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#### University of New England - College of Osteopathic Medicine - Office of Constituent Services - May/June 2013 edition

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### May/June 2013 edition

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**UNECOM Faculty Highlight** 

Stay tuned ...

### Message from the Dean

Douglas L. Wood, DO, PhD, FACOI, Vice President for Health Affairs and Dean of the College of Osteopathic Medicine

### The End of the Beginning

Recently two activities of much significance were held within the University of New England. The first, an all University Commencement event and the other hooding of the College of Osteopathic Medicine graduates. Both were held on the same day and both were very well attended.

The all University Commencement event was a first for UNE with all of the colleges participating except for the dental school which will enroll its first class in Fall 2013. Senator Angus King delivered the keynote address for this event and



Dean Douglas L. Wood, DO

one of his suggestions to the graduates was to take risks. I agree entirely with Senator King in that to move forward we must take risks, and I hope the recent graduates will take his advice.

For the COM graduates, the day they received the Doctor of Osteopathic Medicine degree and the COM hood truly marked the end of the beginning. Yes, the end of medical school and now on to a combination of generalized and specialized educational opportunities leading to the practice of medicine. I trust that each of you graduates grasp the importance of the practice of medicine and the trust that your patients will have in you. You must continually realize the awesome task it is to practice medicine.

Increase in Class Size

3/6/2014

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We continue to make progress in our preparation to be ready to provide educational opportunities for 175 new medical students in August of 2013. We are now hiring new faculty members and attempting to replace two long term faculty members who have decided to retire. These two, Dr. Richard Reese and Dr. Jim Norton, have contributed significantly to COM over many years. We thank them for all they have done and wish them the best in the future.

The renovation of the Decary Annex is progressing well and I feel once completed will be one of the most innovative educational structures in the U.S. In addition, some changes are being made to the anatomy lab as well as other areas as we prepare for new faculty to arrive and we must provide them with research space as needed.

#### So, Where Are We Going?

In last month's version of the COMmunicator, I wrote about the direction I would like to see COM move toward, that being the preeminent COM in the U.S. I continue to feel that should be our direction, and in a short period of time I will create a small committee to move this bold objective forward.

Another issue which I ask all of you to think about is the ever increasing cost to matriculate through UNECOM, as well as just about every other medical school in the country. My fear is that sooner or later a medical education will be available to the applicants who have wealthy parents or those who can obtain grants and scholarships. We cannot allow this to happen, so if you have ideas relative to how we address these increases, please let me know.

### News, Events & Activities

# UNECOM's National Recognition Continues for the Fourth Year in a Row

U.S. News & World Report has released its 2014 Best Graduate Schools guide, and the University of New England has once again been recognized for outstanding programs in medicine and the health sciences.

The University of New England's <u>College of Osteopathic Medicine</u> (UNECOM) has been recognized by U.S. News & World Report in its 2014 rankings for its national leadership in primary care training, geriatrics, rural medicine and family medicine.

#### For 2014

- 7th in the nation for graduates entering Primary Care residency training programs
- 17th in the nation for Family Medicine
- 16th in the nation for Geriatric Medicine
- 15th in the nation for **Rural Medicine**

# Congratulations! To the Class of 2013 on their Residency Matches!

## UNECOM's Class of 2013 matched in a variety of specialities and will be training in sites across the country. Here are just a few..

- Albert Einstein Medical Center, Philadelphia, PA
- Oregon Health & Science University, Portland, OR
- Grand Rapids Medical Education Partners, Grand Rapids, MI
- Walter Reed National Military Medical Center, Bethesda, MD
- Tufts Medical Center, Boston, MA
- University of Southern California, Los Angeles, CA
- Fletcher Allen Health Care, Burlington, VT
- Maine Medical Center, Portland, ME
- Eastern Maine Medical Center, Bangor, ME
- University of New Mexico, Albuquerque, MN

#### **Residencies by Speciality:**



### **Osteoblast! Welcomes Over 200 Guests**

OsteoBlast!, our annual event for incoming students, was a great success this year! Held on Saturday, April 13, 2013, the weather was mostly sunny (if a bit chilly) throughout the day, as we welcomed over 200 quests to campus. Our 40 first-year student OsteoBlast! leaders were decked out in bright yellow t-shirts, and did a fantastic job of making everyone feel welcome, as well as creating a fun and enthusiastic feel to the day. They were truly the leaders of the event, running around from 7:30 AM until every last guest had departed at 3:30 PM, ensuring that each section of





the day went smoothly, and leading each session with positivity and enthusiasm (despite being exhausted after finishing up block exams the day before)!

