

Sample Itinerary
Cross-cultural Immersion in Healthcare - GHANA

FRI.	SAT.	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
Depart USA	<u>Morning:</u> Arrive Accra Travel to Sekondi by bus	<u>Morning</u> <u>Cultural</u> <u>Immersion:</u> Church Service <u>Afternoon</u> <u>Clinic:</u> Sekondi	<u>Morning</u> <u>Clinic:</u> Sekondi <u>Afternoon</u> <u>Academic</u> <u>Exchange:</u> Lecture on Nutrition by Othelia Natu	<u>Morning</u> <u>Clinics:</u> Sekondi (urban) Kansa (rural) <u>Afternoon</u> <u>Cultural</u> <u>Immersion:</u> Shopping/visit to market in Takoradi	<u>Morning</u> <u>Clinics:</u> Sekondi Kansa <u>Afternoon</u> <u>Academic</u> <u>Exchange:</u> Effia Nkwanta Hospital	<u>Morning</u> <u>Clinics:</u> Sekondi Kansa <u>Afternoon</u> <u>Academic</u> <u>Exchange:</u> Lecture on Traditional Practices by Esia Donkah	<u>Morning:</u> Travel to University of Cape Coast (UCC) <u>Afternoon</u> <u>Academic</u> <u>Exchange:</u> UCC <u>Evening</u> <u>Cultural</u> <u>Immersion:</u> Soccer Game	<u>Morning</u> <u>Academic</u> <u>Exchange:</u> UCC <u>Afternoon</u> <u>Cultural</u> <u>Immersion:</u> Elmina Castle <u>Evening</u> <u>Cultural</u> <u>Immersion:</u> Drumming	<u>Morning</u> <u>Cultural</u> <u>Immersion:</u> Kakum National Park <u>Afternoon:</u> Return to USA