

Website Resources—MAINE

BMI Calculators and Information

2000 CDC Growth Charts

www.cdc.gov/growthcharts/

CDC Z Score Data Files

www.cdc.gov/nchs/about/major/nhanes/growthcharts/zscore/zscore.htm

Children's BMI Risk Category Dependent on Age

<http://www.cdc.gov/nccdphp/dnpa/bmi/bmi-for-age.htm>

Children's BMI Calculator including plot to graph [for parents]

www.kidsnutrition.org/bodycomp/bmiz2.html

Medscape: Using the BMI-for-Age Growth Charts

www.medscape.com/viewprogram/2640

BMI Adults National Heart, Lung & Blood Institute

www.nhlbisupport.com/bmi

Free Download for Palm OS Handhelds

www.statcoder.com/growthcharts.htm

National Resources

American Academy of Pediatrics

www.aap.org/obesity

Bright Futures in Practice

www.Brightfutures.aap.org/web/

Call to Action: Healthy School Nutrition Environments

www.fns.usda.gov/tn/healthy/calltoaction.html

Harvard Prevention Research Center

www.hsph.harvard.edu/prc/

National Initiative for Children's Healthcare Quality—Childhood Obesity Action Network

www.nichq.org/NICHO/Programs/ConferencesAndTraining/ChildhoodObesityActionNetwork.htm

Resources for Parents and Kids

Healthy eating and activities for kids & parents

www.kidnetic.com

KidsHealth

www.kidshealth.org

My Pyramid

www.mypyramid.gov/

Overview of the VERB campaign

www.cdc.gov/youthcampaign/

VERB Tween interactive website

www.verbnow.com

Maine Resources

Action for Healthy Kids is about creating health-promoting schools that support sound nutrition and physical activity as part of a total learning environment.

www.healthymainekids.org

Health Policy Partners of Maine

www.mcd.org/HPP

Healthy Maine Partnerships Info & Contacts by Town

www.healthymainepartners.org

Healthy Maine Walks & Sites

www.healthymainewalks.org

Let's Go!

Maine information for kids, teens, parents, childcare, health care providers, schools and workplaces

www.letsgo.org

Maine Census Data

http://www.state.me.us/newsletter/may2001/maine_census_data.htm

Maine Center for Public Health

www.mcph.org

Maine Chapter of the American Academy of Pediatrics

www.maineaap.org/

Maine Children's Alliance / Maine Kids Count Data Book

<http://www.mekids.org/>

Maine Department of Education

<http://maine.gov/education/>

Maine Governor's Council on Physical Activity

www.mainephysicalactivity.org

Maine Harvard Prevention Research Center—Keep ME Healthy

www.mcph.org/Major_Activities/keepmehealthy.htm

MaineHealth Learning Resource Centers

www.mainehealth.org/lrc

Maine Nutrition Network

www.maine-nutrition.org

Maine Physical Activity & Nutrition [PAN] Program

<http://maine.gov/dhhs/boh/hmp/panp/>

Maine WIC Program

www.maine.gov/dhhs/wic/