the Science Prerequisites for Health Professions, an online post-baccalaureate program designed to assist students in meeting prerequisite requirements for professional programs within the health fields. I started this new endeavor in May 2015 and am looking forward to the opportunity to make this one of the best science prerequisite programs in the country."

**STAY ON TOP OF UNE NEWS**

From Maine to Morocco at [www.une.edu/news](http://www.une.edu/news) and follow UNE on [f](#) and [@unetweets](#)

## IN MEMORIAM

1938

Phyllis Jenness Jackson  
Westbrook Junior College  
July 3, 2015

1945

Avis Bearse Simmons  
Westbrook Junior College  
May 16, 2015

Barbara Sanderson Wells  
Westbrook Junior College  
September 9, 2015

1946

Geneva Frank Ashworth  
Westbrook College  
August 27, 2015

1947

Eleanor R. Didio  
Westbrook Junior College  
July 8, 2015

Winifred Ward McCarthy  
Westbrook Junior College  
August 30, 2015

1948

Sally Browne Jones  
Westbrook Junior College  
June 6, 2015

1949

Norma Smith Beal  
Westbrook Junior College  
June 19, 2015

1950

Janet Powers Murphy  
Westbrook Junior College  
June 20, 2015

1951

Lois (Scott Ambrose) Richard  
Westbrook Junior College  
May 22, 2015

1955

Patricia Ann Jordan  
Westbrook Junior College  
May 29, 2015

1960

Patricia Duffy Ricci  
Westbrook Junior College  
December 7, 2014

Penelope Smith Andrea  
Westbrook Junior College  
DOD unknown

Roger N. Painchaud  
St. Francis College  
February 28, 2013

1961

Joan Lescarboursa Trischetta  
Westbrook Junior College  
May 26, 2013

1963

Mary McNiff Manion  
Westbrook Junior College  
July 28, 2015

1965

John A. Coffin  
St. Francis College  
April 9, 2006

William F. Maywalt  
St. Francis College  
October 26, 2010

Peter J. Plaszczenski, USAF (Ret)  
St. Francis College  
November 8, 2010

1967

Janet W. Burrus  
Westbrook Junior College  
May 23, 2015

Hugh J. Fritz  
St. Francis College  
January 23, 2006

1970

Lawrence P. Abbott  
St. Francis College  
August 22, 2014

1972

James Duffy  
St. Francis College  
July 18, 2015

1975

M. Ben Hogan  
St. Francis College  
September 25, 2015

1976

Gay Hadden Watson  
Westbrook College  
July 20, 2015

2011

Matthew H. LaForest  
College of Arts and Sciences  
June 19, 2015

2015

Stephen M. Scrivener  
UNE: College of Arts and Sciences  
December 25, 2014

2017

Samuel Henry Pennington  
UNE: College of Arts and Sciences  
August 3, 2015

Friends

John F. Biter, Sr.  
St. Francis College Sociology and  
Political Science Professor  
September 6, 2015

James Dickinson  
President, Westbrook College  
June 17, 2015

Pamela Marshall Flood  
Faculty, College of Arts and Sciences,  
College of Graduate and Professional  
Studies  
September 4, 2015

Louise Bailey Ham  
Friend/possible bequest to UNE in  
honor of her daughter Brenda Foss  
MacDonald '80  
February 20, 2015

Bettsanne Norris Holmes, HON '02  
Deborah Morton Society Inductee '94  
June 8, 2015

William B. Jordan, Jr.  
Westbrook College History Professor  
July 11, 2015

# Remembering JAMES DICKINSON

BY ANGELA COULOMBE AND JEN PORTO



When James F. “Jim” Dickinson took on the role of president at Westbrook College in 1970, he brought an energy, optimism and thirst for positive change that transformed the school, positioning it for a wealth of success that is still felt today. His passing on June 17, 2015, saddened the University of New England community and all who knew him. Dickinson was 96-years-old.

Dickinson’s education began at Colgate University. After graduating in 1939, he went on to earn a master’s degree in french from Middlebury College in 1940 before obtaining his Ph.D. from New York University in 1950. In addition to serving as Colgate University’s first administrative vice president, he also instructed courses in french and spanish there for 14 years before coming to Maine.

