



# Nursing Students You are the Difference

**HELPING INDIVIDUALS, SUPPORTING COMMUNITIES,  
BUILDING CAPACITY**

## *Upstream Practicums in Nursing Program*

University of New England – Department of Nursing  
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From Left to right: Lillian Wald (1867-1940); Henry Street Settlement House; Ms. Wald crossing barriers to get to her community.

Lillian Wald, Henry Street Settlement founder and social reformer, moved to Manhattan at age 22 to attend the New York Hospital School of Nursing. In 1893, after witnessing the poverty and hardship endured by immigrants on the Lower East Side, she founded Henry Street Settlement. She moved into the neighborhood and, living and working among the industrial poor, she and her colleagues offered health care to area residents in their homes on a sliding fee scale. In addition to health care, Henry Street provided social services and instruction in everything from the English language to music. By 1913, the settlement had expanded to seven buildings on Henry Street and two satellite centers, with 3,000 members and 92 nurses making 200,000 visits per year.

*Lillian Wald's story is an exemplar for nursing students interested in careers in community and public health nursing.*

## NURSING STUDENTS PARTNERING WITH COMMUNITIES

The purpose of the **Upstream Practicum in Nursing Program** is to offer UNE nursing students a refined community health nursing curriculum and accompanying meaningful clinical experience. The program works in partnership with Greater Portland Health, a federally qualified health center with nine sites serving vulnerable populations, including immigrants and refugees, low income seniors and Portland's homeless population.



Director of Nursing Louise Haddock collaborating with UNE Upstream nursing student Hallie Logan at one of Greater Portland Health's sites

**Upstream nursing students** will focus on community-based primary care and care coordination, chronic disease prevention, evidence based practice, population health and interprofessional teamwork at Greater Portland Health's varied clinical sites.

**Upstream nursing students** will have the opportunity to participate in

- A community-based 135-hour preceptorship at Greater Portland Health clinics and a health promotion project
- Thirty five hours of community based activities and community outreach
- The creation and organization of a new Community Health Nursing Club
- Enrollment in UNE's Population-focused Nurse Leader Institute Certificate Program for Maine's community based registered nurses and a connection with an Institute participant in a mentor/mentee relationship

By the completion of the program, Upstream nursing students will achieve essential knowledge, skills and cultural competencies, enabling them to enter the workforce in community-based settings and become passionate advocates for nursing excellence.