This year's OsteoBlast! included a welcome by Associate Dean Kelley and Dean Wood, a curriculum overview from Drs. Kathy Thompson and Barbara Winterson, and financial aid and scholarship information from Kathy Blair-Enman and SFC Joel O'Bradovic of the U.S. Army. The Opportunity Fair was especially impressive, with all 38 student clubs and organizations represented! After the fair, there were four break-out sessions that our color-coded groups attended one by one—students had the opportunity to experience case-based learning, OMM, and hear a little more about what was in store for their social lives as UNECOM students. There were even special presentations for the parents and significant others! As always, our guests were able to enjoy a traditional Maine coast lunch of lobster rolls. We finished the day with a superbly-produced video, "A Day in the Life of a Medical Student," created by our OsteoBlast! leaders, and a raffle where new UNECOM students could win their first piece of COM gear—beach towels, t-shirts, hats, and many more items were given away!



Many thanks to all the COM students, faculty, and staff members who helped make this day so memorable. We're all very excited to welcome the Class of 2017 to campus in August! See our <u>facebook</u> page for additional Osteoblast photo's.

### End-of-Year BBQ and Awards Ceremony

The Office of Constituent Services planned and executed a fun and delicious End-of-Year BBQ and Awards Ceremony on Friday, May 3!

We were very lucky to have beautiful weather for this outdoor event, which included about 250 students, staff, and faculty members enjoying burgers and chicken (and veggie burgers, of course!) on the grill, a variety of veggies, salads and desserts, and great company as we celebrated the conclusion of another academic year. Certificates and



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BBQ Video
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plaques were presented to well-deserving students and faculty, amid much laughter and applause. We also enjoyed a performance by the Sympathetic Tones, COM's Student acappella group. Thank you to all who joined us for this wonderful tradition - See you next year! <u>See who won, and what great things C&O fundraising accomplished</u>. Then check out our <u>facebook</u> page for additional End-of-Year BBQ and Awards Ceremony photos.







UNECOM Students awarded \$9K Student Fellowship Grant

Lindsay Katona, MS I, Sean Lena, MS I and William Douglas, MS I have been awarded the Arnold P. Gold Foundation Student Fellowship Award in the amount of \$9,000 for their project: The Delivery and **Evaluation of a First Aid Training** Program in the River Kit Region of South Sudan. Student doctors Katona, Lena and Douglas will travel to Sudan this summer to conduct a pre/post research project to determine knowledge, skills and attitudes regarding first aid training for the South Sudan Village community members that participate in the training. The grant will be administered by UNECOM Department of Geriatric Medicine. Read more on this story.



Lindsay Katona Sean Lena



William Douglas

# UNE team places second at National Clarion Case Competition



L-R Cody Lapointe, Kimberly Mulcahy, Eugenia Edmonds, and Brendan Roggow

UNE's winning team, Eugenia Edmonds (COM), Cody Lapoint (WCHP -OT), Kimberly Mulcahy (CoP), and Brendan Roggow (WCHP - PT) took **SECOND PLACE** at the national **Clarion Case Competition** held Saturday, April 20, at the University of Minnesota. This is the first time a UNE team received medals and a \$5,000 prize. This success speaks to their hard work and dedication to interprofessional scholarship, practice, and the resulting health care improvements. These students are collaborative leaders and change agents of the future.

Thanks go out to all for preparing, guiding and inspiring these young health professionals. Appreciation goes out particularly to Professor Jeffrey Nevers, whose guidance in business communications and words of inspiration were essential to the team's success, Dr. Paige Parsons

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for supporting the students in their understanding of COPD care and to the student leader Justin Levesque, IPSAT President, without whom this would not have been possible. Many others were instrumental in this local competition and these include Elizabeth Huntely, CoP, Amy Pednault, WCHP, Kris Hall, CEIPE, and David Dadiego, to name a few. Finally, gratitude goes to UNE's Centers, leadership and programs for their sponsorship, which got our students to the finals. For more on this story.

### NYLF 2013

The National Youth Leadership Forum (NYLF) Sessions -During the early summer months, the College of Osteopathic Medicine medical students and faculty will be hosting a series of one-day "hands-on" medical school experiences for participants from the National Youth Leadership Forum (NYLF). Each session will welcome students to the campus to explore the osteopathic medical profession and "a day in the life of a UNECOM student".