Upon arriving at Westbrook College, formerly known as Westbrook Seminary, Dickinson wasted no time before advancing the College with new initiatives. His first mission involved moving the library into a church at the edge of campus, and he propelled the fine arts program forward with the addition of a new Art Gallery, which continues to bring imaginative and thought-provoking exhibitions to students, faculty, staff and community members. His

on-going passion for this Art Gallery is evident in the planned gift he bequeathed for art acquisitions that will continue to grow and enhance UNE’s existing collections.

Dickinson quickly built a rapport with everyone he came in contact with, cultivating close friendships with his colleagues, including Westbrook College icons Dorothy M. Healy, HA ’58, and Sean Richard F. Bond, HA ’80. He stayed highly involved with the student body throughout his seven years, asking for their input about policies and addressing issues that concerned him. Commonly referred to as “Dr. D,” he took pride in knowing the names of all 500 students on campus.

“His way with people, particularly among hundreds of students... has won for Westbrook a reputation as a college that cares,” commented College Trustee Chairman Carleton G. Lane.

As the years moved forward, the quality of Westbrook College academic programs continually improved under Dickinson’s leadership. While other colleges faced dwindling enrollment and increased debt, Dickinson expanded the College at a gradual pace, increasing career education programs that kept enrollment numbers stable.

He also worked hard to ensure that the cost of tuition and fees wouldn’t continue to climb as a result of inflation, helping to secure \$70,000 in new scholarship funds for students.

The admiration and respect he held for students during his tenure was mutual; this was most evident upon his departure from Westbrook College in 1977, when the student body dedicated the yearbook to him. “Like the immortal Don Quixote, he is the gentle good knight, assuring us that chivalry is still alive and that caring for others is as precious as a smile,” they wrote. “Other men dream dreams. He surprises us by making the impossible dream possible.”

This dedication to students stayed with Dickinson throughout his life, and in his estate plans, he contributed gifts for two scholarship funds at UNE. The first gift significantly increased the Dr. James F. and Catherine Rich Dickinson Endowed Scholarship, which is given annually to a returning student who has achieved academic excellence and whose character and qualities of student leadership reflect an enjoyment of life and people.

Dickinson’s second gift established the Dorothy M. Healy Endowed Scholarship, honoring

Healy for the many years of devoted service and inspiration she brought to the Westbrook community. This scholarship will be awarded annually to one or more outstanding University of New England undergraduate liberal arts students who demonstrate academic achievement, exceptional character and financial need.

“Jim was a long and loyal supporter of Westbrook College and, subsequently, of UNE. Just before he died, he shared with us that he was tremendously impressed with the growth and progress of UNE,” reflected Bill Chance, vice president of Institutional Advancement. “We will miss his unwavering support of the University and our students, which will continue through his generous commitment to scholarships.”

Dickinson enjoyed life to its fullest with a smile on his face, a twinkle in his eye and a story ready to tell. He touched the hearts of many and was a beloved inspiration to his family and many friends. His legacy lives on at UNE through his generous gifts that will benefit the University and its students for years to come.



#### CAPTIONS

*Left page:* James Dickinson addressing alumni at the 2013 Westbrook Junior College Reunion.

*Above top to bottom:* Dickinson with students at Westbrook College; Dickinson with Myron Hager, dean of Admissions for Westbrook College.

Community members joined UNE faculty, staff and students at UNE's sixth annual George and Barbara Bush Distinguished Lecture, presented by Nancy Gibbs, managing editor of TIME magazine, and Michael Duffy, deputy managing editor.

The lecture, titled "The Presidents Club: Inside the World's Most Exclusive Fraternity," discussed the partnerships and rivalries shared by the last 13 United States presidents. During their presentation, Gibbs and Duffy shared rare photographs of former presidents working together, explaining that the nation's leaders often solicited advice from one another when faced with difficult issues.

Former President George H.W. Bush and his wife Barbara were both in attendance, prompting Gibbs to note what a unique and special moment it was to be in the presence of such a prominent figure in America's history.



BEHIND THE SCENES AT UNE

# UNE WELCOMES THREE NEW MEMBERS TO BOARD OF TRUSTEES

BY JEN PORTO



The University of New England welcomed three new members to its board of trustees earlier this year: Mary Herman, Gary Locarno and Gloria Pinza.

**Mary Herman**, founder and principal of Mary J. Herman Consulting, has worked as a public policy consultant, lobbyist and volunteer in the health care, social services, non-profit, education and governmental sectors throughout her career. She has extensive experience as a board member for a variety of non-profit organizations including the Augusta Family Violence Project, the Development Committee of the Maine Women’s Fund and the Maine Children’s Alliance.

Herman’s demonstrations of exceptional civil and social leadership earned her a Deborah Morton Award from UNE in 1999, the Liz Crandall Spirit Award from the Maine Women’s Lobby in 2014, and last year she received the Merle Nelson Women Making a Difference Award from the Maine Centers for Women, Work and Community (WWC). She holds a nursing degree from the University of Maine Augusta and is married to Maine Senator and former Maine Governor Angus S. King, Jr.

“I have a great respect for the University of New England from both a personal and academic perspective,” says Herman. “As the parent of a student who graduated from UNE, I know first-hand that the educational environment is forward-thinking, innovative and open-minded. I am deeply honored to serve on the UNE board of trustees. I applaud President Danielle Ripich’s leadership in educating the next round of health care professionals in Maine.”

**George Locarno** is the owner of GML Associates, a financial trust and estate wealth advisory firm located in Boston. Prior to establishing his own business, he was employed as a CPA at Deloitte & Touche, where he led and supervised the company’s entire New England tax practice.

Locarno graduated from UNE precursor St. Francis College and went on to pursue his J.D. from New England Law. His wife, Jayne Enos, is a vice president at IDG Investment Corporation in Framingham, Massachusetts.

“UNE provided me with an opportunity to enjoy long-lasting friendships, memorable experiences and an education that matriculated to other studies and my career,” said Locarno. “I believe everyone has an obligation to give back to those

institutions, and to the folks who have been instrumental in a positive way to them. Accordingly, when I was asked to serve on the board, I was honored and obligated to do so. I hope my involvement will assist the University’s administration and president in continuing their successful stewardship and leadership.”

“**I believe everyone has an obligation to give back to those institutions, and to the folks who have been instrumental in a positive way to them [...] I hope my involvement will assist the University’s administration and president in continuing their successful stewardship and leadership.**” — **George Locarno**

**Gloria Pinza** is an intellectual property attorney and the managing partner of Pierce Atwood LLP. Prior to joining Pierce Atwood, Pinza spent six years as a partner at Weissman Wolff, a California entertainment firm that she co-founded in 1987. She is a former adjunct professor at the

University of Maine Law School and has served as a panelist and speaker at seminars regarding intellectual property and entertainment law, entrepreneurship and multimedia projects.

Pinza commented, “Under the leadership of President Ripich, the University of New England has flourished and is now turning heads nationally with some of its programs and approaches. In my work with business all around the state and the region, I know that higher education is an extremely important issue for Maine and all of New England. UNE is a great example of providing access and opportunity to its students, and I am very excited to have a chance to work with President Ripich and the other board members to help UNE continue its mission to provide students with the best possible learning experience.”

Pinza is a current board member of Maine & Company and has been listed in The Best Lawyers of America for Intellectual Property Law from 2007–2015. She received a B.A. from the University of California, Los Angeles, and a J.D. from Harvard Law School.

“These highly accomplished individuals have generously agreed to share their expertise



and time with UNE at a critical time in the University’s growth and development,” says UNE President Danielle Ripich. “I value their guidance and look forward to working with them as we move forward.”

The full list of University of New England board of trustee members is available online at [www.une.edu/president/trustees](http://www.une.edu/president/trustees).