Founded in 1992, the NYLF helps prepare extraordinary young people for their academic future and professional careers.

The format of each visit is to have the young students attend sample medical lectures, learn about a fictional patient, attend an OMM (Osteopathic Manipulative Medicine) demonstration, explore the investigative process (lab tests, evaluations) and ultimately form a diagnosis of symptoms and a plan for the fictional patient. Each participant documents their day-long venture in an extensive workbook as well as participates in discussions with the event leaders and faculty.

NYLF Dates: June 18, July 2 & 16

### UNE's Maine Geriatric Education Center Hosts Alzheimer's Training Program

In July of 2013, the UNE-Maine Geriatric Education Center (UNE-MGEC) directed by Judith A. Metcalf, APRN, BC, MS, received a supplemental funding award from the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), to provide complimentary Alzheimer's Disease education training's to health professional in Maine. On March 13, 2013 the UNE-MGEC held the first of five state-wide educational trainings for health professionals in Maine: "Preparing for the Future: Alzheimer's Disease & Related Dementias" at the Hilton Garden Inn in Freeport, Maine. Over 100 health professionals from Maine attended the training.

Keynote speakers included Lawrence Ramunno, MD, MPH, FAAFP, CDE, Chief Quality Officer of Northeast Health Care Quality Foundation, Clifford Singer, MD, Chief, Geriatric Neuropsychiatry, Acadia Hospital and



Alzheimer's Training



Alireza Atri, MD, Ph.D.

Eastern Maine Medical Center, Roger Renfrew, MD, FACP, Medical Director at Redington Medical Primary Care, and Alireza Atri, MD, PhD, Associate Director, Clinical Geriatric Research, Education and Clinical Center (GRECC) ENRM VA, Bedford, MA.

The UNE-MGEC training program agenda included the following topics:

- Using the Triple Aim to Provide Affordable, Accessible, and Quality Care for Alzheimer's Disease
- Guidelines for Clinical Practice
- Models of Team Care Coordination for Office Practices
- Pharmacological Management of Agitation in Dementia
- Early Onset Dementia in Intellectual Disability Diagnosis and Management
- Elder Investment Fraud and Financial Exploitation (EIFFE)

- For Providers- Important Questions to Address and Resources to Refer to Patients and Families
- Latest in Alzheimer's Disease Clinical Trials and How to Refer Patients
- Skills Stations for Effective Geriatric Screening for Office Practices
  - Health Literacy
- Advance Care Planning through End of Life Care

The second educational training took place on Saturday, June 15, 2013 at the Harborside Hotel (Bar Harbor Club) in Bar Harbor, Maine in conjuction with the Annual Maine Geriatrics Conference.

# UNECOM's Clinical Campuses Converge for Caucus Meetings

UNECOM's Spring Clerkship Caucus, NEOMEN Annual Spring Meeting, and the 12th Annual NEOMEN Research and Scholarship Forum took place this spring, May 17-18, 2013. Regional Assistant Deans, Affiliated Faculty and Student Coordinators from our UNECOM's Clinical Campuses converged on the Biddeford Campus for Caucus meetings, sharing of ideas, and participating in three informative



Jenifer Van Deusen, Director of Curriculum and Rita Brow n, Clinical Coordinator

faculty development sessions. NEOMEN's Annual Research and Scholarship Forum in the gymnasium was a Huge success! more than 90 students and residents displayed their research posters for viewing by the public, followed by NEOMAN's Annual Research and Scholarship Awards Ceremony. See our <u>facebook</u> page for additional photos.



L- R Guy DeFeo, D.O. '88, Associate Dean for Clinical Education, Lisa Bean, Staff Assistant, Elaine Simard, Coordinator, and Philip Heywood, Executive Director, NEOMEN

### In Honor of Madeleine

By Julie Levasseur, OMS-I

Do you want the secret to living into your 90s, or the map to the fountain of youth? Madeleine McCormick found this source of life through osteopathy and believed in it so strongly that she attributed part of her estate to the ongoing education of women in osteopathic medicine. Upon her death, Dr. Mary Bayno received this fund and determined it would best honor Madeleine and attain her goals by hosting a women's mentoring weekend each year.

This year, I was blessed with the opportunity to attend the Madeleine McCormick Mentoring Weekend April 12th-14th in Ogunquit, Maine with multiple other UNECOM students. During this weekend, we made new friendships not only with each other, but also with NYITCOM students, a Maine-Dartmouth resident, and our four wonderful mentors. Drs. Mary Bayno, Leigh Baker, Barbara Moss, and Anita Bodrogi all gave their time to invest in our futures as osteopathic physicians.