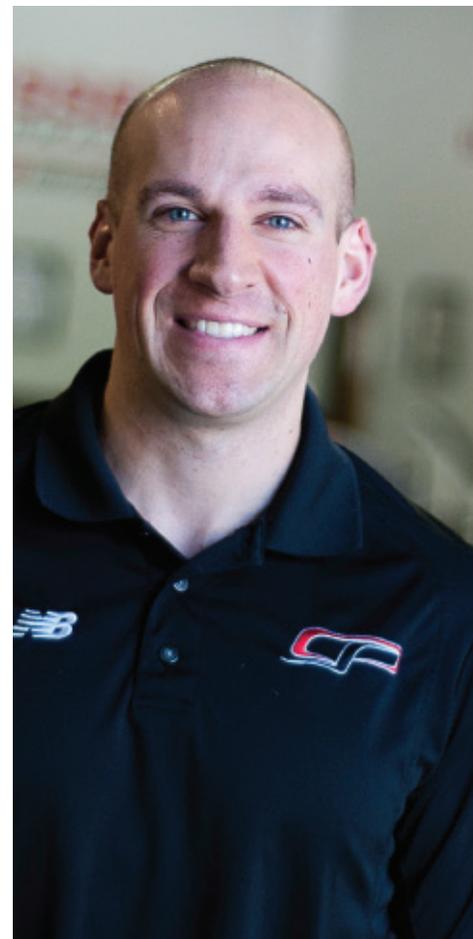
CAPTIONS

Left page: Mary Herman  
Above: Gloria Pinza

## UNE PORTRAIT

## ERIC CRESSEY: KNOCKING IT OUT OF THE PARK

BY JEN PORTO



“Anything for UNE!” — That was the enthusiastic response from Eric Cressey, a 2003 graduate from UNE’s Exercise Science and Sports and Fitness Management programs\*, when asked to be interviewed for a portrait.

There certainly is no shortage of enthusiasm when it comes to Cressey. Since graduating, he’s been busy funneling all of his energy into building his business, Cressey Sports Performance, from the ground up. With a laundry list of accomplishments under his belt, including being a published author, setting powerlifting records and training major league baseball players, Cressey clearly took his education at UNE and ran with it — literally.

Based on his credentials, some might think that a career in sports performance was always part of Cressey’s plan. In actuality, a series of unfortunate events served as the catalyst for his career path. Although he aimed to pursue an entrepreneurial path since high school, he was recruited to play college soccer at a school in Boston where he intended to major in accounting. However, those plans were derailed after Cressey fell victim to health problems that led to his hospitalization. “I wasn’t in a position to play soccer anymore,” he recalled. “In my first year

at college, I learned about nutrition and started healing, and that’s when I developed a passion for this field. I still had the entrepreneurial spirit and interest in business, but I thought it would be better to be at home in Maine.”

Turning his sights to schools in Maine, UNE’s beautiful coastal location and flexible programs ultimately caught his interest. “UNE offered an Exercise Science curriculum as well as a Sports and Fitness Management program, and the versatility allowed me to attack things from two different angles,” Cressey recalled.

While Cressey’s classes at UNE provided him with an educational foundation, he credits the faculty members he learned from and the internship experiences he held for helping shape his direction. While attending UNE, he spent several years working at a local gym in Kennebunk, gaining hands-on experience in a fitness environment. He also completed an internship at a health care facility in Southern Maine where he realized that clinical exercise physiology was not the route he wanted to pursue. “In addition to acquiring a ton of useful new skills, I also realized that internships can help you to determine what you don’t want to do,” he reflected. “Given that there are several

routes you can pursue in the exercise science field, this was an important realization; I narrowed my options prior to graduate school, where I realized coaching was for me.”

Consumed by an intense desire to learn as much as he could about the strength and conditioning industry, Cressey spent a great deal of time speaking with faculty members who nurtured his passion, challenging him to think outside the box, participate in independent studies and to never settle. “The biggest things I took away from UNE were the ability to be challenged, the ability to learn and the importance of getting outside of your comfort zone,” he explained.