We relaxed each morning by starting our days with over an hour of yoga. After yoga, the OMM clinic began. At the beginning of the weekend the mentors asked us, "If you had a magic wand that would give you any OMM skill, what would it be?" This exercise allowed the mentors to determine how to focus the clinic time. We were able to experience one-on-one assistance with new techniques in a quiet, calm environment right next to the ocean. We learned new techniques such as the lumbar roll and the Texas twist. The coolest part of my weekend was feeling the flexion and extension of the temporal bones with respiration! We also reinforced the idea that osteopathy is an art and that palpation can create a picture in the brain. To do this, we first drew our neighbor's ear based on sight and palpation. Next, we drew our own ears based solely on palpation! Looking at how accurate my image was gave me further confidence in my ability to use my hands to form a mental image of what is happening within each patient's body.

To thank and honor Madeleine for this wonderful retreat, the students and I all promised to always continue to use our hands.

# Experience a "Day in the Life" of a Med Student at UNECOM's Open House

This summer UNECOM will offer a series of Open House events to provide prospective students and their families with a day on campus. The day will include a chance to learn about admissions and the curriculum, discuss what a "Day in the Life" of a medical school student is like, meet with faculty and/or an admissions



representative (optional, requires prior registration), as well as tour our campus and enjoy lunch with current students. Each Open House will begin at 10:00 AM on the following dates:

• July 12 & 19, 2013

For more information and registration details, please visit www.une.edu/com/admissions

### Faculty, Staff & Students

# Rebecca J. Rowe, Ph.D. chosen as panel presenter at NEAAHP

Rebecca J. Rowe, Ph.D, Assistant Professor in the UNECOM Department of Biomedical Sciences and Assistant Director for COM Distant Education was one of four panel presenters at the Northeast Association of Advisors for the Health Professions (NEAAHP) Conference in Atlantic City, NJ. The title of the "Experienced Advisor" panel presentation was: *Technology & Advising: The Good, the Bad and the Ugly!* Dr. Rowe's presentation was entitled:



"Going Outside the Prescribed Curriculum with Rebecca Row e Virtual Laboratory Simulations for the Health Professions." This session was sponsored by The Princeton Review and took place on April 11, 2013.

### Marilyn Gugliucci, Ph.D presents at 24<sup>th</sup> Annual Dr. George Perez Research Colloquium

Marilyn R. Gugliucci, Ph.D., professor and director for geriatrics education and research, was the invited keynote speaker for the Seton Hall University Health and Medical Sciences 24th Annual Dr. George Perez Research Colloquium in New Jersey, on May 10, 2103. Her presentation was on the Learning by Living--Life Altering Medical Education research project. There were 240 poster and verbal presentations at the colloquium.



Marilyn Gugliucci

# Ed Bilsky, Ph.D, named Vice President for Research and Scholarship

Congratulations to Ed Bilsky, Ph.D., Professor of Pharmacology & Director of the Center For Excellence in Neurosciences for being named as Vice President for Research and Scholarship.

Dr. Ed Bilsky, recently gave a presentation and chaired several scientific sessions at the World Pharma Congress. His primary talk entitled "Dual Targeting µ Agonist/∂ Antagonist Opioid Analgesics" provided an update on a opioid drug development project that his laboratory collaborates on with colleagues at Southern



Ed Bilsky

Research Institute. He also chaired sessions on "Novel Approaches for Opioid Analgesics", "Imaging in Pain Therapeutics Development: and a roundtable discussion on animal models and predictive validity. The World Pharma Congress focuses on covering the latest preclinical strategies and technologies for driving better predictions. Building on its experience covering pain and analgesics, drug targets, high-throughput screening, lead optimization, ADME and drug safety, the event attracts elders from the biotechnology and pharmaceutical industries, as well as academic and clinical participants. The meeting was held June 4th-6th in Philadelphia.

### Julie Lavasseur, MS I selected for Betty Ford Summer Institute for Medical Students

Julie Lavasseur, MS I was selected as a fellow of the Betty Ford Summer Institute for Medical Students (SIMS). The SIMS program was designed to give medical students the opportunity to become a part of the Betty Ford Center experience instead of participation in a classroom setting. Student Doctor Lavasseur will learn by integrating into the daily life of either the patients currently in treatment or the participants in the family program of the Center. She will fly out to Palm Springs CA to participate in this fellowship. Dr. Gugliucci is her home institution sponsor.



Julie Lavasseur

# "Best of the best" at the 2013 Annual Scientific Meeting of the American Geriatrics Society

Three UNECOM students made a Grand Showing at the 2013 Annual Scientific Meeting of the American University of New England - College of Osteopathic Medicine - Office of Constituent Services - May/June 2013 edition

Geriatrics Society (AGS) from May 3 - 5 in Grapevine, TX Heather Hassett, MS II and Shayna Shackford, MS III had their abstracts selected as the "best of the best" abstracts from all submitted abstracts for the Scientific Meeting. As a result they participated in the AGS Presidential Poster Session on Friday evening that contained approximately 200 posters. This is quite an honor for these students.

We were then excited to learn that Heather Hassett, MS II was awarded the 2013 AGS Annual Scientific Meeting Presidential Poster Award in the Rehabilitation Category. This is a huge





Kendra Albert

accomplishment for Student Doctor Hassett. She was recognized in the 2013 AGS Awards Sessions on May 5th. This the 3rd time in 10 years that a UNECOM student has received this award. Additionally, Student Doctors Hassett and Shackford, along with Kendra Albert, MS II presented their posters in the Student Poster Session on Saturday, May 5th. <u>Read</u> more on this story.

### Student Clubs & Organizations

### **UNECOM's SGA is Keeping Your Health a Priority**



Sam Moss, MS I demonstrates good dinosaur hygiene

The 2nd Annual UNECOM Community Health Fair was held on April 20th at the Biddeford Community Center. There was a large turnout from the UNECOM community's clubs and organizations. Over 50 members of the classes of 2015 and 2016 volunteered their time to teach, demonstrate, and improve health of the Biddeford community. Information booths varied from proper dental care, to identifying signs of stroke, to demonstrations of how to do a self breast exam. OMT was performed by students, there was face paining for children, and a wonderful concert put on by Sympathetic Tones, which was enjoyed by all in attendance. (Story contributed by Francis DiStefano, OMS II)

For additional photos vist our facebook page.

#### Give your White Coat Pizzazz!

The UNECOM Geriatrics Club Bow Tie fundraiser adds that extra something! Bow ties made from 55% cotton and 45% silk fabric featuring the UNECOM half seal were handmade by fellow classmates. Bow ties sold at \$25 each and half of the proceeds went to charity. Still haven't ordered yours? Bow ties can be ordered here.



Geriatrics Club bow tie production line

### **COM Prom**

UNECOM's annual "COM Prom," a formal dinner and dance for students, faculty and staff, was held on Saturday, April 27, at the Dunegrass Golf Club in Old Orchard Beach. The scene was picturesque, as students arrived in their formal wear and the fog rolled in while the sun set behind the greens. Fun was had by all, especially when the dancing got underway, courtesy of great tunes spun by DJ Tom Beesley, OMS II. Thank you to the SGA for sponsoring this event! See our <u>facebook page</u> for additional COM Prom pictures.



COM Prom 2013

### **Student of the Month Recognition**

Osteopathic Medical Students (OMS) who serve as role models for their classmates and who stand out for making a difference in their campus community are nominated by the Student Government Association (SGA) to be a Student Doctor of the Month. We congratulate the following medical students:



Amanda Albanese

#### April 2013:

Alicia Shaikh, OMS I Amanda Albanese, OMS II

### **Alumni Notes**

Attention Alumni...Did you lose your yearbook in a move, or would you simply like to have an extra copy? We have extras that we would like to relocate to you, in order to make space for other things. We'd be happy to send them to you, free of charge, on a first-come, first-served basis! We have yearbooks from 1982, 1988, 1989, 1990, and 1992-1999. The number of yearbooks available ranges from one to 17, depending upon the year. Please email Katie Vincent at kvincent1@une.edu if you would like to receive one

### Save the Date

UNECOM Open Houses - July 12 & 19, 10 am, Biddeford Campus. Be sure to reserve your spot by emailing us at unecomadmissions@une.edu. For more information, see our COM admissions webpage.

July 21 - 26, 2013 - Colloquium Week, UNE, Biddeford Campus

July 31 - August 2, 2013 - COM Orientation

October 5, 2013 - UNECOM Northeast Pre-SOMA Conference, UNE, Biddeford Campus

### Hail and Farewell

Farewell to James Norton, Ph.D, Professor of Physiology

Farewell to Richard Reese, MD, Clinical Professor

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