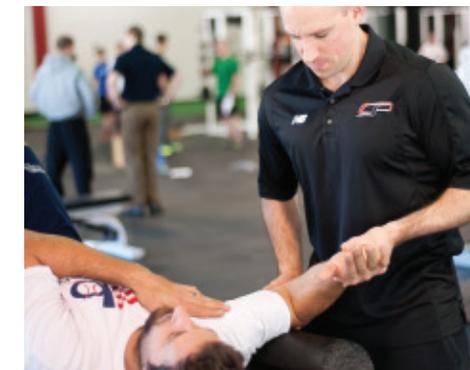
Fueled by this, Cressey went on to graduate school at the University of Connecticut where he began working with athletes and conducting research. After earning a master’s degree in kinesiology with a concentration in exercise science, he started building his professional reputation by working with young baseball players. As his clients experienced exceptional results, people began to take note of Cressey’s skill. “Many of them went on to play division-one baseball, and I started getting phone calls,” Cressey explained. “High school players went to college, then they eventually became pros, and they

served as strong referral sources for us. Business has mostly grown from word-of-mouth.”

And it certainly has grown. He established Cressey Sports Performance ([cresseysportsperformance.com](http://cresseysportsperformance.com)) in 2007 at a location in Hudson, Massachusetts. Today, 85 percent of his clients are baseball players, including members from all 30 Major League Baseball organizations who travel to train with him during the off-season. In 2014, his business expanded when he opened a second location in Jupiter, Florida. But Cressey hasn’t limited his skill to just baseball players — he trains a diverse demographic of individuals, from youth athletes, to Olympians, to 80-year-old adults.

Never one to sit on the sidelines, Cressey also practices what he preaches to his clients in the gym as a competitive powerlifter. He is consistent in his abilities, ranked among the Powerlifting USA Top 100, holding state, national and world records. His level of fitness allows him to work out alongside his athletes, pushing their limits without compromising their health in the process.

Although he is known for being an active individual, Cressey does find time to sit down occasionally. Of course, he isn’t kicking back and



relaxing as he sits; instead, he’s busy penning books, articles and speeches about a variety of health topics. He currently has five published books, four DVD sets that have been sold globally and has written more than 500 articles, appearing in national outlets such as *Men’s Health*, *ESPN* and *Triathlete Magazine*, to name a few.

It’s been a jam-packed 12 years for Cressey, and he’s showing no signs of slowing down any time soon. Thanks to this UNE graduate’s bounty of energy and an endless thirst for learning, the future is looking mighty bright for Eric Cressey and the clients he serves.

\* UNE now offers majors in Sports and Recreation Management, and Applied Exercise Science.

## CAPTIONS

Left page: Eric Cressey poses inside Cressey Sports Performance.

Above: Cressey works one-on-one with an athletic client.

More than 200 guests converged on UNE's Portland Campus for the 54th annual Deborah Morton Society Convocation and Awards Ceremony, which honored Patricia E. Ryan, former executive director of the Maine Human Rights Commission; M. Michelle Hood, FACHE president and CEO of Eastern Maine Healthcare Systems; and Barbara M. Trafton, former Maine State Senator.

The ceremony also recognized Nursing students Melissa C. Brassard '17 and Kelli M. Sousa '16, who received Deborah Morton Endowed Scholarships.





CAPTIONS:

Page 62  
Deborah Morton Steering Committee Chair Meg Baxter, DMS '07, addressing the guests at Convocation.

Page 63  
Background image: President Danielle N. Ripich, Ph.D., with new Deborah Morton Society awardees Patricia E. Ryan, M. Michelle Hood, Barbara M. Trafton, and Deborah Morton Steering Committee Chair Meg Baxter, DMS '07. Bottom images from left to right: UNE students attend the Deborah Morton Society Convocation; President Danielle N. Ripich addressing guests at the Deborah Morton Society luncheon; Deborah Morton Society members Alice H. Rand, DMS '80, and Wilma Additon Bradford '39, DMS '81.

Page 64  
Background image: Deborah Morton Endowed Scholarship recipient Melissa Brassard with her parents, James Brassard and Lisa Weed. Bottom images from left to right: Guests at the Deborah Morton Society Convocation; Barbara M. Trafton, DMS '15; Anita Talbot, Lois Galgay Reckitt, DMS '13, Rachel Talbot Ross, DMS '14, Barbara Goodbody, DMS '04.

Page 65  
President Danielle N. Ripich, Ph.D., leading the Deborah Morton Society Convocation procession.

